

SEER Masters 2025 - Results

EVENT 101 Open/Female 800m Freestyle

Open 18/24 Yrs Age Group

Place	Name	YoB	Club	Time
1	ALLEN, Thomas	2006	West Suffolk	10:30.12
	50m 36.07	100m 1:14.81	150m 1:54.59	200m 2:34.79
		38.74	39.78	40.20
			40.26	39.03
			39.15	39.45
	450m 5:51.57	500m 6:30.34	550m 7:10.03	600m 7:49.89
	38.89	38.77	39.69	39.86
			39.58	40.61
			40.28	39.76

Open 25/29 Yrs Age Group

Place	Name	YoB	Club	Time
1	ALLEN, Thomas	1996	Flitwick	10:07.71
	50m 34.49	100m 1:11.68	150m 1:49.27	200m 2:27.29
		37.19	37.59	38.02
			37.61	38.58
			38.73	38.53
	450m 5:38.80	500m 6:17.81	550m 6:56.77	600m 7:36.06
	38.06	39.01	38.96	39.29
			38.39	38.67
			37.65	36.94
2	LEE, Daniel	1996	Rochford	10:38.08
	50m 35.59	100m 1:13.48	150m 1:52.15	200m 2:31.61
		37.89	38.67	39.46
			40.14	40.55
			40.01	40.87
	450m 5:54.03	500m 6:35.61	550m 7:16.69	600m 7:57.17
	40.85	41.58	41.08	40.48
			40.22	40.93
			40.54	39.22

Open 35/39 Yrs Age Group

Place	Name	YoB	Club	Time
1	WATTS, Sam	1986	Co Norwich	10:12.80
	50m 33.53	100m 1:11.26	150m 1:49.28	200m 2:25.56
		37.73	38.02	36.28
			40.24	38.05
			36.90	40.36
	450m 5:40.32	500m 6:19.18	550m 6:58.11	600m 7:38.41
	39.21	38.86	38.93	40.30
			39.02	39.04
			39.59	36.74

Open 40/44 Yrs Age Group

Place	Name	YoB	Club	Time
1	GILL, James	1982	Co Cambridge	10:15.36
	50m 33.87	100m 1:09.67	150m 1:46.10	200m 2:23.63
		35.80	36.43	37.53
			38.04	38.56
			39.13	39.10
	450m 5:37.88	500m 6:17.75	550m 6:56.93	600m 7:36.70
	39.42	39.87	39.18	39.77
			40.43	40.11
			39.66	38.46

Open 50/54 Yrs Age Group

Place	Name	YoB	Club	Time
1	TRELFORD, Phillip	1971	Co Ely	13:32.38
	50m 44.24	100m 1:32.88	150m 2:22.93	200m 3:13.99
		48.64	50.05	51.06
			51.58	51.97
			51.95	51.47
	450m 7:32.95	500m 8:24.77	550m 9:16.41	600m 10:08.37
	51.99	51.82	51.64	51.96
			52.02	52.85
			51.89	47.25

Open 55/59 Yrs Age Group

Place	Name	YoB	Club	Time
	BAILEY, Shawn	1970	British Army	DNS

Open 60/64 Yrs Age Group

Place	Name	YoB	Club	Time
1	OWEN, Barry	1965	Rochford	9:58.35
	50m 34.92	100m 1:11.81	150m 1:49.18	200m 2:26.60
		36.89	37.37	37.42
			37.50	37.09
			37.52	37.43
	450m 5:33.35	500m 6:10.91	550m 6:48.29	600m 7:25.68
	37.21	37.56	37.38	37.39
			37.62	38.13
			38.70	38.22

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EVENT 101 Open/Female 800m Freestyle

Open 65/69 Yrs Age Group

Place	Name	YoB	Club	Time
1	MURRAY, Ian	1957	Flitwick	11:53.23
	50m 38.72	100m 1:21.30	150m 2:05.47	200m 2:50.42
		42.58	44.17	44.95
				44.93
				45.48
				45.25
				44.52
	450m 6:36.27	500m 7:24.20	550m 8:09.70	600m 8:54.94
	45.67	47.93	45.50	45.24
				44.30
				46.40
				45.12
				42.47

Female 25/29 Yrs Age Group

Place	Name	YoB	Club	Time
1	BRADFORD, Nicole	2000	Team Anglia	11:04.83
	50m 35.55	100m 1:15.96	150m 1:57.65	200m 2:39.35
		40.41	41.69	41.70
				41.73
				42.12
				42.75
				41.47
	450m 6:08.84	500m 6:51.17	550m 7:33.60	600m 8:16.72
	41.42	42.33	42.43	43.12
				42.95
				43.14
				41.82
				40.20

Female 40/44 Yrs Age Group

Place	Name	YoB	Club	Time
1	WHARTON, Harriet	1984	Teddington	11:27.76
	50m 37.92	100m 1:19.26	150m 2:02.24	200m 2:45.03
		41.34	42.98	42.79
				43.54
				42.63
				43.34
				43.65
	450m 6:21.14	500m 7:04.58	550m 7:48.39	600m 8:32.51
	42.95	43.44	43.81	44.12
				44.69
				44.82
				44.22
				41.52

Female 45/49 Yrs Age Group

Place	Name	YoB	Club	Time
1	MITCHINSON, Jo	1979	Hertford	9:56.24
	50m 33.90	100m 1:09.96	150m 1:47.02	200m 2:24.36
		36.06	37.06	37.34
				37.52
				37.65
				37.91
				37.80
	450m 5:33.00	500m 6:10.92	550m 6:48.74	600m 7:26.25
	37.76	37.92	37.82	37.51
				37.70
				37.50
				37.69
				37.10
2	PALMER, Dawn	1976	Hornchurch	10:29.61
	50m 34.65	100m 1:12.58	150m 1:51.90	200m 2:31.50
		37.93	39.32	39.60
				39.41
				39.41
				39.57
				39.77
	450m 5:49.10	500m 6:28.66	550m 7:08.91	600m 7:48.90
	39.44	39.56	40.25	39.99
				40.30
				40.61
				40.43
				40.43
3	LONG, Lizzie	1980	Rochford	11:14.85
	50m 35.76	100m 1:15.85	150m 1:57.97	200m 2:40.07
		40.09	42.12	42.10
				42.56
				42.60
				42.89
				43.06
	450m 6:13.65	500m 6:56.81	550m 7:39.69	600m 8:22.91
	42.47	43.16	42.88	43.22
				43.46
				43.06
				42.82
				42.60
4	STARR, Sue	1978	Leic Peng	13:01.95
	50m 44.34	100m 1:31.69	150m 2:20.89	200m 3:10.28
		47.35	49.20	49.39
				49.50
				49.78
				49.73
				49.81
	450m 7:19.10	500m 8:09.05	550m 8:58.45	600m 9:48.55
	50.00	49.95	49.40	50.10
				49.54
				50.04
				48.71
				45.11

Female 55/59 Yrs Age Group

Place	Name	YoB	Club	Time
1	CRESSWELL, Josephine	1968	East Anglian	11:25.94
	50m 39.32	100m 1:21.95	150m 2:04.89	200m 2:47.87
		42.63	42.94	42.98
				43.26
				42.90
				43.03
				43.31
	450m 6:23.56	500m 7:07.03	550m 7:50.33	600m 8:33.46
	43.19	43.47	43.30	43.13
				43.42
				43.70
				43.41
				41.95

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EVENT 101 Open/Female 800m Freestyle

Female 60/64 Yrs Age Group

Place	Name	YoB	Club	Time
1	NOBLE, Suzanne	1962	East Anglian	10:40.53
	50m 36.74 100m 1:17.45 150m 1:59.22 200m 2:41.18 250m 3:22.70 300m 4:04.14 350m 4:45.08 400m 5:25.69			
	40.71 41.77 41.96 41.52 41.44 40.94 40.61			
	450m 6:05.09 500m 6:44.80 550m 7:24.69 600m 8:04.67 650m 8:44.34 700m 9:23.63 750m 10:02.25 800m 10:40.53			
	39.40 39.71 39.89 39.98 39.67 39.29 38.62 38.28			

Female 65/69 Yrs Age Group

Place	Name	YoB	Club	Time
1	RATE, Lorraine	1958	Clacton SC	12:49.55
	50m - 100m - 150m - 200m - 250m - 300m - 350m - 400m -			
	- - - - - - - -			
	450m - 500m - 550m - 600m - 650m - 700m - 750m - 800m 12:49.55			
	- - - - - - - -			

EVENT 201 Men's/Women's 200m Breaststroke

Open 35/39 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	WAKEFIELD, William	1989	West Norfolk	37.95	1:21.67	2:07.50	2:55.28
					43.72	45.83	47.78

Open 45/49 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	BUCK, Ashley	1980	Team Anglia	36.53	1:19.46	2:03.85	2:49.09
					42.93	44.39	45.24
2	JOLY, Brice	1978	Flitwick	41.90	1:29.42	2:19.31	3:08.21
					47.52	49.89	48.90

Open 60/64 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	LELEAN, Adam	1962	Diss Otters	47.49	1:38.53	2:32.16	3:25.43
					51.04	53.63	53.27
2	STRAKOSCH, Mark	1961	Berkhamsted	48.49	1:43.39	2:39.97	3:34.81
					54.90	56.58	54.84

Open 65/69 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	CARTLEDGE, David	1960	Team Anglia	40.72	1:26.16	2:14.64	3:05.86
					45.44	48.48	51.22
2	WRIGHT, Andrew	1957	Stowmarket	54.31	1:56.25	2:57.52	3:57.14
					1:01.94	1:01.27	59.62
3	STRANDERS, Robert	1956	DunmowAtlant	53.97	1:55.74	3:00.43	4:01.86
					1:01.77	1:04.69	1:01.43

Female 18/24 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	NICHOLLS, Abigayle	2006	Co Norwich	41.70	1:27.78	2:15.65	3:04.59
					46.08	47.87	48.94
2	NIEL, Eleanor	2001	Newmarket	41.85	1:29.90	2:17.83	3:04.61
					48.05	47.93	46.78

Female 30/34 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	HARRIS, Maya	1995	West Suffolk	39.88	1:24.41	2:10.20	2:55.36
					44.53	45.79	45.16
2	WESTERN, Jaye	1995	Flitwick	42.83	1:29.30	2:17.05	3:04.75
					46.47	47.75	47.70

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EVENT 201 Men's/Women's 200m Breaststroke

Female 30/34 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
3	CLARKE, Sarah-Louise	1994	West Suffolk	51.09	1:45.07 53.98	2:39.31 54.24	3:33.31 54.00

Female 40/44 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	DAY, Rachel	1985	Deepings	1:04.42	2:16.52 1:12.10	3:32.26 1:15.74	4:48.26 1:16.00

Female 45/49 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	MIEMIETZ, Vanessa	1978	Co Norwich	50.41	1:43.18 52.77	2:36.67 53.49	3:28.97 52.30
2	STARR, Sue	1978	Leic Peng	54.19	1:53.53 59.34	2:52.77 59.24	3:52.11 59.34
3	COUPLAND, Deborah	1977	Co Norwich	54.49	1:54.57 1:00.08	2:57.19 1:02.62	3:58.88 1:01.69

Female 55/59 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	PYE, Jane	1967	Co Norwich	51.41	1:48.77 57.36	2:51.25 1:02.48	3:51.20 59.95

Female 70/74 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	LELEAN, Sally	1951	Diss Otters	1:04.22	2:16.56 1:12.34	3:27.85 1:11.29	4:36.73 1:08.88
	NEALE, Liz	1952	South Beds				DNF

EVENT 202 Open 50m Backstroke

18/24 Yrs Age Group

Place	Name	YoB	Club	Time
1	ANDERSON, Matthew	2002	Deben	28.11
2	BURRELL, Rhys	2007	West Norfolk	31.65
3	ISLE, Harvey	2005	West Norfolk	32.16
4	ALLEN, Thomas	2006	West Suffolk	34.52

25/29 Yrs Age Group

Place	Name	YoB	Club	Time
1	WELLS, Nathan	1998	West Norfolk	27.04
2	ALLEN, Thomas	1996	Flitwick	33.91
	DAVIS, Philip	1998	Norwich Swan	DSQ

35/39 Yrs Age Group

Place	Name	YoB	Club	Time
1	CLAPP, Oliver	1990	Deben	28.43
2	CARTER, James	1987	Newmarket	31.36

40/44 Yrs Age Group

Place	Name	YoB	Club	Time
1	ELLARD, Craig	1985	West Suffolk	31.28
2	HOLMES, Mark	1983	Colchester P	42.27

45/49 Yrs Age Group

Place	Name	YoB	Club	Time
1	PEAGRAM, Alistair	1978	West Suffolk	33.67
2	WINTER, Peter	1980	Newmarket	42.60

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EVENT 202 Open 50m Backstroke

50/54 Yrs Age Group

Place	Name	YoB	Club	Time
1	SQUIRES, Andrew	1972	Team Anglia	32.71
2	BEVIS, Alex	1975	Team Anglia	34.01
3	HUNTER, Christopher	1975	Team Anglia	35.45
4	LUCAS, Rob	1971	Diss Otters	35.95

55/59 Yrs Age Group

Place	Name	YoB	Club	Time
1	BUCHAN, Simon	1968	Co Norwich	32.31

60/64 Yrs Age Group

Place	Name	YoB	Club	Time
1	FRESHER, Martyn	1962	Team Anglia	39.65
2	COE, Steve	1963	West Suffolk	42.68

70/74 Yrs Age Group

Place	Name	YoB	Club	Time
1	COEKIN, Dietrich	1951	Deben	49.23

75/79 Yrs Age Group

Place	Name	YoB	Club	Time
1	WILSON, Douglas	1947	Co Cambridge	45.11

80/84 Yrs Age Group

Place	Name	YoB	Club	Time
	HARPER, Philip	1945	Rochford	DNS

Multi-Classification by British Para-Swimming Points

Place	Name	YoB	Club	Class	Time	BPS Pts
1	WINTER, Peter	1980	Newmarket	S10	42.60	253
2	HOLMES, Mark	1983	Colchester P	S14	42.27	192

EVENT 203 Female 50m Backstroke

18/24 Yrs Age Group

Place	Name	YoB	Club	Time
1	JOHNSON, Rachael	2002	West Norfolk	34.24
2	ANDREW, Celly	2001	Harlow Pen	35.48
3	NICHOLSON, Abigail	2006	West Norfolk	36.05
4	GEBHARD, Gigi	2007	teamipswich	36.26
5	SLADE, Morgan	2007	Tring	36.52
6	COLLINS, Libby	2006	West Norfolk	39.01
7	PRESLAND, Lauren	2007	Co St Albans	40.47

25/29 Yrs Age Group

Place	Name	YoB	Club	Time
1	PALMER, Bethany	1998	Co Norwich	34.97

30/34 Yrs Age Group

Place	Name	YoB	Club	Time
1	CANNON, Gemma	1992	Deben	38.45
2	BROWN, Heather	1993	Kettering	41.96

35/39 Yrs Age Group

Place	Name	YoB	Club	Time
1	STEGGLES, Amy	1989	Diss Otters	39.28

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EVENT 203 Female 50m Backstroke

40/44 Yrs Age Group

Place	Name	YoB	Club	Time
1	STEVENSON, Rachael	1985	Flitwick	35.36
2	MARKWELL, Catherine	1981	Team Anglia	35.40
3	SMITH, Sarah	1982	Co Ely	35.78
4	RUSH, Shirley Ann	1984	Diss Otters	36.41
5	ROE, Lyndsay	1984	Kettering	36.72
6	BESWICK, Agnieszka	1982	Newmarket	48.03

45/49 Yrs Age Group

Place	Name	YoB	Club	Time
1	GRIGGS, Katy	1980	Clacton SC	37.85
2	COUPLAND, Deborah	1977	Co Norwich	51.36

50/54 Yrs Age Group

Place	Name	YoB	Club	Time
1	HOLLAND, Melanie	1974	Team Anglia	35.40

55/59 Yrs Age Group

Place	Name	YoB	Club	Time
1	DODDS, Tracy	1970	West Norfolk	44.53
2	ROSE, Cheryl	1966	West Norfolk	52.08

60/64 Yrs Age Group

Place	Name	YoB	Club	Time
1	COTTER, Margaret	1963	Flitwick	56.08

65/69 Yrs Age Group

Place	Name	YoB	Club	Time
1	LUTHER, Eileen	1958	Rochford	39.94
2	MCIVOR, Jane	1956	Rochford	52.65

70/74 Yrs Age Group

Place	Name	YoB	Club	Time
1	LELEAN, Sally	1951	Diss Otters	59.15

75/79 Yrs Age Group

Place	Name	YoB	Club	Time
1	REYNOLDS, Patricia	1950	Kettering	45.90

EVENT 204 Men's/Women's 200m Butterfly

Open 18/24 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	EVERITT, Sam	2007	Newmarket	34.00	1:11.99 37.99	1:51.46 39.47	2:31.57 40.11

Open 25/29 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	THOMAS-MANSFIELD, Jake	2000	West Suffolk	28.95	1:01.33 32.38	1:34.82 33.49	2:08.39 33.57
2	ALLEN, Thomas	1996	Flitwick	37.70	1:21.08 43.38	2:06.31 45.23	2:50.93 44.62

Open 45/49 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	CARSE, Michael	1979	Barnet Copt	39.93	1:26.95 47.02	2:21.90 54.95	3:24.16 1:02.26

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EVENT 204 Men's/Women's 200m Butterfly

Open 50/54 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	TRELFORD, Phillip	1971	Co Ely	49.48	1:47.66 58.18	2:49.66 1:02.00	3:51.91 1:02.25

Open 55/59 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	EMM, Simon	1966	Colchester	32.82	1:12.58 39.76	1:51.61 39.03	2:34.79 43.18

Open 60/64 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	LELEAN, Adam	1962	Diss Otters	49.98	1:44.10 54.12	2:38.30 54.20	3:33.69 55.39

Female 18/24 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	PRESLAND, Lauren	2007	Co St Albans	40.48	1:26.99 46.51	2:17.46 50.47	3:09.32 51.86

Female 25/29 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	GRICE, Lauren	1999	Co Ely	35.24	1:16.49 41.25	1:57.24 40.75	2:41.24 44.00
2	GEE, Lucy	2000	Co Norwich	37.54	1:22.56 45.02	2:13.47 50.91	3:08.40 54.93

EVENT 205 Open 100m Individual Medley

18/24 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	HARRIS, Ethan	2004	Co Norwich	30.09	1:04.59 34.50
2	ADDIS, Robert	2004	West Norfolk	30.40	1:07.73 37.33
3	ISLE, Harvey	2005	West Norfolk	31.42	1:08.25 36.83
4	BURRELL, Rhys	2007	West Norfolk	32.60	1:08.76 36.16
5	INGLIS, James	2003	Tring	31.51	1:08.97 37.46
6	MONKS, James	2006	Tring	31.63	1:09.92 38.29
7	BRADFORD, Jordan	2002	Team Anglia	31.84	1:11.42 39.58

25/29 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	WELLS, Nathan	1998	West Norfolk	26.64	59.08 32.44
2	PETRAUSKAS, Paulius	1997	Kenilworth M	-	1:14.50 -
3	LEE, Daniel	1996	Rochford	34.77	1:14.58 39.81

30/34 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	AGIUS, Andrea	1995	Newmarket	29.77	1:02.66 32.89

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EVENT 205 Open 100m Individual Medley

30/34 Yrs Age Group

Place	Name	YoB	Club	50m	Time
2	SARAH, Thomas	1994	West Suffolk	30.54	1:04.34 33.80

35/39 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	CLAPP, Oliver	1990	Deben	28.25	1:03.70 35.45

40/44 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	FREEZER, Joseph	1985	Stowmarket	31.28	1:10.35 39.07
2	ROE, David	1984	Kettering	41.02	1:28.44 47.42
3	HOLMES, Mark	1983	Colchester P	-	1:35.82 -

45/49 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	BUCK, Ashley	1980	Team Anglia	-	1:08.65 -
2	HAWKINS, Michael	1978	Northampton	33.25	1:13.31 40.06
3	GILBERT, Glen	1977	Nene Valley	34.41	1:13.41 39.00
4	IRISH, John	1980	Newmarket	36.28	1:17.72 41.44
5	HIGGON-WILLIAMS, Paul	1980	Harwich DP	40.73	1:23.22 42.49
6	WINTER, Peter	1980	Newmarket	46.80	1:38.32 51.52

50/54 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	BEVIS, Alex	1975	Team Anglia	-	1:13.73 -
2	LUCAS, Rob	1971	Diss Otters	39.03	1:19.33 40.30
3	TAYLOR, Iain	1972	West Norfolk	39.32	1:21.98 42.66
4	CHACKSFIELD, Justin	1972	Kettering	-	1:25.50 -

55/59 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	BOWER, Andy	1970	Clacton SC	36.69	1:17.35 40.66
2	RUSSELL, Pete	1968	Team Anglia	40.47	1:25.47 45.00
3	BRADFORD, Simon	1967	Team Anglia	39.00	1:28.20 49.20

60/64 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	GARRY, Robert	1964	Mildenhall	59.36	2:01.78 1:02.42

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EVENT 205 Open 100m Individual Medley

65/69 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	CARTLEDGE, David	1960	Team Anglia	36.26	1:16.49 40.23
2	CHANDLER, Barry	1957	Newmarket	40.09	1:25.76 45.67
3	ORCHARD, Chris	1959	Deepings	50.64	1:38.77 48.13

70/74 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	COEKIN, Dietrich	1951	Deben	47.83	1:38.16 50.33

Multi-Classification by British Para-Swimming Points

Place	Name	YoB	Club	Class	50m	Time	BPS Pts
1	WINTER, Peter	1980	Newmarket	SM10	46.80	1:38.32 51.52	200
2	HOLMES, Mark	1983	Colchester P	SM14	-	1:35.82 -	183

EVENT 206 Female 100m Individual Medley

18/24 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	WESLEY, Tess	2004	Newmarket	33.98	1:14.21 40.23
2	GEBHARD, Gigi	2007	teamipswich	37.65	1:17.34 39.69
3	PITCHER, Lucy	2006	Co Norwich	38.66	1:20.96 42.30
4	SLADE, Morgan	2007	Tring	37.42	1:22.50 45.08
5	NICHOLSON, Abigail	2006	West Norfolk	37.96	1:23.10 45.14
6	COLLINS, Libby	2006	West Norfolk	40.63	1:27.74 47.11
	LEE, Molly	2001	West Norfolk		DNS

30/34 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	WESTERN, Jaye	1995	Flitwick	38.85	1:21.54 42.69
2	BROWN, Heather	1993	Kettering	43.19	1:34.27 51.08

35/39 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	ANDREWS, Laura	1988	St Neot Swan	40.05	1:25.64 45.59
2	STEGGLES, Amy	1989	Diss Otters	40.29	1:30.83 50.54

40/44 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	READING, Victoria	1985	Northampton	30.80	1:09.47 38.67
2	RUSH, Shirley Ann	1984	Diss Otters	36.20	1:19.73 43.53

SEER Masters 2025 - Results

EVENT 206 Female 100m Individual Medley

40/44 Yrs Age Group

Place	Name	YoB	Club	50m	Time
3	STEVENSON, Rachael	1985	Flitwick	35.66	1:20.57 44.91
4	SMITH, Sarah	1982	Co Ely	37.75	1:22.17 44.42
5	HANN, Kristina	1985	Colchester P	59.43	2:03.27 1:03.84

45/49 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	GRIGGS, Katy	1980	Clacton SC	38.24	1:23.42 45.18
2	MIEMIETZ, Vanessa	1978	Co Norwich	46.65	1:36.17 49.52

55/59 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	DAVIS, Helen	1970	Team Anglia	36.24	1:16.15 39.91
2	DODDS, Tracy	1970	West Norfolk	42.63	1:35.87 53.24

65/69 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	MCIVOR, Jane	1956	Rochford	56.21	1:51.36 55.15

70/74 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	ROCKELL, Karen	1955	Beaver Mast	50.48	1:53.43 1:02.95
	BOXALL, Barbara	1955	Hornchurch		DNS

Multi-Classification by British Para-Swimming Points

Place	Name	YoB	Club	Class	50m	Time	BPS Pts
1	HANN, Kristina	1985	Colchester P	SM8	59.43	2:03.27 1:03.84	201

EVENT 207 Open 50m Freestyle

18/24 Yrs Age Group

Place	Name	YoB	Club	Time
1	CHAPMAN, Lewis	2001	Stowmarket	24.98
2	PAYNE, Charlie	2007	Newmarket	25.46
3	KENDALL, Daniel	2006	Co Ely	25.52
4	HARRIS, Ethan	2004	Co Norwich	26.01
5	ANDERSON, Matthew	2002	Deben	26.02
6	COLES, Jamie	2001	Harwich DP	26.13
7	ADDIS, Robert	2004	West Norfolk	26.78
8	INGLIS, James	2003	Tring	27.65
9	BURRELL, Rhys	2007	West Norfolk	27.70
10	EVERITT, Sam	2007	Newmarket	27.85
11	HANDLEY, William	2002	Stowmarket	28.06
12	ALLEN, Thomas	2006	West Suffolk	29.91

25/29 Yrs Age Group

Place	Name	YoB	Club	Time
1	WELLS, Nathan	1998	West Norfolk	25.36
2	HOVEN, Tommy	1999	Co Norwich	25.92

SEER Masters 2025 - Results

EVENT 207 Open 50m Freestyle

25/29 Yrs Age Group

Place	Name	YoB	Club	Time
3	SAUNDERS, Kai	1999	Co Norwich	26.88
4	FISHER, Michael	1997	Stowmarket	27.53
	DAVIS, Philip	1998	Norwich Swan	DNS

30/34 Yrs Age Group

Place	Name	YoB	Club	Time
1	BROWN, Greg	1992	West Norfolk	26.87
2	CROUCH, Ryan	1994	Deben	28.27

35/39 Yrs Age Group

Place	Name	YoB	Club	Time
1	CLAPP, Oliver	1990	Deben	25.10
2	BRYSTOW, Peter	1990	Team Anglia	27.20
3	WAKEFIELD, William	1989	West Norfolk	27.81
4	WATTS, Sam	1986	Co Norwich	28.42
	MASON, Howard	1986	West Norfolk	DNS

40/44 Yrs Age Group

Place	Name	YoB	Club	Time
1	FREEZER, Joseph	1985	Stowmarket	27.53
2	BARNACLE, James	1981	Braintree	28.58
3	ELLARD, Craig	1985	West Suffolk	28.75
4	ROE, David	1984	Kettering	32.96
5	AKERS, Daniel	1981	Co Norwich	35.28

45/49 Yrs Age Group

Place	Name	YoB	Club	Time
1	PEAGRAM, Alistair	1978	West Suffolk	28.01
2	THROWER, Ben	1978	Co Norwich	28.17
3	IRISH, John	1980	Newmarket	29.71
4	JOLY, Brice	1978	Flitwick	30.40
5	WILD, Mark	1977	Team Wavene	30.53
6	CARSE, Michael	1979	Barnet Copt	31.73
7	HIGGON-WILLIAMS, Paul	1980	Harwich DP	32.24
8	WINTER, Peter	1980	Newmarket	33.54

50/54 Yrs Age Group

Place	Name	YoB	Club	Time
1	HAILES, Martin	1974	Team Wavene	27.15
2	BEVIS, Alex	1975	Team Anglia	27.39
3	SQUIRES, Andrew	1972	Team Anglia	27.74
4	HUNTER, Christopher	1975	Team Anglia	30.63
5	TAYLOR, Iain	1972	West Norfolk	30.68

55/59 Yrs Age Group

Place	Name	YoB	Club	Time
1	BUCHAN, Simon	1968	Co Norwich	28.02
2	BRADFORD, Simon	1967	Team Anglia	30.95
3	BRITTAİN, Toby	1970	Team Anglia	32.19
4	RUSSELL, Pete	1968	Team Anglia	32.96
	WESTLAKE, John	1967	Kettering	DNS

60/64 Yrs Age Group

Place	Name	YoB	Club	Time
1	FRESHER, Martyn	1962	Team Anglia	31.12
2	COE, Steve	1963	West Suffolk	32.79

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EVENT 207 Open 50m Freestyle

65/69 Yrs Age Group

Place	Name	YoB	Club	Time
1	CHANDLER, Barry	1957	Newmarket	30.94
2	MURRAY, Ian	1957	Flitwick	34.32
3	MANN, Michael	1957	Felixstowe	40.94

70/74 Yrs Age Group

Place	Name	YoB	Club	Time
1	RAE, Peter	1953	Rochford	34.75
2	COEKIN, Dietrich	1951	Deben	35.92

75/79 Yrs Age Group

Place	Name	YoB	Club	Time
1	WILSON, Douglas	1947	Co Cambridge	36.58

80/84 Yrs Age Group

Place	Name	YoB	Club	Time
	HARPER, Philip	1945	Rochford	DNS

Multi-Classification by British Para-Swimming Points

Place	Name	YoB	Club	Class	Time	BPS Pts
1	CROUCH, Ryan	1994	Deben	S10	28.27	500
2	WINTER, Peter	1980	Newmarket	S10	33.54	299

EVENT 208 Female 50m Freestyle

18/24 Yrs Age Group

Place	Name	YoB	Club	Time
1	MARKS, Romilly	2006	Newmarket	28.70
2	NICHOLLS, Abigayle	2006	Co Norwich	29.97
3	ANDREW, Celly	2001	Harlow Pen	30.47
4	GEBHARD, Gigi	2007	teamipswich	30.58
5	JOHNSON, Eve	2002	Rochford	30.74
6	JOHNSON, Rachael	2002	West Norfolk	30.85
7	WESLEY, Tess	2004	Newmarket	30.93
8	NIEL, Eleanor	2001	Newmarket	32.00
9	PRESLAND, Lauren	2007	Co St Albans	32.26
10	PITCHER, Lucy	2006	Co Norwich	32.52
11	PILLOW, Isabella	2007	Co Ely	32.65
12	BINGHAM, Poppy	2006	Stowmarket	32.71
13	NICHOLSON, Abigail	2006	West Norfolk	33.74
	COLLINS, Libby	2006	West Norfolk	DNS
	BARRETT, Sophie	2002	Stowmarket	DNS
	LEE, Molly	2001	West Norfolk	DNS

25/29 Yrs Age Group

Place	Name	YoB	Club	Time
1	OLLINGTON, Molly	1998	Newmarket	28.69
2	GRICE, Lauren	1999	Co Ely	29.25
3	STANLEY, Koren	1997	Deepings	30.38
4	BELLWOOD, Sophie	2000	Newmarket	34.12
5	GEE, Lucy	2000	Co Norwich	34.94

30/34 Yrs Age Group

Place	Name	YoB	Club	Time
1	CURTIN, Olivia	1993	Stowmarket	31.81
2	CLARKE, Sarah-Louise	1994	West Suffolk	35.82

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EVENT 208 Female 50m Freestyle

35/39 Yrs Age Group

Place	Name	YoB	Club	Time
1	ANDREWS, Laura	1988	St Neot Swan	31.79
2	HUGHES, Julie	1986	West Suffolk	34.90

40/44 Yrs Age Group

Place	Name	YoB	Club	Time
1	KING, Carla	1983	South Beds	29.13
2	READING, Victoria	1985	Northampton	29.23
3	MARKWELL, Catherine	1981	Team Anglia	30.53
4	RUSH, Shirley Ann	1984	Diss Otters	30.59
5	WHARTON, Harriet	1984	Teddington	32.35
6	BESWICK, Agnieszka	1982	Newmarket	40.10
7	HANN, Kristina	1985	Colchester P	52.27
8	DAY, Rachel	1985	Deepings	54.27

45/49 Yrs Age Group

Place	Name	YoB	Club	Time
1	PALMER, Dawn	1976	Hornchurch	30.04
2	GRIGGS, Katy	1980	Clacton SC	32.26
3	LIEBENBERG, Melanie	1980	Newmarket	33.58
4	WATSON, Gillian	1980	Co Norwich	35.46
5	BUCHAN, Sarah	1976	Co Norwich	38.90
6	COUPLAND, Deborah	1977	Co Norwich	40.91

50/54 Yrs Age Group

Place	Name	YoB	Club	Time
1	CLARKE, Kelly	1972	Tring	31.40
2	HOLLAND, Melanie	1974	Team Anglia	31.84
3	TURNER, Hayley	1972	West Norfolk	32.11

55/59 Yrs Age Group

Place	Name	YoB	Club	Time
1	DAVIS, Helen	1970	Team Anglia	30.26
2	ROSE, Cheryl	1966	West Norfolk	45.51
	PEET, Ann	1966	Impington	DNS

65/69 Yrs Age Group

Place	Name	YoB	Club	Time
1	FORDHAM, Alyson	1956	Bishop Stort	31.84
2	RATE, Lorraine	1958	Clacton SC	40.16

70/74 Yrs Age Group

Place	Name	YoB	Club	Time
1	BOXALL, Barbara	1955	Hornchurch	36.55
2	ROCKELL, Karen	1955	Beaver Mast	44.64
3	NEALE, Liz	1952	South Beds	52.18

75/79 Yrs Age Group

Place	Name	YoB	Club	Time
1	REYNOLDS, Patricia	1950	Kettering	38.09

Multi-Classification by British Para-Swimming Points

Place	Name	YoB	Club	Class	Time	BPS Pts
1	HANN, Kristina	1985	Colchester P	S8	52.27	196

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EVENT 209 Men's/Women's 400m Freestyle

Open 18/24 Yrs Age Group

Place	Name	YoB	Club	Time
1	BRADFORD, Jordan	2002	Team Anglia	5:02.32
	50m 33.36 100m 1:10.66 150m 1:48.84 200m 2:27.38 250m 3:45.28 300m 4:24.22 350m 5:13.79 400m 5:02.32			
				37.30 38.18 38.54 1:17.90 38.94 49.57 -
2	ALLEN, Thomas	2006	West Suffolk	5:03.44
	50m 33.04 100m 1:10.04 150m 1:48.92 200m 2:27.72 250m 3:06.88 300m 3:46.51 350m 4:25.25 400m 5:03.44			
				37.00 38.88 38.80 39.16 39.63 38.74 38.19

Open 25/29 Yrs Age Group

Place	Name	YoB	Club	Time
1	ALLEN, Thomas	1996	Flitwick	4:55.73
	50m 33.54 100m 1:10.32 150m 1:47.79 200m 2:25.79 250m 3:03.52 300m 3:41.72 350m 4:20.29 400m 4:55.73			
				36.78 37.47 38.00 37.73 38.20 38.57 35.44

Open 45/49 Yrs Age Group

Place	Name	YoB	Club	Time
1	KERSLAKE, Ben	1976	Bishop Stort	5:14.04
	50m 35.93 100m 1:14.73 150m 1:54.60 200m 2:35.02 250m 3:15.36 300m 3:55.43 350m 4:35.25 400m 5:14.04			
				38.80 39.87 40.42 40.34 40.07 39.82 38.79

Open 50/54 Yrs Age Group

Place	Name	YoB	Club	Time
1	BEVIS, Alex	1975	Team Anglia	4:55.66
	50m 34.85 100m 1:12.09 150m 1:50.08 200m 2:28.36 250m 3:06.45 300m 3:43.91 350m 4:21.08 400m 4:55.66			
				37.24 37.99 38.28 38.09 37.46 37.17 34.58
2	TRELFORD, Phillip	1971	Co Ely	6:32.71
	50m 43.19 100m 1:30.90 150m 2:21.19 200m 3:12.50 250m 4:02.35 300m 4:52.98 350m 5:43.33 400m 6:32.71			
				47.71 50.29 51.31 49.85 50.63 50.35 49.38

Open 55/59 Yrs Age Group

Place	Name	YoB	Club	Time
1	RUSSELL, Pete	1968	Team Anglia	5:46.19
	50m 37.70 100m 1:17.92 150m 2:01.47 200m 2:45.87 250m 3:31.77 300m 4:17.00 350m 5:02.45 400m 5:46.19			
				40.22 43.55 44.40 45.90 45.23 45.45 43.74

Open 60/64 Yrs Age Group

Place	Name	YoB	Club	Time
1	STRAKOSCH, Mark	1961	Berkhamsted	5:23.61
	50m 36.06 100m 1:15.54 150m 1:56.27 200m 2:38.14 250m 3:19.88 300m 4:01.39 350m 4:43.66 400m 5:23.61			
				39.48 40.73 41.87 41.74 41.51 42.27 39.95

Open 65/69 Yrs Age Group

Place	Name	YoB	Club	Time
1	ORCHARD, Chris	1959	Deepings	6:10.62
	50m 42.00 100m 1:26.95 150m 2:13.25 200m 3:00.51 250m 3:48.36 300m 4:36.18 350m 5:23.91 400m 6:10.62			
				44.95 46.30 47.26 47.85 47.82 47.73 46.71
2	WRIGHT, Andrew	1957	Stowmarket	6:59.07
	50m 46.52 100m 1:40.47 150m 2:34.55 200m 3:28.11 250m 4:21.70 300m 5:15.47 350m 6:08.39 400m 6:59.07			
				53.95 54.08 53.56 53.59 53.77 52.92 50.68

Open 70/74 Yrs Age Group

Place	Name	YoB	Club	Time
1	RAE, Peter	1953	Rochford	6:33.74
	50m 43.26 100m 1:30.09 150m 2:18.68 200m 3:08.34 250m 3:58.78 300m 4:50.29 350m 5:42.73 400m 6:33.74			
				46.83 48.59 49.66 50.44 51.51 52.44 51.01

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EVENT 209 Men's/Women's 400m Freestyle

Female 25/29 Yrs Age Group

Place	Name	YoB	Club							Time
1	PALMER, Bethany	1998	Co Norwich							5:12.55
	50m 34.11	100m 1:11.42	150m 1:50.02	200m 2:30.17	250m 3:10.85	300m 3:51.55	350m 4:31.99	400m 5:12.55		
		37.31	38.60	40.15	40.68	40.70	40.44	40.56		
2	STANLEY, Koren	1997	Deepings							5:19.01
	50m 34.51	100m 1:13.38	150m 1:54.64	200m 2:35.67	250m 3:17.21	300m 3:57.91	350m 4:38.97	400m 5:19.01		
		38.87	41.26	41.03	41.54	40.70	41.06	40.04		

Female 30/34 Yrs Age Group

Place	Name	YoB	Club							Time
1	BEGG, Charlotte	1994	Co Cambridge							4:57.66
	50m 33.92	100m 1:10.25	150m 1:47.89	200m 2:25.98	250m 3:03.97	300m 3:42.20	350m 4:21.09	400m 4:57.66		
		36.33	37.64	38.09	37.99	38.23	38.89	36.57		
2	CANNON, Gemma	1992	Deben							5:20.13
	50m 35.05	100m 1:14.27	150m 1:55.10	200m 2:36.54	250m 3:18.00	300m 3:59.55	350m 4:40.70	400m 5:20.13		
		39.22	40.83	41.44	41.46	41.55	41.15	39.43		

Female 40/44 Yrs Age Group

Place	Name	YoB	Club							Time
1	MARKWELL, Catherine	1981	Team Anglia							5:18.77
	50m 36.35	100m 1:15.79	150m 1:56.15	200m 2:37.01	250m 3:17.59	300m 3:57.68	350m 4:38.70	400m 5:18.77		
		39.44	40.36	40.86	40.58	40.09	41.02	40.07		

Female 65/69 Yrs Age Group

Place	Name	YoB	Club							Time
1	FORDHAM, Alyson	1956	Bishop Stort							5:39.62
	50m 38.44	100m 1:20.34	150m 2:03.47	200m 2:47.78	250m 3:32.19	300m 4:15.79	350m 4:59.05	400m 5:39.62		
		41.90	43.13	44.31	44.41	43.60	43.26	40.57		
2	RATE, Lorraine	1958	Clacton SC							6:29.25
	50m 43.20	100m 1:31.22	150m 2:20.32	200m 3:10.14	250m 4:00.51	300m 4:50.37	350m 5:40.54	400m 6:29.25		
		48.02	49.10	49.82	50.37	49.86	50.17	48.71		

Female 75/79 Yrs Age Group

Place	Name	YoB	Club							Time
1	REYNOLDS, Patricia	1950	Kettering							6:23.44
	50m 42.76	100m 1:30.33	150m 2:19.19	200m 3:08.48	250m 3:57.77	300m 4:47.40	350m 5:36.53	400m 6:23.44		
		47.57	48.86	49.29	49.29	49.63	49.13	46.91		

EVENT 301 Men's/Women's 200m Individual Medley

Open 18/24 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	INGLIS, James	2003	Tring	31.06	1:10.46	1:54.21	2:29.67
					39.40	43.75	35.46
2	BURRELL, Rhys	2007	West Norfolk	31.17	1:12.69	1:54.47	2:33.93
					41.52	41.78	39.46

Open 25/29 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	ALLEN, Thomas	1996	Flitwick	33.57	1:13.94	2:01.40	2:37.90
					40.37	47.46	36.50

Open 45/49 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
	KERSLAKE, Ben	1976	Bishop Stort				DSQ
	HIGGON-WILLIAMS, Paul	1980	Harwich DP				DNS

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EVENT 301 Men's/Women's 200m Individual Medley

Open 50/54 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	TRELFORD, Phillip	1971	Co Ely	50.10	1:46.71 56.61	2:45.42 58.71	3:32.97 47.55
	LUCAS, Rob	1971	Diss Otters				DNS

Open 55/59 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	RUSSELL, Pete	1968	Team Anglia	39.37	1:32.33 52.96	2:28.55 56.22	3:07.78 39.23

Open 60/64 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	LELEAN, Adam	1962	Diss Otters	42.68	1:32.43 49.75	2:25.62 53.19	3:07.04 41.42
2	STRAKOSCH, Mark	1961	Berkhamsted	44.90	1:34.56 49.66	2:33.93 59.37	3:14.84 40.91

Female 18/24 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	JOHNSON, Rachael	2002	West Norfolk	35.07	1:19.36 44.29	2:07.12 47.76	2:48.67 41.55
2	ASHWELL, Florence	2006	Tring	34.43	1:16.12 41.69	2:09.34 53.22	2:48.95 39.61

Female 25/29 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	GRICE, Lauren	1999	Co Ely	32.31	1:13.11 40.80	1:58.80 45.69	2:36.31 37.51

Female 30/34 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	CANNON, Gemma	1992	Deben	39.01	1:24.47 45.46	2:18.23 53.76	2:56.96 38.73

Female 45/49 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	PALMER, Dawn	1976	Hornchurch	35.94	1:17.10 41.16	2:06.67 49.57	2:43.93 37.26
2	STARR, Sue	1978	Leic Peng	49.64	1:43.08 53.44	2:42.99 59.91	3:26.07 43.08
3	WATSON, Gillian	1980	Co Norwich	44.88	1:37.86 52.98	2:36.09 58.23	3:26.80 50.71

Female 50/54 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	PERRY, Sharon	1972	West Suffolk	37.64	1:23.79 46.15	2:14.56 50.77	2:55.32 40.76

EVENT 302 Open 100m Freestyle

18/24 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	PAYNE, Charlie	2007	Newmarket	26.87	56.08 29.21
2	KENDALL, Daniel	2006	Co Ely	27.31	56.71 29.40
3	ADDIS, Robert	2004	West Norfolk	28.70	59.94 31.24

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EVENT 302 Open 100m Freestyle

18/24 Yrs Age Group

Place	Name	YoB	Club	50m	Time
4	EVERITT, Sam	2007	Newmarket	29.26	1:00.50 31.24
5	ISLE, Harvey	2005	West Norfolk	29.32	1:00.76 31.44
6	INGLIS, James	2003	Tring	29.33	1:01.06 31.73
7	MONKS, James	2006	Tring	29.61	1:01.86 32.25
8	SMART, Arthur	2002	West Suffolk	29.22	1:01.96 32.74
	BURRELL, Rhys	2007	West Norfolk		DNS

25/29 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	THOMAS-MANSFIELD, Jake	2000	West Suffolk	26.85	55.11 28.26
2	HOVEN, Tommy	1999	Co Norwich	27.24	56.71 29.47
3	SAUNDERS, Kai	1999	Co Norwich	29.12	1:00.93 31.81
4	HALE, Oliver	1998	Stowmarket	30.36	1:02.08 31.72
5	ALLEN, Thomas	1996	Flitwick	31.15	1:05.02 33.87
6	PETRAUSKAS, Paulius	1997	Kenilworth M	31.66	1:06.39 34.73

30/34 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	BROWN, Greg	1992	West Norfolk	29.16	1:00.37 31.21
2	CROUCH, Ryan	1994	Deben	30.11	1:02.91 32.80

35/39 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	HARRISON, David	1986	Stowmarket	26.93	57.86 30.93
2	BRYSTOW, Peter	1990	Team Anglia	29.17	1:00.14 30.97
3	WATTS, Sam	1986	Co Norwich	29.30	1:01.86 32.56

40/44 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	BARNACLE, James	1981	Braintree	31.70	1:06.97 35.27

45/49 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	BUCK, Ashley	1980	Team Anglia	28.47	59.94 31.47
2	GILBERT, Glen	1977	Nene Valley	30.92	1:02.38 31.46
3	THROWER, Ben	1978	Co Norwich	30.06	1:03.06 33.00
4	PEAGRAM, Alistair	1978	West Suffolk	31.39	1:05.37 33.98

SEER Masters 2025 - Results

EVENT 302 Open 100m Freestyle

45/49 Yrs Age Group

Place	Name	YoB	Club	50m	Time
5	IRISH, John	1980	Newmarket	31.54	1:06.05 34.51
6	CARSE, Michael	1979	Barnet Copt	33.32	1:10.01 36.69
7	WINTER, Peter	1980	Newmarket	37.77	1:18.77 41.00

50/54 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	HAILES, Martin	1974	Team Wavene	29.09	1:01.51 32.42
2	SQUIRES, Andrew	1972	Team Anglia	29.67	1:01.99 32.32

55/59 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	BUCHAN, Simon	1968	Co Norwich	30.03	1:02.63 32.60
2	BOWER, Andy	1970	Clacton SC	33.52	1:12.60 39.08
3	RUSSELL, Pete	1968	Team Anglia	36.24	1:13.03 36.79
4	BRITTAİN, Toby	1970	Team Anglia	34.84	1:13.50 38.66

60/64 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	FRESHER, Martyn	1962	Team Anglia	33.47	1:11.14 37.67
2	STRAKOSCH, Mark	1961	Berkhamsted	34.95	1:11.57 36.62
3	AUSTIN, David	1962	Co Cambridge	34.78	1:15.49 40.71
4	COE, Steve	1963	West Suffolk	36.25	1:15.66 39.41
5	GARRY, Robert	1964	Mildenhall	45.34	1:35.63 50.29

65/69 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	CHANDLER, Barry	1957	Newmarket	34.58	1:10.68 36.10
2	CARTLEDGE, David	1960	Team Anglia	35.18	1:10.79 35.61
3	BAKER, Geoff	1959	Rochford	35.73	1:13.18 37.45
4	MURRAY, Ian	1957	Flitwick	37.96	1:17.12 39.16
5	MANN, Michael	1957	Felixstowe	43.72	1:33.00 49.28

70/74 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	RAE, Peter	1953	Rochford	39.12	1:21.67 42.55
	COEKIN, Dietrich	1951	Deben		DNS

SEER Masters 2025 - Results

EVENT 302 Open 100m Freestyle

80/84 Yrs Age Group

Place	Name	YoB	Club	50m	Time
	HARPER, Philip	1945	Rochford		DNS

Multi-Classification by British Para-Swimming Points

Place	Name	YoB	Club	Class	50m	Time	BPS Pts
1	CROUCH, Ryan	1994	Deben	S10	30.11	1:02.91 32.80	463
2	WINTER, Peter	1980	Newmarket	S10	37.77	1:18.77 41.00	236

EVENT 303 Female 100m Freestyle

18/24 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	MARKS, Romilly	2006	Newmarket	30.89	1:03.34 32.45
2	NICHOLLS, Abigayle	2006	Co Norwich	31.61	1:05.28 33.67
3	JOHNSON, Eve	2002	Rochford	32.24	1:07.13 34.89
4	GEBHARD, Gigi	2007	teamipswich	33.39	1:08.78 35.39
5	PRESLAND, Lauren	2007	Co St Albans	35.62	1:14.17 38.55
6	NICHOLSON, Abigail	2006	West Norfolk	36.63	1:14.62 37.99
7	PILLOW, Isabella	2007	Co Ely	35.45	1:15.46 40.01

25/29 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	SAMPHER, Bethany	1999	Newmarket	32.31	1:06.18 33.87
2	STANLEY, Koren	1997	Deepings	32.55	1:08.06 35.51

30/34 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	BEGG, Charlotte	1994	Co Cambridge	31.43	1:04.70 33.27
2	CURTIN, Olivia	1993	Stowmarket	34.04	1:10.77 36.73

35/39 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	KERSHAW, Hannah	1988	Co Ely	33.03	1:09.26 36.23
2	ANDREWS, Laura	1988	St Neot Swan	34.37	1:12.08 37.71
3	HICKMAN, Nerine	1989	Flitwick	34.22	1:12.69 38.47

40/44 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	MARKWELL, Catherine	1981	Team Anglia	33.01	1:07.58 34.57
2	ROE, Lyndsay	1984	Kettering	32.88	1:08.39 35.51

SEER Masters 2025 - Results

EVENT 303 Female 100m Freestyle

40/44 Yrs Age Group

Place	Name	YoB	Club	50m	Time
3	HANN, Kristina	1985	Colchester P	54.26	1:57.10 1:02.84

45/49 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	GRIGGS, Katy	1980	Clacton SC	34.22	1:12.24 38.02
2	LIEBENBERG, Melanie	1980	Newmarket	35.35	1:14.27 38.92
3	BUCHAN, Sarah	1976	Co Norwich	39.97	1:22.55 42.58

50/54 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	PERRY, Sharon	1972	West Suffolk	33.99	1:10.72 36.73
2	PAIN, Stephanie	1973	East Anglian	35.83	1:14.60 38.77

65/69 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	FORDHAM, Alyson	1956	Bishop Stort	34.27	1:11.27 37.00
2	WINTER, Sally	1960	Bishop Stort	35.25	1:12.34 37.09
3	RATE, Lorraine	1958	Clacton SC	41.74	1:28.13 46.39

70/74 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	BOXALL, Barbara	1955	Hornchurch	39.03	1:20.73 41.70

Multi-Classification by British Para-Swimming Points

Place	Name	YoB	Club	Class	50m	Time	BPS Pts
1	HANN, Kristina	1985	Colchester P	S8	54.26	1:57.10 1:02.84	175

EVENT 304 Open 50m Breaststroke

18/24 Yrs Age Group

Place	Name	YoB	Club	Time
1	CHAPMAN, Lewis	2001	Stowmarket	31.66
2	COLES, Jamie	2001	Harwich DP	32.44
3	HARRIS, Ethan	2004	Co Norwich	32.80
4	BURRELL, Rhys	2007	West Norfolk	34.31
5	INGLIS, James	2003	Tring	35.24
6	EVERITT, Sam	2007	Newmarket	37.16
7	SMART, Arthur	2002	West Suffolk	37.58

25/29 Yrs Age Group

Place	Name	YoB	Club	Time
1	WELLS, Nathan	1998	West Norfolk	33.36
2	ALLEN, Thomas	1996	Flitwick	39.09

30/34 Yrs Age Group

Place	Name	YoB	Club	Time
1	AGIUS, Andrea	1995	Newmarket	30.36

SEER Masters 2025 - Results

EVENT 304 Open 50m Breaststroke

30/34 Yrs Age Group

Place	Name	YoB	Club	Time
2	SARAH, Thomas	1994	West Suffolk	31.75

35/39 Yrs Age Group

Place	Name	YoB	Club	Time
1	CARTER, James	1987	Newmarket	32.27
2	CLAPP, Oliver	1990	Deben	33.73
3	WAKEFIELD, William	1989	West Norfolk	34.00

40/44 Yrs Age Group

Place	Name	YoB	Club	Time
1	BARNACLE, James	1981	Braintree	34.99
2	AKERS, Daniel	1981	Co Norwich	43.79
3	ROE, David	1984	Kettering	44.16

45/49 Yrs Age Group

Place	Name	YoB	Club	Time
1	BUCK, Ashley	1980	Team Anglia	34.22
2	GIBSON, Ian	1980	Stevenage	36.61
3	THROWER, Ben	1978	Co Norwich	36.64
4	JOLY, Brice	1978	Flitwick	36.93
5	GILBERT, Glen	1977	Nene Valley	37.65
6	WILD, Mark	1977	Team Wavene	41.19
7	WINTER, Peter	1980	Newmarket	44.76
	HIGGON-WILLIAMS, Paul	1980	Harwich DP	DNS

50/54 Yrs Age Group

Place	Name	YoB	Club	Time
1	TAYLOR, Iain	1972	West Norfolk	39.73

60/64 Yrs Age Group

Place	Name	YoB	Club	Time
1	FRESHER, Martyn	1962	Team Anglia	38.77

65/69 Yrs Age Group

Place	Name	YoB	Club	Time
1	STRANDERS, Robert	1956	DunmowAtlant	46.15
2	ORCHARD, Chris	1959	Deepings	48.45
3	WRIGHT, Andrew	1957	Stowmarket	48.53
4	MANN, Michael	1957	Felixstowe	49.58

70/74 Yrs Age Group

Place	Name	YoB	Club	Time
1	COEKIN, Dietrich	1951	Deben	48.38

Multi-Classification by British Para-Swimming Points

Place	Name	YoB	Club	Class	Time	BPS Pts
1	WINTER, Peter	1980	Newmarket	SB9	44.76	274

EVENT 305 Female 50m Breaststroke

18/24 Yrs Age Group

Place	Name	YoB	Club	Time
1	WRIGHT, Elizabeth	2007	West Suffolk	35.62
2	GEBHARD, Gigi	2007	teamipswich	38.16
3	JOHNSON, Rachael	2002	West Norfolk	38.21
4	NICHOLLS, Abigayle	2006	Co Norwich	38.35
5	WESLEY, Tess	2004	Newmarket	38.40
6	NIEL, Eleanor	2001	Newmarket	39.10

SEER Masters 2025 - Results

EVENT 305 Female 50m Breaststroke

18/24 Yrs Age Group

Place	Name	YoB	Club	Time
7	PITCHER, Lucy	2006	Co Norwich	41.73
8	BINGHAM, Poppy	2006	Stowmarket	43.29
9	COLLINS, Libby	2006	West Norfolk	44.94
10	PILLOW, Isabella	2007	Co Ely	45.49

25/29 Yrs Age Group

Place	Name	YoB	Club	Time
1	BELLWOOD, Sophie	2000	Newmarket	44.30

30/34 Yrs Age Group

Place	Name	YoB	Club	Time
1	HARRIS, Maya	1995	West Suffolk	37.03
2	BROWN, Heather	1993	Kettering	49.97

35/39 Yrs Age Group

Place	Name	YoB	Club	Time
1	KERSHAW, Hannah	1988	Co Ely	41.74
2	HICKMAN, Nerine	1989	Flitwick	42.41
3	ANDREWS, Laura	1988	St Neot Swan	43.99

40/44 Yrs Age Group

Place	Name	YoB	Club	Time
1	READING, Victoria	1985	Northampton	36.47
2	KING, Carla	1983	South Beds	37.51
3	HANN, Kristina	1985	Colchester P	58.25
	HOLMES, Katie	1984	Harwich DP	DNS

45/49 Yrs Age Group

Place	Name	YoB	Club	Time
1	LIEBENBERG, Melanie	1980	Newmarket	46.29
2	MIEMIETZ, Vanessa	1978	Co Norwich	47.51
3	BUCHAN, Sarah	1976	Co Norwich	52.41
4	COUPLAND, Deborah	1977	Co Norwich	52.44

50/54 Yrs Age Group

Place	Name	YoB	Club	Time
1	CLARKE, Kelly	1972	Tring	42.15
2	TURNER, Hayley	1972	West Norfolk	46.07

55/59 Yrs Age Group

Place	Name	YoB	Club	Time
1	DAVIS, Helen	1970	Team Anglia	37.41
2	PYE, Jane	1967	Co Norwich	45.27
3	PICKERING, Alison	1970	Diss Otters	46.20
4	DODDS, Tracy	1970	West Norfolk	50.88
5	ROSE, Cheryl	1966	West Norfolk	55.52

65/69 Yrs Age Group

Place	Name	YoB	Club	Time
1	MCIVOR, Jane	1956	Rochford	56.51

70/74 Yrs Age Group

Place	Name	YoB	Club	Time
1	LELEAN, Sally	1951	Diss Otters	59.67

Multi-Classification by British Para-Swimming Points

Place	Name	YoB	Club	Class	Time	BPS Pts
1	HANN, Kristina	1985	Colchester P	SB8	58.25	237

SEER Masters 2025 - Results

EVENT 306 Open 100m Butterfly

18/24 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	KENDALL, Daniel	2006	Co Ely	30.06	1:03.14 33.08
2	SMART, Arthur	2002	West Suffolk	30.34	1:04.99 34.65
3	EVERITT, Sam	2007	Newmarket	32.00	1:06.73 34.73
4	ISLE, Harvey	2005	West Norfolk	31.60	1:06.95 35.35
5	ADDIS, Robert	2004	West Norfolk	31.15	1:09.53 38.38
6	BURRELL, Rhys	2007	West Norfolk	32.25	1:10.19 37.94

25/29 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	THOMAS-MANSFIELD, Jake	2000	West Suffolk	28.15	58.30 30.15
2	WELLS, Nathan	1998	West Norfolk	27.02	58.85 31.83
	DAVIS, Philip	1998	Norwich Swan		DNS

30/34 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	BROWN, Greg	1992	West Norfolk	31.56	1:07.07 35.51
2	AGIUS, Andrea	1995	Newmarket	31.72	1:07.17 35.45

35/39 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	WATTS, Sam	1986	Co Norwich	30.59	1:06.69 36.10

40/44 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	FREEZER, Joseph	1985	Stowmarket	30.33	1:08.33 38.00

45/49 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	HAWKINS, Michael	1978	Northampton	34.14	1:14.33 40.19
2	CARSE, Michael	1979	Barnet Copt	39.29	1:25.14 45.85

50/54 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	HUNTER, Christopher	1975	Team Anglia	39.78	1:23.83 44.05

55/59 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	EMM, Simon	1966	Colchester	32.84	1:08.20 35.36

SEER Masters 2025 - Results

EVENT 306 Open 100m Butterfly

60/64 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	BANWELL, Mark	1961	Co Ely	39.36	1:23.51 44.15

65/69 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	BAKER, Geoff	1959	Rochford	36.05	1:19.81 43.76

EVENT 307 Female 100m Butterfly

18/24 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	MARKS, Romilly	2006	Newmarket	33.87	1:12.57 38.70
2	NICHOLSON, Abigail	2006	West Norfolk	39.23	1:23.53 44.30
3	PRESLAND, Lauren	2007	Co St Albans	37.58	1:23.70 46.12

25/29 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	GRICE, Lauren	1999	Co Ely	32.55	1:09.47 36.92
2	PALMER, Bethany	1998	Co Norwich	35.69	1:18.32 42.63

30/34 Yrs Age Group

Place	Name	YoB	Club	50m	Time
	CANNON, Gemma	1992	Deben		DNF

35/39 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	HUGHES, Julie	1986	West Suffolk	43.08	1:30.79 47.71

45/49 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	STARR, Sue	1978	Leic Peng	50.05	1:45.76 55.71

50/54 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	PERRY, Sharon	1972	West Suffolk	39.52	1:27.07 47.55

55/59 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	CRESSWELL, Josephine	1968	East Anglian	40.09	1:23.88 43.79

EVENT 308 Men's/Women's 200m Backstroke

Open 18/24 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	ISLE, Harvey	2005	West Norfolk	34.76	1:12.52 37.76	1:50.89 38.37	2:28.59 37.70

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EVENT 308 Men's/Women's 200m Backstroke

Open 25/29 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	ALLEN, Thomas	1996	Flitwick	37.65	1:17.37 39.72	1:57.87 40.50	2:37.43 39.56

Open 30/34 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	CROUCH, Ryan	1994	Deben	39.75	1:22.17 42.42	2:03.99 41.82	2:44.58 40.59

Open 40/44 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	HOLMES, Mark	1983	Colchester P	48.09	1:41.43 53.34	2:36.16 54.73	3:28.34 52.18

Open 45/49 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	IBBOTSON, Andrew	1980	Linslade	37.76	1:18.64 40.88	2:00.04 41.40	2:41.01 40.97

Open 50/54 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	CHACKSFIELD, Justin	1972	Kettering	44.85	1:33.96 49.11	2:23.56 49.60	3:11.50 47.94
2	TRELFORD, Phillip	1971	Co Ely	51.91	1:47.76 55.85	2:42.77 55.01	3:39.60 56.83
	LUCAS, Rob	1971	Diss Otters				DNS

Open 55/59 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	ADCOCK, James	1968	Co Norwich	43.61	1:30.45 46.84	2:17.58 47.13	3:01.99 44.41
	WESTLAKE, John	1967	Kettering				DNS

Open 60/64 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	STRAKOSCH, Mark	1961	Berkhamsted	42.92	1:28.31 45.39	2:14.57 46.26	3:00.30 45.73
2	LELEAN, Adam	1962	Diss Otters	46.47	1:35.38 48.91	2:25.23 49.85	3:13.21 47.98

Open 65/69 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	CARTLEDGE, David	1960	Team Anglia	39.25	1:21.50 42.25	2:05.62 44.12	2:46.74 41.12
2	WRIGHT, Andrew	1957	Stowmarket	49.39	1:42.43 53.04	2:35.33 52.90	3:26.34 51.01
3	ORCHARD, Chris	1959	Deepings	53.50	1:50.21 56.71	2:47.66 57.45	3:45.50 57.84

Female 18/24 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	ANDREW, Celly	2001	Harlow Pen	37.82	1:20.37 42.55	2:07.38 47.01	2:54.67 47.29

Female 35/39 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	STEGGLES, Amy	1989	Diss Otters	45.45	1:36.36 50.91	2:31.58 55.22	3:26.36 54.78

SEER Masters 2025 - Results

EVENT 308 Men's/Women's 200m Backstroke

Female 40/44 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	SMITH, Sarah	1982	Co Ely	38.42	1:19.68	2:02.54	2:45.09
					41.26	42.86	42.55
2	MARKWELL, Catherine	1981	Team Anglia	39.14	1:21.93	2:06.05	2:47.95
					42.79	44.12	41.90

Female 50/54 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	HOLLAND, Melanie	1974	Team Anglia	39.12	1:21.79	2:06.56	2:50.44
					42.67	44.77	43.88

Female 70/74 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	LELEAN, Sally	1951	Diss Otters	1:00.94	2:05.28	3:08.21	4:09.83
					1:04.34	1:02.93	1:01.62

EVENT 309 Mixed 4x50m Medley Team

072+ Yrs Age Group

Place	Name	Age Grp	Club	Time
1	Newmarket & Dist SC	072+	Newmarket	2:07.24
	PAYNE, Charlie		50m 30.59	
	NIEL, Eleanor		100m 1:08.15	
	EVERITT, Sam		150m 1:37.31	
	WESLEY, Tess		200m 2:07.24	
2	West Norfolk Swimming Club	072+	West Norfolk	2:09.17
	JOHNSON, Rachael		50m 34.83	
	BURRELL, Rhys		100m 1:08.61	
	NICHOLSON, Abigail		150m 1:45.34	
	WELLS, Nathan		200m 2:09.17	
3	Tring Swimming Club	072+	Tring	2:10.46
	SLADE, Morgan		50m 37.08	
	INGLIS, James		100m 1:10.66	
	MONKS, James		150m 1:40.52	
	ASHWELL, Florence		200m 2:10.46	
4	City Of Ely Amateur Swimming Cl	072+	Co Ely	2:11.77
	KENDALL, Daniel		50m 30.10	
	GRICE, Lauren		100m 1:07.03	
	OKORO, Nathan		150m 1:39.61	
	PILLOW, Isabella		200m 2:11.77	
5	City of Norwich SC A	072+	Co Norwich	2:11.83
	SAUNDERS, Kai		50m 33.42	
	NICHOLLS, Abigayle		100m 1:11.34	
	WATTS, Sam		150m 1:40.39	
	PITCHER, Lucy		200m 2:11.83	
6	City of Norwich B	072+	Co Norwich	2:14.95
	PALMER, Bethany		50m 36.18	
	HARRIS, Ethan		100m 1:07.95	
	HOVEN, Tommy		150m 1:36.01	
	BUCHAN, Sarah		200m 2:14.95	

120+ Yrs Age Group

Place	Name	Age Grp	Club	Time
1	Newmarket & Dist SC	120+	Newmarket	2:07.71
	SAMPHER, Bethany		50m 33.49	
	AGIUS, Andrea		100m 1:04.59	
	CHANDLER, Barry		150m 1:39.32	
	OLLINGTON, Molly		200m 2:07.71	

SEER Masters 2025 - Results

EVENT 309 Mixed 4x50m Medley Team

160+ Yrs Age Group

Place	Name	Age Grp	Club	Time
1	Team Anglia Masters Swimming C	160+	Team Anglia	2:08.11
	BUCK, Ashley		50m 30.56	
	BRYSTOW, Peter		100m 1:04.23	
	DAVIS, Helen		150m 1:37.31	
	MARKWELL, Catherine		200m 2:08.11	
2	West Suffolk Swimming Club	160+	West Suffolk	2:10.94
	ELLARD, Craig		50m 31.57	
	HARRIS, Maya		100m 1:07.74	
	PEAGRAM, Alistair		150m 1:39.18	
	PERRY, Sharon		200m 2:10.94	
3	West Norfolk Swimming Club	160+	West Norfolk	2:21.38
	TURNER, Hayley		50m 41.67	
	WAKEFIELD, William		100m 1:15.01	
	BROWN, Greg		150m 1:45.10	
	DODDS, Tracy		200m 2:21.38	
4	City Of Ely Amateur Swimming Clt	160+	Co Ely	2:30.13
	SMITH, Sarah		50m 38.39	
	TRELFORD, Phillip		100m 1:24.05	
	BANWELL, Mark		150m 1:58.48	
	KERSHAW, Hannah		200m 2:30.13	
5	Newmarket & Dist SC	160+	Newmarket	2:34.99
	WINTER, Peter		50m 41.77	
	LIEBENBERG, Melanie		100m 1:26.39	
	IRISH, John		150m 2:00.49	
	BELLWOOD, Sophie		200m 2:34.99	

200+ Yrs Age Group

Place	Name	Age Grp	Club	Time
1	City of Norwich SC	200+	Co Norwich	2:42.31
	ADCOCK, James		50m 37.79	
	COUPLAND, Deborah		100m 1:30.02	
	WATSON, Gillian		150m 2:13.10	
	BUCHAN, Simon		200m 2:42.31	

EVENT 401 Mixed 4x50m Freestyle Team

072+ Yrs Age Group

Place	Name	Age Grp	Club	Time
1	Newmarket & Dist SC	072+	Newmarket	1:52.15
	PAYNE, Charlie		50m 26.04	
	WESLEY, Tess		100m 56.84	
	MARKS, Romilly		150m 1:25.24	
	EVERITT, Sam		200m 1:52.15	
2	City Of Ely Amateur Swimming Clt	072+	Co Ely	1:54.06
	KENDALL, Daniel		50m 25.82	
	OKORO, Nathan		100m 53.29	
	PILLOW, Isabella		150m -	
	GRICE, Lauren		200m 1:54.06	
3	City of Norwich B	072+	Co Norwich	1:54.30
	HOVEN, Tommy		50m 26.04	
	PITCHER, Lucy		100m 58.02	
	SAUNDERS, Kai		150m 1:24.89	
	NICHOLLS, Abigayle		200m 1:54.30	
4	Tring Swimming Club	072+	Tring	1:57.96
	MONKS, James		50m 28.48	
	ASHWELL, Florence		100m 58.86	
	SLADE, Morgan		150m 1:31.62	
	INGLIS, James		200m 1:57.96	

SEER Masters 2025 - Results

EVENT 401 Mixed 4x50m Freestyle Team

072+ Yrs Age Group

Place	Name	Age Grp	Club	Time
5	West Norfolk Swimming Club	072+	West Norfolk	2:00.91
	ISLE, Harvey		50m 28.08	
	NICHOLSON, Abigail		100m 1:01.06	
	COLLINS, Libby		150m -	
	ADDIS, Robert		200m 2:00.91	
6	City of Norwich SC A	072+	Co Norwich	2:01.69
	PALMER, Bethany		50m 31.78	
	HARRIS, Ethan		100m 57.05	
	PYE, Jane		150m 1:34.25	
	BUCHAN, Simon		200m 2:01.69	

120+ Yrs Age Group

Place	Name	Age Grp	Club	Time
1	Newmarket & Dist SC	120+	Newmarket	1:59.24
	AGIUS, Andrea		50m 28.00	
	WALKER, Emma		100m 1:00.24	
	IRISH, John		150m 1:30.56	
	OLLINGTON, Molly		200m 1:59.24	

160+ Yrs Age Group

Place	Name	Age Grp	Club	Time
1	West Suffolk Swimming Club	160+	West Suffolk	1:57.42
	PEAGRAM, Alistair		50m 27.51	
	HARRIS, Maya		100m 57.35	
	PERRY, Sharon		150m 1:29.03	
	ELLARD, Craig		200m 1:57.42	
2	City Of Ely Amateur Swimming Clt	160+	Co Ely	2:13.45
	BANWELL, Mark		50m 32.07	
	TRELFORD, Phillip		100m 1:09.08	
	SMITH, Sarah		150m 1:41.48	
	KERSHAW, Hannah		200m 2:13.45	
3	Newmarket & Dist SC	160+	Newmarket	2:17.97
	SAMPHER, Bethany		50m 30.76	
	CHANDLER, Barry		100m 1:05.15	
	BESWICK, Agnieszka		150m 1:44.97	
	WINTER, Peter		200m 2:17.97	
4	City of Norwich SC	160+	Co Norwich	2:20.16
	THROWER, Ben		50m 28.79	
	WATSON, Gillian		100m 1:04.99	
	ADCOCK, James		150m 1:38.79	
	COUPLAND, Deborah		200m 2:20.16	

200+ Yrs Age Group

Place	Name	Age Grp	Club	Time
1	Team Anglia Masters Swimming C	200+	Team Anglia	1:56.95
	BUCK, Ashley		50m 27.20	
	SQUIRES, Andrew		100m 54.75	
	HOLLAND, Melanie		150m 1:25.55	
	DAVIS, Helen		200m 1:56.95	
2	Clacton Swimming Club	200+	Clacton SC	2:14.83
	GRIGGS, Katy		50m 32.77	
	RATE, Lorraine		100m 1:10.75	
	PRYER, Barry		150m 1:45.69	
	BOWER, Andy		200m 2:14.83	

SEER Masters 2025 - Results

EVENT 401 Mixed 4x50m Freestyle Team

200+ Yrs Age Group

Place	Name	Age Grp	Club	Time
3	West Norfolk Swimming Club	200+	West Norfolk	2:19.39
		TAYLOR, Iain	50m 31.45	
		DODDS, Tracy	100m 1:07.41	
		ROSE, Cheryl	150m -	
		BROWN, Greg	200m 2:19.39	

EVENT 402 Open 50m Butterfly

18/24 Yrs Age Group

Place	Name	YoB	Club	Time
1	CHAPMAN, Lewis	2001	Stowmarket	26.88
2	ANDERSON, Matthew	2002	Deben	27.11
3	PAYNE, Charlie	2007	Newmarket	29.33
3	ADDIS, Robert	2004	West Norfolk	29.33
5	COLES, Jamie	2001	Harwich DP	29.43
6	BURRELL, Rhys	2007	West Norfolk	29.72
7	ISLE, Harvey	2005	West Norfolk	30.19
8	EVERITT, Sam	2007	Newmarket	30.37

25/29 Yrs Age Group

Place	Name	YoB	Club	Time
1	WELLS, Nathan	1998	West Norfolk	26.87
2	PETRAUSKAS, Paulius	1997	Kenilworth M	32.10
3	ALLEN, Thomas	1996	Flitwick	33.34
	DAVIS, Philip	1998	Norwich Swan	DNS

30/34 Yrs Age Group

Place	Name	YoB	Club	Time
1	AGIUS, Andrea	1995	Newmarket	28.52
2	BROWN, Greg	1992	West Norfolk	29.48

35/39 Yrs Age Group

Place	Name	YoB	Club	Time
1	CLAPP, Oliver	1990	Deben	27.26
2	CARTER, James	1987	Newmarket	28.36

40/44 Yrs Age Group

Place	Name	YoB	Club	Time
1	FREEZER, Joseph	1985	Stowmarket	29.33

45/49 Yrs Age Group

Place	Name	YoB	Club	Time
1	BUCK, Ashley	1980	Team Anglia	29.95
2	HAWKINS, Michael	1978	Northampton	31.04
3	GIBSON, Ian	1980	Stevenage	33.83
	HIGGON-WILLIAMS, Paul	1980	Harwich DP	DNS

50/54 Yrs Age Group

Place	Name	YoB	Club	Time
1	HUNTER, Christopher	1975	Team Anglia	34.52
2	TAYLOR, Iain	1972	West Norfolk	35.67
3	TRELFORD, Phillip	1971	Co Ely	46.98

55/59 Yrs Age Group

Place	Name	YoB	Club	Time
1	EMM, Simon	1966	Colchester	30.63
2	BRITTAI, Toby	1970	Team Anglia	34.92
3	RUSSELL, Pete	1968	Team Anglia	34.94

SEER Masters 2025 - Results

EVENT 402 Open 50m Butterfly

55/59 Yrs Age Group

Place	Name	YoB	Club	Time
4	HALL, Jon	1969	Huntingdon	35.94

60/64 Yrs Age Group

Place	Name	YoB	Club	Time
1	BANWELL, Mark	1961	Co Ely	34.72
2	FRESHER, Martyn	1962	Team Anglia	35.43

65/69 Yrs Age Group

Place	Name	YoB	Club	Time
1	CHANDLER, Barry	1957	Newmarket	33.16
2	BAKER, Geoff	1959	Rochford	34.10
3	MANN, Michael	1957	Felixstowe	52.19

70/74 Yrs Age Group

Place	Name	YoB	Club	Time
1	COEKIN, Dietrich	1951	Deben	49.11

EVENT 403 Female 50m Butterfly

18/24 Yrs Age Group

Place	Name	YoB	Club	Time
1	WRIGHT, Elizabeth	2007	West Suffolk	31.25
2	MARKS, Romilly	2006	Newmarket	32.04
3	ASHWELL, Florence	2006	Tring	33.97
4	ANDREW, Celly	2001	Harlow Pen	34.21
5	JOHNSON, Rachael	2002	West Norfolk	34.47
6	NICHOLLS, Abigayle	2006	Co Norwich	34.75
7	PRESLAND, Lauren	2007	Co St Albans	37.27
8	NICHOLSON, Abigail	2006	West Norfolk	38.71
	JOHNSON, Eve	2002	Rochford	DNS

25/29 Yrs Age Group

Place	Name	YoB	Club	Time
1	GRICE, Lauren	1999	Co Ely	30.57
2	OLLINGTON, Molly	1998	Newmarket	31.65
3	STANLEY, Koren	1997	Deepings	36.43

30/34 Yrs Age Group

Place	Name	YoB	Club	Time
1	CURTIN, Olivia	1993	Stowmarket	34.81

35/39 Yrs Age Group

Place	Name	YoB	Club	Time
1	KERSHAW, Hannah	1988	Co Ely	35.61
2	HUGHES, Julie	1986	West Suffolk	39.17
3	STEGGLES, Amy	1989	Diss Otters	40.63

40/44 Yrs Age Group

Place	Name	YoB	Club	Time
1	RUSH, Shirley Ann	1984	Diss Otters	33.43
2	BESWICK, Agnieszka	1982	Newmarket	49.83
3	HANN, Kristina	1985	Colchester P	59.15
	HOLMES, Katie	1984	Harwich DP	DNS

45/49 Yrs Age Group

Place	Name	YoB	Club	Time
1	GRIGGS, Katy	1980	Clacton SC	39.22
2	WATSON, Gillian	1980	Co Norwich	42.67

SEER Masters 2025 - Results

EVENT 403 Female 50m Butterfly

50/54 Yrs Age Group

Place	Name	YoB	Club	Time
1	WALKER, Emma	1974	Newmarket	35.20
2	CLARKE, Kelly	1972	Tring	36.62

55/59 Yrs Age Group

Place	Name	YoB	Club	Time
1	DAVIS, Helen	1970	Team Anglia	32.97
2	DODDS, Tracy	1970	West Norfolk	42.07

65/69 Yrs Age Group

Place	Name	YoB	Club	Time
1	MCIVOR, Jane	1956	Rochford	58.07

70/74 Yrs Age Group

Place	Name	YoB	Club	Time
1	ROCKELL, Karen	1955	Beaver Mast	49.82

Multi-Classification by British Para-Swimming Points

Place	Name	YoB	Club	Class	Time	BPS Pts
1	HANN, Kristina	1985	Colchester P	S8	59.15	180

EVENT 404 Open 100m Backstroke

18/24 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	ANDERSON, Matthew	2002	Deben	30.19	1:02.61 32.42
2	ISLE, Harvey	2005	West Norfolk	34.06	1:10.77 36.71
3	BURRELL, Rhys	2007	West Norfolk	36.00	1:13.27 37.27

25/29 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	WELLS, Nathan	1998	West Norfolk	29.60	1:01.05 31.45
2	ALLEN, Thomas	1996	Flitwick	36.65	1:14.99 38.34

40/44 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	HOLMES, Mark	1983	Colchester P	49.37	1:41.47 52.10

45/49 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	WINTER, Peter	1980	Newmarket	46.81	1:36.49 49.68

50/54 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	SQUIRES, Andrew	1972	Team Anglia	35.36	1:13.26 37.90
	LUCAS, Rob	1971	Diss Otters		DNS

55/59 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	BUCHAN, Simon	1968	Co Norwich	34.97	1:14.24 39.27

SEER Masters 2025 - Results

EVENT 404 Open 100m Backstroke

55/59 Yrs Age Group

Place	Name	YoB	Club	50m	Time
2	ADCOCK, James	1968	Co Norwich	40.59	1:22.26 41.67
	WESTLAKE, John	1967	Kettering		DNS

60/64 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	GARRY, Robert	1964	Mildenhall	57.77	1:57.79 1:00.02

80/84 Yrs Age Group

Place	Name	YoB	Club	50m	Time
	HARPER, Philip	1945	Rochford		DNS

Multi-Classification by British Para-Swimming Points

Place	Name	YoB	Club	Class	50m	Time	BPS Pts
1	WINTER, Peter	1980	Newmarket	S10	46.81	1:36.49 49.68	209
2	HOLMES, Mark	1983	Colchester P	S14	49.37	1:41.47 52.10	176

EVENT 405 Female 100m Backstroke

18/24 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	SLADE, Morgan	2007	Tring	37.61	1:17.16 39.55
2	NICHOLSON, Abigail	2006	West Norfolk	40.57	1:23.25 42.68

25/29 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	GRICE, Lauren	1999	Co Ely	35.01	1:11.50 36.49
2	SAMPHER, Bethany	1999	Newmarket	35.26	1:12.27 37.01
3	PALMER, Bethany	1998	Co Norwich	36.53	1:16.07 39.54

40/44 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	SMITH, Sarah	1982	Co Ely	38.49	1:18.43 39.94

50/54 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	HOLLAND, Melanie	1974	Team Anglia	38.55	1:18.19 39.64

60/64 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	COTTER, Margaret	1963	Flitwick	57.33	2:01.83 1:04.50

70/74 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	LELEAN, Sally	1951	Diss Otters	59.47	1:59.65 1:00.18

SEER Masters 2025 - Results

EVENT 406 Men's/Women's 200m Freestyle

Open 18/24 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	KENDALL, Daniel	2006	Co Ely	28.52	59.75	1:31.47	2:02.97
					31.23	31.72	31.50
2	EVERITT, Sam	2007	Newmarket	30.89	1:05.56	1:41.79	2:15.20
					34.67	36.23	33.41
3	MONKS, James	2006	Tring	30.13	1:04.75	1:40.93	2:17.19
					34.62	36.18	36.26
	ADDIS, Robert	2004	West Norfolk				DNS

Open 25/29 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	LEE, Daniel	1996	Rochford	32.76	1:08.47	1:44.39	2:19.31
					35.71	35.92	34.92
2	ALLEN, Thomas	1996	Flitwick	32.73	1:08.34	1:44.85	2:19.93
					35.61	36.51	35.08

Open 30/34 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	BROWN, Greg	1992	West Norfolk	29.63	1:03.28	1:40.13	2:14.93
					33.65	36.85	34.80

Open 35/39 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	HODGSON, Iain	1989	Darlington M	29.30	1:01.27	1:34.31	2:08.86
					31.97	33.04	34.55

Open 45/49 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	IRISH, John	1980	Newmarket	33.68	1:11.51	1:51.01	2:28.96
					37.83	39.50	37.95
2	KERSLAKE, Ben	1976	Bishop Stort	34.06	1:11.99	1:50.37	2:29.04
					37.93	38.38	38.67

Open 50/54 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	HUNTER, Christopher	1975	Team Anglia	35.91	1:15.92	1:57.15	2:36.16
					40.01	41.23	39.01

Open 55/59 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	RUSSELL, Pete	1968	Team Anglia	36.54	1:16.77	1:58.42	2:39.13
					40.23	41.65	40.71

Open 60/64 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	LELEAN, Adam	1962	Diss Otters	37.18	1:17.98	1:59.08	2:39.99
					40.80	41.10	40.91

Open 65/69 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	BAKER, Geoff	1959	Rochford	38.89	1:20.84	2:03.85	2:44.56
					41.95	43.01	40.71
2	MURRAY, Ian	1957	Flitwick	39.17	1:22.36	2:05.32	2:45.97
					43.19	42.96	40.65

Female 18/24 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	JOHNSON, Eve	2002	Rochford	33.40	1:10.35	1:50.34	2:30.44
					36.95	39.99	40.10

SEER Masters 2025 - Results

EVENT 406 Men's/Women's 200m Freestyle

Female 25/29 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	STANLEY, Koren	1997	Deepings	34.44	1:13.08 38.64	1:52.81 39.73	2:30.50 37.69
2	BELLWOOD, Sophie	2000	Newmarket	39.08	1:21.17 42.09	2:04.40 43.23	2:46.43 42.03

Female 30/34 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	BEGG, Charlotte	1994	Co Cambridge	32.89	1:08.71 35.82	1:44.93 36.22	2:19.71 34.78
2	BROWN, Heather	1993	Kettering	41.06	1:26.97 45.91	2:14.63 47.66	3:00.08 45.45

Female 35/39 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	HICKMAN, Nerine	1989	Flitwick	34.91	1:14.58 39.67	1:55.94 41.36	2:37.26 41.32

Female 40/44 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	ROE, Lyndsay	1984	Kettering	34.58	1:12.72 38.14	1:52.17 39.45	2:30.22 38.05

Female 50/54 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
	TURNER, Hayley	1972	West Norfolk				DNS

Female 55/59 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	PYE, Jane	1967	Co Norwich	42.41	1:30.48 48.07	2:18.98 48.50	3:02.92 43.94

Female 65/69 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	WINTER, Sally	1960	Bishop Stort	36.71	1:16.89 40.18	1:57.54 40.65	2:37.06 39.52
2	FORDHAM, Alyson	1956	Bishop Stort	36.15	1:16.50 40.35	1:58.23 41.73	2:39.17 40.94

Female 70/74 Yrs Age Group

Place	Name	YoB	Club	50m	100m	150m	Time
1	BOXALL, Barbara	1955	Hornchurch	41.33	1:26.67 45.34	2:13.96 47.29	2:58.21 44.25

EVENT 407 Open 100m Breaststroke

18/24 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	HARRIS, Ethan	2004	Co Norwich	34.16	1:12.36 38.20
2	COLES, Jamie	2001	Harwich DP	34.64	1:14.22 39.58
3	BURRELL, Rhys	2007	West Norfolk	35.91	1:16.36 40.45

30/34 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	AGIUS, Andrea	1995	Newmarket	31.75	1:08.37 36.62

SEER Masters 2025 - Results

EVENT 407 Open 100m Breaststroke

35/39 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	CARTER, James	1987	Newmarket	33.54	1:10.78 37.24
2	WAKEFIELD, William	1989	West Norfolk	35.82	1:16.56 40.74

40/44 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	BARNACLE, James	1981	Braintree	37.96	1:19.75 41.79
2	ROE, David	1984	Kettering	45.36	1:37.13 51.77
3	HOLMES, Mark	1983	Colchester P	56.75	2:01.49 1:04.74

45/49 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	BUCK, Ashley	1980	Team Anglia	36.34	1:18.10 41.76
2	THROWER, Ben	1978	Co Norwich	38.94	1:22.85 43.91
3	GIBSON, Ian	1980	Stevenage	39.21	1:23.16 43.95
4	JOLY, Brice	1978	Flitwick	42.12	1:26.11 43.99
5	WINTER, Peter	1980	Newmarket	49.85	1:46.70 56.85
	HIGGON-WILLIAMS, Paul	1980	Harwich DP		DNS

50/54 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	TAYLOR, Iain	1972	West Norfolk	41.83	1:28.60 46.77
	LUCAS, Rob	1971	Diss Otters		DNS

55/59 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	HALL, Jon	1969	Huntingdon	43.15	1:34.10 50.95

60/64 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	FRESHER, Martyn	1962	Team Anglia	41.27	1:29.63 48.36

65/69 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	STRANDERS, Robert	1956	DunmowAtlant	51.86	1:48.24 56.38
2	MANN, Michael	1957	Felixstowe	53.66	1:54.53 1:00.87

Multi-Classification by British Para-Swimming Points

Place	Name	YoB	Club	Class	50m	Time	BPS Pts
1	WINTER, Peter	1980	Newmarket	SB9	49.85	1:46.70 56.85	211
2	HOLMES, Mark	1983	Colchester P	SB14	56.75	2:01.49 1:04.74	128

SEER Masters 2025 - Results

EVENT 408 Female 100m Breaststroke

18/24 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	WRIGHT, Elizabeth	2007	West Suffolk	37.11	1:17.79 40.68
2	GEBHARD, Gigi	2007	teamipswich	41.03	1:24.64 43.61
3	NICHOLLS, Abigayle	2006	Co Norwich	41.64	1:24.82 43.18
4	NIEL, Eleanor	2001	Newmarket	41.01	1:26.14 45.13
5	MCKAY, Caitlin	2003	West Suffolk	40.44	1:27.08 46.64
6	PITCHER, Lucy	2006	Co Norwich	43.88	1:31.30 47.42
	COLLINS, Libby	2006	West Norfolk		DNS

30/34 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	HARRIS, Maya	1995	West Suffolk	37.84	1:19.51 41.67

35/39 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	KERSHAW, Hannah	1988	Co Ely	44.05	1:31.63 47.58
2	HICKMAN, Nerine	1989	Flitwick	43.62	1:33.66 50.04

40/44 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	HANN, Kristina	1985	Colchester P	1:03.43	2:11.19 1:07.76
	HOLMES, Katie	1984	Harwich DP		DNS

45/49 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	WATSON, Gillian	1980	Co Norwich	48.09	1:38.93 50.84
2	COUPLAND, Deborah	1977	Co Norwich	53.66	1:53.72 1:00.06

50/54 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	PERRY, Sharon	1972	West Suffolk	43.84	1:33.34 49.50
2	PAIN, Stephanie	1973	East Anglian	45.31	1:37.10 51.79
3	TURNER, Hayley	1972	West Norfolk	48.06	1:40.98 52.92

55/59 Yrs Age Group

Place	Name	YoB	Club	50m	Time
1	DAVIS, Helen	1970	Team Anglia	38.28	1:21.45 43.17

Multi-Classification by British Para-Swimming Points

Place	Name	YoB	Club	Class	50m	Time	BPS Pts
1	HANN, Kristina	1985	Colchester P	SB8	1:03.43	2:11.19 1:07.76	190

SEER Masters 2025 - Results

EVENT 409 Men's/Women's 400m Individual Medley

Open 25/29 Yrs Age Group

Place	Name	YoB	Club	Time						
1	ALLEN, Thomas	1996	Flitwick	5:38.29						
	50m 36.31	100m 1:19.22	150m 2:01.99	200m 2:43.72	250m 3:32.46	300m 4:21.57	350m 5:00.53	400m 5:38.29		
		42.91	42.77	41.73	48.74	49.11	38.96	37.76		

Open 30/34 Yrs Age Group

Place	Name	YoB	Club	Time						
1	AGIUS, Andrea	1995	Newmarket	5:20.08						
	50m 32.26	100m 1:10.56	150m 1:52.96	200m 2:35.52	250m 3:19.83	300m 4:04.54	350m 4:43.18	400m 5:20.08		
		38.30	42.40	42.56	44.31	44.71	38.64	36.90		

Open 45/49 Yrs Age Group

Place	Name	YoB	Club	Time						
1	KERSLAKE, Ben	1976	Bishop Stort	6:10.85						
	50m 42.20	100m 1:31.78	150m 2:20.67	200m 3:08.98	250m 4:01.47	300m 4:53.05	350m 5:32.93	400m 6:10.85		
		49.58	48.89	48.31	52.49	51.58	39.88	37.92		

Open 50/54 Yrs Age Group

Place	Name	YoB	Club	Time						
1	TRELFORD, Phillip	1971	Co Ely	7:34.98						
	50m 52.35	100m 1:51.55	150m 2:50.21	200m 3:49.97	250m 4:52.36	300m 5:56.55	350m 6:46.21	400m 7:34.98		
		59.20	58.66	59.76	1:02.39	1:04.19	49.66	48.77		

Female 18/24 Yrs Age Group

Place	Name	YoB	Club	Time						
1	PRESLAND, Lauren	2007	Co St Albans	6:20.97						
	50m 39.33	100m 1:26.19	150m 2:13.77	200m 3:00.96	250m 3:59.58	300m 4:57.52	350m 5:39.81	400m 6:20.97		
		46.86	47.58	47.19	58.62	57.94	42.29	41.16		

Female 25/29 Yrs Age Group

Place	Name	YoB	Club	Time						
1	GRICE, Lauren	1999	Co Ely	5:33.27						
	50m 33.73	100m 1:14.71	150m 1:56.68	200m 2:40.07	250m 3:28.77	300m 4:17.25	350m 4:56.09	400m 5:33.27		
		40.98	41.97	43.39	48.70	48.48	38.84	37.18		

Female 40/44 Yrs Age Group

Place	Name	YoB	Club	Time						
	HOLMES, Katie	1984	Harwich DP	DNS						

Female 45/49 Yrs Age Group

Place	Name	YoB	Club	Time						
1	STARR, Sue	1978	Leic Peng	7:36.32						
	50m 53.46	100m 1:56.04	150m 2:57.54	200m 3:55.42	250m 4:57.72	300m 6:03.51	350m 6:52.10	400m 7:36.32		
		1:02.58	1:01.50	57.88	1:02.30	1:05.79	48.59	44.22		

Female 50/54 Yrs Age Group

Place	Name	YoB	Club	Time						
1	PERRY, Sharon	1972	West Suffolk	6:26.01						
	50m 40.90	100m 1:32.87	150m 2:22.35	200m 3:14.67	250m 4:07.63	300m 5:01.39	350m 5:44.09	400m 6:26.01		
		51.97	49.48	52.32	52.96	53.76	42.70	41.92		

Female 65/69 Yrs Age Group

Place	Name	YoB	Club	Time						
1	LUTHER, Eileen	1958	Rochford	7:30.55						
	50m 52.14	100m 1:52.39	150m 2:47.59	200m 3:42.81	250m 4:47.86	300m 5:53.10	350m 6:41.88	400m 7:30.55		
		1:00.25	55.20	55.22	1:05.05	1:05.24	48.78	48.67		