

Swim England East Region 2026
Open Masters and Senior Age Group
Championships
20th September 2026
At Newmarket Leisure Centre
 (Under Swim England Regulations and Technical Rules)



SCHEDULE OF EVENTS

Session 1 – Warm Up 0830 (800m Swimmers Only) – Start 0900

101	Mixed 800m Freestyle
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Session 2 – Warm Up & Start TBA

201	Mixed 200m Breaststroke
202	Open/Male 50m Backstroke
203	Female 50m Backstroke
204	Mixed 200m Butterfly
205	Open/Male 100m IM
206	Female 100m IM
207	Open/Male 50m Freestyle
208	Female 50m Freestyle
209	Mixed 400m Freestyle

Session 3 – Warm Up & Start TBA

301	Mixed 200m IM
302	Open/Male 100m Freestyle
303	Female 100m Freestyle
304	Open/Male 50m Breaststroke
305	Female 50m Breaststroke
306	Open/Male 100m Butterfly
307	Female 100m Butterfly
308	Mixed 200m Backstroke
309	Mixed 4x50m Medley Team

Session 4 – Warm Up & Start TBA

401	Mixed 4x50m Freestyle Team
402	Open/Male 50m Butterfly
403	Female 50m Butterfly
404	Open/Male 100m Backstroke
405	Female 100m Backstroke
406	Mixed 200m Freestyle
407	Open/Male 100m Breaststroke
408	Female 100m Breaststroke
409	Mixed 400m IM

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GENERAL CONDITIONS

1. The Swim England East Region Masters Leadership Group reserves full powers over all East Region Masters Championships.
2. All competitors must be a "Club Compete" (Category 2) member or equivalent of Swim England/Scottish Swimming/Swim Wales
3. The Championships shall be held under Swim England Regulations and Technical Rules. . Para Swimming events are governed by WPS rules unless otherwise provided for in these Event Conditions.
4. All competitors in Masters events must be aged 25 years or over at midnight on 31st December in the year of competition and in Senior (18-24) events, must be a minimum of 18 years of age on the day of competition.
5. Protests shall be made and dealt with as detailed in Swim England Regulations. The Promoter is Doug Drake on behalf of Swim England East Region Masters Leadership Group.
6. In line with Swim England Transgender and Non-Binary Competition Policy, eligibility categories are as follows: 1) Female 2) Open/Male
7. The Female category is for birth sex females in accordance with the Swim England Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
8. The Open/Male category is for athletes with a birth sex of male, Trans or Non-Binary competitors and any competitor not eligible for the Female category. The term 'Open/Male' used throughout these conditions is in reference to the 'Open/Male' eligibility category
9. If an event reaches capacity, the Promoter, reserves the right to close the event to further entries.

EVENTS

10. The Masters Leadership Group shall determine the programme of events. The programme currently includes the following events for both men and women: 50, 100, 200, 400 and 800 meters freestyle; 50, 100, and 200 metres breaststroke, butterfly, and backstroke; 100, 200 and 400 metres individual medley; Mixed (2 women and 2 men) 4 x 50 meters freestyle and medley relays.
11. Age groups for individual Masters events shall be 25-29 years, 30-34 years, and upwards in 5-year bands as required.
12. Entry standards or restrictions on numbers may be applied at the discretion of the Promoter.
13. All events shall be heat declared winner.
14. Age groups for team events shall be 72yrs+, 100-119yrs, 120-159yrs, 160-199yrs, 200-239yrs, 240-279yrs and 280+. Swimmers in the 72yrs+ relay events must be 18 years of age at the date of competition. Swimmers in Masters team events (100-119yrs etc.) must be 25 years of age or over on 31 December in the year of competition. All age groups in the team events including the Senior (18-24) will be swum concurrently.
15. Team events shall be open to teams from any clubs affiliated with Swim England, Swim Scotland or Swim Wales. A club may enter more than one team in any age category.
16. Swimmers must represent the same club for both individual entries and relays.
17. The Seniors (18-24) individual championships will be swum concurrently and seeded with the corresponding Masters individual events.

ENTRY PROCEDURE

18. Entries must be made using the online entry system. A link to the system will be published on the Masters Competitions page on the Swim England East Region website <https://www.eastswimming.org/masters/masters-competitions/>
19. Individual entry fees are **£8.50** per event, Relay events are **£15.00** per team per event. Acceptance of an entry is at the discretion of the promoter. Qualifying age groups and ages of swimmers are as shown above (Items 11 & 14).
20. The information provided on the entry form shall be regarded as definitive. Alterations (e.g. to the events entered) will not be accepted after the closing date. No refunds will be given for incorrect entries or no shows on the day.
21. Acknowledgement of a correctly submitted entry shall be by publishing a Received Entries listing on the Masters Competitions page at <https://www.eastswimming.org/masters/masters-competitions/>. Swimmers have 7 days from the date that entries are posted on the website to check the received entries and notify the entries manager of any errors (mastersentries@eastswimming.org) after which an Accepted Entries list will be published and no further corrections allowed.

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22. The 800m Freestyle will be capped. Please note that a time limit to the 800m session will be applied. Where necessary, entry to this event will be closed if the session time is reached before the closing date. This limit is necessary to ensure the smooth running of the event and to comply with official/volunteer session lengths.

23. Competitors will be allocated lanes in graduated time order, slowest to fastest spearheaded.

24. There are new Certificates of Exception, please see this link

<https://www.swimming.org/swimengland/updated-resources-swimming-inclusion/>

Certificates must be presented to the Referee prior to competing. Swimmers with a disability classification recognised by Aquatics GB are recommended to bring a printed copy their exception codes.

25. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to competition, managing the meet and the submission of results to Masters Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry.

WITHDRAWALS

26. Once an entry is accepted a competitor shall swim or give notice of withdrawal. Withdrawals should be notified to mastersentries@eastswimming.org before 6pm on Friday 18th September 2026.

REFUNDS

27. Refunds will only be issued where the competition is cancelled, or where there is a significant change to the schedule that results in a change of session for the event entered, meaning that the competitor cannot swim. Refunds will not be made where there are withdrawals on medical grounds.

AWARDS

28. Medals will be awarded to the first three place finishers in each age group for every individual event, and to the first three place teams in each relay event within each age group

29. Trophies donated by Mr. Doug Drake, Swim England East Region Masters Manager, will be awarded to the top female swimmer, top male swimmer and the top club.

TOP TEAM AWARD & TOP INDIVIDUAL AWARD

Points will be awarded as follows:

INDIVIDUAL – 1st Place – 3pts, 2nd Place – 2pts, 3rd Place – 1pt

TEAM – 1st Place – 6pts, 2nd Place – 4pts, 3rd Place – 2pts

All swims completed without disqualification, including 1st, 2nd and 3rd will receive 1 point for an individual swim and 2 points for a team swim.

OTHER ISSUES

30. Secondary strobe lights will be available at this competition.

31. Any matter arising, which is not covered by these conditions, shall be determined by the Promoter.

32. Any information included in the entry pack, including information published separately on the East Region Swimming website, shall be regarded as part of the General Conditions.

Closing Date for all entries: Midnight Sunday 9th September 2026

Please note that car parking charges may apply, further information will be provided.

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Para-Swimming SEER Masters Championships Conditions

Please note that these supplementary conditions are to be adhered to together with the general conditions for the Swim England East Region Masters Championships.

1. EVENTS:

- 1.1. *50m Freestyle, 50m Backstroke, 50m Breaststroke, 50m Butterfly*
- 1.2. *100m Freestyle, 100m Backstroke, 100m Breaststroke, 100m Butterfly*
- 1.3. *100m Individual Medley*

2. ELIGIBILITY

S1-S10 – All competitors must have an authorised classification held on the Aquatics GB Rankings Database at the time of entry.

S11-S13 - All competitors must have an authorised classification held on the Aquatics GB Rankings Database at the time of entry.

S14 – All competitors must have an authorised (S14 or S64) classification held on the Aquatics GB Rankings Database

3. SUPPORT STAFF

A competitor may have support staff in attendance at the starting end of the pool only if their code of exception has A, Y OR T.

4. MEDALS

Medals shall be awarded on a multi-class timed final basis to 1st, 2nd and 3rd placed competitors based on the age adjusted time and British Para-Swimming Points System.

For information, Medals – WPS Rule 10.15.2 does not apply to this competition.