Swim England East Region
2026 Short Course Championships
Inspire Luton 6th -8th November
Programme

Session 1 Friday 6th November at 6:30 pm

EVENT 101 Female 800m Freestyle

1.	Olivia Bryant	13	Stowmarket	9:59.10	18.	Connie Flitton	15	Dunstable	9:40.87
2.	Orlagh Quarrell	16	Watford SC	9:58.70	19.	Sofia Sacoto	14	Co St Albans	9:40.57
3.	Shuhan Yang	13	Colchester	9:58.20	20.	Olivia Croft	15	Cheshunt	9:38.90
4.	Imogen Bygrave	16	Co Cambridge	9:57.79	21.	Heidi King	15	Hemel Hemp	9:30.60
5.	Nieve Ives	14	Hatfield	9:57.26	22.	Emma Cushion	16	Co Peterboro	9:28.49
6.	Elizabeth Gore	15	Epping For't	9:55.40	23.	Alice Weston	20	Watford SC	9:27.78
7.	Olive Bailey	13	Colchester	9:55.30	24.	Addison Summers	14	Co St Albans	9:27.60
8.	Charlotte Stewart	14	Co St Albans	9:55.23	25.	Chloe Cranny	15	Epping For't	9:27.40
9.	Maia Thompson	18	Team Waveney	9:55.03	26.	Amelia Saunders	18	Norwich Swan	9:24.95
10.	Megan Randall	15	Royston	9:54.28	27.	Anabelle Kett	17	Co Peterboro	9:23.80
11.	Sydney Lewis	14	Colchester	9:51.46	28.	Francesca Barber	17	Co Norwich	9:21.71
12.	Cerys Wall	14	Co Cambridge	9:50.52	29.	Megan Barnicoat	15	Co Peterboro	9:20.20
13.	Cassandra Pereira	16	Watford SC	9:49.64	30.	Amelia Porzio	18	Putteridge	9:18.10
14.	Skye Freeman	14	Norwich Swan	9:49.30	31.	Annie McLeod	18	Putteridge	9:09.33
15.	Eliza Jennings	14	Biggleswade	9:47.00	32.	Summer Smith	15	Basildon Ph	9:04.77
16.	Summer Miller	14	Bishop Stort	9:46.26	33.	Ellie Barth-Wehrenalp	16	Chelmsford	9:04.45
17.	Daisy Jubb	16	Co St Albans	9:46.21	34.	Amelia Fenner	16	Basildon Ph	9:03.20

EVENT 102 Open/Male 1500m Freestyle

1.	Heath Harrison	15	Stowmarket	18:04.40	16.	Benjamin Piscopo	13	Co Peterboro	17:28.80
2.	Thomas Kirk	17	Leiston	18:02.93	17.	Max Lesner	17	Potters Bar	17:24.84
3.	James Hallam	16	Harpenden	18:02.71	18.	Oliver Meier	16	Biggleswade	17:18.91
4.	Lewis Gardner	12	Basildon Ph	18:02.30	19.	Lucas Day	17	Rochford	17:18.53
5.	Finley Burford	14	Basildon Ph	17:59.50	20.	Jed Millin	18	Stowmarket	17:14.55
6.	Rex Harrison	15	Stowmarket	17:54.69	21.	Perrin Ma	15	Berkhamsted	17:09.23
7.	Aaron Rawnsley	14	Harpenden	17:45.00	22.	Ashton Hunter	14	Co Peterboro	17:08.40
8.	Kye Harrington	18	West Norfolk	17:41.07	23.	Ryan Wimpenny	16	Cheshunt	17:05.30
9.	Byron Miller	15	Colchester	17:41.00	24.	Xavier Zerban	15	Biggleswade	17:00.80
10.	Alfie Larham	14	Co Peterboro	17:39.74	25.	Oliver Fenwick	17	Hatfield	16:46.45
11.	Alfie Page	17	Co Cambridge	17:39.50	26.	Zak Fellows	17	Co St Albans	16:31.21
12.	Jack Lees	13	Epping For't	17:39.20	27.	Jamie Wilson	17	West Norfolk	16:19.80
13.	George Saunders	16	Co St Albans	17:36.30	28.	Csanad Rehus	17	Co Peterboro	16:18.10
14.	Joseph Subba	15	Co St Albans	17:33.70	29.	Conor Mint	17	Basildon Ph	15:56.01
15.	Charlie Stott	17	Co St Albans	17:30.79					

Swim England East Region
2026 Short Course Championships
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Session 2 Saturday 7th November at 9:05 am

EVENT 201 Open/Male 200m IM

1.	Harry Arnold-Pepper	18	Co Cambridge	SM9	2:41.47	.....
2.	Jacob Jenkins	16	Norwich Swan		2:22.91	.....
3.	Jesse Knight	13	Leiston		2:22.90	.....
4.	Corey Hare	20	Deben	SM14	2:22.73	.....
5.	Ewan Nobes	18	Norwich Swan		2:22.60	.....
6.	Seth Pollard-Lau	17	Watford SC		2:22.17	.....
7.	Oliver Shayle	16	Co Cambridge		2:22.10	.....
8.	Sebastian Turculet	15	Hemel Hemp		2:22.01	.....
9.	Oliver Butt	16	Deben		2:21.96	.....
10.	Gabriel Taggart	16	Watford SC		2:21.85	.....
11.	Joseph Emms	15	Biggleswade		2:21.62	.....
12.	Jacob Ure	14	Co Peterboro		2:21.50	.....
13.	Thomas Baxter	17	West Norfolk		2:21.14	.....
14.	Benjamin Piscopo	13	Co Peterboro		2:21.10	.....
15.	Felix Amdor	16	Watford SC		2:20.85	.....
16.	Lochlan Shaw	16	Flitwick		2:20.59	.....
17.	George Cawley	15	teamipswich		2:19.90	.....
18.	Zachary Piscopo	15	Co Peterboro		2:19.85	.....
19.	Alexander Pashley	15	Co Cambridge		2:19.83	.....
20.	Jacopo Agosti	15	Co Cambridge		2:19.80	.....
21.	George Saunders	16	Co St Albans		2:19.40	.....
22.	Ethan Woolsey	15	St Neot Swan		2:19.20	.....
23.	Rafe Lawson	14	Berkhamsted		2:18.47	.....
24.	Daniel Grimmer	20	West Norfolk		2:18.06	.....
25.	Charlie Ruddell	17	teamipswich		2:17.20	.....
26.	Rafael Corliano	16	Co Cambridge		2:16.44	.....
27.	Harry Cooper	18	Rochford		2:16.40	.....
28.	Hugo Arthey	17	Deben		2:16.11	.....
29.	Daniel De Filippo	17	Flitwick		2:16.00	.....
30.	Philip Spalding	16	Putteridge		2:15.89	.....
31.	Ivan Ijomoni	15	Thurrock		2:15.40	.....
32.	Stewart Butler	16	Dunstable		2:14.40	.....
33.	Jude Gunner	17	Norwich Swan	SM14	2:14.20	.....
34.	Xavier Zerban	15	Biggleswade		2:13.90	.....
35.	Kameron Baker	15	Co Peterboro		2:13.70	.....
36.	Joshua Jones	17	West Norfolk		2:13.63	.....
37.	Csanad Rehus	17	Co Peterboro		2:13.53	.....
38.	Elliot Hall	16	Bishop Stort		2:12.62	.....
39.	Nikita Charykin	20	Thurrock		2:12.60	.....
40.	Chun Ho Chan	17	Watford SC		2:11.85	.....
41.	Finlay German	17	Co Cambridge		2:09.05	.....
42.	Jacob Bacon	16	Co Peterboro		2:09.00	.....
43.	Lewis Jarrett	20	Co Norwich		2:08.69	.....
44.	Samuel Rose	23	Norwich Swan		2:07.67	.....
45.	Harrison Shaw	19	Flitwick		2:05.95	.....
46.	Tyler Stone	16	Co Norwich		2:05.86	.....

EVENT 202 Female 50m Backstroke

1.	Caroline Sedgwick	17	Harpenden	32.58	.....
2.	Jessica Pugh	16	Norwich Swan	32.54	.....
3.	Polly Anderson	14	West Norfolk	32.49	.....
4.	Penny Duckworth	14	Colchester	32.47	.....
5.	Isabelle King	16	Bishop Stort	32.46	.....
6.	Isla Staton	15	March	32.46	.....
7.	Esmee Hui	14	Watford SC	32.45	.....
8.	Nicole Peddelty	16	teamipswich	32.42	.....
9.	Isabella Bryan	16	teamipswich	32.36	.....
10.	Sophia Aziz	14	Co Peterboro	32.35	.....
11.	Eden Hender	14	Co Norwich	32.32	.....
12.	Olivia Piaskowska	14	Dunstable	32.30	.....
13.	Emilia Butt	14	Deben	32.29	.....
14.	Elija Mickaite	14	Co Peterboro	32.26	.....
15.	Isabella Savage	17	Potters Bar	32.25	.....
16.	Amelia Matthews	15	DunmowAtlant	32.24	.....
17.	Imogen Bygrave	16	Co Cambridge	32.16	.....
18.	Amber Flitton	17	Dunstable	32.13	.....
19.	Valeria Soldatihhina	13	West Norfolk	32.12	.....
20.	Eva Jackson	14	Flitwick	32.10	.....
21.	India Harrod-Hill	16	Bishop Stort	32.01	.....
22.	Indie Horton	14	Co Norwich	31.99	.....
23.	Senudi Ratnayake	15	Norwich Swan	31.94	.....
24.	Teah Gregory	18	Stevenage	31.93	.....
25.	Alice Robinson	17	Co Cambridge	31.91	.....
26.	Sara Kelly	15	Colchester	31.90	.....
27.	Charlotte Belcher	16	Bedford SS	31.85	.....
28.	Erin Woodrow	19	West Norfolk	31.85	.....
29.	Tahlia Sunshine	14	DunmowAtlant	31.69	.....
30.	Matilda Stokes	15	Co Peterboro	31.68	.....
31.	Poppy Garrod	17	Co Peterboro	31.63	.....
32.	Eloise Palfree	12	Colchester	31.54	.....
33.	Jessica Shaw	21	March	31.52	.....
34.	Ellie King	26	Dunstable	31.50	.....
35.	Anna Mason	14	Co Peterboro	31.47	.....
36.	Betsie Saville	13	Canvey Isl	31.47	.....
37.	Gabriella Meyer	17	Colchester	31.40	.....
38.	Samriddhi Das	20	Co Norwich	31.39	.....
39.	Olivia Wicks	14	Norwich Swan	31.38	.....
40.	Mia Nelson	15	Co St Albans	31.34	.....
41.	Summer Woodside	13	Co Peterboro	31.20	.....
42.	Lola Mitchinson	15	Thetford	31.19	.....
43.	Grace Manning	14	Basildon Ph	31.15	.....
44.	Alexandra Hurley	16	Co Cambridge	31.15	.....
45.	Anna Zapisetskaya	15	Co St Albans	31.14	.....
46.	Talia Williams	19	Tring	31.12	.....
47.	Mia Hayes	13	Leigh Linsl	31.10	.....
48.	Isla Stockwell	14	Co Cambridge	31.08	.....
49.	Mia Wilson	14	Basildon Ph	31.05	.....
50.	Victoria Edghill	14	Basildon Ph	31.00	.....
51.	Meghan Howarth Owen	17	Chelmsford	30.91	.....
52.	Sophie Roberts	17	teamipswich	30.67	.....
53.	Evie Butterworth	16	Watford SC	30.63	.....
54.	Rebecca Olaru	15	Chelmsford	30.61	.....
55.	Lily Steel	16	teamipswich	30.60	.....
56.	Aimee Sanders	14	Dunstable	30.60	.....
57.	Lois Smith	16	Basildon Ph	30.54	.....
58.	Megan Pye	24	Co Norwich	30.50	.....
59.	Grace Robinson	17	Norwich Swan	30.50	.....
60.	Matilda Sharpe	14	Co Norwich	30.46	.....
61.	Camille Vannier	19	Hatfield	30.40	.....
62.	Amy Meyer	17	Flitwick	30.30	.....
63.	Alexandra Nurney	16	Hatfield	30.30	.....
64.	Summer Boswell	18	Hatfield	30.22	.....
65.	Anastasja Wall	16	Norwich Swan	30.10	.....
66.	Erin Currie	18	Hatfield	30.08	.....
67.	Millie Harris	18	West Norfolk	29.98	.....
68.	Chloe Armstrong	19	teamipswich	29.98	.....
69.	Charlotte Pound	17	Flitwick	29.94	.....
70.	Naomi Rose Conday	16	Bishop Stort	29.90	.....
71.	Kenzie Bradshaw	16	Hertford	29.80	.....
72.	Emily-Grace Bentley	16	Basildon Ph	29.74	.....

Continued…..

73.	Nicole Maynard	17	Basildon Ph		29.65	.....	77.	Amerie Njawaya	16	Putteridge		29.23	.....
74.	Emma Cushion	16	Co Peterboro		29.60	.....	78.	Abigail Davis	16	Bedford SS		29.20	.....
75.	Lexie Sandiford	15	Putteridge		29.60	.....	79.	Erin Barber	16	Norwich Swan		28.79	.....
76.	Tia Sammut	15	Bedford SS		29.50	.....							

EVENT 203 Open/Male 50m Freestyle

1.	Jacob Dessoy	18	Thurrock	S8	37.75	.....	60.	Ricards Korotkihs	15	teamipswich		25.48	.....
2.	Beau Sales	15	Colchester	S9	30.21	.....	61.	Jude Staton	18	Co Peterboro		25.47	.....
3.	Harry Arnold-Pepper	18	Co Cambridge	S9	29.85	.....	62.	Nathan Yeaman	19	West Norfolk		25.40	.....
4.	Corey Hare	20	Deben	S14	27.10	.....	63.	Tobi Olajide	17	Thurrock		25.39	.....
5.	Ryan Crouch	32	Deben	S10	26.90	.....	64.	Harry Cooper	18	Rochford		25.36	.....
6.	Joshua Meyer	16	Colchester		26.05	.....	65.	Oscar McKern	17	Verulam		25.34	.....
7.	Jacob Ure	14	Co Peterboro		26.05	.....	66.	Joe Hammond	19	Co Norwich		25.33	.....
8.	Hughey Sullivan	16	DunmowAtlant		26.04	.....	67.	Lewis Perry	17	Watford SC		25.32	.....
9.	Greg Brown	34	West Norfolk		26.03	.....	68.	Anthony Ganchev	17	Chelmsford		25.30	.....
10.	Nursultan Pirnazarov	15	Rick'worth		26.02	.....	69.	Norbert Kadar	17	Co Cambridge		25.30	.....
11.	Jacob Wild	15	Newmarket		26.01	.....	70.	Maxim Pomana	17	Colchester		25.30	.....
12.	Luigi Giambrone	16	Cheshunt		26.01	.....	71.	Maxim Szarvadi	17	DunmowAtlant		25.30	.....
13.	Louis Hochenberg	17	Potters Bar		26.00	.....	72.	Reggie Britcher	17	Thetford		25.30	.....
14.	Barlow Assenheim-Keith	15	Basildon Ph		26.00	.....	73.	Archie Harris-Joy	16	Co Norwich		25.28	.....
15.	Sam Smith	17	Leigh Linsl		26.00	.....	74.	Oliver Green	17	Co St Albans		25.28	.....
16.	Marcus King	18	Putteridge		26.00	.....	75.	Kieran Ng	16	Co Peterboro		25.25	.....
17.	Edward Beard	15	Verulam		25.97	.....	76.	William Hughes	16	Chelmsford		25.24	.....
18.	James Hallam	16	Harpenden		25.95	.....	77.	Isaac Buchan	17	Co Norwich	S14	25.24	.....
19.	Harvey Atkinson	16	Colchester		25.95	.....	78.	Finlay German	17	Co Cambridge		25.21	.....
20.	Daniel Bear	16	Basildon Ph		25.94	.....	79.	Roan Brennan	20	Basildon Ph	S10	25.20	.....
21.	Lucas Moxon-Booth	17	Flitwick		25.92	.....	80.	Rafael Corliano	16	Co Cambridge		25.20	.....
22.	Valentino Sanders	16	DunmowAtlant		25.91	.....	81.	Takomerwa Katandula	15	Co St Albans		25.20	.....
23.	Niccolo Camilotti	16	Hatfield		25.90	.....	82.	Alexander Pashley	15	Co Cambridge		25.20	.....
24.	Lewis Goulty	24	Norfolk Vikg		25.90	.....	83.	Lok Chun Cheng	15	Co St Albans		25.20	.....
25.	Janos Csepely	15	teamipswich		25.90	.....	84.	Cheuk-Kin Lau	16	Co St Albans		25.20	.....
26.	James Clay	21	Stowmarket		25.90	.....	85.	Kealan Hislop	21	Stevenage		25.20	.....
27.	Joshua Tyack	17	Tring		25.89	.....	86.	Thomas Lloyd	18	Rochford		25.10	.....
28.	Sebastian Turculet	15	Hemel Hemp		25.87	.....	87.	Dougie Parsons	18	Rochford		25.10	.....
29.	Josh Black	16	Co Cambridge		25.87	.....	88.	Samuel Pertwee	18	DunmowAtlant		25.10	.....
30.	Remi Keane	18	Basildon Ph		25.86	.....	89.	Xavier Zerban	15	Biggleswade		25.10	.....
31.	Lucas Day	17	Rochford		25.86	.....	90.	Mikhail Zharinov	16	Hitchin		25.10	.....
32.	Luca Bertossa Padin	17	Potters Bar		25.86	.....	91.	Jake Atkinson	14	Basildon Ph		25.05	.....
33.	Matthew Debenham	22	Stowmarket		25.85	.....	92.	Adam Hussain	18	Putteridge		25.01	.....
34.	Alistair Sheeran	17	teamipswich		25.82	.....	93.	Alexander Gregory	18	Stevenage		25.00	.....
35.	Stewart Butler	16	Dunstable		25.82	.....	94.	Alfie Page	17	Co Cambridge		25.00	.....
36.	Thomas Fenwick	15	Verulam		25.81	.....	95.	Oliver Pike	19	Norwich Swan		24.90	.....
37.	Aaron Peacock	19	Thetford		25.80	.....	96.	Ivan Ijomoni	15	Thurrock		24.90	.....
38.	Oliver Meier	16	Biggleswade		25.80	.....	97.	Charlie Payne	19	Newmarket		24.90	.....
39.	Fumfum Nwabueze	14	Basildon Ph		25.80	.....	98.	Ethan Knights	15	teamipswich		24.88	.....
40.	Alexander McDonnell	17	Harpenden		25.78	.....	99.	Daniel De Filippo	17	Flitwick		24.80	.....
41.	Lewis Allen	17	Thurrock		25.77	.....	100.	Otto Wathen	16	Co Norwich		24.80	.....
42.	Charlie Cropley	20	Hitchin		25.74	.....	101.	Joseph Bagshaw	16	Stevenage		24.70	.....
43.	Rejus Mazeika	15	West Norfolk		25.70	.....	102.	Rafe Lawson	14	Berkhamsted		24.70	.....
44.	Samuel Black	19	Co Norwich	S14	25.70	.....	103.	Casey Ndlovu	16	Bo Southend		24.70	.....
45.	Mykhailo Vasyliev	16	Bedford SS		25.70	.....	104.	George Stevenson	19	West Norfolk		24.60	.....
46.	Jeremy Godwin	17	Thurrock		25.68	.....	105.	Thomas Garnett	19	West Norfolk		24.50	.....
47.	Tristan De Belligny	16	Witham Dolph		25.68	.....	106.	Alfie Murdoch	18	Rochford		24.50	.....
48.	Alexander Mordenti	17	Potters Bar		25.68	.....	107.	Luke Burnard	17	Co St Albans		24.50	.....
49.	Richard Farrar	18	Team Waveney		25.67	.....	108.	William Ward	17	Hoddesdon		24.50	.....
50.	Albert Crotty	15	Royston		25.60	.....	109.	Rhys Thomas	18	Leigh Linsl		24.49	.....
51.	Luke Jones	18	Norwich Swan		25.60	.....	110.	Naim Harvey	18	Basildon Ph		24.44	.....
52.	Harry Harragan	16	Basildon Ph		25.60	.....	111.	Elliot Hall	16	Bishop Stort		24.43	.....
53.	Robert Fenner	18	Basildon Ph		25.58	.....	112.	Ryan Close	18	Bedford SS		24.40	.....
54.	Thomas Hale	16	DunmowAtlant		25.56	.....	113.	Luke Morley	19	Hitchin		24.40	.....
55.	Hayden Garrod	18	Team Waveney		25.51	.....	114.	Callum Cox	20	Co Norwich		24.40	.....
56.	Evan Larthe	17	Basildon Ph		25.51	.....	115.	Zak Walker	15	Thurrock		24.30	.....
57.	Theo Ryan	16	West Norfolk		25.51	.....	116.	Nonso Nwabueze	17	Basildon Ph		24.30	.....
58.	Rufus Kellie	16	Hatfield		25.50	.....	117.	Jacob Schultz	15	Co Cambridge		24.30	.....
59.	Henry Cottingham	16	Hadleigh		25.48	.....	118.	Frankie Francis	16	Harpenden		24.30	.....

119. Ben Davison	21	Hatfield	24.26	.....	130. Haiden Hall	16	Deben	23.50	.....
120. Benjamin Palmer	15	Bishop Stort	24.20	.....	131. Ben Every	18	Co Norwich	23.50	.....
121. Joshua Sackree	18	Co Peterboro	24.20	.....	132. Oscar Hunter	17	Norwich Swan	23.30	.....
122. Billy Mead	21	Biggleswade	24.20	.....	133. Jack Abram	21	Co Norwich	23.30	.....
123. Maxwell Hozier	17	Hoddesdon	24.16	.....	134. Adam O'Neal	18	Bedford SS	23.10	.....
124. Finlay Roberts	17	Witham Dolph	24.02	.....	135. Dylan Davenport	17	Bishop Stort	23.10	.....
125. Marton Molnar	17	Co Cambridge	24.00	.....	136. Theo Bari	18	Saffron Wald	23.00	.....
126. Lewis Chapman	25	Stowmarket	24.00	.....	137. Freddie Gardner	20	Rochford	23.00	.....
127. Danylo Kravchenko	17	New Hall	23.83	.....	138. Jacob Ray	19	Basildon Ph	23.00	.....
128. Ellis McQuade	20	Co Norwich	23.64	.....	139. Luke Tunstall	21	Co Peterboro	21.60	.....
129. Daniel Thompson	19	Thurrock	23.61	.....					

EVENT 204 Female 200m Butterfly

1. Sophie Kelly	15	Flitwick	2:38.00	.....	20. Emily Joyce	14	Biggleswade	2:29.73	.....
2. Charlotte Stewart	14	Co St Albans	2:37.90	.....	21. Charlotte Stocks	14	Leigh Linsl	2:29.70	.....
3. Lucy Jordan-Caws	23	Putteridge	2:36.83	.....	22. Charlotte Douglas	14	Co St Albans	2:28.20	.....
4. India Clement	14	West Suffolk	2:36.00	.....	23. Lexie Sandiford	15	Putteridge	2:28.13	.....
5. Sophia Aziz	14	Co Peterboro	2:35.91	.....	24. Melike Dagdelen	17	Putteridge	2:28.00	.....
6. Mia Edwards	16	Norwich Swan	2:35.36	.....	25. Isla Stewart	16	Co Peterboro	2:28.00	.....
7. Florence Whittaker	16	Biggleswade	2:35.36	.....	26. Amelia Saunders	18	Norwich Swan	2:26.30	.....
8. Ayla Zolfaghari	15	Epping For't	2:35.10	.....	27. Anna Mason	14	Co Peterboro	2:25.70	.....
9. Isabella Savage	17	Potters Bar	2:34.73	.....	28. Megan Barnicoat	15	Co Peterboro	2:24.80	.....
10. Freya May	16	teamipswich	2:34.61	.....	29. Lexie O'Connor	19	Basildon Ph	2:24.50	.....
11. Imogen Laws	13	Co Norwich	2:34.20	.....	30. Summer Miller	14	Bishop Stort	2:23.50	.....
12. Elizabeth Litvinenko	13	West Norfolk	2:33.30	.....	31. Aimee Sanders	14	Dunstable	2:23.30	.....
13. Claudia Barp	16	Co Cambridge	2:33.09	.....	32. Lily Murrell	17	Norwich Swan	2:23.20	.....
14. Ava Turner	17	Basildon Ph	2:32.50	.....	33. Ellie Barth-Wehrenalp	16	Chelmsford	2:23.05	.....
15. Francesca Barber	17	Co Norwich	2:32.40	.....	34. Olivia Greenall	17	Co Norwich	2:21.50	.....
16. Chloe Cranny	15	Epping For't	2:31.82	.....	35. Alice Weston	20	Watford SC	2:20.03	.....
17. Summer Lewis	14	Colchester	2:31.66	.....	36. Chloe Barnard	17	Basildon Ph	2:18.10	.....
18. Valeria Soldatihhina	13	West Norfolk	2:31.50	.....	37. Amelia Fenner	16	Basildon Ph	2:12.70	.....
19. Kitty McNaughton	14	Hoddesdon	2:30.12	.....					

EVENT 205 Open/Male 200m Butterfly

1. Oliver Howard	16	Bishop Stort	2:27.87	.....	26. Oliver Green	17	Co St Albans	2:19.61	.....
2. Lochlan Shaw	16	Flitwick	2:27.45	.....	27. Dylan Nutt	27	DunmowAtlant	2:19.05	.....
3. Hugo Koyanagi	14	Co St Albans	2:27.36	.....	28. Emilio Knock	21	Norwich Swan	2:19.01	.....
4. Henry Chaloner	14	Biggleswade	2:27.31	.....	29. James Allberry	16	Stowmarket	2:18.60	.....
5. Casper Whittaker	14	Biggleswade	2:27.10	.....	30. Kameron Baker	15	Co Peterboro	2:18.51	.....
6. Finley Burford	14	Basildon Ph	2:26.81	.....	31. Robert James	14	Epping For't	2:18.10	.....
7. Rocco Pugliese	15	Potters Bar	2:26.79	.....	32. Ashton Hunter	14	Co Peterboro	2:17.50	.....
8. Heath Harrison	15	Stowmarket	2:26.55	.....	33. Csanad Rehus	17	Co Peterboro	2:16.07	.....
9. Jacob Jenkins	16	Norwich Swan	2:26.29	.....	34. Dmitrijs Gracovs	17	DunmowAtlant	2:14.67	.....
10. Benjamin Mellors	15	Verulam	2:25.83	.....	35. Zachary Piscopo	15	Co Peterboro	2:13.70	.....
11. Joseph Subba	15	Co St Albans	2:25.81	.....	36. Harry Bird	17	Putteridge	2:13.49	.....
12. Matthew Jarratt	13	DunmowAtlant	2:25.34	.....	37. Philip Spalding	16	Putteridge	2:13.00	.....
13. Taras Boiko	13	Bishop Stort	2:24.90	.....	38. Ethan Thorpe	17	Basildon Ph	2:12.80	.....
14. Max Lesner	17	Potters Bar	2:24.77	.....	39. Damon Elliott	22	DunmowAtlant	2:12.55	.....
15. Noah Conroy	14	Bishop Stort	2:24.11	.....	40. Marcus King	18	Putteridge	2:12.07	.....
16. Jack Riding	15	Thetford	2:23.90	.....	41. Oliver Fuller	16	Co Cambridge	2:11.65	.....
17. Riley Allen	14	Thurrock	2:23.40	.....	42. Robert Fenner	18	Basildon Ph	2:09.97	.....
18. Chiu Ki Cheng	15	Co St Albans	2:23.30	.....	43. Henry Dean	20	Thurrock	2:09.28	.....
19. Emiel Korstanje	18	West Suffolk	2:23.21	.....	44. Alexander Pattison	16	West Norfolk	2:08.90	.....
20. Kieran Bearman	15	DunmowAtlant	2:22.41	.....	45. Ashton Blake	17	Basildon Ph	2:08.70	.....
21. Jack Lees	13	Epping For't	2:21.90	.....	46. Kian Lee	18	Co Peterboro	2:07.77	.....
22. Sebastian Turculet	15	Hemel Hemp	2:21.05	.....	47. Jamie Wilson	17	West Norfolk	2:07.50	.....
23. Kye Harrington	18	West Norfolk	2:20.74	.....	48. Harrison Shaw	19	Flitwick	2:06.52	.....
24. Jed Millin	18	Stowmarket	2:20.50	.....	49. Jacob Bacon	16	Co Peterboro	2:03.50	.....
25. Jesse Knight	13	Leiston	2:20.00	.....					

EVENT 206 Female 100m Breaststroke

1. Charlotte Ryan	26	Halstead	SB5	2:59.68	.....	7. Chloe Simpson	20	Watford SC	1:18.97	.....
2. Aaleyah Hills	12	Braintree	SB9	1:55.71	.....	8. Esmee Hui	14	Watford SC	1:18.92	.....
3. Ida Corcoran	17	Flitwick	SB9	1:54.98	.....	9. Daisy Russell	18	DunmowAtlant	1:18.83	.....
4. Ava-Valentina Aspinell	14	Chelmsford	SB8	1:43.41	.....	10. Jasmine Scott	15	Co St Albans	1:18.79	.....
5. Imogen Brown	18	Potters Bar	SB14	1:40.91	.....	11. Mia Nelson	15	Co St Albans	1:18.75	.....
6. Olivia Daniel	13	Verulam		1:19.10	.....	12. Hailey Hong Yuen Leung	15	Harpenden	1:18.64	.....

13.	Sophie Harvey	14	Co Cambridge		1:18.58	36.	Ella Fanning	15	Flitwick		1:15.22
14.	Amy Brightwell	13	Norwich Swan		1:18.41	37.	Emily Turner	17	Harwich DP		1:15.10
15.	Mimi Clinch	16	Co St Albans		1:18.37	38.	Elija Mickaite	14	Co Peterboro		1:15.10
16.	Mercy Adeoye	17	Hatfield		1:18.33	39.	Verity Hamilton	16	Norwich Swan		1:14.80
17.	Olivia Page	13	Co Cambridge		1:18.33	40.	Isabel White	17	Biggleswade		1:14.50
18.	Emily Byrne	14	Hitchin		1:18.30	41.	Sophie Payne	24	Putteridge		1:14.21
19.	Kiera Broad	18	Newmarket		1:18.20	42.	Freya Cox	15	Norwich Swan		1:13.92
20.	Isabella Helliwell	15	Basildon Ph		1:17.99	43.	Daisy-Mai Doel	15	Basildon Ph		1:13.76
21.	Mollie Bird	15	Colchester		1:17.93	44.	Nina Allen	15	Newmarket		1:13.64
22.	Annabel Morden	14	Basildon Ph		1:17.80	45.	Alice Watts	18	Co Cambridge		1:13.61
23.	Evie Armstrong	14	Dunstable		1:17.68	46.	Isabella Porzio	22	Putteridge		1:13.51
24.	Alania Wignall	13	Colchester		1:17.67	47.	Louise Fiddes	25	Hatfield	SB14	1:13.01
25.	Olivia Pais	14	Co Peterboro		1:17.55	48.	Isla Stewart	16	Co Peterboro		1:13.00
26.	Mia Gray	18	Norwich Swan		1:17.13	49.	Chloe Butler	22	Norwich Swan		1:12.66
27.	Genna Lee	15	DunmowAtlant		1:17.02	50.	Ella Greatbatch	18	Bishop Stort		1:12.60
28.	Caitlin Stockwell	16	Co Cambridge		1:16.80	51.	Sarah O'Brien	30	West Norfolk		1:12.25
29.	Cerys Wall	14	Co Cambridge		1:16.30	52.	Jorja Atkinson	15	Co Cambridge		1:12.20
30.	Jeslene Sandhu	15	Epping For't		1:16.20	53.	Yan Ting Emily Pak	17	Co Cambridge		1:12.00
31.	Nieve Ives	14	Hatfield		1:16.20	54.	Rebecca Keetley	22	Co Cambridge		1:11.51
32.	Rachael Carpenter	19	Ware		1:15.96	55.	Victoria Allchorne	18	Rochford		1:10.86
33.	Chloe Sanders	17	Bishop Stort		1:15.92	56.	Danielle Siong	19	Co Norwich		1:09.83
34.	Mia Wilson	14	Basildon Ph		1:15.38	57.	Caitlin Hartley	22	Hatfield		1:09.50
35.	Molly Greatbatch	16	Bishop Stort		1:15.26	58.	Ashley Ransome	31	Hatfield		1:08.77

EVENT 207 Open/Male 100m Breaststroke

1.	Harry Arnold-Pepper	18	Co Cambridge	SB8	1:20.97	38.	Hugo Koyanagi	14	Co St Albans		1:10.70
2.	Corey Hare	20	Deben	SB14	1:19.07	39.	Haiden Hall	16	Deben		1:10.39
3.	Sebastian Mudge	14	Co Peterboro		1:13.93	40.	Joshua Meyer	16	Colchester		1:10.33
4.	Kenny Millsom	13	Bishop Stort		1:13.80	41.	Ethan Woolsey	15	St Neot Swan		1:10.30
5.	George Pike	16	Co Norwich		1:13.70	42.	Thomas Hale	16	DunmowAtlant		1:10.29
6.	Adam Hele	15	Verulam		1:13.70	43.	Tahir Hendricks	15	Colchester		1:10.03
7.	Dewi Fordyce	13	Berkhamsted		1:13.60	44.	Dmitrijs Gracovs	17	DunmowAtlant		1:09.60
8.	Logan Broadhurst	18	Deben		1:13.57	45.	Thomas Lloyd	18	Rochford		1:09.35
9.	Zachary Fraser	16	Co Peterboro		1:13.49	46.	Oliver Shayle	16	Co Cambridge		1:09.30
10.	Lucas Moxon-Booth	17	Flitwick		1:13.36	47.	Stewart Butler	16	Dunstable		1:09.30
11.	Euan Devine	16	Bedford SS		1:13.26	48.	Seth Pollard-Lau	17	Watford SC		1:09.24
12.	Harry Johnson	17	Saffron Wald		1:13.07	49.	Rafe Lawson	14	Berkhamsted		1:09.00
13.	Miles Copping	14	Co Cambridge		1:12.90	50.	Matthew McLaughlin	33	Bishop Stort		1:08.98
14.	Finley Pawle	24	Leiston		1:12.80	51.	Edward Sun	16	Verulam		1:08.86
15.	Riley Cuthbert	16	Stevenage		1:12.79	52.	Matthew Debenham	22	Stowmarket		1:08.86
16.	Samuel Heraty	18	Stevenage		1:12.62	53.	Luke Payne	22	Hatfield		1:08.85
17.	Callum Doran	14	DunmowAtlant		1:12.52	54.	Rafael Corliano	16	Co Cambridge		1:08.85
18.	Alexander Gregory	18	Stevenage		1:12.43	55.	Dougie Parsons	18	Rochford		1:08.83
19.	Oscar McKern	17	Verulam		1:12.22	56.	Nursultan Pirnazarov	15	Rick'worth		1:08.61
20.	Jesse Howard	16	Hoddesdon		1:12.20	57.	Alexander Ball	19	Potters Bar		1:08.61
21.	George Cawley	15	teamipswich		1:12.20	58.	Daniel De Filippo	17	Flitwick		1:08.43
22.	Maxwell Poynter	18	Co Norwich		1:12.20	59.	James Peters	15	Basildon Ph		1:08.25
23.	James Clay	21	Stowmarket		1:12.10	60.	Kameron Baker	15	Co Peterboro		1:08.02
24.	Veljko Zivko	16	Bedford SS		1:11.98	61.	Billy Mead	21	Biggleswade		1:07.82
25.	Josh Black	16	Co Cambridge		1:11.95	62.	Thomas Baxter	17	West Norfolk		1:07.77
26.	Thomas-Arthur Jagger	17	West Norfolk		1:11.84	63.	Josh Reed	15	Co Norwich		1:07.30
27.	Alexander Pashley	15	Co Cambridge		1:11.82	64.	Jeremy Godwin	17	Thurrock		1:07.23
28.	Gabriel Taggart	16	Watford SC		1:11.80	65.	Szymon Pierzecki	17	Witham Dolph		1:06.87
29.	Solomon Dent	17	Bedford SS		1:11.79	66.	Maximus Atkin	17	Leigh Linsl		1:06.46
30.	Harry Brunton	16	Hoddesdon		1:11.74	67.	Joshua Jones	17	West Norfolk		1:06.15
31.	Nathaniel Coburn	18	Braintree		1:11.68	68.	Chun Ho Chan	17	Watford SC		1:04.89
32.	Robert James	14	Epping For't		1:11.40	69.	Charlie Ruddell	17	teamipswich		1:04.50
33.	Jack Thompson	19	teamipswich		1:11.36	70.	Reece Burns	18	Chelmsford		1:03.88
34.	Lewis Perry	17	Watford SC		1:11.05	71.	Finlay Ryan	27	West Norfolk		1:03.60
35.	Alexander Pattison	16	West Norfolk		1:10.90	72.	James McGettigan	17	Thurrock		1:02.36
36.	Felix Amdor	16	Watford SC		1:10.90	73.	Tyler Stone	16	Co Norwich		1:01.90
37.	Luke Toland	15	Flitwick		1:10.90	74.	Joshua Sackree	18	Co Peterboro		1:01.42

EVENT 208 Female 100m IM

1.	Isabel White	17	Biggleswade	1:10.96	.....
2.	Kitty McNaughton	14	Hoddesdon	1:10.94	.....
3.	Eva Jackson	14	Flitwick	1:10.84	.....
4.	Lola Mitchinson	15	Thetford	1:10.82	.....
5.	Gabriella Meyer	17	Colchester	1:10.79	.....
6.	Freya May	16	teamipswich	1:10.73	.....
7.	Lily Steel	16	teamipswich	1:10.72	.....
8.	Abigail Rogers	17	Basildon Ph	1:10.71	.....
9.	Emma Cushion	16	Co Peterboro	1:10.66	.....
10.	I Stratton-Thomsett	17	Chelmsford	1:10.55	.....
11.	Teah Gregory	18	Stevenage	1:10.46	.....
12.	Aleksandra Czerwinska	17	Potters Bar	1:10.43	.....
13.	Florence Whittaker	16	Biggleswade	1:10.32	.....
14.	Esme Stringer	18	Bishop Stort	1:10.26	.....
15.	Nieve Ives	14	Hatfield	1:10.23	.....
16.	Camille Vannier	19	Hatfield	1:10.13	.....
17.	Abigail Davis	16	Bedford SS	1:10.12	.....
18.	Anabelle Kett	17	Co Peterboro	1:10.12	.....
19.	Honor Beverstock	17	Hatfield	1:10.06	.....
20.	Mimi Clinch	16	Co St Albans	1:10.05	.....
21.	Charlotte Belcher	16	Bedford SS	1:10.02	.....
22.	Valeria Soldatihhina	13	West Norfolk	1:09.82	.....
23.	Summer Miller	14	Bishop Stort	1:09.78	.....
24.	Victoria Edghill	14	Basildon Ph	1:09.76	.....
25.	Isla Stewart	16	Co Peterboro	1:09.75	.....
26.	Anna Mason	14	Co Peterboro	1:09.61	.....
27.	Imogen Bygrave	16	Co Cambridge	1:09.55	.....
28.	Ella Fanning	15	Flitwick	1:09.55	.....
29.	Grace Manning	14	Basildon Ph	1:09.54	.....
30.	Chloe Simpson	20	Watford SC	1:09.43	.....
31.	Summer Boswell	18	Hatfield	1:09.32	.....
32.	Naomi Rose Conday	16	Bishop Stort	1:08.80	.....
33.	Caitlin Hartley	22	Hatfield	1:08.75	.....
34.	Evie Armstrong	14	Dunstable	1:08.70	.....
35.	Alice Watts	18	Co Cambridge	1:08.41	.....
36.	Amy Meyer	17	Flitwick	1:08.36	.....
37.	Aimee Sanders	14	Dunstable	1:08.17	.....
38.	Genna Lee	15	DunmowAtlant	1:07.99	.....
39.	Evie Greenhalf	16	Co Norwich	1:07.81	.....
40.	Rebecca Keetley	22	Co Cambridge	1:07.64	.....
41.	Alice Volkovaya	18	Co Cambridge	1:07.37	.....
42.	Nina Allen	15	Newmarket	1:07.34	.....
43.	Freya Cox	15	Norwich Swan	1:07.33	.....
44.	Jasmine Scott	15	Co St Albans	1:07.18	.....
45.	Nicole Peddelty	16	teamipswich	1:07.15	.....
46.	Yan Ting Emily Pak	17	Co Cambridge	1:06.94	.....
47.	Hannah Day	18	Co Norwich	1:06.58	.....
48.	Megan Pye	24	Co Norwich	1:06.56	.....
49.	Jorja Atkinson	15	Co Cambridge	1:06.28	.....
50.	Alexandra Nurney	16	Hatfield	1:05.90	.....
51.	Amy Boreham	20	Watford SC	1:05.85	.....
52.	Tia Sammut	15	Bedford SS	1:05.74	.....
53.	Millie Harris	18	West Norfolk	1:05.26	.....
54.	Jessica Medlicott	19	Dunstable	1:05.21	.....

EVENT 209 Open/Male 400m Freestyle

1.	Jacob Dessoy	18	Thurrock	S8	5:59.65	.....
2.	Beau Sales	15	Colchester	S9	5:02.29	.....
3.	Jack Lees	13	Epping For't		4:27.20	.....
4.	Lewis Gardner	12	Basildon Ph		4:26.33	.....
5.	George Saunders	16	Co St Albans		4:25.80	.....
6.	Daniel Grimmer	20	West Norfolk		4:25.38	.....
7.	Lochlan Shaw	16	Flitwick		4:25.33	.....
8.	Joseph Subba	15	Co St Albans		4:25.28	.....
9.	Alfie Page	17	Co Cambridge		4:23.58	.....
10.	Benjamin Piscopo	13	Co Peterboro		4:23.38	.....
11.	Oliver Meier	16	Biggleswade		4:23.24	.....
12.	Isaac Buchan	17	Co Norwich	S14	4:23.20	.....
13.	Charlie Stott	17	Co St Albans		4:23.18	.....
14.	Benedict Whitt	20	Co Cambridge		4:23.12	.....
15.	Liam Bautista	17	Epping For't		4:22.90	.....
16.	Thomas Fenwick	15	Verulam		4:22.70	.....
17.	Oliver Fuller	16	Co Cambridge		4:22.05	.....
18.	William Hughes	16	Chelmsford		4:20.90	.....
19.	Lucas Day	17	Rochford		4:19.52	.....
20.	Perrin Ma	15	Berkhamsted		4:16.90	.....
21.	Ryan Wimpenny	16	Cheshunt		4:16.74	.....
22.	Evan Larthe	17	Basildon Ph		4:16.46	.....
23.	Kian Lee	18	Co Peterboro		4:15.42	.....
24.	Xavier Zerban	15	Biggleswade		4:14.40	.....
25.	Jacopo Agosti	15	Co Cambridge		4:13.70	.....
26.	Ethan Wallis	16	Norwich Swan		4:13.00	.....
27.	Oliver Fenwick	17	Hatfield		4:10.29	.....
28.	Janos Csepely	15	teamipswich		4:10.10	.....
29.	Ethan Knights	15	teamipswich		4:09.70	.....
30.	Zak Fellows	17	Co St Albans		4:07.50	.....
31.	Jamie Wilson	17	West Norfolk		4:06.73	.....
32.	Conor Mint	17	Basildon Ph		4:06.12	.....
33.	Oscar Hunter	17	Norwich Swan		4:04.20	.....

Swim England East Region
2026 Short Course Championships
Inspire Luton 6th -8th November
Programme

Session 3 Saturday 7th November at 1:35 pm

EVENT 301 Female 400m IM

1.	Cerys Wall	14	Co Cambridge		5:24.60
2.	Elija Mickaite	14	Co Peterboro		5:24.50
3.	Caitlin Stockwell	16	Co Cambridge		5:23.95
4.	Freya Hill	15	New Hall		5:23.72
5.	Nieve Ives	14	Hatfield		5:21.88
6.	Eliza Jennings	14	Biggleswade		5:20.18
7.	Anna Mason	14	Co Peterboro		5:18.58
8.	Summer Miller	14	Bishop Stort		5:16.85
9.	Isabella Helliwell	15	Basildon Ph		5:16.10
10.	Alice Weston	20	Watford SC		5:12.94
11.	Daisy-Mai Doel	15	Basildon Ph		5:12.04
12.	Evie Armstrong	14	Dunstable		5:07.50
13.	Isla Stewart	16	Co Peterboro		5:07.00
14.	Amelia Saunders	18	Norwich Swan		5:06.30
15.	Jorja Atkinson	15	Co Cambridge		5:06.24
16.	Emma Cushion	16	Co Peterboro		5:05.75
17.	Annie McLeod	18	Putteridge		5:00.13
18.	Chloe Butler	22	Norwich Swan		4:57.90

EVENT 302 Open/Male 100m Backstroke

1.	Beau Sales	15	Colchester	S9	1:11.67
2.	Corey Hare	20	Deben	S14	1:05.10
3.	Benjamin Mellors	15	Verulam		1:04.88
4.	Zachary Fraser	16	Co Peterboro		1:04.79
5.	Hughey Sullivan	16	DunmowAtlant		1:04.61
6.	Kameron Baker	15	Co Peterboro		1:04.59
7.	Isaac Bissell	15	Canvey Isl		1:04.57
8.	Donald Perrin	16	Co Norwich		1:04.54
9.	Harry Vidal-Greenwood	15	West Suffolk		1:04.43
10.	Oliver Harmond	16	Chelmsford		1:04.35
11.	Archie Lake	15	New Hall		1:04.31
12.	Henry Martin	17	Harpenden		1:04.27
13.	James O'Toole	15	Norwich Swan		1:04.20
14.	Michael Sayer	15	Co Norwich		1:04.11
15.	Thomas Fenwick	15	Verulam		1:03.99
16.	Hayden Garrod	18	Team Waveney		1:03.91
17.	Thomas Garnett	19	West Norfolk		1:03.71
18.	Alexander Pashley	15	Co Cambridge		1:03.70
19.	Oliver Butt	16	Deben		1:03.62
20.	Ewan Nobes	18	Norwich Swan		1:03.59
21.	Barlow Assenheim-Keith	15	Basildon Ph		1:03.54
22.	Nicholas Mitroi	15	Thurrock		1:03.46
23.	Taras Boiko	13	Bishop Stort		1:03.44
24.	Luca Bertossa Padin	17	Potters Bar		1:03.42
25.	Joseph Emms	15	Biggleswade		1:03.35
26.	Jesse Knight	13	Leiston		1:03.30
27.	Byron Miller	15	Colchester		1:03.28
28.	Joe Hammond	19	Co Norwich		1:03.26
29.	Thomas Baxter	17	West Norfolk		1:03.20
30.	Jacob Ure	14	Co Peterboro		1:03.03
31.	Louis Hochenberg	17	Potters Bar		1:02.87
32.	Harry Bird	17	Putteridge		1:02.80
33.	Harry Rowson	15	Putteridge		1:02.66
34.	Alexander Mordenti	17	Potters Bar		1:02.59
35.	Maxim Szarvadi	17	DunmowAtlant		1:02.58
36.	Theo Ryan	16	West Norfolk		1:02.54
37.	Matthew Brown	21	Stowmarket		1:02.49
38.	George Saunders	16	Co St Albans		1:02.40
39.	Benjamin Palmer	15	Bishop Stort		1:02.34
40.	Samuel Black	19	Co Norwich	S14	1:02.30
41.	Kieran Ng	16	Co Peterboro		1:02.18
42.	James Clay	21	Stowmarket		1:02.11
43.	Isaac Buchan	17	Co Norwich	S14	1:01.70
44.	Liam Bautista	17	Epping For't		1:01.43
45.	Naim Harvey	18	Basildon Ph		1:01.41
46.	Rafe Lawson	14	Berkhamsted		1:01.39
47.	Finlay German	17	Co Cambridge		1:01.37
48.	Ben Hunwick	17	Tring		1:01.29
49.	Zach Montgomery	16	Norwich Swan		1:01.17
50.	Ricards Korotkihs	15	teamipswich		1:01.06
51.	Hugo Arthey	17	Deben		1:00.97
52.	Norbert Kadar	17	Co Cambridge		1:00.93
53.	Jude Gunner	17	Norwich Swan	S14	1:00.88
54.	Tobias Anderson	14	Co Norwich		1:00.86
55.	Jakub Cincio	15	Chelmsford		1:00.62
56.	Adam Hussain	18	Putteridge		59.93
57.	Evan Larthe	17	Basildon Ph		59.91
58.	Philip Spalding	16	Putteridge		59.90
59.	Ethan Thorpe	17	Basildon Ph		59.89
60.	Xavier Zerban	15	Biggleswade		59.70
61.	Archie Harris-Joy	16	Co Norwich		59.43
62.	Nathan Yeaman	19	West Norfolk		59.40
63.	Kabir Patel	17	Potters Bar		59.07
64.	Isaac Mendham	15	DunmowAtlant		58.96
65.	Oliver Smith	19	Co Norwich		58.58
66.	Jan Beblot	17	Norwich Swan		58.42
67.	Jacopo Agosti	15	Co Cambridge		58.39
68.	Jude Staton	18	Co Peterboro		58.21
69.	Harrison Shaw	19	Flitwick		58.19
70.	Danylo Kravchenko	17	New Hall		58.15
71.	William East	18	Basildon Ph		58.00
72.	Jacob Bacon	16	Co Peterboro		57.88
73.	Nikita Charykin	20	Thurrock		57.88
74.	Zak Fellows	17	Co St Albans		57.66
75.	Erik Enslin	20	Basildon Ph		57.58
76.	Freddie Gardner	20	Rochford		56.93
77.	Marton Molnar	17	Co Cambridge		56.40
78.	Jacob Ray	19	Basildon Ph		56.30
79.	Ryan Close	18	Bedford SS		56.30
80.	Oscar Winterburn	18	Co Norwich		56.08
81.	Joshua Parker	17	Braintree		56.04
82.	Ronnie Edwards	18	Rochford		55.49
83.	Matthew Wright	28	Team Luton		55.01

EVENT 303 Female 100m Freestyle

1.	Charlotte Ryan	26	Halstead	S6	1:59.47
2.	Aaleyah Hills	12	Braintree	S9	1:39.87
3.	Ava-Valentina Aspinell	14	Chelmsford	S9	1:20.40
4.	Jessica Gooden	16	Co Cambridge	S14	1:20.22
5.	Ida Corcoran	17	Flitwick	S9	1:19.97
6.	Imogen Brown	18	Potters Bar	S14	1:12.36
7.	Lois Smith	16	Basildon Ph		1:02.10
8.	Casey Cleaver	20	Co Norwich		1:02.07
9.	Chloe Simpson	20	Watford SC		1:02.05
10.	Emily Turner	17	Harwich DP		1:02.01
11.	Elizabeth Pert	16	Norwich Swan		1:02.00
12.	Antonia Elias	17	Watford SC		1:01.95
13.	Charlotte Jenkinson	16	Co Peterboro		1:01.93
14.	Emily Joyce	14	Biggleswade		1:01.92
15.	Florence Whittaker	16	Biggleswade		1:01.91
16.	Charlotte Stewart	14	Co St Albans		1:01.90

17.	Ruby Baxter	15	West Norfolk		1:01.90	57.	Defne Ece Sakarya	15	Norwich Swan		1:00.40
18.	Polly Anderson	14	West Norfolk		1:01.90	58.	Lexie Sandiford	15	Putteridge		1:00.23
19.	Abigail Rogers	17	Basildon Ph		1:01.90	59.	Summer Lewis	14	Colchester		1:00.02
20.	Ava Turner	17	Basildon Ph		1:01.90	60.	Gabriela Allchorne	18	Rochford		1:00.00
21.	Tahlia Sunshine	14	DunmowAtlant		1:01.80	61.	Kenzie Bradshaw	16	Hertford		1:00.00
22.	Meghan Howarth Owen	17	Chelmsford		1:01.80	62.	Mia Wilson	14	Basildon Ph		59.98
23.	Shuhan Yang	13	Colchester		1:01.77	63.	Bethany Rumsby	17	Norwich Swan		59.90
24.	Valeria Soldatihhina	13	West Norfolk		1:01.77	64.	Amelia Porzio	18	Putteridge		59.72
25.	Sofia Sacoto	14	Co St Albans		1:01.70	65.	Grace Robinson	17	Norwich Swan		59.72
26.	Matilda Stokes	15	Co Peterboro		1:01.67	66.	Amerie Njawaya	16	Putteridge		59.70
27.	Lilley Dring	17	Deben		1:01.66	67.	Nina Allen	15	Newmarket		59.70
28.	Ella Deaton	17	Newmarket		1:01.52	68.	Eva Jackson	14	Flitwick		59.70
29.	Hermione Harvey	15	Norwich Swan		1:01.50	69.	Chloe Butler	22	Norwich Swan		59.64
30.	Kitty McNaughton	14	Hoddesdon		1:01.40	70.	Heidi King	15	Hemel Hemp		59.64
31.	Dolcie Underwood	13	Dereham		1:01.40	71.	Anabelle Kett	17	Co Peterboro		59.62
32.	Victoria Edghill	14	Basildon Ph		1:01.30	72.	Charlotte Pound	17	Flitwick		59.60
33.	Lyla Flello	17	Co Norwich		1:01.30	73.	Anastasja Wall	16	Norwich Swan		59.58
34.	Anna Zapisetskaya	15	Co St Albans		1:01.27	74.	Katie Jeffrey	22	Hatfield		59.50
35.	Catherine Mitchell	15	Co Norwich		1:01.20	75.	Louise Fiddes	25	Hatfield	S14	59.39
36.	Orlagh Quarrell	16	Watford SC		1:01.20	76.	Genna Lee	15	DunmowAtlant		59.10
37.	Aria Waters	14	Hatfield		1:01.19	77.	Olivia Bradford	15	West Norfolk		59.00
38.	Ellie Catchpole	20	Leiston		1:01.10	78.	Olivia Daniel	13	Verulam		58.90
39.	Gabriella Meyer	17	Colchester		1:00.90	79.	Daisy Russell	18	DunmowAtlant		58.60
40.	Olivia Croft	15	Cheshunt		1:00.83	80.	Hannah Day	18	Co Norwich		58.40
41.	Sydney Lewis	14	Colchester		1:00.80	81.	Alice Volkovaya	18	Co Cambridge		58.40
42.	Maggie Marshall	16	teamipswich		1:00.80	82.	Aimee Sanders	14	Dunstable		58.30
43.	Tilly Howells	13	Verulam		1:00.80	83.	Sophie Palmer	17	Basildon Ph		58.20
44.	Alexandra Hurley	16	Co Cambridge		1:00.73	84.	Sophie Siong	21	Co Norwich		58.18
45.	Amy Thomsit	16	Hemel Hemp		1:00.73	85.	Amy Meyer	17	Flitwick		58.00
46.	Ruby Chapman	20	Norwich Swan		1:00.73	86.	Edie Foster	15	Bishop Stort		57.95
47.	Freya May	16	teamipswich		1:00.70	87.	Alexandra Nurney	16	Hatfield		57.80
48.	Erin Woodrow	19	West Norfolk		1:00.70	88.	Danielle Siong	19	Co Norwich		57.68
49.	Honor Beverstock	17	Hatfield		1:00.70	89.	Amelia Fenner	16	Basildon Ph		57.60
50.	Efa Fuller	17	Colchester		1:00.66	90.	Jessica Medlicott	19	Dunstable		57.58
51.	Anna Mason	14	Co Peterboro		1:00.60	91.	Erin Barber	16	Norwich Swan		57.40
52.	Alice Watts	18	Co Cambridge		1:00.58	92.	Naomi Rose Conday	16	Bishop Stort		57.30
53.	Betsie Saville	13	Canvey Isl		1:00.50	93.	Freya Cox	15	Norwich Swan		57.30
54.	Summer Smith	15	Basildon Ph		1:00.50	94.	Millie Harris	18	West Norfolk		57.13
55.	Tayla Goodswen	14	Co Norwich		1:00.50	95.	Olivia Greenall	17	Co Norwich		57.04
56.	Melike Dagdelen	17	Putteridge		1:00.45						

EVENT 304 Open/Male 200m Freestyle

1.	Corey Hare	20	Deben	S14	2:09.30	23.	Stewart Butler	16	Dunstable		2:02.70
2.	Nicholas Mitroi	15	Thurrock		2:04.50	24.	Valentino Sanders	16	DunmowAtlant		2:02.55
3.	Lochlan Shaw	16	Flitwick		2:04.46	25.	Norbert Kadar	17	Co Cambridge		2:02.53
4.	Lewis Perry	17	Watford SC		2:04.25	26.	Jed Millin	18	Stowmarket		2:02.37
5.	Ryan Wimpenny	16	Cheshunt		2:04.23	27.	Joshua Jones	17	West Norfolk		2:02.31
6.	Charlie Stott	17	Co St Albans		2:04.21	28.	Cheuk-Kin Lau	16	Co St Albans		2:02.20
7.	Gabriel Taggart	16	Watford SC		2:04.15	29.	Alfie Page	17	Co Cambridge		2:02.20
8.	Joseph Subba	15	Co St Albans		2:04.07	30.	Isaac Buchan	17	Co Norwich	S14	2:01.70
9.	Dylan Nutt	27	DunmowAtlant		2:04.01	31.	Kieran Ng	16	Co Peterboro		2:01.57
10.	Harvey Atkinson	16	Colchester		2:03.97	32.	Daniel De Filippo	17	Flitwick		2:01.40
11.	Jacob Ure	14	Co Peterboro		2:03.96	33.	Csanad Rehus	17	Co Peterboro		2:01.36
12.	Rafe Lawson	14	Berkhamsted		2:03.71	34.	Ashton Blake	17	Basildon Ph		2:01.03
13.	Jacopo Agosti	15	Co Cambridge		2:03.69	35.	Haiden Hall	16	Deben		2:00.90
14.	Felix Amdor	16	Watford SC		2:03.58	36.	Frankie Francis	16	Harpenden		2:00.65
15.	James Hallam	16	Harpenden		2:03.56	37.	Evan Larthe	17	Basildon Ph		2:00.46
16.	Richard Farrar	18	Team Waveney		2:03.55	38.	Alfie Murdoch	18	Rochford		2:00.20
17.	Liam Bautista	17	Epping For't		2:03.46	39.	Jude Staton	18	Co Peterboro		2:00.20
18.	Oliver Green	17	Co St Albans		2:03.06	40.	William East	18	Basildon Ph		2:00.03
19.	Dougie Parsons	18	Rochford		2:03.01	41.	Oliver Fuller	16	Co Cambridge		2:00.00
20.	Oliver Meier	16	Biggleswade		2:02.96	42.	Marcus King	18	Putteridge		1:59.83
21.	Zachary Bail	17	Hitchin		2:02.81	43.	Jacob Bacon	16	Co Peterboro		1:59.60
22.	Jacob Schultz	15	Co Cambridge		2:02.70	44.	William Hughes	16	Chelmsford		1:59.33

45.	Lewis Jarrett	20	Co Norwich		1:59.20	.....	55.	Kian Lee	18	Co Peterboro	1:56.31 .....
46.	Xavier Zerban	15	Biggleswade		1:58.80	.....	56.	Benjamin Palmer	15	Bishop Stort	1:56.10 .....
47.	Daniel Grimmer	20	West Norfolk		1:58.71	.....	57.	Ethan Knights	15	teamipswich	1:55.80 .....
48.	Janos Csepely	15	teamipswich		1:58.60	.....	58.	Dylan Davenport	17	Bishop Stort	1:55.64 .....
49.	Jude Gunner	17	Norwich Swan	S14	1:58.50	.....	59.	Zak Fellows	17	Co St Albans	1:55.50 .....
50.	George Stevenson	19	West Norfolk		1:58.01	.....	60.	Conor Mint	17	Basildon Ph	1:55.39 .....
51.	Ethan Wallis	16	Norwich Swan		1:58.00	.....	61.	Adam O'Neal	18	Bedford SS	1:55.00 .....
52.	Ben Davison	21	Hatfield		1:57.38	.....	62.	Daniel Thompson	19	Thurrock	1:54.24 .....
53.	Maxwell Hozier	17	Hoddesdon		1:57.10	.....	63.	Samuel Rose	23	Norwich Swan	1:52.47 .....
54.	Robert Fenner	18	Basildon Ph		1:57.10	.....	64.	Oscar Hunter	17	Norwich Swan	1:51.20 .....

EVENT 305 Female 50m Butterfly

1.	Phoebe Hale	17	Halstead		31.20	.....	54.	Valeria Soldatihhina	13	West Norfolk	30.30 .....
2.	Amber Lyne	16	Co Cambridge		31.20	.....	55.	Elise Delapperall	20	Basildon Ph	30.30 .....
3.	Alice Robinson	17	Co Cambridge		31.20	.....	56.	Casey Cleaver	20	Co Norwich	30.22 .....
4.	Eden Hender	14	Co Norwich		31.19	.....	57.	Ava Turner	17	Basildon Ph	30.20 .....
5.	Mimi Clinch	16	Co St Albans		31.15	.....	58.	Lois Smith	16	Basildon Ph	30.20 .....
6.	Isabella Savage	17	Potters Bar		31.12	.....	59.	Emily Joyce	14	Biggleswade	30.20 .....
7.	Antonia Elias	17	Watford SC		31.10	.....	60.	Florence Whittaker	16	Biggleswade	30.20 .....
8.	Megan Randall	15	Royston		31.10	.....	61.	Eva Jackson	14	Flitwick	30.20 .....
9.	Freya Keeling	13	Hoddesdon		31.10	.....	62.	Olivia Piaskowska	14	Dunstable	30.20 .....
10.	Olivia Pais	14	Co Peterboro		31.10	.....	63.	Bethany Rumsby	17	Norwich Swan	30.20 .....
11.	Lauren Turnock	17	Co Ely		31.10	.....	64.	Summer Lewis	14	Colchester	30.10 .....
12.	Anna Regan	15	Bo Southend		31.09	.....	65.	Emily-Grace Bentley	16	Basildon Ph	30.10 .....
13.	Tsvetina Sinapova	14	Co Norwich		31.00	.....	66.	Caitlin Hartley	22	Hatfield	30.10 .....
14.	Eden Meanti	15	Putteridge		31.00	.....	67.	Ruby Baxter	15	West Norfolk	30.00 .....
15.	Niamh Bunker	16	Flitwick		31.00	.....	68.	Honor Beverstock	17	Hatfield	30.00 .....
16.	Mia Gray	18	Norwich Swan		31.00	.....	69.	Victoria Allchorne	18	Rochford	30.00 .....
17.	Charlotte Belcher	16	Bedford SS		31.00	.....	70.	Isla Stewart	16	Co Peterboro	29.90 .....
18.	Esmee Hui	14	Watford SC		31.00	.....	71.	Violet Rhodes	14	Team Luton	29.90 .....
19.	Niamh Chambers	17	DunmowAtlant		31.00	.....	72.	Erin Currie	18	Hatfield	29.90 .....
20.	Tehya Roberton	16	Co St Albans		30.96	.....	73.	Freya May	16	teamipswich	29.90 .....
21.	Tahlia Sunshine	14	DunmowAtlant		30.90	.....	74.	Kenzie Bradshaw	16	Hertford	29.80 .....
22.	Darcie Waller	16	Stevenage		30.90	.....	75.	Amber Flitton	17	Dunstable	29.80 .....
23.	Charlotte Stocks	14	Leigh Linsl		30.90	.....	76.	Genna Lee	15	DunmowAtlant	29.70 .....
24.	Anudi Ratnayake	15	Norwich Swan		30.90	.....	77.	Betsie Saville	13	Canvey Isl	29.70 .....
25.	Lily Murrell	17	Norwich Swan		30.90	.....	78.	Lily Steel	16	teamipswich	29.65 .....
26.	Victoria Edghill	14	Basildon Ph		30.82	.....	79.	Indie Horton	14	Co Norwich	29.60 .....
27.	Annabelle Smith	16	Co Ely		30.80	.....	80.	Mia Wilson	14	Basildon Ph	29.60 .....
28.	Defne Ece Sakarya	15	Norwich Swan		30.80	.....	81.	Efa Fuller	17	Colchester	29.60 .....
29.	Holly Shepherd	16	Canvey Isl		30.76	.....	82.	Lily Mae Ware	16	Basildon Ph	29.60 .....
30.	Imogen Laws	13	Co Norwich		30.70	.....	83.	Rebecca Keetley	22	Co Cambridge	29.50 .....
31.	Maelys Jacquet	15	Deben		30.69	.....	84.	Jorja Atkinson	15	Co Cambridge	29.50 .....
32.	Charlotte Jenkinson	16	Co Peterboro		30.64	.....	85.	Emma Cushion	16	Co Peterboro	29.50 .....
33.	Evie Armstrong	14	Dunstable		30.64	.....	86.	Charlotte Pound	17	Flitwick	29.40 .....
34.	Grace Manning	14	Basildon Ph		30.60	.....	87.	Alice Weston	20	Watford SC	29.40 .....
35.	I Stratton-Thomsett	17	Chelmsford		30.60	.....	88.	Teah Gregory	18	Stevenage	29.34 .....
36.	Sienna Connor	15	Colchester		30.60	.....	89.	Anna Mason	14	Co Peterboro	29.30 .....
37.	Scarlett Omand	13	Cheshunt		30.60	.....	90.	Aimee Sanders	14	Dunstable	29.30 .....
38.	Jessica Shaw	21	March		30.53	.....	91.	Lexie Sandiford	15	Putteridge	29.20 .....
39.	Abigail Rogers	17	Basildon Ph		30.53	.....	92.	Matilda Stokes	15	Co Peterboro	29.20 .....
40.	Charlotte Douglas	14	Co St Albans		30.50	.....	93.	Amerie Njawaya	16	Putteridge	29.10 .....
41.	Melike Dagdelen	17	Putteridge		30.50	.....	94.	Abigail Davis	16	Bedford SS	29.10 .....
42.	Carys Westgarth	17	Colchester		30.50	.....	95.	Anastasja Wall	16	Norwich Swan	29.00 .....
43.	Zara Rhind	17	Hertford		30.40	.....	96.	Ayla Zolfaghari	15	Epping For't	28.90 .....
44.	Ellie King	26	Dunstable		30.40	.....	97.	Jasmine Scott	15	Co St Albans	28.70 .....
45.	Eloise Palfree	12	Colchester		30.40	.....	98.	Evie Greenhalf	16	Co Norwich	28.70 .....
46.	Sophia Aziz	14	Co Peterboro		30.40	.....	99.	Olivia Daniel	13	Verulam	28.60 .....
47.	Nicole Peddelty	16	teamipswich		30.38	.....	100.	Megan Pye	24	Co Norwich	28.60 .....
48.	Alexandra Hurley	16	Co Cambridge		30.34	.....	101.	Genevieve White	18	Co Cambridge	28.60 .....
49.	Sophie Roberts	17	teamipswich		30.32	.....	102.	Tia Sammut	15	Bedford SS	28.50 .....
50.	Tilly Howells	13	Verulam		30.30	.....	103.	Alexandra Nurney	16	Hatfield	28.10 .....
51.	Summer Boswell	18	Hatfield		30.30	.....	104.	Edie Foster	15	Bishop Stort	28.00 .....
52.	Claudia Barp	16	Co Cambridge		30.30	.....					
53.	Sophie Lyon	20	Stevenage		30.30	.....					

Continued…..

105.	Amelia Fenner	16	Basildon Ph	27.80	.....	108.	Sophie Palmer	17	Basildon Ph	27.70	.....
106.	Olivia Bradford	15	West Norfolk	27.80	.....	109.	Olivia Greenall	17	Co Norwich	27.60	.....
107.	Ashley Ransome	31	Hatfield	27.70	.....	110.	Millie Harris	18	West Norfolk	26.70	.....

EVENT 306 Open/Male 50m Butterfly

1.	Benjamin Palmer	15	Bishop Stort	28.25	.....	56.	Rafael Corliano	16	Co Cambridge	27.20	.....
2.	Benjamin Mellors	15	Verulam	28.25	.....	57.	Harvey Atkinson	16	Colchester	27.20	.....
3.	Alfie Shankster	18	Maldon Shark	28.20	.....	58.	Joe Hammond	19	Co Norwich	27.20	.....
4.	Alexander Pashley	15	Co Cambridge	28.20	.....	59.	Hayden Garrod	18	Team Waveney	27.10	.....
5.	Joshua Tyack	17	Tring	28.20	.....	60.	Mykhailo Vasyliev	16	Bedford SS	27.10	.....
6.	Maxim Pomana	17	Colchester	28.20	.....	61.	Daniel De Filippo	17	Flitwick	27.10	.....
7.	Greg Brown	34	West Norfolk	28.20	.....	62.	Xavier Zerban	15	Biggleswade	27.10	.....
8.	Takomerwa Katandula	15	Co St Albans	28.20	.....	63.	Charlie Payne	19	Newmarket	27.03	.....
9.	Valentino Sanders	16	DunmowAtlant	28.20	.....	64.	Oliver Howard	16	Bishop Stort	27.00	.....
10.	Theo Ryan	16	West Norfolk	28.20	.....	65.	Luke Owens	16	Putteridge	26.90	.....
11.	Maximus Atkin	17	Leigh Linsl	28.10	.....	66.	Benjamin Watley	19	Witham Dolph	26.90	.....
12.	William Barr	18	Royston	28.10	.....	67.	Billy Mead	21	Biggleswade	26.80	.....
13.	Kieran Bearman	15	DunmowAtlant	28.10	.....	68.	Haiden Hall	16	Deben	26.80	.....
14.	Josh Black	16	Co Cambridge	28.10	.....	69.	Rafe Lawson	14	Berkhamsted	26.80	.....
15.	Zachary Piscopo	15	Co Peterboro	28.10	.....	70.	Matthew Brown	21	Stowmarket	26.80	.....
16.	Dylan Nutt	27	DunmowAtlant	28.10	.....	71.	Samuel Jeffrey	19	Hatfield	26.80	.....
17.	Euan Humphries	18	Flitwick	28.10	.....	72.	Ethan Thorpe	17	Basildon Ph	26.80	.....
18.	George Hearn	16	Putteridge	28.10	.....	73.	Oliver Green	17	Co St Albans	26.70	.....
19.	Alistair Sheeran	17	teamipswich	28.08	.....	74.	Rhys Thomas	18	Leigh Linsl	26.70	.....
20.	Joseph Bagshaw	16	Stevenage	28.08	.....	75.	Jake Atkinson	14	Basildon Ph	26.70	.....
21.	Aaron Peacock	19	Thetford	28.00	.....	76.	Daniel Grimmer	20	West Norfolk	26.70	.....
22.	Harry Bird	17	Putteridge	28.00	.....	77.	Alfie Murdoch	18	Rochford	26.67	.....
23.	Robert James	14	Epping For't	28.00	.....	78.	Ivan Ijomoni	15	Thurrock	26.60	.....
24.	Thomas Garnett	19	West Norfolk	28.00	.....	79.	Kameron Baker	15	Co Peterboro	26.60	.....
25.	Seth Pollard-Lau	17	Watford SC	28.00	.....	80.	Elliot Hall	16	Bishop Stort	26.47	.....
26.	William Ward	17	Hoddesdon	27.96	.....	81.	Kian Lee	18	Co Peterboro	26.40	.....
27.	Jacob Jenkins	16	Norwich Swan	27.96	.....	82.	Finlay Neve	18	Norwich Swan	26.40	.....
28.	Isaac Bissell	15	Canvey Isl	27.90	.....	83.	Hugo Arthey	17	Deben	26.30	.....
29.	Max Lesner	17	Potters Bar	27.85	.....	84.	Chun Ho Chan	17	Watford SC	26.30	.....
30.	Sam Smith	17	Leigh Linsl	27.85	.....	85.	Ellis McQuade	20	Co Norwich	26.30	.....
31.	Joshua Taylor	17	Dereham	27.84	.....	86.	Emilio Knock	21	Norwich Swan	26.30	.....
32.	James Allberry	16	Stowmarket	27.80	.....	87.	Callum Cox	20	Co Norwich	26.20	.....
33.	Jesse Knight	13	Leiston	27.80	.....	88.	Luke Morley	19	Hitchin	26.00	.....
34.	Tobi Olajide	17	Thurrock	27.80	.....	89.	James McGettigan	17	Thurrock	26.00	.....
35.	Ethan Woolsey	15	St Neot Swan	27.80	.....	90.	Dylan Davenport	17	Bishop Stort	26.00	.....
36.	Anthony Ganchev	17	Chelmsford	27.70	.....	91.	Samuel Rose	23	Norwich Swan	25.87	.....
37.	Maxim Szarvadi	17	DunmowAtlant	27.70	.....	92.	Lewis Chapman	25	Stowmarket	25.80	.....
38.	George Cawley	15	teamipswich	27.70	.....	93.	Jamie Wilson	17	West Norfolk	25.70	.....
39.	Thomas Baxter	17	West Norfolk	27.60	.....	94.	Oliver Pike	19	Norwich Swan	25.70	.....
40.	Thomas Hale	16	DunmowAtlant	27.56	.....	95.	Adam O'Neal	18	Bedford SS	25.70	.....
41.	Tristan De Belligny	16	Witham Dolph	27.50	.....	96.	Alexander Pattison	16	West Norfolk	25.70	.....
42.	Jacob Wild	15	Newmarket	27.50	.....	97.	Theo Bari	18	Saffron Wald	25.70	.....
43.	Nathan Yeaman	19	West Norfolk	27.50	.....	98.	Zak Walker	15	Thurrock	25.70	.....
44.	Finlay Roberts	17	Witham Dolph	27.50	.....	99.	Damon Elliott	22	DunmowAtlant	25.60	.....
45.	Mikhail Zharinov	16	Hitchin	27.50	.....	100.	Ben Every	18	Co Norwich	25.60	.....
46.	Nonso Nwabueze	17	Basildon Ph	27.50	.....	101.	Harry Cooper	18	Rochford	25.50	.....
47.	Rejus Mazeika	15	West Norfolk	27.50	.....	102.	Danylo Kravchenko	17	New Hall	25.46	.....
48.	Zach Montgomery	16	Norwich Swan	27.40	.....	103.	Ryan Close	18	Bedford SS	25.40	.....
49.	Barlow Assenheim-Keith	15	Basildon Ph	27.40	.....	104.	Jack Abram	21	Co Norwich	25.40	.....
50.	Jude Staton	18	Co Peterboro	27.38	.....	105.	Oscar Winterburn	18	Co Norwich	25.30	.....
51.	Oliver Fuller	16	Co Cambridge	27.28	.....	106.	Jacob Bacon	16	Co Peterboro	24.90	.....
52.	Adam Hussain	18	Putteridge	27.25	.....	107.	Ronnie Edwards	18	Rochford	24.70	.....
53.	Arthur Smart	24	West Suffolk	27.20	.....	108.	Matthew Wright	28	Team Luton	24.59	.....
54.	Marcus King	18	Putteridge	27.20	.....	109.	Henry Dean	20	Thurrock	24.40	.....
55.	Matthew Debenham	22	Stowmarket	27.20	.....						

EVENT 307 Female 200m Backstroke

1.	Tayla Goodswen	14	Co Norwich	2:31.65	34.	Olivia Stroud	14	teamipswich	2:27.65
2.	Elizabeth Feld	16	Chelmsford	2:31.55	35.	Gabriella Meyer	17	Colchester	2:27.20
3.	Amber Lyne	16	Co Cambridge	2:31.37	36.	Lois Fields	15	Bishop Stort	2:27.03
4.	Alison Loo	15	Watford SC	2:31.30	37.	Rebecca Olaru	15	Chelmsford	2:26.75
5.	Eva Jackson	14	Flitwick	2:31.14	38.	Meghan Howarth Owen	17	Chelmsford	2:26.72
6.	Skye Freeman	14	Norwich Swan	2:31.10	39.	Olivia Wicks	14	Norwich Swan	2:26.68
7.	Lola Mitchinson	15	Thetford	2:31.09	40.	Isla Stockwell	14	Co Cambridge	2:26.52
8.	Sophie Harvey	14	Co Cambridge	2:30.93	41.	Elija Mickaite	14	Co Peterboro	2:26.45
9.	Emilia Butt	14	Deben	2:30.82	42.	Evie Butterworth	16	Watford SC	2:26.22
10.	Summer Miller	14	Bishop Stort	2:30.77	43.	Anna Zapisetskaya	15	Co St Albans	2:25.98
11.	Charlotte Jenkinson	16	Co Peterboro	2:30.74	44.	Chloe Cranny	15	Epping For't	2:25.81
12.	Summer Woodside	13	Co Peterboro	2:30.70	45.	Matilda Sharpe	14	Co Norwich	2:25.71
13.	Anastasja Wall	16	Norwich Swan	2:30.31	46.	Erin Woodrow	19	West Norfolk	2:25.61
14.	Daisy Jubb	16	Co St Albans	2:30.29	47.	Heidi King	15	Hemel Hemp	2:25.59
15.	Alice Robinson	17	Co Cambridge	2:30.18	48.	Matilda Stokes	15	Co Peterboro	2:24.55
16.	Eliza Jennings	14	Biggleswade	2:30.14	49.	Mia Hayes	13	Leigh Linsl	2:24.40
17.	Lily Murrell	17	Norwich Swan	2:30.02	50.	Anna Mason	14	Co Peterboro	2:24.20
18.	Elizabeth Gore	15	Epping For't	2:30.00	51.	Sophie Roberts	17	teamipswich	2:24.20
19.	Kenzie Bradshaw	16	Hertford	2:29.62	52.	Mia Nelson	15	Co St Albans	2:23.88
20.	Maia Thompson	18	Team Waveney	2:29.58	53.	Amy Meyer	17	Flitwick	2:23.70
21.	Olive Bailey	13	Colchester	2:29.40	54.	Orlagh Quarrell	16	Watford SC	2:23.30
22.	Eden Hender	14	Co Norwich	2:29.38	55.	Camille Vannier	19	Hatfield	2:22.22
23.	Kitty McNaughton	14	Hoddesdon	2:29.37	56.	Chloe Barnard	17	Basildon Ph	2:21.80
24.	Alexandra Hurley	16	Co Cambridge	2:29.35	57.	Lily Steel	16	teamipswich	2:20.62
25.	Eloise Palfree	12	Colchester	2:29.30	58.	Grace Manning	14	Basildon Ph	2:20.30
26.	Imogen Bygrave	16	Co Cambridge	2:29.08	59.	Lexie O'Connor	19	Basildon Ph	2:19.90
27.	Ava Sims	15	Chelmsford	2:28.78	60.	Chloe Armstrong	19	teamipswich	2:19.79
28.	Polly Anderson	14	West Norfolk	2:28.70	61.	Summer Smith	15	Basildon Ph	2:19.50
29.	Cerys Wall	14	Co Cambridge	2:28.53	62.	Nicole Maynard	17	Basildon Ph	2:18.62
30.	Charlotte Belcher	16	Bedford SS	2:28.34	63.	Jessica Medlicott	19	Dunstable	2:17.79
31.	Isla Staton	15	March	2:28.29	64.	Grace Robinson	17	Norwich Swan	2:17.18
32.	Isabelle King	16	Bishop Stort	2:28.08	65.	Emma Cushion	16	Co Peterboro	2:16.58
33.	Yasmine Ollerenshaw	17	Flitwick	2:28.07	66.	Erin Barber	16	Norwich Swan	2:13.60

EVENT 308 Mixed 200m Freestyle Team

1.	Canvey Isl	Open	Canvey Isl	1:48.50	6.	City Of Peterborough S	Open	Co Peterboro	1:43.00
2.	Rochford	Open	Rochford	1:46.00	7.	Bishop Stort	Open	Bishop Stort	1:43.00
3.	Watford SC B	Open	Watford SC	1:45.79	8.	Hatfield	Open	Hatfield	1:42.00
4.	Watford SC A	Open	Watford SC	1:44.26	9.	DunmowAtlant	Open	DunmowAtlant	1:42.00
5.	Co Cambridge	Open	Co Cambridge	1:43.00	10.	Basildon Ph	Open	Basildon Ph	1:41.10

EVENT 309 Female 1500m Freestyle – First Heat

1.	Elizabeth Gore	15	Epping For't	18:40.00	6.	Olivia Croft	15	Cheshunt	18:16.14
2.	Daisy Jubb	16	Co St Albans	18:38.48	7.	Francesca Barber	17	Co Norwich	18:03.94
3.	Nieve Ives	14	Hatfield	18:29.06	8.	Amelia Saunders	18	Norwich Swan	17:59.70
4.	Connie Flitton	15	Dunstable	18:25.40	9.	Megan Barnicoat	15	Co Peterboro	17:41.26
5.	Addison Summers	14	Co St Albans	18:18.30	10.	Chloe Cranny	15	Epping For't	17:40.70

Session 4 Saturday 7th November at 5:35 pm

EVENT 401 FINAL OF EVENT 201 Open/Male 200m IM

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 402 FINAL OF EVENT 202 Female 50m Backstroke

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 403 FINAL OF EVENT 203 Open/Male 50m Freestyle

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 404 FINAL OF EVENT 204 Female 200m Butterfly

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 405 FINAL OF EVENT 205 Open/Male 200m Butterfly

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 406 FINAL OF EVENT 206 Female 100m Breaststroke

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 407 FINAL OF EVENT 207 Open/Male 100m Breaststroke

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 408 FINAL OF EVENT 208 Female 100m IM

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 409 FINAL OF EVENT 302 Open/Male 100m Backstroke

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 410 FINAL OF EVENT 303 Female 100m Freestyle

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 411 FINAL OF EVENT 304 Open/Male 200m Freestyle

1.	.....		5.	.....	
2.	.....		6.	.....	
3.	.....		7.	.....	
4.	.....		8.	.....	

EVENT 412 FINAL OF EVENT 307 Female 200m Backstroke

1.	.....		5.	.....	
2.	.....		6.	.....	
3.	.....		7.	.....	
4.	.....		8.	.....	

EVENT 413 FINAL OF EVENT 306 Open/Male 50m Butterfly

1.	.....		5.	.....	
2.	.....		6.	.....	
3.	.....		7.	.....	
4.	.....		8.	.....	

EVENT 414 FINAL OF EVENT 305 Female 50m Butterfly

1.	.....		5.	.....	
2.	.....		6.	.....	
3.	.....		7.	.....	
4.	.....		8.	.....	

EVENT 415 Female 1500m Freestyle – Final Heat

EVENT 416 Open/Male 200m Freestyle Team

1.	Thurrock	Open	Thurrock	1:39.00	.....	5.	Hatfield	Open	Hatfield	1:37.00	.....
2.	Co Cambridge	Open	Co Cambridge	1:39.00	.....	6.	City Of Peterborough S	Open	Co Peterboro	1:37.00	.....
3.	Watford SC	Open	Watford SC	1:38.33	.....	7.	Rochford	Open	Rochford	1:36.00	.....
4.	DunmowAtlant	Open	DunmowAtlant	1:38.00	.....	8.	Basildon Ph	Open	Basildon Ph	1:35.20	.....

EVENT 417 Female 200m Medley Team

1.	Deben	Open	Deben	2:07.02	.....	6.	DunmowAtlant	Open	DunmowAtlant	2:01.00	.....
2.	Watford SC B	Open	Watford SC	2:06.04	.....	7.	City Of Peterborough S	Open	Co Peterboro	2:00.00	.....
3.	Bishop Stort	Open	Bishop Stort	2:04.00	.....	8.	Co Cambridge	Open	Co Cambridge	1:58.00	.....
4.	Flitwick	Open	Flitwick	2:03.00	.....	9.	Hatfield	Open	Hatfield	1:58.00	.....
5.	Watford SC A	Open	Watford SC	2:01.35	.....	10.	Basildon Ph	Open	Basildon Ph	1:56.90	.....

Session 5 Sunday 8th November at 9:05 am

EVENT 501 Female 200m IM

1.	Ava-Valentina Aspinell	14	Chelmsford	SM9	3:20.19	.....
2.	Ida Corcoran	17	Flitwick	SM9	3:19.40	.....
3.	Florence Richbell	12	Flitwick	SM12	3:18.98	.....
4.	Imogen Brown	18	Potters Bar	SM14	3:06.14	.....
5.	Elizabeth Grey	16	Chelmsford	SM9	3:06.06	.....
6.	Yasmine Ollerenshaw	17	Flitwick		2:33.82	.....
7.	Imogen Bygrave	16	Co Cambridge		2:33.79	.....
8.	Charlotte Belcher	16	Bedford SS		2:33.72	.....
9.	Olivia Pais	14	Co Peterboro		2:33.65	.....
10.	Nieve Ives	14	Hatfield		2:33.60	.....
11.	Claudia Barp	16	Co Cambridge		2:33.56	.....
12.	Amber Flitton	17	Dunstable		2:33.51	.....
13.	Cerys Wall	14	Co Cambridge		2:33.39	.....
14.	Sofia Sacoto	14	Co St Albans		2:33.29	.....
15.	Florence Whittaker	16	Biggleswade		2:33.16	.....
16.	Kitty McNaughton	14	Hoddesdon		2:32.14	.....
17.	I Stratton-Thomsett	17	Chelmsford		2:32.00	.....
18.	Ava Sims	15	Chelmsford		2:31.78	.....
19.	Elija Mickaite	14	Co Peterboro		2:31.59	.....
20.	Valeria Soldatihhina	13	West Norfolk		2:31.48	.....
21.	Sara Kelly	15	Colchester		2:31.41	.....
22.	Abigail Rogers	17	Basildon Ph		2:31.20	.....
23.	Jeslene Sandhu	15	Epping For't		2:31.04	.....
24.	Chloe Simpson	20	Watford SC		2:31.00	.....
25.	Eliza Jennings	14	Biggleswade		2:30.85	.....
26.	Anna Zapisetskaya	15	Co St Albans		2:30.78	.....
27.	Olivia Wicks	14	Norwich Swan		2:30.72	.....
28.	Daisy-Mai Doel	15	Basildon Ph		2:30.10	.....
29.	Isabella Helliwell	15	Basildon Ph		2:29.99	.....
30.	Naomi Rose Conday	16	Bishop Stort		2:29.90	.....
31.	Summer Miller	14	Bishop Stort		2:29.81	.....
32.	Grace Manning	14	Basildon Ph		2:29.59	.....
33.	Eva Jackson	14	Flitwick		2:29.54	.....
34.	Caitlin Stockwell	16	Co Cambridge		2:29.38	.....
35.	Nicole Peddelty	16	teamipswich		2:29.27	.....
36.	Mia Nelson	15	Co St Albans		2:28.89	.....
37.	Anna Mason	14	Co Peterboro		2:28.60	.....
38.	Mia Wilson	14	Basildon Ph		2:28.00	.....
39.	Orlagh Quarrell	16	Watford SC		2:27.85	.....
40.	Melike Dagdelen	17	Putteridge		2:27.77	.....
41.	Heidi King	15	Hemel Hemp		2:27.50	.....
42.	Amelia Porzio	18	Putteridge		2:26.72	.....
43.	Amelia Saunders	18	Norwich Swan		2:26.60	.....
44.	Aimee Sanders	14	Dunstable		2:25.40	.....
45.	Emma Cushion	16	Co Peterboro		2:25.30	.....
46.	Nina Allen	15	Newmarket		2:25.20	.....
47.	Isabella Porzio	22	Putteridge		2:25.20	.....
48.	Isla Stewart	16	Co Peterboro		2:25.10	.....
49.	Evie Armstrong	14	Dunstable		2:24.80	.....
50.	Jorja Atkinson	15	Co Cambridge		2:22.07	.....
51.	Chloe Barnard	17	Basildon Ph		2:21.20	.....
52.	Chloe Butler	22	Norwich Swan		2:18.60	.....
53.	Jessica Medlicott	19	Dunstable		2:17.33	.....

EVENT 502 Open/Male 50m Backstroke

1.	Anton Klyaznik	16	Co Cambridge	S4	1:05.70	.....
2.	Julian Aldred	16	Co Cambridge	S5	58.91	.....
3.	Sid Jones	16	Co Norwich		30.73	.....
4.	Joshua Liebenberg	14	Newmarket		30.72	.....
5.	Lewis Gardner	12	Basildon Ph		30.72	.....
6.	Santi Fletcher	16	Co Cambridge		30.70	.....
7.	Tristan De Belligny	16	Witham Dolph		30.66	.....
8.	Albert Crotty	15	Royston		30.64	.....
9.	Oliver Chadwick	16	Bedford SS		30.64	.....
10.	Cameron Jackson	16	Deben		30.60	.....
11.	Lucas Moxon-Booth	17	Flitwick		30.60	.....
12.	Jacob Schultz	15	Co Cambridge		30.57	.....
13.	Jack Riding	15	Thetford		30.56	.....
14.	Harvey Atkinson	16	Colchester		30.53	.....
15.	Veljko Zivko	16	Bedford SS		30.53	.....
16.	Finley Barber	17	Potters Bar		30.52	.....
17.	Samuel Pertwee	18	DunmowAtlant		30.51	.....
18.	Saul Edwards	16	Bedford SS		30.50	.....
19.	Thomas Riley	14	Colchester		30.48	.....
20.	Matthew Lynch	16	Potters Bar		30.45	.....
21.	Harry Lawrence	21	Verulam		30.43	.....
22.	Reggie Britcher	17	Thetford		30.41	.....
23.	Byron Miller	15	Colchester		30.31	.....
24.	Lucas Wong	16	Runnymede		30.31	.....
25.	Henry Martin	17	Harpenden		30.27	.....
26.	Alfie Winchester	18	Royston		30.23	.....
27.	Michael Sayer	15	Co Norwich		30.23	.....
28.	Adam Hart	15	Witham Dolph		30.20	.....
29.	Joseph Bagshaw	16	Stevenage		30.20	.....
30.	Alexander McDonnell	17	Harpenden		30.17	.....
31.	Sam Smith	17	Leigh Linsl		30.14	.....
32.	Sebastian Turculet	15	Hemel Hemp		30.02	.....
33.	Oliver Harmond	16	Chelmsford		30.02	.....
34.	Sebastian Wheldon	15	Basildon Ph		30.02	.....
35.	Alfie Page	17	Co Cambridge		29.99	.....
36.	Zachary Fraser	16	Co Peterboro		29.94	.....
37.	Jacob Ure	14	Co Peterboro		29.91	.....
38.	Kameron Baker	15	Co Peterboro		29.90	.....
39.	Rufus Kellie	16	Hatfield		29.87	.....
40.	Hughey Sullivan	16	DunmowAtlant		29.86	.....
41.	Ewan Nobes	18	Norwich Swan		29.81	.....
42.	James O'Toole	15	Norwich Swan		29.80	.....
43.	Harry Vidal-Greenwood	15	West Suffolk		29.80	.....
44.	Isaac Bissell	15	Canvey Isl		29.78	.....
45.	Harry Bird	17	Putteridge		29.73	.....
46.	Joseph Emms	15	Biggleswade		29.70	.....
47.	Remi Keane	18	Basildon Ph		29.63	.....
48.	Luca Bertossa Padin	17	Potters Bar		29.59	.....
49.	Oscar Sherwani	18	Flitwick		29.58	.....
50.	Calum Wu	17	Verulam		29.58	.....
51.	Oliver Butt	16	Deben		29.54	.....
52.	Hayden Garrod	18	Team Waveney		29.51	.....
53.	Hugo Arthey	17	Deben		29.41	.....
54.	Tobias Anderson	14	Co Norwich		29.40	.....
55.	George Saunders	16	Co St Albans		29.40	.....
56.	Aaron Peacock	19	Thetford		29.40	.....
57.	Charlie Payne	19	Newmarket		29.40	.....
58.	Benjamin Palmer	15	Bishop Stort		29.18	.....
59.	Liam Bautista	17	Epping For't		29.18	.....
60.	Louis Hochenberg	17	Potters Bar		29.18	.....
61.	Jesse Knight	13	Leiston		29.14	.....
62.	James Clay	21	Stowmarket		29.13	.....
63.	Thomas Fenwick	15	Verulam		29.11	.....
64.	Alexander Pashley	15	Co Cambridge		29.10	.....

65.	Archie Lake	15	New Hall		29.06	.....	89.	Matthew Brown	21	Stowmarket	28.00 .....
66.	Theo Ryan	16	West Norfolk		29.05	.....	90.	Samuel Rose	23	Norwich Swan	27.96 .....
67.	Oliver Pike	19	Norwich Swan		29.02	.....	91.	Evan Larthe	17	Basildon Ph	27.83 .....
68.	Maxim Szarvadi	17	DunmowAtlant		28.99	.....	92.	Adam O'Neal	18	Bedford SS	27.80 .....
69.	Maxwell Hozier	17	Hoddesdon		28.93	.....	93.	Adam Hussain	18	Putteridge	27.71 .....
70.	Norbert Kadar	17	Co Cambridge		28.90	.....	94.	Kabir Patel	17	Potters Bar	27.70 .....
71.	Zach Montgomery	16	Norwich Swan		28.81	.....	95.	Jude Staton	18	Co Peterboro	27.67 .....
72.	Barlow Assenheim-Keith	15	Basildon Ph		28.80	.....	96.	Zak Fellows	17	Co St Albans	27.60 .....
73.	Thomas Hale	16	DunmowAtlant		28.76	.....	97.	Ethan Thorpe	17	Basildon Ph	27.60 .....
74.	Thomas Baxter	17	West Norfolk		28.76	.....	98.	Isaac Mendham	15	DunmowAtlant	27.59 .....
75.	Alexander Mordenti	17	Potters Bar		28.70	.....	99.	Jacopo Agosti	15	Co Cambridge	27.40 .....
76.	Ricards Korotkihs	15	teamipswich		28.65	.....	100.	Jan Beblot	17	Norwich Swan	27.30 .....
77.	Rafe Lawson	14	Berkhamsted		28.64	.....	101.	William East	18	Basildon Ph	27.20 .....
78.	Xavier Zerban	15	Biggleswade		28.60	.....	102.	Oliver Smith	19	Co Norwich	27.12 .....
79.	Joe Hammond	19	Co Norwich		28.44	.....	103.	Harrison Shaw	19	Flitwick	27.00 .....
80.	Jakub Cincio	15	Chelmsford		28.44	.....	104.	Jacob Bacon	16	Co Peterboro	26.68 .....
81.	Harry Rowson	15	Putteridge		28.40	.....	105.	Danylo Kravchenko	17	New Hall	26.68 .....
82.	Archie Harris-Joy	16	Co Norwich		28.30	.....	106.	Erik Enslin	20	Basildon Ph	26.52 .....
83.	Dylan Davenport	17	Bishop Stort		28.29	.....	107.	Ryan Close	18	Bedford SS	26.37 .....
84.	Kieran Ng	16	Co Peterboro		28.24	.....	108.	Marton Molnar	17	Co Cambridge	26.20 .....
85.	Ben Hunwick	17	Tring		28.23	.....	109.	Freddie Gardner	20	Rochford	25.82 .....
86.	Nathan Yeaman	19	West Norfolk		28.19	.....	110.	Jacob Ray	19	Basildon Ph	25.82 .....
87.	Philip Spalding	16	Putteridge		28.10	.....	111.	Oscar Winterburn	18	Co Norwich	25.80 .....
88.	Dmitrijs Gracovs	17	DunmowAtlant		28.05	.....					

EVENT 503 Female 50m Freestyle

1.	Charlotte Ryan	26	Halstead	S6	54.70	.....	39.	Kitty McNaughton	14	Hoddesdon	28.50 .....
2.	Ida Corcoran	17	Flitwick	S9	36.56	.....	40.	Efa Fuller	17	Colchester	28.50 .....
3.	Jessica Gooden	16	Co Cambridge	S14	35.70	.....	41.	Anna Zapisetskaya	15	Co St Albans	28.49 .....
4.	Ava-Valentina Aspinell	14	Chelmsford	S9	34.80	.....	42.	Charley Taylor	14	Dereham	28.49 .....
5.	Elizabeth Grey	16	Chelmsford	S9	34.14	.....	43.	Maggie Marshall	16	teamipswich	28.47 .....
6.	Florence Richbell	12	Flitwick	S12	33.80	.....	44.	Lilley Dring	17	Deben	28.45 .....
7.	Imogen Brown	18	Potters Bar	S14	33.47	.....	45.	Aria Waters	14	Hatfield	28.44 .....
8.	Lola Mitchinson	15	Thetford		28.70	.....	46.	Alexandra Hurley	16	Co Cambridge	28.43 .....
9.	Holly Underdown	17	Braintree		28.70	.....	47.	Mimi Clinch	16	Co St Albans	28.43 .....
10.	Lilia Thorne	16	Ware		28.70	.....	48.	Emma Cushion	16	Co Peterboro	28.43 .....
11.	Ella Fanning	15	Flitwick		28.70	.....	49.	Samriddhi Das	20	Co Norwich	28.42 .....
12.	Charlotte Belcher	16	Bedford SS		28.70	.....	50.	Hermione Harvey	15	Norwich Swan	28.40 .....
13.	Layla Drake	14	Norwich Swan		28.70	.....	51.	Caitlin Hartley	22	Hatfield	28.40 .....
14.	Megan Summer	19	Dereham		28.70	.....	52.	Holly Shepherd	16	Canvey Isl	28.40 .....
15.	Amelia Matthews	15	DunmowAtlant		28.70	.....	53.	Ava Turner	17	Basildon Ph	28.40 .....
16.	Rebecca Olaru	15	Chelmsford		28.70	.....	54.	Casey Cleaver	20	Co Norwich	28.37 .....
17.	Sophia Aziz	14	Co Peterboro		28.69	.....	55.	Charlotte Jenkinson	16	Co Peterboro	28.35 .....
18.	Senudi Ratnayake	15	Norwich Swan		28.67	.....	56.	Olivia Page	13	Co Cambridge	28.30 .....
19.	Olivia Croft	15	Cheshunt		28.67	.....	57.	Lily Steel	16	teamipswich	28.30 .....
20.	Maelys Jacquet	15	Deben		28.66	.....	58.	Ellie Keeling	17	Hoddesdon	28.30 .....
21.	Chloe Simpson	20	Watford SC		28.62	.....	59.	Summer Smith	15	Basildon Ph	28.30 .....
22.	Willow Ryder	13	West Suffolk		28.62	.....	60.	Emily Joyce	14	Biggleswade	28.28 .....
23.	Esme Stringer	18	Bishop Stort		28.60	.....	61.	Victoria Edghill	14	Basildon Ph	28.21 .....
24.	Matilda Stokes	15	Co Peterboro		28.60	.....	62.	Ruby Baxter	15	West Norfolk	28.20 .....
25.	Polly Anderson	14	West Norfolk		28.60	.....	63.	Catherine Mitchell	15	Co Norwich	28.20 .....
26.	Meghan Howarth Owen	17	Chelmsford		28.60	.....	64.	Anna Mason	14	Co Peterboro	28.20 .....
27.	Lillia Haylock	17	Halstead		28.60	.....	65.	Dolcie Underwood	13	Dereham	28.20 .....
28.	Aleksandra Czerwinska	17	Potters Bar		28.57	.....	66.	Niamh Chambers	17	DunmowAtlant	28.20 .....
29.	Indie Horton	14	Co Norwich		28.56	.....	67.	Olivia Wicks	14	Norwich Swan	28.20 .....
30.	Olivia Dsouza	16	Co Ely		28.50	.....	68.	Anabelle Kett	17	Co Peterboro	28.18 .....
31.	Antonia Elias	17	Watford SC		28.50	.....	69.	Alice Watts	18	Co Cambridge	28.15 .....
32.	Summer Boswell	18	Hatfield		28.50	.....	70.	Imogen Coote	12	Co Cambridge	28.15 .....
33.	Olivia Sheasby	18	Newmarket		28.50	.....	71.	Ruby Chapman	20	Norwich Swan	28.11 .....
34.	Emilia Cass	15	Bishop Stort		28.50	.....	72.	Sara Kelly	15	Colchester	28.10 .....
35.	Gabriella Meyer	17	Colchester		28.50	.....	73.	Annabelle Smith	16	Co Ely	28.10 .....
36.	Matilda Sharpe	14	Co Norwich		28.50	.....	74.	Lyla Flello	17	Co Norwich	28.10 .....
37.	Emily Turner	17	Harwich DP		28.50	.....	75.	Teah Gregory	18	Stevenage	28.10 .....
38.	Elizabeth Pert	16	Norwich Swan		28.50	.....	76.	Eloise Palfree	12	Colchester	28.10 .....

77.	Katie Holmes	42	Harwich DP	28.08	.....	104.	Charlotte Pound	17	Flitwick	27.10	.....
78.	Summer Lewis	14	Colchester	28.06	.....	105.	Eva Jackson	14	Flitwick	27.10	.....
79.	Sydney Lewis	14	Colchester	28.00	.....	106.	Alice Volkovaya	18	Co Cambridge	27.10	.....
80.	Jessica Shaw	21	March	27.91	.....	107.	Amy Meyer	17	Flitwick	27.10	.....
81.	Defne Ece Sakarya	15	Norwich Swan	27.90	.....	108.	Betsie Saville	13	Canvey Isl	27.10	.....
82.	Freya May	16	teamipswich	27.89	.....	109.	Nicole Maynard	17	Basildon Ph	27.06	.....
83.	Amy Thomsit	16	Hemel Hemp	27.86	.....	110.	Kenzie Bradshaw	16	Hertford	27.00	.....
84.	Tayla Goodswen	14	Co Norwich	27.80	.....	111.	Amelia Fenner	16	Basildon Ph	27.00	.....
85.	Gabriela Allchorne	18	Rochford	27.80	.....	112.	Amerie Njawaya	16	Putteridge	27.00	.....
86.	Olivia Piaskowska	14	Dunstable	27.80	.....	113.	Macey Towns	14	Bo Southend	26.99	.....
87.	Ellie Catchpole	20	Leiston	27.80	.....	114.	Katie Jeffrey	22	Hatfield	26.92	.....
88.	Honor Beverstock	17	Hatfield	27.80	.....	115.	Jessica Medlicott	19	Dunstable	26.90	.....
89.	Tahlia Sunshine	14	DunmowAtlant	27.72	.....	116.	Erin Barber	16	Norwich Swan	26.80	.....
90.	Erin Woodrow	19	West Norfolk	27.60	.....	117.	Hannah Day	18	Co Norwich	26.70	.....
91.	Tilly Howells	13	Verulam	27.60	.....	118.	Danielle Siong	19	Co Norwich	26.67	.....
92.	Lexie Sandiford	15	Putteridge	27.60	.....	119.	Sophie Palmer	17	Basildon Ph	26.60	.....
93.	Jasmine Scott	15	Co St Albans	27.56	.....	120.	Phoebe Howard	19	Norwich Swan	26.60	.....
94.	Anastasja Wall	16	Norwich Swan	27.50	.....	121.	Tia Sammut	15	Bedford SS	26.50	.....
95.	Genna Lee	15	DunmowAtlant	27.40	.....	122.	Daisy Russell	18	DunmowAtlant	26.48	.....
96.	Abigail Davis	16	Bedford SS	27.40	.....	123.	Alexandra Nurney	16	Hatfield	26.40	.....
97.	Aimee Sanders	14	Dunstable	27.40	.....	124.	Olivia Bradford	15	West Norfolk	26.40	.....
98.	Chloe Armstrong	19	teamipswich	27.31	.....	125.	Emily-Grace Bentley	16	Basildon Ph	26.40	.....
99.	Mia Wilson	14	Basildon Ph	27.30	.....	126.	Freya Cox	15	Norwich Swan	26.40	.....
100.	Genevieve White	18	Co Cambridge	27.30	.....	127.	Edie Foster	15	Bishop Stort	26.40	.....
101.	Sophie Siong	21	Co Norwich	27.28	.....	128.	Naomi Rose Conday	16	Bishop Stort	25.60	.....
102.	Olivia Greenall	17	Co Norwich	27.10	.....	129.	Millie Harris	18	West Norfolk	25.50	.....
103.	Bethany Rumsby	17	Norwich Swan	27.10	.....						

EVENT 504 Open/Male 200m Breaststroke

1.	Zachary Fraser	16	Co Peterboro	2:41.98	.....	25.	Hugo Koyanagi	14	Co St Albans	2:36.20	.....
2.	Aidan Scott	17	Norwich Swan	2:41.84	.....	26.	Edward Sun	16	Verulam	2:35.72	.....
3.	Alexander Gregory	18	Stevenage	2:41.72	.....	27.	Joshua Meyer	16	Colchester	2:34.70	.....
4.	Maxwell Poynter	18	Co Norwich	2:41.71	.....	28.	Josh Reed	15	Co Norwich	2:34.70	.....
5.	Callum Doran	14	DunmowAtlant	2:41.70	.....	29.	Oliver Shayle	16	Co Cambridge	2:34.39	.....
6.	Daniel McGrath	13	Norwich Swan	2:41.50	.....	30.	Stewart Butler	16	Dunstable	2:34.10	.....
7.	Dewi Fordyce	13	Berkhamsted	2:41.48	.....	31.	Dougie Parsons	18	Rochford	2:33.81	.....
8.	Sebastian Mudge	14	Co Peterboro	2:40.76	.....	32.	Matthew Debenham	22	Stowmarket	2:33.39	.....
9.	Zachary Piscopo	15	Co Peterboro	2:40.73	.....	33.	Seth Pollard-Lau	17	Watford SC	2:32.30	.....
10.	Kenny Millsom	13	Bishop Stort	2:40.60	.....	34.	Felix Amdor	16	Watford SC	2:32.20	.....
11.	Thomas-Arthur Jagger	17	West Norfolk	2:40.32	.....	35.	Ethan Woolsey	15	St Neot Swan	2:32.00	.....
12.	Jesse Howard	16	Hoddesdon	2:40.22	.....	36.	James Peters	15	Basildon Ph	2:30.51	.....
13.	Robert James	14	Epping For't	2:40.00	.....	37.	Luke Toland	15	Flitwick	2:30.20	.....
14.	George Cawley	15	teamipswich	2:39.90	.....	38.	Kameron Baker	15	Co Peterboro	2:29.60	.....
15.	George Pike	16	Co Norwich	2:39.60	.....	39.	Alexander Ball	19	Potters Bar	2:29.04	.....
16.	Josh Black	16	Co Cambridge	2:39.37	.....	40.	Chun Ho Chan	17	Watford SC	2:28.71	.....
17.	Gabriel Taggart	16	Watford SC	2:38.71	.....	41.	Lewis Jarrett	20	Co Norwich	2:25.47	.....
18.	Jack Thompson	19	teamipswich	2:38.63	.....	42.	Joshua Jones	17	West Norfolk	2:24.64	.....
19.	Solomon Dent	17	Bedford SS	2:38.13	.....	43.	Reece Burns	18	Chelmsford	2:23.20	.....
20.	Nursultan Pirnazarov	15	Rick'worth	2:38.03	.....	44.	James McGettigan	17	Thurrock	2:21.98	.....
21.	Rafe Lawson	14	Berkhamsted	2:37.76	.....	45.	Charlie Ruddell	17	teamipswich	2:20.02	.....
22.	Sebastian Brown	16	Verulam	2:37.56	.....	46.	Joshua Sackree	18	Co Peterboro	2:15.69	.....
23.	Tahir Hendricks	15	Colchester	2:37.30	.....	47.	Tyler Stone	16	Co Norwich	2:14.40	.....
24.	Miles Copping	14	Co Cambridge	2:36.70	.....						

EVENT 505 Female 200m Breaststroke

1.	Annabel Morden	14	Basildon Ph	2:53.05	.....	10.	Emily Byrne	14	Hitchin	2:50.75	.....
2.	Polly Anderson	14	West Norfolk	2:52.88	.....	11.	Jeslene Sandhu	15	Epping For't	2:49.10	.....
3.	Mimi Clinch	16	Co St Albans	2:52.66	.....	12.	Olivia Pais	14	Co Peterboro	2:48.83	.....
4.	Kiera Broad	18	Newmarket	2:52.52	.....	13.	Freya Cox	15	Norwich Swan	2:48.43	.....
5.	Ella Fanning	15	Flitwick	2:52.48	.....	14.	Elizabeth Feld	16	Chelmsford	2:48.34	.....
6.	Hailey Hong Yuen Leung	15	Harpenden	2:52.25	.....	15.	Nieve Ives	14	Hatfield	2:47.71	.....
7.	Chloe Sanders	17	Bishop Stort	2:51.70	.....	16.	Sophie Harvey	14	Co Cambridge	2:47.46	.....
8.	Eliza Jennings	14	Biggleswade	2:51.55	.....	17.	Cerys Wall	14	Co Cambridge	2:46.00	.....
9.	Mollie Bird	15	Colchester	2:51.17	.....	18.	Mia Gray	18	Norwich Swan	2:45.06	.....

19.	Caitlin Stockwell	16	Co Cambridge		2:44.73	.....	27.	Nina Allen	15	Newmarket	2:38.24 .....
20.	Verity Hamilton	16	Norwich Swan		2:44.20	.....	28.	Jorja Atkinson	15	Co Cambridge	2:38.00 .....
21.	Alice Watts	18	Co Cambridge		2:41.88	.....	29.	Isabella Porzio	22	Putteridge	2:37.96 .....
22.	Isabel White	17	Biggleswade		2:41.32	.....	30.	Sarah O'Brien	30	West Norfolk	2:37.38 .....
23.	Molly Greatbatch	16	Bishop Stort		2:41.04	.....	31.	Rebecca Keetley	22	Co Cambridge	2:37.32 .....
24.	Sophie Payne	24	Putteridge		2:40.80	.....	32.	Chloe Butler	22	Norwich Swan	2:34.68 .....
25.	Elija Mickaite	14	Co Peterboro		2:39.10	.....	33.	Caitlin Hartley	22	Hatfield	2:30.40 .....
26.	Isla Stewart	16	Co Peterboro		2:38.90	.....					

EVENT 506 Open/Male 100m Butterfly

1.	Harry Arnold-Pepper	18	Co Cambridge	S9	1:12.31	.....	37.	Benjamin Palmer	15	Bishop Stort		1:00.28 .....
2.	Corey Hare	20	Deben	S14	1:03.28	.....	38.	Oliver Green	17	Co St Albans		1:00.24 .....
3.	Ethan Woolsey	15	St Neot Swan		1:02.70	.....	39.	Daniel Grimmer	20	West Norfolk		1:00.24 .....
4.	Sam Smith	17	Leigh Linsl		1:02.66	.....	40.	Ivan Ijomoni	15	Thurrock		1:00.10 .....
5.	Sebastian Turculet	15	Hemel Hemp		1:02.64	.....	41.	Billy Mead	21	Biggleswade		59.90 .....
6.	Kieran Bearman	15	DunmowAtlant		1:02.62	.....	42.	Alfie Murdoch	18	Rochford		59.86 .....
7.	George Cawley	15	teamipswich		1:02.60	.....	43.	Xavier Zerban	15	Biggleswade		59.80 .....
8.	Kye Harrington	18	West Norfolk		1:02.57	.....	44.	Kameron Baker	15	Co Peterboro		59.70 .....
9.	Rejus Mazeika	15	West Norfolk		1:02.50	.....	45.	Rafael Corliano	16	Co Cambridge		59.60 .....
10.	Mikhail Zharinov	16	Hitchin		1:02.39	.....	46.	Hugo Arthey	17	Deben		59.50 .....
11.	Tobi Olajide	17	Thurrock		1:02.27	.....	47.	Jacob Wild	15	Newmarket		59.30 .....
12.	Dylan Nutt	27	DunmowAtlant		1:02.20	.....	48.	Adam O'Neal	18	Bedford SS		59.20 .....
13.	Samuel Black	19	Co Norwich	S14	1:02.10	.....	49.	Dmitrijs Gracovs	17	DunmowAtlant		59.16 .....
14.	Nathan Yeaman	19	West Norfolk		1:02.06	.....	50.	Oliver Fuller	16	Co Cambridge		59.04 .....
15.	Tristan De Belligny	16	Witham Dolph		1:02.03	.....	51.	Marcus King	18	Putteridge		58.87 .....
16.	Haiden Hall	16	Deben		1:02.02	.....	52.	Ethan Thorpe	17	Basildon Ph		58.80 .....
17.	Max Lesner	17	Potters Bar		1:02.00	.....	53.	Ashton Blake	17	Basildon Ph		58.50 .....
18.	Jude Staton	18	Co Peterboro		1:01.95	.....	54.	Dylan Davenport	17	Bishop Stort		58.41 .....
19.	Luke Morley	19	Hitchin		1:01.94	.....	55.	Finlay Neve	18	Norwich Swan		58.40 .....
20.	Adam Hussain	18	Putteridge		1:01.66	.....	56.	Harry Cooper	18	Rochford		58.27 .....
21.	Thomas Baxter	17	West Norfolk		1:01.58	.....	57.	Zak Walker	15	Thurrock		58.20 .....
22.	Hayden Garrod	18	Team Waveney		1:01.56	.....	58.	Oliver Pike	19	Norwich Swan		58.20 .....
23.	William Hughes	16	Chelmsford		1:01.49	.....	59.	Samuel Rose	23	Norwich Swan		58.14 .....
24.	Rafe Lawson	14	Berkhamsted		1:01.40	.....	60.	Luke Owens	16	Putteridge		57.90 .....
25.	Philip Spalding	16	Putteridge		1:01.36	.....	61.	Emilio Knock	21	Norwich Swan		57.60 .....
26.	James Allberry	16	Stowmarket		1:01.10	.....	62.	Jude Gunner	17	Norwich Swan	S14	57.40 .....
27.	Mykhailo Vasyliev	16	Bedford SS		1:01.00	.....	63.	Damon Elliott	22	DunmowAtlant		57.36 .....
28.	Jesse Knight	13	Leiston		1:00.90	.....	64.	Ronnie Edwards	18	Rochford		57.20 .....
29.	Callum Cox	20	Co Norwich		1:00.90	.....	65.	Ryan Close	18	Bedford SS		57.00 .....
30.	Zachary Piscopo	15	Co Peterboro		1:00.80	.....	66.	Danylo Kravchenko	17	New Hall		56.73 .....
31.	Robert James	14	Epping For't		1:00.70	.....	67.	Alexander Pattison	16	West Norfolk		56.50 .....
32.	Harry Bird	17	Putteridge		1:00.68	.....	68.	Oscar Hunter	17	Norwich Swan		56.50 .....
33.	Harvey Atkinson	16	Colchester		1:00.40	.....	69.	Jamie Wilson	17	West Norfolk		55.80 .....
34.	Robert Fenner	18	Basildon Ph		1:00.40	.....	70.	Marton Molnar	17	Co Cambridge		55.70 .....
35.	Finlay German	17	Co Cambridge		1:00.35	.....	71.	Jacob Bacon	16	Co Peterboro		55.70 .....
36.	Jake Atkinson	14	Basildon Ph		1:00.30	.....	72.	Henry Dean	20	Thurrock		53.80 .....

EVENT 507 Female 100m Butterfly

1.	Ida Corcoran	17	Flitwick	S9	1:38.30	.....	17.	Grace Manning	14	Basildon Ph	1:08.43 .....
2.	Darcie Waller	16	Stevenage		1:09.86	.....	18.	Charlotte Stocks	14	Leigh Linsl	1:08.40 .....
3.	Elizabeth Litvinenko	13	West Norfolk		1:09.80	.....	19.	Antonia Elias	17	Watford SC	1:08.32 .....
4.	Casey Cleaver	20	Co Norwich		1:09.72	.....	20.	I Stratton-Thomsett	17	Chelmsford	1:08.30 .....
5.	Indie Horton	14	Co Norwich		1:09.64	.....	21.	Charlotte Stewart	14	Co St Albans	1:08.20 .....
6.	Mia Nelson	15	Co St Albans		1:09.56	.....	22.	Imogen Laws	13	Co Norwich	1:08.10 .....
7.	Megan Randall	15	Royston		1:09.50	.....	23.	Florence Whittaker	16	Biggleswade	1:08.10 .....
8.	Amy Witton	17	Hatfield		1:09.46	.....	24.	Betsie Saville	13	Canvey Isl	1:08.00 .....
9.	Tsvetina Sinapova	14	Co Norwich		1:09.44	.....	25.	Sophia Aziz	14	Co Peterboro	1:08.00 .....
10.	Olivia Piaskowska	14	Dunstable		1:09.32	.....	26.	Amber Flitton	17	Dunstable	1:07.86 .....
11.	Charlotte Douglas	14	Co St Albans		1:08.83	.....	27.	Teah Gregory	18	Stevenage	1:07.62 .....
12.	Amber Lyne	16	Co Cambridge		1:08.80	.....	28.	Charlotte Jenkinson	16	Co Peterboro	1:07.50 .....
13.	Orlagh Quarrell	16	Watford SC		1:08.71	.....	29.	Freya May	16	teamipswich	1:07.50 .....
14.	Anudi Ratnayake	15	Norwich Swan		1:08.52	.....	30.	Valeria Soldatihhina	13	West Norfolk	1:07.50 .....
15.	Isabella Savage	17	Potters Bar		1:08.49	.....	31.	Bethany Rumsby	17	Norwich Swan	1:07.50 .....
16.	Victoria Edghill	14	Basildon Ph		1:08.44	.....	32.	Abigail Rogers	17	Basildon Ph	1:07.40 .....

33.	Summer Lewis	14	Colchester		1:07.40	.....	51.	Evie Greenhalf	16	Co Norwich	1:05.20 .....
34.	Anastasja Wall	16	Norwich Swan		1:07.30	.....	52.	Amy Meyer	17	Flitwick	1:05.20 .....
35.	Emma Cushion	16	Co Peterboro		1:07.23	.....	53.	Ayla Zolfaghari	15	Epping For't	1:05.10 .....
36.	Ava Turner	17	Basildon Ph		1:07.10	.....	54.	Olivia Daniel	13	Verulam	1:05.00 .....
37.	Nicole Peddelty	16	teamipswich		1:07.09	.....	55.	Jasmine Scott	15	Co St Albans	1:04.81 .....
38.	Lily Steel	16	teamipswich		1:07.08	.....	56.	Summer Miller	14	Bishop Stort	1:04.80 .....
39.	Claudia Barp	16	Co Cambridge		1:07.03	.....	57.	Genevieve White	18	Co Cambridge	1:04.11 .....
40.	Matilda Stokes	15	Co Peterboro		1:06.80	.....	58.	Aimee Sanders	14	Dunstable	1:03.91 .....
41.	Melike Dagdelen	17	Putteridge		1:06.46	.....	59.	Lexie Sandiford	15	Putteridge	1:03.80 .....
42.	Isla Stewart	16	Co Peterboro		1:06.40	.....	60.	Sophie Palmer	17	Basildon Ph	1:03.80 .....
43.	Lily Murrell	17	Norwich Swan		1:06.38	.....	61.	Grace Robinson	17	Norwich Swan	1:03.70 .....
44.	Honor Beverstock	17	Hatfield		1:06.38	.....	62.	Anna Mason	14	Co Peterboro	1:03.70 .....
45.	Emily Joyce	14	Biggleswade		1:05.99	.....	63.	Alice Weston	20	Watford SC	1:03.62 .....
46.	Tia Sammut	15	Bedford SS		1:05.60	.....	64.	Edie Foster	15	Bishop Stort	1:03.30 .....
47.	Chloe Armstrong	19	teamipswich		1:05.57	.....	65.	Amelia Fenner	16	Basildon Ph	1:00.80 .....
48.	Olivia Bradford	15	West Norfolk		1:05.40	.....	66.	Millie Harris	18	West Norfolk	1:00.60 .....
49.	Jorja Atkinson	15	Co Cambridge		1:05.30	.....	67.	Olivia Greenall	17	Co Norwich	1:00.30 .....
50.	Lily Mae Ware	16	Basildon Ph		1:05.30	.....					

EVENT 508 Open/Male 100m IM

1.	Maxim Szarvadi	17	DunmowAtlant		1:04.79	.....	26.	Charlie Ruddell	17	teamipswich		1:03.14 .....
2.	Alfie Page	17	Co Cambridge		1:04.76	.....	27.	Ivan Ijomoni	15	Thurrock		1:02.95 .....
3.	Ricards Korotkihs	15	teamipswich		1:04.75	.....	28.	Haiden Hall	16	Deben		1:02.78 .....
4.	Mikhail Zharinov	16	Hitchin		1:04.65	.....	29.	Rafael Corliano	16	Co Cambridge		1:02.56 .....
5.	Janos Csepely	15	teamipswich		1:04.55	.....	30.	Dmitrijs Gracovs	17	DunmowAtlant		1:02.50 .....
6.	Theo Ryan	16	West Norfolk		1:04.51	.....	31.	Daniel Grimmer	20	West Norfolk		1:02.45 .....
7.	Nathan Yeaman	19	West Norfolk		1:04.47	.....	32.	Kieran Ng	16	Co Peterboro		1:02.21 .....
8.	Adam Hussain	18	Putteridge		1:04.45	.....	33.	Chun Ho Chan	17	Watford SC		1:01.34 .....
9.	Zach Montgomery	16	Norwich Swan		1:04.32	.....	34.	Finlay Neve	18	Norwich Swan		1:01.31 .....
10.	Joseph Bagshaw	16	Stevenage		1:04.28	.....	35.	Elliot Hall	16	Bishop Stort		1:01.23 .....
11.	Jacopo Agosti	15	Co Cambridge		1:04.13	.....	36.	Stewart Butler	16	Dunstable		1:01.22 .....
12.	Ben Hunwick	17	Tring		1:04.09	.....	37.	Samuel Jeffrey	19	Hatfield		1:01.21 .....
13.	Thomas Hale	16	DunmowAtlant		1:04.01	.....	38.	Oscar Hunter	17	Norwich Swan		1:01.16 .....
14.	Jude Staton	18	Co Peterboro		1:03.99	.....	39.	Jude Gunner	17	Norwich Swan	SM14	1:01.11 .....
15.	Xavier Zerban	15	Biggleswade		1:03.95	.....	40.	Finlay German	17	Co Cambridge		1:01.01 .....
16.	Kameron Baker	15	Co Peterboro		1:03.86	.....	41.	Jacob Bacon	16	Co Peterboro		1:00.44 .....
17.	Lewis Perry	17	Watford SC		1:03.79	.....	42.	Maxwell Hozier	17	Hoddesdon		1:00.27 .....
18.	Oliver Pike	19	Norwich Swan		1:03.72	.....	43.	Lewis Chapman	25	Stowmarket		1:00.14 .....
19.	Ashton Blake	17	Basildon Ph		1:03.68	.....	44.	Joshua Sackree	18	Co Peterboro		1:00.09 .....
20.	Joshua Meyer	16	Colchester		1:03.67	.....	45.	Lewis Jarrett	20	Co Norwich		59.94 .....
21.	Louis Hochenberg	17	Potters Bar		1:03.66	.....	46.	Reece Burns	18	Chelmsford		59.55 .....
22.	Thomas Baxter	17	West Norfolk		1:03.64	.....	47.	Oscar Winterburn	18	Co Norwich		58.48 .....
23.	Isaac Mendham	15	DunmowAtlant		1:03.46	.....	48.	Harrison Shaw	19	Flitwick		58.46 .....
24.	Alexander Pattison	16	West Norfolk		1:03.29	.....	49.	Ronnie Edwards	18	Rochford		57.11 .....
25.	Joshua Jones	17	West Norfolk		1:03.18	.....						

EVENT 509 Female 400m Freestyle

1.	Charlotte Ryan	26	Halstead	S6	8:45.70	.....	17.	Addison Summers	14	Co St Albans	4:40.50 .....
2.	Florence Richbell	12	Flitwick	S12	6:16.50	.....	18.	Chloe Cranny	15	Epping For't	4:37.40 .....
3.	Ida Corcoran	17	Flitwick	S9	5:57.21	.....	19.	Sofia Sacoto	14	Co St Albans	4:36.70 .....
4.	Charlotte Stocks	14	Leigh Linsl		4:44.91	.....	20.	Lois Smith	16	Basildon Ph	4:35.65 .....
5.	Yasmine Ollerenshaw	17	Flitwick		4:44.76	.....	21.	Olivia Croft	15	Cheshunt	4:35.08 .....
6.	Jeslene Sandhu	15	Epping For't		4:44.73	.....	22.	Francesca Barber	17	Co Norwich	4:34.24 .....
7.	Sydney Lewis	14	Colchester		4:44.71	.....	23.	Evie Armstrong	14	Dunstable	4:33.20 .....
8.	Eliza Jennings	14	Biggleswade		4:44.70	.....	24.	Jorja Atkinson	15	Co Cambridge	4:33.10 .....
9.	Maia Thompson	18	Team Waveney		4:44.16	.....	25.	Amelia Saunders	18	Norwich Swan	4:32.10 .....
10.	Efa Fuller	17	Colchester		4:44.16	.....	26.	Alice Weston	20	Watford SC	4:31.91 .....
11.	Ayla Zolfaghari	15	Epping For't		4:43.88	.....	27.	Erin Barber	16	Norwich Swan	4:31.83 .....
12.	Lyla Flello	17	Co Norwich		4:42.87	.....	28.	Annie McLeod	18	Putteridge	4:27.82 .....
13.	Connie Flitton	15	Dunstable		4:41.98	.....	29.	Amelia Porzio	18	Putteridge	4:27.80 .....
14.	Kitty McNaughton	14	Hoddesdon		4:41.96	.....	30.	Summer Smith	15	Basildon Ph	4:26.90 .....
15.	Megan Barnicoat	15	Co Peterboro		4:40.90	.....	31.	Anabelle Kett	17	Co Peterboro	4:26.50 .....
16.	Grace Manning	14	Basildon Ph		4:40.65	.....	32.	Chloe Barnard	17	Basildon Ph	4:23.40 .....

Session 6 Sunday 8th November at 1:40 pm

EVENT 601 Open/Male 400m IM

1.	Finley Burford	14	Basildon Ph	5:04.10	.....
2.	Lochlan Shaw	16	Flitwick	5:03.51	.....
3.	Jack Lees	13	Epping For't	5:02.50	.....
4.	Joseph Emms	15	Biggleswade	5:01.37	.....
5.	Jacob Ure	14	Co Peterboro	4:56.59	.....
6.	Benjamin Piscopo	13	Co Peterboro	4:53.60	.....
7.	Alexander Pattison	16	West Norfolk	4:53.03	.....
8.	Ashton Hunter	14	Co Peterboro	4:52.00	.....
9.	Kameron Baker	15	Co Peterboro	4:51.30	.....
10.	Zachary Piscopo	15	Co Peterboro	4:50.39	.....
11.	Janos Csepely	15	teamipswich	4:50.20	.....
12.	Joshua Jones	17	West Norfolk	4:48.22	.....
13.	Philip Spalding	16	Putteridge	4:48.10	.....
14.	Luke Owens	16	Putteridge	4:47.02	.....
15.	Lewis Jarrett	20	Co Norwich	4:41.00	.....
16.	Xavier Zerban	15	Biggleswade	4:40.88	.....
17.	Csanad Rehus	17	Co Peterboro	4:40.78	.....
18.	Jamie Wilson	17	West Norfolk	4:40.63	.....
19.	Kian Lee	18	Co Peterboro	4:40.28	.....
20.	Jacob Bacon	16	Co Peterboro	4:39.50	.....
21.	Harrison Shaw	19	Flitwick	4:32.22	.....

EVENT 602 Female 100m Backstroke

1.	Jessica Gooden	16	Co Cambridge	S14	1:34.55	.....
2.	Ida Corcoran	17	Flitwick	S9	1:34.30	.....
3.	Elizabeth Grey	16	Chelmsford	S9	1:29.45	.....
4.	Florence Richbell	12	Flitwick	S12	1:28.60	.....
5.	Isabella Helliwell	15	Basildon Ph		1:10.49	.....
6.	Tahlia Sunshine	14	DunmowAtlant		1:10.47	.....
7.	Ruby Baxter	15	West Norfolk		1:10.45	.....
8.	Olive Bailey	13	Colchester		1:10.43	.....
9.	Eden Meanti	15	Putteridge		1:10.43	.....
10.	Freya Lynch-McKibbin	16	DunmowAtlant		1:10.39	.....
11.	Casey Cleaver	20	Co Norwich		1:10.34	.....
12.	Amber Lyne	16	Co Cambridge		1:10.32	.....
13.	Esmee Hui	14	Watford SC		1:10.31	.....
14.	Kitty McNaughton	14	Hoddesdon		1:10.21	.....
15.	Emilia Butt	14	Deben		1:10.19	.....
16.	Poppy Garrod	17	Co Peterboro		1:10.11	.....
17.	Eliza Jennings	14	Biggleswade		1:10.00	.....
18.	Imogen Bygrave	16	Co Cambridge		1:09.92	.....
19.	Indie Horton	14	Co Norwich		1:09.92	.....
20.	Cerys Wall	14	Co Cambridge		1:09.83	.....
21.	Nicole Peddelty	16	teamipswich		1:09.80	.....
22.	Senudi Ratnayake	15	Norwich Swan		1:09.71	.....
23.	Isabelle King	16	Bishop Stort		1:09.70	.....
24.	Anudi Ratnayake	15	Norwich Swan		1:09.69	.....
25.	Maia Thompson	18	Team Waveney		1:09.60	.....
26.	Summer Miller	14	Bishop Stort		1:09.60	.....
27.	Eden Hender	14	Co Norwich		1:09.36	.....
28.	Ava Sims	15	Chelmsford		1:09.27	.....
29.	Eva Jackson	14	Flitwick		1:09.20	.....
30.	Elija Mickaite	14	Co Peterboro		1:09.18	.....
31.	Summer Woodside	13	Co Peterboro		1:09.12	.....
32.	Polly Anderson	14	West Norfolk		1:09.05	.....
33.	Jessica Pugh	16	Norwich Swan		1:08.99	.....
34.	Olivia Stroud	14	teamipswich		1:08.95	.....
35.	Lois Fields	15	Bishop Stort		1:08.83	.....
36.	Alexandra Hurley	16	Co Cambridge		1:08.74	.....
37.	Alice Robinson	17	Co Cambridge		1:08.74	.....
38.	Alison Loo	15	Watford SC		1:08.66	.....
39.	Isla Staton	15	March		1:08.58	.....
40.	Matilda Stokes	15	Co Peterboro		1:08.44	.....
41.	Amber Flitton	17	Dunstable		1:08.40	.....
42.	Samriddhi Das	20	Co Norwich		1:08.37	.....
43.	Anna Zapisetskaya	15	Co St Albans		1:08.30	.....
44.	Ellie King	26	Dunstable		1:08.20	.....
45.	Talia Williams	19	Tring		1:07.92	.....
46.	Valeria Soldatihhina	13	West Norfolk		1:07.89	.....
47.	Eloise Palfree	12	Colchester		1:07.87	.....
48.	Mia Wilson	14	Basildon Ph		1:07.80	.....
49.	Victoria Edghill	14	Basildon Ph		1:07.51	.....
50.	Isabella Savage	17	Potters Bar		1:07.46	.....
51.	Evie Butterworth	16	Watford SC		1:07.44	.....
52.	Grace Manning	14	Basildon Ph		1:07.41	.....
53.	Abigail Davis	16	Bedford SS		1:07.20	.....
54.	Gabriella Meyer	17	Colchester		1:07.20	.....
55.	Charlotte Belcher	16	Bedford SS		1:07.16	.....
56.	Aria Sabado	14	Basildon Ph		1:07.11	.....
57.	Sara Kelly	15	Colchester		1:07.09	.....
58.	Orlagh Quarrell	16	Watford SC		1:06.97	.....
59.	Erin Woodrow	19	West Norfolk		1:06.94	.....
60.	Summer Boswell	18	Hatfield		1:06.94	.....
61.	Rebecca Olaru	15	Chelmsford		1:06.89	.....
62.	Lola Mitchinson	15	Thetford		1:06.86	.....
63.	Sophie Roberts	17	teamipswich		1:06.83	.....
64.	Meghan Howarth Owen	17	Chelmsford		1:06.78	.....
65.	Isla Stockwell	14	Co Cambridge		1:06.75	.....
66.	Kenzie Bradshaw	16	Hertford		1:06.50	.....
67.	Olivia Wicks	14	Norwich Swan		1:06.46	.....
68.	Anna Mason	14	Co Peterboro		1:06.41	.....
69.	Matilda Sharpe	14	Co Norwich		1:06.39	.....
70.	Mia Nelson	15	Co St Albans		1:06.27	.....
71.	Amerie Njawaya	16	Putteridge		1:05.90	.....
72.	Ellie Barth-Wehrenalp	16	Chelmsford		1:05.40	.....
73.	Charlotte Pound	17	Flitwick		1:05.06	.....
74.	Alice Volkovaya	18	Co Cambridge		1:05.05	.....
75.	Lily Steel	16	teamipswich		1:05.00	.....
76.	Anastasja Wall	16	Norwich Swan		1:04.86	.....
77.	Alexandra Nurney	16	Hatfield		1:04.82	.....
78.	Amy Meyer	17	Flitwick		1:04.80	.....
79.	Aimee Sanders	14	Dunstable		1:04.77	.....
80.	Camille Vannier	19	Hatfield		1:04.72	.....
81.	Emily-Grace Bentley	16	Basildon Ph		1:04.63	.....
82.	Naomi Rose Conday	16	Bishop Stort		1:04.50	.....
83.	Lois Smith	16	Basildon Ph		1:03.83	.....
84.	Chloe Armstrong	19	teamipswich		1:03.82	.....
85.	Tia Sammut	15	Bedford SS		1:03.82	.....
86.	Lexie Sandiford	15	Putteridge		1:03.70	.....
87.	Grace Robinson	17	Norwich Swan		1:03.70	.....
88.	Nicole Maynard	17	Basildon Ph		1:03.69	.....
89.	Emma Cushion	16	Co Peterboro		1:02.25	.....
90.	Erin Barber	16	Norwich Swan		1:02.00	.....

EVENT 603 Open/Male 100m Freestyle

1.	Jacob Dessoy	18	Thurrock	S8	1:21.75	.....
2.	Beau Sales	15	Colchester	S9	1:06.85	.....
3.	Harry Arnold-Pepper	18	Co Cambridge	S9	1:06.65	.....
4.	Ryan Crouch	32	Deben	S10	1:00.33	.....
5.	Corey Hare	20	Deben	S14	58.64	.....
6.	Samuel Black	19	Co Norwich	S14	56.60	.....
7.	Maxim Pomana	17	Colchester		56.58	.....
8.	Lok Chun Cheng	15	Co St Albans		56.54	.....
9.	Harry Bird	17	Putteridge		56.53	.....
10.	Charlie Cropley	20	Hitchin		56.51	.....
11.	George Cawley	15	teamipswich		56.50	.....
12.	Felix Amdor	16	Watford SC		56.42	.....
13.	Albert Crotty	15	Royston		56.40	.....
14.	Richard Farrar	18	Team Waveney		56.20	.....
15.	Lewis Allen	17	Thurrock		56.20	.....
16.	Valentino Sanders	16	DunmowAtlant		56.16	.....
17.	Csanad Rehus	17	Co Peterboro		56.12	.....
18.	Dylan Nutt	27	DunmowAtlant		56.10	.....
19.	Dougie Parsons	18	Rochford		56.10	.....
20.	Mikhail Zharinov	16	Hitchin		56.10	.....
21.	Kameron Baker	15	Co Peterboro		56.02	.....
22.	Reggie Britcher	17	Thetford		56.00	.....
23.	Tobi Olajide	17	Thurrock		56.00	.....
24.	Zachary Bail	17	Hitchin		55.99	.....
25.	Harry Cooper	18	Rochford		55.80	.....
26.	Oliver Pike	19	Norwich Swan		55.80	.....
27.	Jeremy Godwin	17	Thurrock		55.73	.....
28.	Jacopo Agosti	15	Co Cambridge		55.70	.....
29.	Otto Wathen	16	Co Norwich		55.70	.....
30.	Alistair Sheeran	17	teamipswich		55.64	.....
31.	Adam Hussain	18	Putteridge		55.60	.....
32.	Joe Hammond	19	Co Norwich		55.59	.....
33.	Thomas Lloyd	18	Rochford		55.50	.....
34.	Maxim Szarvadi	17	DunmowAtlant		55.45	.....
35.	Stewart Butler	16	Dunstable		55.40	.....
36.	Jacob Wild	15	Newmarket		55.40	.....
37.	Hugo Arthey	17	Deben		55.30	.....
38.	Nonso Nwabueze	17	Basildon Ph		55.21	.....
39.	Kieran Ng	16	Co Peterboro		55.21	.....
40.	Jake Atkinson	14	Basildon Ph		55.20	.....
41.	Rhys Thomas	18	Leigh Linsl		55.13	.....
42.	William East	18	Basildon Ph		55.11	.....
43.	Rafe Lawson	14	Berkhamsted		55.10	.....
44.	Lewis Perry	17	Watford SC		55.09	.....
45.	Oliver Fuller	16	Co Cambridge		55.08	.....
46.	William Ward	17	Hoddesdon		55.00	.....
47.	Rafael Corliano	16	Co Cambridge		54.97	.....
48.	Charlie Payne	19	Newmarket		54.96	.....
49.	Alfie Page	17	Co Cambridge		54.90	.....
50.	Marcus King	18	Putteridge		54.85	.....
51.	Daniel Grimmer	20	West Norfolk		54.80	.....
52.	Finlay Neve	18	Norwich Swan		54.80	.....
53.	Norbert Kadar	17	Co Cambridge		54.77	.....
54.	Robert Fenner	18	Basildon Ph		54.75	.....
55.	Oliver Green	17	Co St Albans		54.74	.....
56.	Cheuk-Kin Lau	16	Co St Albans		54.74	.....
57.	Finlay Roberts	17	Witham Dolph		54.71	.....
58.	Joseph Bagshaw	16	Stevenage		54.70	.....
59.	Luke Morley	19	Hitchin		54.70	.....
60.	Oscar McKern	17	Verulam		54.64	.....
61.	Jude Staton	18	Co Peterboro		54.60	.....
62.	Roan Brennan	20	Basildon Ph	S10	54.60	.....
63.	Naim Harvey	18	Basildon Ph		54.40	.....
64.	Ethan Wallis	16	Norwich Swan		54.32	.....
65.	Kian Lee	18	Co Peterboro		54.28	.....
66.	Ivan Ijomoni	15	Thurrock		54.25	.....
67.	Emilio Knock	21	Norwich Swan		54.20	.....
68.	Alfie Murdoch	18	Rochford		54.07	.....
69.	Callum Cox	20	Co Norwich		54.00	.....
70.	Jacob Schultz	15	Co Cambridge		53.90	.....
71.	Jude Gunner	17	Norwich Swan	S14	53.80	.....
72.	Frankie Francis	16	Harpenden		53.70	.....
73.	Xavier Zerban	15	Biggleswade		53.60	.....
74.	Ethan Knights	15	teamipswich		53.58	.....
75.	Elliot Hall	16	Bishop Stort		53.46	.....
76.	Benjamin Palmer	15	Bishop Stort		53.37	.....
77.	Luke Burnard	17	Co St Albans		53.22	.....
78.	George Stevenson	19	West Norfolk		53.20	.....
79.	Danylo Kravchenko	17	New Hall		53.15	.....
80.	Maxwell Hozier	17	Hoddesdon		52.77	.....
81.	Billy Mead	21	Biggleswade		52.70	.....
82.	Ben Davison	21	Hatfield		52.66	.....
83.	Oliver Clapp	36	Stowmarket		52.37	.....
84.	Damon Elliott	22	DunmowAtlant		52.30	.....
85.	Haiden Hall	16	Deben		52.20	.....
86.	Marton Molnar	17	Co Cambridge		51.95	.....
87.	Adam O'Neal	18	Bedford SS		51.90	.....
88.	Theo Bari	18	Saffron Wald		51.90	.....
89.	Tyler Stone	16	Co Norwich		51.80	.....
90.	Ronnie Edwards	18	Rochford		51.38	.....
91.	Dylan Davenport	17	Bishop Stort		51.30	.....
92.	Samuel Rose	23	Norwich Swan		51.30	.....
93.	Ben Every	18	Co Norwich		51.20	.....
94.	Joshua Parker	17	Braintree		51.10	.....
95.	Freddie Gardner	20	Rochford		51.10	.....
96.	Oscar Hunter	17	Norwich Swan		51.10	.....
97.	Daniel Thompson	19	Thurrock		50.87	.....
98.	Jacob Ray	19	Basildon Ph		49.99	.....

EVENT 604 Female 200m Freestyle

1.	Jessica Gooden	16	Co Cambridge	S14	2:59.42	.....
2.	Imogen Brown	18	Potters Bar	S14	2:43.98	.....
3.	Gabriela Allchorne	18	Rochford		2:13.41	.....
4.	Charlotte Stewart	14	Co St Albans		2:13.30	.....
5.	Anna Mason	14	Co Peterboro		2:13.26	.....
6.	Anna Zapisetskaya	15	Co St Albans		2:13.22	.....
7.	Efa Fuller	17	Colchester		2:13.20	.....
8.	Maggie Marshall	16	teamipswich		2:13.20	.....
9.	Addison Summers	14	Co St Albans		2:13.17	.....
10.	Emily Joyce	14	Biggleswade		2:13.03	.....
11.	Tayla Goodswen	14	Co Norwich		2:13.00	.....
12.	Genna Lee	15	DunmowAtlant		2:12.94	.....
13.	Sydney Lewis	14	Colchester		2:12.90	.....
14.	Kitty McNaughton	14	Hoddesdon		2:12.71	.....
15.	Freya May	16	teamipswich		2:12.70	.....
16.	Abigail Rogers	17	Basildon Ph		2:12.50	.....
17.	Yasmine Ollerenshaw	17	Flitwick		2:12.39	.....
18.	Olivia Bradford	15	West Norfolk		2:12.28	.....
19.	Sophie Siong	21	Co Norwich		2:12.21	.....
20.	Summer Lewis	14	Colchester		2:12.12	.....
21.	Bethany Rumsby	17	Norwich Swan		2:12.12	.....
22.	Erin Woodrow	19	West Norfolk		2:11.98	.....
23.	Sofia Sacoto	14	Co St Albans		2:11.85	.....
24.	Amelia Saunders	18	Norwich Swan		2:11.60	.....

25.	Lily Steel	16	teamipswich	2:11.52	.....	39.	Evie Armstrong	14	Dunstable		2:08.40 .....
26.	Evie Greenhalf	16	Co Norwich	2:10.50	.....	40.	Hannah Day	18	Co Norwich		2:08.20 .....
27.	Olivia Daniel	13	Verulam	2:10.40	.....	41.	Summer Smith	15	Basildon Ph		2:07.90 .....
28.	Nina Allen	15	Newmarket	2:10.35	.....	42.	Annie McLeod	18	Putteridge		2:07.87 .....
29.	Francesca Barber	17	Co Norwich	2:09.77	.....	43.	Freya Cox	15	Norwich Swan		2:07.83 .....
30.	Edie Foster	15	Bishop Stort	2:09.74	.....	44.	Amelia Porzio	18	Putteridge		2:07.81 .....
31.	Jasmine Scott	15	Co St Albans	2:09.70	.....	45.	Ellie Barth-Wehrenalp	16	Chelmsford		2:07.64 .....
32.	Lexie Sandiford	15	Putteridge	2:09.43	.....	46.	Naomi Rose Conday	16	Bishop Stort		2:06.30 .....
33.	Genevieve White	18	Co Cambridge	2:09.26	.....	47.	Erin Barber	16	Norwich Swan		2:05.71 .....
34.	Ruby Chapman	20	Norwich Swan	2:09.22	.....	48.	Amy Meyer	17	Flitwick		2:05.70 .....
35.	Alice Weston	20	Watford SC	2:09.18	.....	49.	Louise Fiddes	25	Hatfield	S14	2:04.80 .....
36.	Nicole Maynard	17	Basildon Ph	2:09.17	.....	50.	Anabelle Kett	17	Co Peterboro		2:04.60 .....
37.	Jorja Atkinson	15	Co Cambridge	2:08.89	.....	51.	Jessica Medlicott	19	Dunstable		2:04.05 .....
38.	Olivia Greenall	17	Co Norwich	2:08.60	.....	52.	Amelia Fenner	16	Basildon Ph		2:03.91 .....

EVENT 605 Open/Male 50m Breaststroke

1.	Mikolaj Jagodzinski	14	Runnymede	33.19	.....	44.	Finlay German	17	Co Cambridge		31.74 .....
2.	George Cawley	15	teamipswich	33.10	.....	45.	Seth Pollard-Lau	17	Watford SC		31.72 .....
3.	Oliver Wilsher	16	Bishop Stort	33.10	.....	46.	Lewis Perry	17	Watford SC		31.72 .....
4.	Nonso Nwabueze	17	Basildon Ph	33.10	.....	47.	Jude Gunner	17	Norwich Swan	SB14	31.70 .....
5.	Harry Harragan	16	Basildon Ph	33.03	.....	48.	Luke Payne	22	Hatfield		31.66 .....
6.	Jeremy Brailsford	17	Witham Dolph	32.91	.....	49.	Haiden Hall	16	Deben		31.66 .....
7.	Lucas Moxon-Booth	17	Flitwick	32.91	.....	50.	Thomas Hale	16	DunmowAtlant		31.66 .....
8.	Gabriel Taggart	16	Watford SC	32.90	.....	51.	Jack Thompson	19	teamipswich		31.60 .....
9.	Harvey Atkinson	16	Colchester	32.90	.....	52.	Stewart Butler	16	Dunstable		31.50 .....
10.	Kealan Hislop	21	Stevenage	32.90	.....	53.	Matthew Debenham	22	Stowmarket		31.40 .....
11.	Harry Rowson	15	Putteridge	32.90	.....	54.	James Peters	15	Basildon Ph		31.40 .....
12.	Alexander Nimalathasan	17	Leigh Linsl	32.85	.....	55.	Kameron Baker	15	Co Peterboro		31.30 .....
13.	Hugo Koyanagi	14	Co St Albans	32.84	.....	56.	Harry Brunton	16	Hoddesdon		31.30 .....
14.	Veljko Zivko	16	Bedford SS	32.82	.....	57.	Rafael Corliano	16	Co Cambridge		31.29 .....
15.	Riley Cuthbert	16	Stevenage	32.80	.....	58.	Dougie Parsons	18	Rochford		31.16 .....
16.	Luke Toland	15	Flitwick	32.80	.....	59.	Luke Holman	24	Thurrock		31.10 .....
17.	Richard Levell	16	Newmarket	32.73	.....	60.	Finley Pawle	24	Leiston		31.10 .....
18.	Euan Devine	16	Bedford SS	32.73	.....	61.	Rafe Lawson	14	Berkhamsted		31.00 .....
19.	Lucas Northey	16	Leigh Linsl	32.70	.....	62.	Thomas Lloyd	18	Rochford		30.90 .....
20.	Nursultan Pirnazarov	15	Rick'worth	32.70	.....	63.	Matthew McLaughlin	33	Bishop Stort		30.80 .....
21.	Solomon Dent	17	Bedford SS	32.70	.....	64.	Matthew Chambers	18	Rochford		30.80 .....
22.	Charlie Ibbotson	15	West Suffolk	32.70	.....	65.	Billy Mead	21	Biggleswade		30.70 .....
23.	Maxwell Poynter	18	Co Norwich	32.66	.....	66.	Kieran Ng	16	Co Peterboro		30.60 .....
24.	Jesse Howard	16	Hoddesdon	32.65	.....	67.	Jeremy Godwin	17	Thurrock		30.41 .....
25.	Joseph Elliott	17	Flitwick	32.60	.....	68.	Joshua Jones	17	West Norfolk		30.40 .....
26.	Rejus Mazeika	15	West Norfolk	32.60	.....	69.	Thomas Baxter	17	West Norfolk		30.19 .....
27.	Oscar McKern	17	Verulam	32.53	.....	70.	Lewis Chapman	25	Stowmarket		30.16 .....
28.	Samuel Heraty	18	Stevenage	32.50	.....	71.	Edward Sun	16	Verulam		30.10 .....
29.	Alexander McDonnell	17	Harpenden	32.48	.....	72.	Charlie Ruddell	17	teamipswich		30.00 .....
30.	Jake Lummis	18	teamipswich	32.44	.....	73.	Josh Reed	15	Co Norwich		30.00 .....
31.	Alexander Pashley	15	Co Cambridge	32.40	.....	74.	Zak Walker	15	Thurrock		29.90 .....
32.	Alexander Gregory	18	Stevenage	32.30	.....	75.	Szymon Pierzecki	17	Witham Dolph		29.80 .....
33.	Thomas-Arthur Jagger	17	West Norfolk	32.30	.....	76.	Daniel Thompson	19	Thurrock		29.61 .....
34.	Ethan Woolsey	15	St Neot Swan	32.10	.....	77.	Maximus Atkin	17	Leigh Linsl		29.40 .....
35.	Josh Black	16	Co Cambridge	32.10	.....	78.	James Noble	24	Norwich Swan		29.10 .....
36.	Felix Amdor	16	Watford SC	32.10	.....	79.	Reece Burns	18	Chelmsford		29.10 .....
37.	Tahir Hendricks	15	Colchester	32.10	.....	80.	Chun Ho Chan	17	Watford SC		28.80 .....
38.	Oliver Shayle	16	Co Cambridge	32.10	.....	81.	Austin Lillywhite	23	Biggleswade		28.70 .....
39.	Robert James	14	Epping For't	32.00	.....	82.	Tyler Stone	16	Co Norwich		28.50 .....
40.	Alexander Pattison	16	West Norfolk	31.98	.....	83.	James McGettigan	17	Thurrock		28.40 .....
41.	Nathaniel Coburn	18	Braintree	31.90	.....	84.	Finlay Ryan	27	West Norfolk		28.30 .....
42.	Dylan Nutt	27	DunmowAtlant	31.90	.....	85.	Joshua Sackree	18	Co Peterboro		28.20 .....
43.	Joshua Meyer	16	Colchester	31.90	.....						

EVENT 606 Female 50m Breaststroke

1.	Elizabeth Litvinenko	13	West Norfolk	37.10	.....
2.	Myla Xia	15	Royston	37.08	.....
3.	Thea Rule	17	DunmowAtlant	37.07	.....
4.	Freya Keeling	13	Hoddesdon	37.00	.....
5.	Imogen Bygrave	16	Co Cambridge	37.00	.....
6.	Polly Anderson	14	West Norfolk	37.00	.....
7.	Evelyn Gadsby	14	Harwich DP	36.97	.....
8.	Ruby Barratt	13	Harwich DP	36.90	.....
9.	Holly Underdown	17	Braintree	36.89	.....
10.	Mia Jones	13	Co Peterboro	36.88	.....
11.	Siobhan Schneider	16	Bedford SS	36.80	.....
12.	Caitlin Peters	18	Harpenden	36.80	.....
13.	Niamh Venus-Knight	15	Witham Dolph	36.80	.....
14.	Jessica Gilpin	13	Hoddesdon	36.80	.....
15.	Casey Cleaver	20	Co Norwich	36.80	.....
16.	Libby Fowler	18	Dunstable	36.78	.....
17.	Morrigan Cooper	13	Chelmsford	36.70	.....
18.	Jemima Kimber	18	Leigh Linsl	36.65	.....
19.	Amelia Matthews	15	DunmowAtlant	36.59	.....
20.	Amie Roberts	14	Hemel Hemp	36.56	.....
21.	Ruby Chapman	20	Norwich Swan	36.50	.....
22.	Emilia Littlechild	14	Berkhamsted	36.50	.....
23.	Elinor McTaggart	14	Deben	36.50	.....
24.	Florence Bretman	12	DunmowAtlant	36.49	.....
25.	Amy Thomsit	16	Hemel Hemp	36.47	.....
26.	Kaitlyn Hoffman	13	Basildon Ph	36.40	.....
27.	Esther Luton	14	Rochford	36.40	.....
28.	Gigi Gebhard	19	Deben	36.40	.....
29.	Ella Minnis	13	Colchester	36.40	.....
30.	Hermione Harvey	15	Norwich Swan	36.40	.....
31.	Tahlia Sunshine	14	DunmowAtlant	36.37	.....
32.	Samantha Martelino	16	Newmarket	36.36	.....
33.	Mia Nelson	15	Co St Albans	36.35	.....
34.	Lyla Flello	17	Co Norwich	36.30	.....
35.	Emily Byrne	14	Hitchin	36.30	.....
36.	Sophie Knevett	16	Colchester	36.28	.....
37.	Chloe Simpson	20	Watford SC	36.27	.....
38.	Esmee Hui	14	Watford SC	36.26	.....
39.	Emily Lowe	18	Bedford SS	36.25	.....
40.	Isla Caley	14	Watford SC	36.23	.....
41.	Rebecca Olaru	15	Chelmsford	36.22	.....
42.	Imogen Cunliffe	16	Halstead	36.20	.....
43.	Sophie Harvey	14	Co Cambridge	36.10	.....
44.	Chloe Sanders	17	Bishop Stort	36.00	.....
45.	Hollie Cuthbert	18	Stevenage	36.00	.....
46.	Evie Armstrong	14	Dunstable	36.00	.....
47.	Jessica Ryan	14	Colchester	35.99	.....
48.	Alania Wignall	13	Colchester	35.97	.....
49.	Layla Drake	14	Norwich Swan	35.90	.....
50.	Cerys Wall	14	Co Cambridge	35.90	.....
51.	Eliza Jennings	14	Biggleswade	35.90	.....
52.	Olivia Page	13	Co Cambridge	35.90	.....
53.	India Clement	14	West Suffolk	35.88	.....
54.	Hollie Heighes	18	Braintree	35.88	.....
55.	Kiera Broad	18	Newmarket	35.88	.....
56.	Hailey Hong Yuen Leung	15	Harpenden	35.73	.....
57.	Mimi Clinch	16	Co St Albans	35.67	.....
58.	Alice Robinson	17	Co Cambridge	35.62	.....
59.	Ashleigh Fall	15	Co Norwich	35.60	.....
60.	Olivia Daniel	13	Verulam	35.60	.....
61.	Mollie Bird	15	Colchester	35.53	.....
62.	Isabella Helliwell	15	Basildon Ph	35.50	.....
63.	Amy Brightwell	13	Norwich Swan	35.50	.....
64.	Ellie Catchpole	20	Leiston	35.43	.....
65.	Daisy Russell	18	DunmowAtlant	35.40	.....
66.	Mia Gray	18	Norwich Swan	35.28	.....
67.	Genna Lee	15	DunmowAtlant	35.22	.....
68.	Philippa Day	14	Rochford	35.20	.....
69.	Mercy Adeoye	17	Hatfield	35.20	.....
70.	Nieve Ives	14	Hatfield	35.10	.....
71.	Mia Wilson	14	Basildon Ph	35.09	.....
72.	Verity Hamilton	16	Norwich Swan	34.90	.....
73.	Ella Fanning	15	Flitwick	34.86	.....
74.	Evie Greenhalf	16	Co Norwich	34.80	.....
75.	Caitlin Stockwell	16	Co Cambridge	34.70	.....
76.	Jeslene Sandhu	15	Epping For't	34.60	.....
77.	Molly Greatbatch	16	Bishop Stort	34.52	.....
78.	Alice Watts	18	Co Cambridge	34.50	.....
79.	Nicole Peddelty	16	teamipswich	34.50	.....
80.	Katie Holmes	42	Harwich DP	34.48	.....
81.	Isabel White	17	Biggleswade	34.40	.....
82.	Daisy-Mai Doel	15	Basildon Ph	34.40	.....
83.	Amelia Porzio	18	Putteridge	34.40	.....
84.	Annabel Morden	14	Basildon Ph	34.40	.....
85.	Elija Mickaite	14	Co Peterboro	34.40	.....
86.	Olivia Pais	14	Co Peterboro	34.36	.....
87.	Sophie Payne	24	Putteridge	34.30	.....
88.	Esme Stringer	18	Bishop Stort	34.20	.....
89.	Rachael Carpenter	19	Ware	34.00	.....
90.	Isla Stewart	16	Co Peterboro	33.60	.....
91.	Sarah O'Brien	30	West Norfolk	33.55	.....
92.	Jorja Atkinson	15	Co Cambridge	33.50	.....
93.	Freya Cox	15	Norwich Swan	33.00	.....
94.	Emily Turner	17	Harwich DP	32.90	.....
95.	Ella Greatbatch	18	Bishop Stort	32.40	.....
96.	Phoebe Howard	19	Norwich Swan	32.30	.....
97.	Victoria Allchorne	18	Rochford	32.20	.....
98.	Yan Ting Emily Pak	17	Co Cambridge	32.04	.....
99.	Rebecca Keetley	22	Co Cambridge	32.00	.....
100.	Caitlin Hartley	22	Hatfield	31.90	.....
101.	Millie Harris	18	West Norfolk	31.90	.....
102.	Danielle Siong	19	Co Norwich	31.70	.....
103.	Ashley Ransome	31	Hatfield	31.10	.....

EVENT 607 Open/Male 200m Backstroke

1.	Alfie Winchester	18	Royston	2:21.72	.....
2.	Elliott Whitehead	15	Harpenden	2:21.64	.....
3.	Benjamin Mellors	15	Verulam	2:21.56	.....
4.	Harry Vidal-Greenwood	15	West Suffolk	2:21.54	.....
5.	Charles Hodgson	14	Co St Albans	2:21.46	.....
6.	Taras Boiko	13	Bishop Stort	2:21.40	.....
7.	Sebastian Wheldon	15	Basildon Ph	2:20.81	.....
8.	Hughey Sullivan	16	DunmowAtlant	2:20.61	.....
9.	Harry Baucutt	14	Harwich DP	2:20.60	.....
10.	Isaac Bissell	15	Canvey Isl	2:20.36	.....
11.	Thomas Baxter	17	West Norfolk	2:20.28	.....
12.	Rafe Lawson	14	Berkhamsted	2:20.15	.....
13.	Zachary Piscopo	15	Co Peterboro	2:20.15	.....
14.	Zachary Fraser	16	Co Peterboro	2:20.03	.....
15.	Lochlan Shaw	16	Flitwick	2:19.99	.....
16.	Benjamin Piscopo	13	Co Peterboro	2:19.80	.....
17.	Ben Cameron-Waller	14	Co Peterboro	2:19.62	.....
18.	Harry Rowson	15	Putteridge	2:19.60	.....

19.	Adam Hussain	18	Putteridge	2:19.52	.....	42.	Zach Montgomery	16	Norwich Swan	2:12.58	.....
20.	Jesse Knight	13	Leiston	2:19.50	.....	43.	Finlay German	17	Co Cambridge	2:11.77	.....
21.	Oliver Butt	16	Deben	2:19.02	.....	44.	Nathan Yeaman	19	West Norfolk	2:11.38	.....
22.	James O'Toole	15	Norwich Swan	2:18.87	.....	45.	Archie Harris-Joy	16	Co Norwich	2:11.31	.....
23.	Nicholas Mitroi	15	Thurrock	2:18.10	.....	46.	Philip Spalding	16	Putteridge	2:10.70	.....
24.	Kameron Baker	15	Co Peterboro	2:17.85	.....	47.	Jacopo Agosti	15	Co Cambridge	2:10.54	.....
25.	Louis Hochenberg	17	Potters Bar	2:17.64	.....	48.	Ricards Korotkihs	15	teamipswich	2:10.10	.....
26.	Maxim Szarvadi	17	DunmowAtlant	2:17.19	.....	49.	Harrison Shaw	19	Flitwick	2:09.96	.....
27.	Kieran Ng	16	Co Peterboro	2:17.11	.....	50.	Ethan Knights	15	teamipswich	2:09.72	.....
28.	Theo Ryan	16	West Norfolk	2:17.06	.....	51.	Jakub Cincio	15	Chelmsford	2:09.62	.....
29.	Byron Miller	15	Colchester	2:16.89	.....	52.	Nikita Charykin	20	Thurrock	2:09.60	.....
30.	William Hughes	16	Chelmsford	2:16.74	.....	53.	Hugo Arthey	17	Deben	2:09.35	.....
31.	Harry Bird	17	Putteridge	2:16.42	.....	54.	Isaac Mendham	15	DunmowAtlant	2:09.15	.....
32.	Adam Hart	15	Witham Dolph	2:16.38	.....	55.	Ethan Thorpe	17	Basildon Ph	2:08.75	.....
33.	Joseph Emms	15	Biggleswade	2:16.20	.....	56.	Xavier Zerban	15	Biggleswade	2:08.20	.....
34.	Ashton Hunter	14	Co Peterboro	2:15.41	.....	57.	Jude Staton	18	Co Peterboro	2:08.20	.....
35.	Ewan Nobes	18	Norwich Swan	2:15.33	.....	58.	Zak Fellows	17	Co St Albans	2:07.10	.....
36.	George Saunders	16	Co St Albans	2:15.20	.....	59.	William East	18	Basildon Ph	2:07.02	.....
37.	Ben Hunwick	17	Tring	2:15.16	.....	60.	Oscar Hunter	17	Norwich Swan	2:06.67	.....
38.	Jacob Ure	14	Co Peterboro	2:14.24	.....	61.	Jan Beblot	17	Norwich Swan	2:05.94	.....
39.	Csanad Rehus	17	Co Peterboro	2:14.13	.....	62.	Ryan Close	18	Bedford SS	2:05.49	.....
40.	Tobias Anderson	14	Co Norwich	2:14.00	.....	63.	Oliver Smith	19	Co Norwich	2:05.43	.....
41.	Liam Bautista	17	Epping For't	2:13.90	.....	64.	Oscar Winterburn	18	Co Norwich	2:02.95	.....

EVENT 608 Mixed 200m Medley Team

1.	Canvey Isl	Open	Canvey Isl	2:03.10	.....	6.	Hatfield	Open	Hatfield	1:51.00	.....
2.	Bishop Stort	Open	Bishop Stort	1:58.00	.....	7.	City Of Peterborough S	Open	Co Peterboro	1:50.50	.....
3.	DunmowAtlant	Open	DunmowAtlant	1:55.00	.....	8.	Basildon Ph	Open	Basildon Ph	1:50.40	.....
4.	Co Cambridge	Open	Co Cambridge	1:53.00	.....	9.	Rochford	Open	Rochford	1:48.00	.....
5.	Watford SC A	Open	Watford SC	1:52.86	.....						

EVENT 609 Open/Male 800m Freestyle – Early Heats

1.	Lewis Gardner	12	Basildon Ph	9:08.67	.....	12.	Perrin Ma	15	Berkhamsted	8:52.71	.....
2.	William Hughes	16	Chelmsford	9:06.47	.....	13.	Evan Larthe	17	Basildon Ph	8:49.16	.....
3.	Thomas Fenwick	15	Verulam	9:06.20	.....	14.	Xavier Zerban	15	Biggleswade	8:46.60	.....
4.	Jacob Ure	14	Co Peterboro	9:04.71	.....	15.	Luke Owens	16	Putteridge	8:46.00	.....
5.	Joseph Subba	15	Co St Albans	9:04.60	.....	16.	Oliver Fenwick	17	Hatfield	8:43.24	.....
6.	Ashton Hunter	14	Co Peterboro	9:01.90	.....	17.	Jamie Wilson	17	West Norfolk	8:37.08	.....
7.	George Saunders	16	Co St Albans	8:59.09	.....	18.	Zak Fellows	17	Co St Albans	8:34.30	.....
8.	Jed Millin	18	Stowmarket	8:58.40	.....	19.	Csanad Rehus	17	Co Peterboro	8:33.80	.....
9.	Ethan Wallis	16	Norwich Swan	8:55.50	.....	20.	Ethan Knights	15	teamipswich	8:22.49	.....
10.	Ryan Wimpenny	16	Cheshunt	8:54.50	.....	21.	Conor Mint	17	Basildon Ph	8:21.36	.....
11.	Lucas Day	17	Rochford	8:53.52	.....						

Swim England East Region
2026 Short Course Championships
Inspire Luton 6th -8th November
Programme

Session 7 Sunday 8th November at 5:35 pm

EVENT 701 FINAL OF EVENT 501 Female 200m IM

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 702 FINAL OF EVENT 502 Open/Male 50m Backstroke

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 703 FINAL OF EVENT 503 Female 50m Freestyle

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 704 FINAL OF EVENT 504 Open/Male 200m Breaststroke

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 705 FINAL OF EVENT 505 Female 200m Breaststroke

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 706 FINAL OF EVENT 506 Open/Male 100m Butterfly

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 707 FINAL OF EVENT 507 Female 100m Butterfly

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 708 FINAL OF EVENT 508 Open/Male 100m IM

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 709 FINAL OF EVENT 602 Female 100m Backstroke

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 710 FINAL OF EVENT 603 Open/Male 100m Freestyle

1.	.....	5.	.....
2.	.....	6.	.....
3.	.....	7.	.....
4.	.....	8.	.....

EVENT 711 FINAL OF EVENT 604 Female 200m Freestyle

1.	.....		5.	.....	
2.	.....		6.	.....	
3.	.....		7.	.....	
4.	.....		8.	.....	

EVENT 712 FINAL OF EVENT 607 Open/Male 200m Backstroke

1.	.....		5.	.....	
2.	.....		6.	.....	
3.	.....		7.	.....	
4.	.....		8.	.....	

EVENT 713 FINAL OF EVENT 606 Female 50m Breaststroke

1.	.....		5.	.....	
2.	.....		6.	.....	
3.	.....		7.	.....	
4.	.....		8.	.....	

EVENT 714 FINAL OF EVENT 605 Open/Male 50m Breaststroke

1.	.....		5.	.....	
2.	.....		6.	.....	
3.	.....		7.	.....	
4.	.....		8.	.....	

EVENT 715 Open/Male 800m Freestyle – Final Heat

EVENT 716 Female 200m Freestyle Team

1.	Watford SC B	Open	Watford SC	1:54.53	.....	6.	Dunstable	Open	Dunstable	1:51.06	.....
2.	Watford SC A	Open	Watford SC	1:52.74	.....	7.	Bishop Stort	Open	Bishop Stort	1:51.00	.....
3.	Co Cambridge	Open	Co Cambridge	1:52.00	.....	8.	City Of Peterborough S	Open	Co Peterboro	1:50.00	.....
4.	Flitwick	Open	Flitwick	1:52.00	.....	9.	Hatfield	Open	Hatfield	1:49.00	.....
5.	DunmowAtlant	Open	DunmowAtlant	1:52.00	.....	10.	Basildon Ph	Open	Basildon Ph	1:47.60	.....

EVENT 717 Open/Male 200m Medley Team

1.	Deben	Open	Deben	1:53.88	.....	6.	Rochford	Open	Rochford	1:46.00	.....
2.	Watford SC	Open	Watford SC	1:50.00	.....	7.	Thurrock	Open	Thurrock	1:46.00	.....
3.	DunmowAtlant	Open	DunmowAtlant	1:50.00	.....	8.	City Of Peterborough S	Open	Co Peterboro	1:45.50	.....
4.	Hatfield	Open	Hatfield	1:48.50	.....	9.	Basildon Ph	Open	Basildon Ph	1:44.10	.....
5.	Co Cambridge	Open	Co Cambridge	1:48.00	.....						