



Swim England East Region Silver Pin Recipients

First Name	Surname	Club	Year Awarded
Sid	Allen	Dunstable SC	2009
Jeanne	Barker	City of Cambridge SC	2008
Liam	Barnett	City of Cambridge SC	2019
Robin	Barrett	Thetford Dolphins SC	2009
Carol	Barrios	Bottisham SC	2016
Tom	Baster	Management Board	2018
John	Bellis	South Beds Masters SC	2015
Chris	Bellwood	Newmarket & District SC	2016
Keith	Belton	Norwich Swan SC	2013
Cynthia	Blackwell	Great Yarmouth SC	2010
Sharyn	Bord	Cambridge DT	2008
Barry	Brinkley	Leiston and District SC	2017
Amy	Bryant	Hatfield SC	2020
Chris	Buck	Ware SC	2009
Alan	Canham	Harlow Penguins SC	2009
Helen	Canzini	Deben SC	2012
Roger	Caton	Great Yarmouth SC	2010
Dave	Champion	Teamipswich Swimming	2020
Stephen	Christian	Deben SC	2018
Bill	Clark	Southend-on-Sea SC	2008
Caroline	Cofield	Felixstowe SC	2018
Ian	Cotton	Deben SC	2013
Lesley	Cox-Smith	Leighton Buzzard SC	2019
Charles	Dainton	Berkhamsted SC	2018
Ian	Douglas	Modernian SC	2016
Pat	Dowsett	Biggleswade SC	2012
Paula	Durrant	Bottisham SC	2017
Sarah	Elmer	Deben SC	2019
Diane	Evans	Henlow Blue Sharks SC	2014
Gordon	Finch	Halstead ASC	2012
Andy	Fitt	St Ives SC	2017
John	Frusher	Wisbech SC	2014
Fred	Gale	Southend on Sea SC	2013
Chris	Galer	UEA City of Norwich SC	2013
Simon	Gee	Team Luton SC	2020

Jean	Green	Lowestoft & Oulton Broad SC	2009
Trevor	Hall	Luton SC	2009
Amanda	Hackett	Dunstable SC	2019
Micheal	Haines	City of Cambridge SC	2018
Liam	Harvey	Diss Otters SC	2019
Paul	Hayes	Thurrock SC	2021
Marion	Henthorn	Beaumont Diving	2019
David	Horne	City of Cambridge SC	2016
Jean	Howard	Deben SC	2016
Peter	Howard	Deben SC	2016
Roger	Howkins	Braintree & Bocking SC	2010
Andy	Hunter	City of St Ives SC	2018
Craig	Hunter	Hatfield SC	2013
Sean	Jarvis	Thurrock SC	2018
Jacqui	Kendall	Open Water Committee	2018
Paul	Kendall	Dereham SC	2018
Jackie	Kirk	Hadleigh SC	2013
Ian	Knight	Wisbech SC	2021
Louise	Lano	Southend Diving	2019
Stella	Lawson	Thurrock SC	2013
Adam	Lelean	Diss Otters SC	2018
Simon	Lever	Swim England Hertfordshire	2021
Ian	Mackenzie	Hoddesdon SC	2015
Sheila	Mackenzie	Hoddesdon SC	2013
Ian	Macleod	Southend Diving	2018
Kay	McGuire	Thurrock SC	2012
Neil	McGuire	Thurrock SC	2012
Lynne	Meale	UEA City of Norwich SC	2009
David	Metcalf	Mid Beds SS	2011
Gerry	Metcalf	Mid Beds SS	2012
Derek	Milton	Welwyn Garden SC	2019
Andrew	Morton	Management Board	2018
Stewart	Murray	West Norfolk SC	2018
Don	Neate	West Suffolk SC	2011
Pat	Neate	West Suffolk SC	2011
Ben	Negus	City of Peterborough SC	2020
John	North	Team Ipswich Swimming	2019
Bob	Outtram	Dunstable SC	2008
Roger	Page	Dacorum Diving	2018
Terry	Pauley	City of Cambridge SC	2015
Darren	Peck	West Norfolk SC	2021
Phil	Pelling	Team Luton Swimming	2021
Sharon	Perry	West Suffolk SC	2019
Helena	Pretious- White	Bishops Stortford SC	2017
Daphne	Pugh	Runnymede SC	2011
Marian	Ramm	Southend-on-Sea SC	2012

Janet	Rayner	Halstead ASC	2011
Michael	Rayner	Wisbech SC	2009
Wendy	Read	Mildenhall SC	2009
Brian	Rivett	Lowestoft & Oulton Broad SC	2009
Nicola	Rix	Ware SC	2017
Sheila	Roberts	Huntingdon Piranhas SC	2012
David	Robinson	Mildenhall SC	2014
Sally	Russell	Mildenhall SC	2019
Barbara	Sargant	Watford SC	2011
Tony	Smith	UEA City of Norwich SC	2009
Jo	Stalley	Modernian SC	2013
Madeline	Tallowin	Norwich Synchro SC	2014
Martin	Taylor	Bishops Stortford SC	2011
Lottie	Thompson	Cambridge Dive Team	2021
Warwick	Thompson	East Anglian Swallow tails (masters)	2010
John	Toll	West Norfolk SC	2009
Gill	Walker	Lowestoft & Oulton Broad SC	2018
Dean	Walker	Chelmsford SC	2012
Ian	Watson	Old Stortfordians SC	2010
Sheila	Westall	teamipswich SC	2008
Joan	Wheeler	Modernian SC	2009
Dave	Whelan	teamipswich SC	2009
Susan	Whitehead	Epping Forest District SC	2009
Roberta	Wilson	Stowmarket SC	2009
Gary	Wise	Epping Forest SC	2012
Mike	Woodbridge	Luton SC	2009
Chris	Vinter	Teamipswich Swimming	2021
Jo	Young	Modernian SC	2019