

Swim England East Region Discipline Leadership Group Development Plans 2025

Artistic Swimming Leadership Group:

Regional Grading Days

We plan to hold grading days in January, April, July, November & December.

Regional Squad Training for and attending Regional Games

We plan to hold 2 regional games training sessions before the competition in May and then another 2 training sessions at the end of the year for preparing for 2026 Regional Games.

Judge Level 1 Course

To be held either in person or online, tutor preference. Level 2 and 3 judge courses are held nationally and with the new World Aquatics rules coming into play, tutors will be limited so will be offered to clubs.

Scorers Course

This is to be held in person aiming for one course in the year. Due to the new scoring system coming into force, Chief Recorders are being asked to put on courses in their own region.

Regional Development Package

The Artistic Swimming Leadership Group have offered a range of packages to each region. We as a region have decided that the most beneficial to us would be the offer for an Olympian Masterclass.

Annual National Conference

Clubs are encouraged to attend this at the end of each year to ensure that we are up to date on all things Artistic Swimming, aimed at coaches and judges.

Disability Swimming Leadership Group:

Regional Training Days:

The East Region Disability Swimming Leadership Group will deliver three training camps/days across the year, as per the guidance from Swim England and the development pathways set out. These camps traveling around the region across the year, to ensure they are accessible to all within the region.

Diving Leadership Group:

Development plans will provide an education pathway for all technical officials. An Announcers Course will be provided for volunteers. This will lead to appropriate qualification, recognition and expand our base of technical officials.

A coach will be financially supported to complete the course to become a tutor. Diving has very few tutors nationally and none from the East Region severely restricting the training and development of new coaches.

Camps will be held for athletes and coach development. Highly regarded experts from the diving world will be used to provide accurate and up to date skill chains.

In addition to the traditional courses and camps we will provide workshops and CPDs covering 'hot topics' highlighted by coach requests. These will cover areas where experience and knowledge are lacking helping to boost confidence and develop our coaches. New ideas in coaching techniques and the expectation of divers will be covered.

Masters Swimming Leadership Group:

The development day aims to cover a wide range of activities intended to improve the knowledge and understanding about the needs of athletes in this sport which our masters' swimmers might otherwise not get the chance to participate in. This includes fitness, diet and swimming techniques.

Improving communications within the Regional Masters Membership by producing a newsletter and by regularly updating news on the website.

Open Water Swimming Leadership Group:

In May/June it is intended to provide a focused development training day for aspiring regional open water swimmers aged 12–18, integrating both theoretical and practical training. The training will help develop core open water swimming techniques and build confidence and familiarity with open water environments. The day aims to equip young swimmers with essential open water skills and inspire their club coaches to integrate these techniques into their training programs, fostering a stronger competitive open water community across the region.

During early 2025 we wish to encourage prospective officials new to the discipline, to undertake training toward becoming an open water technical official. There will be multiple opportunities for individuals to participate in an online classroom theory course, following which participants will then require practical experience to be gained at regional events before being signed-off, if the required standard is met. Online theory course dates TBN.

Our aim this year is to also encourage existing OWTO qualified officials to continue their development onwards, by working towards taking the OW referee exam and practical assessment.

Swimming Leadership Group:

As the middle tier of a tripartite structure of national, regional and county, the region will provide development opportunities to athletes in accordance with the national talent pathway.

Regional Talent Camp

This will accommodate 12 year old swimmers, aligning with the National Talent Pathway.

Regional Bursaries:

The Region has a Talent Athlete Bursary Scheme in place to part fund the participation of East Region athletes on National Programmes or Elite Activity. The region will continue to support this.

Coaches Forum:

We continue to see the value of getting together some selected coaches from different areas of the region, to share and consult their views on a wide range of matters. These will continue online and therefore will have no cost for the region.

Swimming Officials Leadership Group:

Development of Referees	
<u>Area/ Objective</u>	<u>Activity</u>
Regional AGB Referee Trainee candidates provided with extra theory training opportunities by referee course leaders at venue in the region. <i>This will be dependent on how many apply for the training nationally from within the region.</i> <u>(Consideration to candidates from outside ER subject to an administration charge payable £50.00)</u>	Arrange 4 structured days of training centrally, offered to all applicants within the region <u>subject to approval by their course leader</u> , providing a minimum of 3 regional candidates agree to attend the first training session. Expenses payable to presenters. Room hire costs.
BS Referee Central Examination each year in November & resit in May if required.	Travel and room hire costs payable to the Invigilator, examinations held at a central venue.

(Only if AGB require it to be held centrally)	
Referee practical poolside assessments following candidates that passed examinations, provision of paying travelling costs for two assessors each assessment.	Expenses payable to the assessors, who assist.
Online Referee refresher CPD's as and when required during the year.	Presenters to provide online training in connection with duties and information required for their training and updates requested by AGB or SE.
Para Swimming CPD	
Area/ Objective	Activity
A minimum of two opportunities each year officials to attend an online presentation for AGB CPD "Introduction to officiating at events that include swimmers with a disability".	Held in addition to any training requirement at the Regional Para swimming championships.
Licensed Swimming Technical Officials	
<p>To encourage licensing and retaining current licensed STO's to enable the Regional Swimming Championships to continue as required by SE licensing criteria.</p> <p>Licence is valid for a 4-year period; SOG approved criteria for identifying and selecting officials who regularly help out at the regional championships to pay the renewal cost of registration fee.</p>	<p>Achieve sufficient licensed officials to continue to run the Regional meets.</p> <ul style="list-style-type: none"> Pool of Licensed STO's to be created for regional galas This will also assist local clubs and counties in recruiting licensed STO's to run meets within the counties Renewal fee £5.00 payable by region
<p><i>The criteria – Official volunteers to qualify, would have to officiate at the Licensed Regional Championships a minimum of two full days or six separate sessions in the preceding 12 months when the licence is due for renewal.</i></p>	
Workforce/Volunteer Development	
Technical Swimming Official Development	
<p>Continue to develop a comprehensive programme of official education in line with the AGB programme to increase the number of active officials at all levels for the benefit of club county, region and national bodies.</p>	
Intention	Action
<ul style="list-style-type: none"> Increase the number of registered officials at Judge L1, JL2 and JL2S Delivery of structured JL2 & JL2S theory courses online within the region (nationally this is seen as good practice with a common message delivered by the East). Ensure continuous development of existing officials and to enable them to meet the requirements of the licensing scheme Mandatory CPD's of WA Rules Updates Ensure that the officials and courses pages on the regional website is up to date and informative Ensure that regional SOLG minutes provide information/procedure updates to anyone reading them. 	<ul style="list-style-type: none"> Counties to actively encourage volunteers to participate by facilitating AGB courses Delivery by SOLG members and specialist identified officials. Updating officials and enable them to obtain or renew a AGB licence To continue to upskill members and provide them with new information/ procedures. Regional Manager to update the regional website and update minutes of meetings

Water Polo Leadership Group:

Yearly, we work to put on either a club or Regional level table officials and referees course. These are tried to be put on to coincide with a water polo event so people will already be at that venue.

The leadership group actively signpost clubs to send their members to the team managers and safeguarding courses.

To hold a Grand Prix club competition to give those players the opportunity to play competitive water polo for the 1st claim club and friends.

Will continue to run monthly regional training sessions where players can come together to train and work towards selection to represent the East Region in the Inter Regional Competition.