

**SWIM ENGLAND EAST REGION
(LEVEL 2) REGIONAL SKILLS DIVING COMPETITIONS**

SOUTHEND SWIMMING & DIVING CENTRE

SATURDAY 21ST MARCH 2026

I am pleased to welcome you all to Southend today for the Swim England East Region's (Level 2) Diving Skills Competitions 2026. We have guest divers from eight diving clubs today, which will enhance our competition and provide a good opportunity for all competitors to test themselves against the recommended national standard prior to the National Skills Finals

This event is a (Level 2) novice competition and divers are required to perform a variety of skills and dives. Age groups E and D perform 4 skills from the poolside, 4 from the one metre springboard and 4 from the three metre springboard. Age group C and B divers perform 5 dives from the 1m springboard and 5 dives from the 3m springboard. Age group A divers perform 6 dives from the 1m springboard and 6 dives from the 3m springboard. Age Groups E- B events will be run in a circuit format and Group A will compete on 1m and 3m as individual events.

I hope the event will be enjoyable for everyone that attends, but if you have any comments please let me know by email and I will make sure that they are passed on to the organising committee.

Ian Rollinson

Event Co-ordinator

For and on behalf of the Swim England East Region Diving Committee

Tel: 07715 535539

Email: diveentries@eastswimming.org

Event Photography and Filming

Events will be photographed and may be live streamed. Static images may be displayed on the Swim England East Region website www.eastswimming.org and at the venue. They may also be used to promote the sport at this event and events in the future.

Moving images may be displayed at the venue and via a live stream (subject to the event being live streamed). In addition, the Swim England East Region may use recordings and images for the purposes of education and training, diver analysis, promotion, performance, development and selection and event analysis.

In such instances where the event is being live streamed, it will not be possible to provide the option to refuse consent to filming. If there are any concerns about live streaming, moving or static images being taken please speak to the Swim England East Region Event Coordinator present at the event.

If you intend to take photographs or video images at this event, please remember:

- Only take photographs of the specified subject
- Only take photographs in the event areas
- Respect the rights of other people
- Do not circulate images of an individual(s) without their consent.

The full Swim England Guidance on Photography can be found in Wavepower, our Child Safeguarding Policy and Procedures.

If there are any concerns about photography/filming at Swim England East Region events, please speak to the Swim England Event Coordinator present at the event or contact the Swim England East Region Diving Manager at diving@eastswimming.org

| Code | Name | Status |
|-------------|-----------------------------|---------------|
| BDA | Brocket Diving Academy | |
| CDT | Cambridge Dive Team | |
| DCRM | Dacorum Diving Club | |
| DLAC | Dive London Aquatics Club | Guest |
| HCDC | Havering Cormorants DC | Guest |
| LDC | Luton Diving Club | |
| MDT | Maidstone Diving Team | Guest |
| SAND | Sandwell Diving Club | Guest |
| SD | Southend Diving | |
| STAR | Star Diving Club | Guest |
| TWDC | Tunbridge Wells Diving Club | Guest |

| Diver's Name | Club | Event |
|----------------|------|-------------------|
| Hannah Massey | SD | Group A Female 1m |
| Emma Mills | MDT | Group A Female 1m |
| Sophia Branch | DCRM | Group A Female 1m |
| Eva Tsang | CDT | Group A Female 1m |
| Oli Tieu | HCDC | Group A Female 1m |
| Yuting Wang | CDT | Group A Female 1m |
| Yuzu Baxendale | CDT | Group A Female 1m |

| | | |
|----------------|------|-----------------|
| Eddison Clarke | STAR | Group A Open 3m |
| James Barnes | STAR | Group A Open 3m |
| Reuben Young | DLAC | Group A Open 3m |

| | | |
|---------------------------|------|----------------|
| Bennie Trower | DLAC | Group E Female |
| Ines Hernandez Chmurowicz | DLAC | Group E Female |
| Ella-Grace McCardle | SD | Group E Female |
| Cosima Humphrey | CDT | Group E Female |
| Nancy Piddock | SAND | Group E Female |
| Georgie Rogers | TWDC | Group E Female |
| Octavia Steer | CDT | Group E Female |
| Reva Chhaya | TWDC | Group E Female |
| Bella-Grace Oakes | SAND | Group E Female |
| Una Grimes | STAR | Group E Female |
| Jessica Low | SD | Group E Female |
| Clara Syazeddy | SAND | Group E Female |
| Reeva Brown | DLAC | Group E Female |

| | | |
|--------------|-----|--------------|
| Albus Walter | SD | Group E Open |
| Anton Reilly | CDT | Group E Open |
| Ray Simpson | SD | Group E Open |

| | | |
|----------------------|------|--------------|
| Georgi Antonov | TWDC | Group D Open |
| William Saunders | LDC | Group D Open |
| Edward Slade | LDC | Group D Open |
| Arthur Willis | CDT | Group D Open |
| Sebastian Zanella | CDT | Group D Open |
| Ralph Parnell | SD | Group D Open |
| Zachary Turbard | DLAC | Group D Open |
| Edward Robertson | DLAC | Group D Open |
| Henry Martin | LDC | Group D Open |
| Adrian Rojee | CDT | Group D Open |
| Dylan Fountain | STAR | Group D Open |
| Madden Murphy | SD | Group D Open |
| Dylan Valentine | MDT | Group D Open |
| Christopher Lleshaj | LDC | Group D Open |
| Arlo Carver-Skidmore | TWDC | Group D Open |
| Cooper Qunicey | HCDC | Group D Open |
| James Hughes | CDT | Group D Open |

| Diver's Name | Club | Event |
|---------------------|-------------|----------------|
| Lyla Holmwood | TWDC | Group D Female |
| Freyja Mundy | STAR | Group D Female |
| Raina Jackson | DLAC | Group D Female |
| Maisie Sheldon | SAND | Group D Female |
| Chloe Velleman | SD | Group D Female |
| Alice Fortt | SD | Group D Female |
| Sienna Mitchell | SD | Group D Female |
| Lily Bunn | STAR | Group D Female |
| Isla Kennedy | SD | Group D Female |
| Angel Boynton | DLAC | Group D Female |
| Daphne Simpson | SD | Group D Female |
| Blu Anjos | DLAC | Group D Female |
| Primrose Rice | DLAC | Group D Female |
| Emily Barber | SD | Group D Female |
| Eva Lebow | DLAC | Group D Female |
| Isabella Ng | STAR | Group D Female |
| Millie-Rose Lawley | SAND | Group D Female |
| Willow Sawyer | SD | Group D Female |
| Ella Suckling | SD | Group D Female |
| Jessica Hunter | STAR | Group D Female |
| Aria Stannard | DLAC | Group D Female |
| Eliza De Cruz | SD | Group D Female |
| Amelie Hyam | SD | Group D Female |
| Darcie Stubbs | SAND | Group D Female |
| Leah Edwards-Vogt | LDC | Group D Female |
| Madeleine Revell | MDT | Group D Female |
| Willow Yang | DLAC | Group D Female |
| Isla O'hanlon | DLAC | Group D Female |
| Cadence Ngan | DLAC | Group D Female |
| Lucy Freeman | STAR | Group D Female |
| Lucy Tam | SD | Group D Female |
| Connie Holt | SAND | Group D Female |

| | | |
|----------------|------|-------------------|
| Eva Tsang | CDT | Group A Female 3m |
| Hannah Massey | SD | Group A Female 3m |
| Yuzu Baxendale | CDT | Group A Female 3m |
| Oli Tieu | HCDC | Group A Female 3m |
| Sophia Branch | DCRM | Group A Female 3m |
| Yuting Wang | CDT | Group A Female 3m |

| Diver's Name | Club | Event |
|---------------------|-------------|-----------------|
| Eddison Clarke | STAR | Group A Open 1m |
| James Barnes | STAR | Group A Open 1m |
| Reuben Young | DLAC | Group A Open 1m |

| | | |
|-------------------|------|----------------|
| Elin Tait | SD | Group B Female |
| Evelyn Fornasier | TWDC | Group B Female |
| Erin Ruggles | HCDC | Group B Female |
| Rosa Bates | TWDC | Group B Female |
| Freya Swaisland | HCDC | Group B Female |
| Isobel Stefanovic | SD | Group B Female |
| Willa Calvert | STAR | Group B Female |
| Leah Holt | SAND | Group B Female |
| Hannah Munelly | BDA | Group B Female |
| Ava Smith | DLAC | Group B Female |
| Maya Philpot | MDT | Group B Female |
| Kirsty Matthams | CDT | Group B Female |
| Poppy Roberts | SD | Group B Female |
| Ella Klaustrup | TWDC | Group B Female |
| Louisa Dovey | STAR | Group B Female |
| Harriet Nettleton | DCRM | Group B Female |
| Skye Walter | SD | Group B Female |
| Isabel Wright | DCRM | Group B Female |
| Peyton Mitchell | DCRM | Group B Female |
| Maddison Steadman | TWDC | Group B Female |
| Amy Pinnegar | HCDC | Group B Female |
| Bianca Mattioli | DLAC | Group B Female |

| | | |
|------------------|------|--------------|
| Andrew Blueman | SD | Group C Open |
| Digby Bord | CDT | Group C Open |
| Alfred Gladwell | DCRM | Group C Open |
| Adam Sargood | HCDC | Group C Open |
| Drake Sanusi | HCDC | Group C Open |
| Ian Smith | SAND | Group C Open |
| Arthur Coxhead | SD | Group C Open |
| George Forster | STAR | Group C Open |
| Fox Donald | DLAC | Group C Open |
| Archie Hardaker | TWDC | Group C Open |
| George Lees-Earl | HCDC | Group C Open |
| Reuben Foster | SD | Group C Open |
| Barnabas Quin | STAR | Group C Open |
| William Davidson | STAR | Group C Open |
| Joseph Baker | HCDC | Group C Open |

| Diver's Name | Club | Event |
|--------------------------|-------------|----------------|
| Olivia Alvarenga | DLAC | Group C Female |
| Evelyn Collinson | HCDC | Group C Female |
| Safwa Sandford | DLAC | Group C Female |
| Emily Hughes-Burnell | LDC | Group C Female |
| Phoebe Carter-Burch | CDT | Group C Female |
| Melodie Meeds | CDT | Group C Female |
| Nicole Puscasu | HCDC | Group C Female |
| Izzy Smith | MDT | Group C Female |
| Scarlett Mason | LDC | Group C Female |
| Ava Beer | DLAC | Group C Female |
| Beatrice Toanca | HCDC | Group C Female |
| Bethany Cripps | SD | Group C Female |
| Halle Watson | SD | Group C Female |
| Amelie Gardner | MDT | Group C Female |
| Hope Mansell | SAND | Group C Female |
| Kara Syslak | TWDC | Group C Female |
| Hannah Young | DCRM | Group C Female |
| Eira Robertson Rodriguez | TWDC | Group C Female |
| Naomi Rojee | CDT | Group C Female |
| Daisy Roberts | SD | Group C Female |
| Alice Mercer | MDT | Group C Female |
| Betty Tickle | DLAC | Group C Female |
| Amelie Eddy | SD | Group C Female |
| Erica Webster | CDT | Group C Female |
| Amelie Richardson | SD | Group C Female |
| Prudence Halfacre | SD | Group C Female |

| | | |
|--------------------|------|--------------|
| Luke Ratcliffe | DCRM | Group B Open |
| Finlay Anderson | SAND | Group B Open |
| Anthony Marton | BDA | Group B Open |
| Max Duggan | LDC | Group B Open |
| Benjamin Fennemore | LDC | Group B Open |
| Leo Thompson | SAND | Group B Open |
| Jayden Burr | LDC | Group B Open |

Swim England East Region

(Level 2) Regional Skills Diving Competitions 2026

Saturday, 21st March 2026, 8:00am – 5:30pm

Southend Swimming & Diving Centre

Programme - Timetable

Dive sheets to be signed and handed in at least 30 minutes before the event they relate to, we may run up to 30 minutes ahead of these published times.

| Start | End | Activity |
|--------------|----------------|--|
| 07:50 | - 07:55 | <i>Technical Meeting for Coaches, Judges & Marshalls</i> |
| 08:00 | - 08:15 | <i>Restricted Training for Female A 1m/Open A 3m</i> |
| 08:15 | - 08:40 | Event 1 Female A 1m Event 2 Open A 3m }Simultaneous |
| 08:40 | - 09:00 | <i>Restricted Training for Open D & Female/Open E</i> |
| 09:00 | - 10:15 | Event 3 Female/Open E and Open D |
| 10:15 | - 10:40 | <i>Restricted Training for Female D</i> |
| 10:40 | - 10:50 | <i>Presentation of Medals for Event 1, 2 & 3</i> |
| 10:50 | - 12:05 | Event 4 Female D |
| 12:05 | - 12:20 | <i>Restricted Training for Female A 3m /Open A 1m</i> |
| 12:20 | - 12:30 | <i>Presentation of Medals for Event 4</i> |
| 12:30 | - 12:55 | Event 5 Female A 3m Event 6 Open A 1m }Simultaneous |
| 12:55 | - 13:25 | <i>Restricted Training for Female B/Open C</i> |
| 13:25 | - 15:05 | Event 7 Female B/Open C |
| 15:05 | - 15:30 | <i>Restricted Training for Female C/Open B</i> |
| 15:30 | - 15:40 | <i>Presentation of Medals for Event 5, 6 & 7</i> |
| 15:40 | - 17:10 | Event 8 Female C/Open B |
| 17:10 | - 17:20 | <i>Presentation of Medals for Event 8</i> |
| 17:20 | | <i>Finish</i> |

With thanks to Southend Diving Centre for their help with this event.