

Programme

Session 1 on Friday 19th April at 6:30 pm

EVENT 111 Mixed 800m Freestyle

1. Leo Sims	11	Hatfield	11:23.64	53. Francesca Howell	16	Chelmsford	9:39.06
2. Olivia Wicks	12	Norwich Swan	11:22.40	54. George Saunders	14	Team Luton	9:39.00
3. Todd Leung	12	Hatfield	11:21.88	55. Perrin Ma	13	Hatfield	9:38.95
4. Skye Freeman	12	Norwich Swan	11:19.80	56. Cailin Hehir	16	Watford SC	9:37.68
5. Brooke Ptolomey	12	Putteridge	11:18.30	57. Niccolo Camilotti	14	Hatfield	9:37.65
6. Isla Caley	12	Watford SC	11:16.95	58. William Hughes	14	Basildon Ph	9:36.37
7. George Sims	11	Hatfield	11:16.89	59. Francesca Barber	15	Co Norwich	9:35.34
8. Matilda Sharpe	12	Co Norwich	11:16.30	60. Haiden Hall	14	Deben	9:33.40
9. Riccardo Di Maria	12	Co Norwich	11:09.70	61. Oliver Fuller	14	Co Cambridge	9:30.96
10. Apollo Pop	11	Chelmsford	11:05.10	62. Cheuk-Kin Lau	14	Co St Albans	9:30.01
11. Hugo Harley	12	Watford SC	11:04.25	63. Gabriella Troman	15	teamipswich	9:29.79
12. Eliza Jennings	12	Biggleswade	11:04.10	64. Patryk Nowak	14	Co Peterboro	9:29.08
13. Bobby Bennett	12	Basildon Ph	10:53.15	65. Max Walters	15	Watford SC	9:29.00
14. Cerys Wall	12	Co Cambridge	10:50.80	66. Lisa Leinemann	17	Chelmsford	9:28.00
15. San Choi	12	Co Cambridge	10:49.93	67. Oliver Fenwick	15	Team Luton	9:26.20
16. Nieve Ives	12	Hatfield	10:47.31	68. Jamie Wilson	15	West Norfolk	9:24.10
17. Mia Wilson	12	Basildon Ph	10:46.30	69. Ever Ives	15	Hatfield	9:23.69
18. Sydney Lewis	12	Colchester	10:44.70	70. Callum Merrill	15	Chelmsford	9:23.64
19. Alice Buckingham	11	Team Luton	10:44.50	71. Csanad Rehus	15	Co Peterboro	9:23.30
20. Violet Freezer	12	teamipswich	10:39.30	72. Ashton Blake	15	Basildon Ph	9:19.30
21. Charlotte Stewart	12	Co St Albans	10:39.19	73. Ellie Barth-Wehrenalp	14	Basildon Ph	9:19.29
22. Montgomery Brewster	12	Watford SC	10:29.98	74. Amelia Fenner	14	Basildon Ph	9:18.47
23. Finley Burford	12	Basildon Ph	10:25.80	75. Sadie Hunter	16	Co Peterboro	9:14.62
24. Kameron Baker	13	Co Peterboro	10:23.76	76. Anthony Ganchev	15	Chelmsford	9:14.25
25. Adam Hart	13	Witham Dolph	10:23.00	77. Sophie Dowding	17	teamipswich	9:12.12
26. Nicholas Mitroi	13	Thurrock	10:22.69	78. Alexa Mann	18	Chelmsford	9:11.45
27. Jacob Chen	13	Watford SC	10:22.42	79. Oscar Hunter	15	Norwich Swan	9:09.30
28. Ethan Knights	13	teamipswich	10:22.30	80. Kieran Ng	14	Co Peterboro	9:08.77
29. Ethan Woolsey	13	St Neot Swan	10:16.20	81. Chloe Barnard	15	Basildon Ph	9:07.87
30. Mia Nelson	13	Cheshunt	10:14.41	82. Jasmine Hall	14	Basildon Ph	9:07.74
31. Alexa Ramirez	13	Basildon Ph	10:14.34	83. Adam O'Neal	16	Bedford SS	9:07.60
32. Millie Tomlin	13	Basildon Ph	10:12.80	84. Talia Staines	22	Team Luton	9:05.30
33. Jorja Atkinson	13	Co Cambridge	10:12.33	85. Annie McLeod	16	Putteridge	9:04.73
34. Amira Khelfa	13	Basildon Ph	10:10.88	86. Kian Lee	16	Co Peterboro	8:59.95
35. Byron Miller	13	teamipswich	10:08.40	87. Conor Mint	15	Basildon Ph	8:58.88
36. Isaac Mendham	13	Chelmsford	10:08.32	88. George Carter	16	Co Cambridge	8:58.69
37. Xavier Zerban	13	Biggleswade	10:06.80	89. Charlie McKinnon	17	St Felix Sch	8:56.31
38. Ayla Zolfaghari	13	Epping For't	10:05.12	90. Jacob Bacon	14	Co Peterboro	8:56.28
39. Ivan Ijmoni	13	Thurrock	10:02.47	91. Daniel Thompson	17	Thurrock	8:54.16
40. Chloe Cranny	13	Epping For't	10:01.62	92. B Macdonald-Williams	16	Bishop Stort	8:54.08
41. Daisy Jubb	14	Co St Albans	9:57.55	93. Luke Martell	18	Watford SC	8:51.70
42. Lucy Clarke	14	Chelmsford	9:52.26	94. Robert Fenner	16	Basildon Ph	8:49.71
43. Janos Csepely	13	teamipswich	9:49.80	95. Reece Burns	16	Chelmsford	8:47.29
44. Megan Barnicoat	13	Bedford SS	9:48.60	96. Daniel Moyses	18	Co Peterboro	8:46.70
45. Constantine Calliafas	13	Watford SC	9:48.27	97. Cait Cotter	17	Chelmsford	8:46.55
46. Emma Cushion	14	Co Peterboro	9:46.49	98. Orlando Dearing	16	Co Peterboro	8:43.60
47. Eveline Gaydon	15	Colchester	9:43.30	99. George Hooper	17	Co St Albans	8:42.99
48. Lily Hayward	16	Epping For't	9:40.56	100. Jack Swindale	16	Co Peterboro	8:37.25
49. Amelia Saunders	16	St Felix Sch	9:40.32	101. Ryan Wall	17	Co Cambridge	8:33.90
50. Anabelle Kett	15	Co Peterboro	9:39.77	102. Daniel Belsey	16	Hatfield	8:31.50
51. Keira-Mae Ingram	17	Co St Albans	9:39.38	103. Patch Robinson	17	teamipswich	8:31.30
52. Charlie Duce	15	Bedford SS	9:39.30	104. Daniel McGuinness	18	Basildon Ph	8:29.06

Programme

Session 2 on Saturday 20th April at 8:45 am

EVENT 211 Female 200m Butterfly

1. Katie Bidgood	15	Chelmsford	2:48.18	24. Lily Murrell	15	Norwich Swan	2:33.47
2. Grace Armstrong	15	Dunstable	2:46.72	25. Anouk Zecchini	18	Co Cambridge	2:31.96
3. Amy Witton	15	Hatfield	2:43.76	26. Poppy Magill	16	Putteridge	2:31.80
4. Isabella Savage	15	Potters Bar	2:43.53	27. Antonia Elias	15	Hatfield	2:31.00
5. Bethany Crawley	16	teamipswich	2:43.22	28. Eleanor McLeod	16	Putteridge	2:30.86
6. Angelica Lazauskaite	16	Watford SC	2:43.14	29. Ever Ives	15	Hatfield	2:30.81
7. Charlotte Low	15	Chelmsford	2:42.60	30. Amy Boreham	18	Watford SC	2:30.60
8. I Stratton-Thomsett	15	Colchester	2:42.39	31. Louise Webster	17	Thurrock	2:30.20
9. Melike Dagdelen	15	Putteridge	2:40.00	32. Lexie Goodman	17	Basildon Ph	2:29.23
10. Yasmine Ollerenshaw	15	Flitwick	2:39.82	33. Sophie Dowding	17	teamipswich	2:29.23
11. Eloise Conway	24	Halstead	2:39.71	34. Daisy Manning	16	Basildon Ph	2:28.66
12. Genevieve White	16	Co Cambridge	2:39.44	35. Isabella Porzio	20	Putteridge	2:27.87
13. Eveline Gaydon	15	Colchester	2:38.80	36. Hollie Hawkins	17	Basildon Ph	2:26.30
14. Esmie Kidman	18	West Norfolk	2:38.66	37. Annie McLeod	16	Putteridge	2:25.83
15. Mia Gray	16	Norwich Swan	2:38.43	38. Eloise Cole	16	Bedford SS	2:24.50
16. Chloe Alton	16	Potters Bar	2:38.20	39. Lara Treharne	17	Co Peterboro	2:24.46
17. Scarlett Joslin	17	Co Cambridge	2:37.96	40. Lexie O'Connor	17	Basildon Ph	2:24.42
18. Molly Burrows	15	Co Peterboro	2:36.68	41. Hannah Willis	19	Co Peterboro	2:23.40
19. Kate Hopper	17	Berkhamsted	2:36.50	42. Charlotte Smith	17	Norwich Swan	2:22.10
20. Mia Macklin	16	Braintree	2:36.13	43. Chloe Barnard	15	Basildon Ph	2:21.96
21. Amelia Saunders	16	St Felix Sch	2:34.77	44. Sadie Hunter	16	Co Peterboro	2:18.40
22. Olivia Greenall	15	Co Norwich	2:33.90	45. Matilda Ransome	18	Co Cambridge	2:17.20
23. Hollie Gilbertson	15	Co Norwich	2:33.73	46. Skye Carter	17	Basildon Ph	2:16.80

EVENT 212 Open/Male 50m Backstroke

1. Jack Beer	15	Linslade	30.70	31. Lewis Chapman	23	Stowmarket	28.88
2. Parker Brewster	15	Harpenden	30.56	32. Samuel Rose	21	West Norfolk	28.82
3. William Leese	16	Co Cambridge	30.36	33. Jake Moore	18	Watford SC	28.70
4. Thomas Robb	16	Halstead	30.35	34. Ethan Thorpe	15	Basildon Ph	28.70
5. Oliver Davey	15	Co Cambridge	30.35	35. Oliver Frame	19	Norwich Swan	28.70
6. Finlay Roberts	15	Witham Dolph	30.29	36. Toby Martin	17	Harpenden	28.70
7. James Clarke	16	Co Norwich	30.18	37. Jacob Hayes	17	Bishop Stort	28.69
8. Kabir Patel	15	Potters Bar	29.95	38. Zak Fellows	15	Co St Albans	28.68
9. Robert Fenner	16	Basildon Ph	29.78	39. Oliver Smith	17	Basildon Ph	28.60
10. Spencer Battisson	16	Team Waveney	29.77	40. Marton Molnar	15	Co Cambridge	28.59
11. Lazaros Giarenis	15	Co Norwich	29.66	41. Rufus Bennett	16	Co Peterboro	28.58
12. Dylan Davenport	15	Bishop Stort	29.63	42. Ronnie Edwards	16	Rochford	28.30
13. Jude Staton	16	March	29.61	43. Joshua Parker	15	Braintree	28.10
14. Theo Bari	16	Saffron Wald	29.60	44. Nathan Close	18	Bedford SS	28.04
15. Naim Harvey	16	Basildon Ph	29.51	45. Alexander Kalverboer	18	Co St Albans	27.93
16. Inhensiko Peterson	16	Bishop Stort	29.40	46. Harrison Shaw	17	Flitwick	27.87
17. Jan Beblot	15	Norwich Swan	29.30	47. Ashley Coombs	23	Bushy	27.86
18. Daniel Turner	16	Team Waveney	29.29	48. Oliver Baskerville	16	Hatfield	27.69
19. Rafferty May	16	Watford SC	29.25	49. Ethan Martin	19	Thurrock	27.66
20. James Renton	18	Watford SC	29.24	50. Danylo Kravchenko	15	New Hall	27.62
21. William Murfitt	18	Biggleswade	29.22	51. Joshua Shepherd	16	Thurrock	27.26
22. Joshua Hutchinson	17	Harlow Pen	29.17	52. Matthew Monie	19	Co Cambridge	27.23
23. Cameron Jones	18	Bedford SS	29.16	53. Nathaniel Mapley	18	Co St Albans	27.20
24. Rufus Carr	16	St Felix Sch	29.12	54. Matthew Gray	24	Co Peterboro	27.10
25. Hayden Thornhill	18	Hoddesdon	29.08	55. Joseph McGillivray	19	Co Norwich	27.09
26. Jack Osborne	17	Deben	29.07	56. Ryan Close	16	Bedford SS	27.07
27. Gagan Singh	18	Co Peterboro	29.02	57. Ashton Redhead	17	teamipswich	27.00
28. Sean Connolly	16	Epping For't	28.95	58. Tobias Oglesby	20	West Norfolk	25.44
29. Ewan Thompson	18	St Ives	28.92	59. Nathan Wells	26	West Norfolk	25.39
30. Freddie Gardner	18	Thurrock	28.90	60. Maddox Roberts	18	Witham Dolph	25.21

Programme

EVENT 213 Female 50m Freestyle

1. Charlotte Ryan	24	Runnymede	S6	54.11	46. Erin Woodrow	17	West Norfolk	27.86	
2. Ida Corcoran	15	Flitwick	S9	38.97	47. Lucy Young	19	Biggleswade	27.80	
3. Ziva Barrick	15	Colchester P	S10	37.64	48. Amelia Lewis	15	teamipswich	27.80	
4. Abigail Wickens	17	Flitwick	S8	37.18	49. Sarah O'Brien	28	West Norfolk	27.80	
5. Mwaba Mkwasa	19	Norwich Swan	S8	36.40	50. Emma Fields	18	Bishop Stort	27.76	
6. Lily Herring	16	Norfolk Vikg	S10	35.70	51. Ellie-Rose Lyon	17	Co Norwich	27.70	
7. Antonia Elias	15	Hatfield		29.12	52. Jessica Medlicott	17	Dunstable	27.70	
8. Lola Wonfor	15	New Hall		29.10	53. Millie Harris	16	West Norfolk	27.70	
9. Alicia Morton	15	Basildon Ph		29.01	54. Bethany Rumsby	15	Norwich Swan	27.70	
10. Lucy Peterson	15	Stevenage		29.00	55. Phoebe Howard	17	Norwich Swan	27.69	
11. Niamh Chambers	15	DunmowAtlant		29.00	56. Evelyn Dixon-Minter	19	Deben	27.62	
12. Lyla Fello	15	Co Norwich		28.90	57. Evelyn Clarke	16	Witham Dolph	27.60	
13. Emilia Johnson	15	St Felix Sch		28.90	58. Olivia Greenall	15	Co Norwich	27.50	
14. Kwan Yi Chan	15	Bishop Stort		28.85	59. Vanesa Cimermanova	16	Co Peterboro	27.40	
15. Charlotte Pound	15	Putteridge		28.80	60. Jessica-Jane Applegate	28	Co Norwich	S14	27.40
16. Michelle Shadipe	15	New Hall		28.80	61. Katie Andrews	20	Norwich Swan	27.40	
17. Martha Bentley	15	Epping For't		28.78	62. Imogen Duffen	18	Co Cambridge	27.32	
18. Isabella Savage	15	Potters Bar		28.75	63. Nicole Maynard	15	Basildon Ph	27.30	
19. Honor Beverstock	15	Hatfield		28.74	64. Charlotte Smith	17	Norwich Swan	27.26	
20. Weronika Mikolajewska	16	Co Peterboro		28.71	65. Ruby Wheeler	18	Basildon Ph	27.20	
21. Jade Reed	15	Co Norwich		28.70	66. Grace Robinson	15	St Felix Sch	27.20	
22. Lily Farr	16	Flitwick		28.70	67. Georgina Munday	20	Co Norwich	27.20	
23. Elena Stent	16	Basildon Ph		28.70	68. Georgia Holgate	17	Co Cambridge	27.19	
24. Francesca Barber	15	Co Norwich		28.61	69. Daisy Russell	16	DunmowAtlant	27.10	
25. Holly Underdown	15	Braintree		28.60	70. Erin Currie	16	Hatfield	27.10	
26. Miley Wilson-Mansfield	15	Newmarket		28.58	71. Katerina Di Maria	16	Co Norwich	27.10	
27. Sophie Holliss	16	Co St Albans		28.52	72. Shahd Mohamed	17	Co Peterboro	27.01	
28. Melike Dagdelen	15	Putteridge		28.50	73. Amara Addison	17	Norwich Swan	27.00	
29. Amelia Porzio	16	Putteridge		28.50	74. Charlotte Williams	18	Hatfield	26.90	
30. Emily Pitcher	16	Norwich Swan		28.40	75. Jasmine Carter	15	Basildon Ph	26.90	
31. Abigail Riches	16	Co Norwich		28.40	76. Megan Pye	22	Co Norwich	26.80	
32. Cailin Hehir	16	Watford SC		28.30	77. Olivia Minett	16	Co Peterboro	26.78	
33. Sophie Stelmach	15	Stevenage		28.30	78. Connie Davies	18	Deben	26.71	
34. Anabelle Kett	15	Co Peterboro		28.30	79. Francesca Baber	18	Co Cambridge	26.70	
35. Isabel Thomas	16	Newmarket		28.13	80. Sophie Palmer	15	Basildon Ph	26.70	
36. Adrija Raudonyte	16	Newmarket		28.10	81. Jessica Shaw	19	Co Peterboro	26.70	
37. Isabelle Cameron	17	Co Peterboro		28.10	82. Alexa Mann	18	Chelmsford	26.60	
38. Ruby Chapman	18	Norwich Swan		28.10	83. Matilda Bogle	18	teamipswich	26.57	
39. Gabriela Gomez Pavon	17	Potters Bar		28.06	84. Laura Burgess	18	Bishop Stort	26.55	
40. Anna-Lucia Fenner	18	Basildon Ph		28.00	85. Abigail Crawley	19	teamipswich	26.41	
41. Katie Jeffrey	20	Hatfield		28.00	86. Eloise Cole	16	Bedford SS	26.30	
42. Megan Gray	17	Hatfield		27.90	87. Grace Greenhalf	17	Co Norwich	26.20	
43. Ruby Greenhalf	19	Co Norwich		27.90	88. Ellen Duffield	17	teamipswich	26.10	
44. Imola Jozsa	18	Hatfield		27.90	89. Skye Carter	17	Basildon Ph	24.30	
45. Amy Meyer	15	Biggleswade		27.90						

EVENT 214 Open/Male 100m Breaststroke

1. Stephane Rouyer-Brown	27	Runnymede	SB14	1:47.07	17. Louis Brown	16	Runnymede	1:14.80
2. Oliver Shergold	26	Colchester P	SB8	1:35.20	18. Juan Modolell	16	Co Cambridge	1:14.79
3. Harry Arnold-Pepper	16	Co Cambridge	SB8	1:22.24	19. Finlay Roberts	15	Witham Dolph	1:14.49
4. Corey Hare	18	teamipswich	SB14	1:18.49	20. Connor Rickard	16	March	1:14.36
5. Oliver Fenwick	15	Team Luton		1:17.05	21. Ayobami Akindele	16	Thurrock	1:14.17
6. Toby Flood	15	Thefford		1:16.95	22. Kian Lee	16	Co Peterboro	1:13.72
7. Harry Johnson	15	Saffron Wald		1:16.87	23. Cillian O'Brien	16	Co Ely	1:13.47
8. Jack Peters	15	Basildon Ph		1:16.81	24. Joshua Jones	15	West Norfolk	1:13.40
9. Lucas Moxon-Booth	15	Flitwick		1:16.80	25. George Jones	15	Harlow Pen	1:13.20
10. Theo Smith	15	Hitchin		1:16.41	26. Maximus Atkin	15	Linslade	1:12.90
11. Dmitrijs Gracovs	15	Harlow Pen		1:16.22	27. Andrew Macdonald	30	Stevenage	1:12.50
12. Jeremy Godwin	15	Thurrock		1:16.20	28. James Renton	18	Watford SC	1:12.50
13. Nonso Nwabueze	15	Bo Southend		1:15.99	29. Benjamin Every	16	St Felix Sch	1:12.36
14. Thomas Baxter	15	West Norfolk		1:15.24	30. George Little	16	Bedford SS	1:12.30
15. Berkley Barnicoat	15	Bedford SS		1:14.87	31. Joshua Marshall	19	St Ives	1:12.27
16. Frank Lamb	15	Co Peterboro		1:14.82	32. Samuel Everett	17	West Suffolk	1:12.18

Programme

33. Daniel De Filippo	15	Flitwick	1:11.90	64. Matthew Gray	24	Co Peterboro	1:08.50
34. Alexander Ball	17	Potters Bar	1:11.88	65. Harvey Durham	16	Co Norwich	1:08.40
35. Lazaros Giarenis	15	Co Norwich	1:11.82	66. Charlie Ruddell	15	teamipswich	1:08.40
36. Luka Gnjatovic	17	Biggleswade	1:11.70	67. Samuel Winslow	17	Co Cambridge	1:08.34
37. Jeffrey Gill	17	Watford SC	1:11.48	68. George Prince	16	Putteridge	1:08.23
38. Robert Elliston	18	Braintree	1:11.35	69. Billy Mead	19	Linslade	1:08.21
39. Robert Fenner	16	Basildon Ph	1:11.34	70. Christopher Howe	19	Co Cambridge	1:08.17
40. Samuel Howard	17	Hoddesdon	1:11.21	71. Cub Maddison	18	Harpenden	1:08.15
41. Austin Harrop	18	Co Cambridge	1:11.11	72. Benjamin Taggart	17	Watford SC	1:07.96
42. P Gurev-Markovachev	18	Co Peterboro	1:10.76	73. Josh Martin	18	Co Peterboro	1:07.81
43. Thomas Spelman	17	Stowmarket	1:10.48	74. Charlie McKinnon	17	St Felix Sch	1:07.74
44. Rhys Burrell	17	West Norfolk	1:10.38	75. William Presland	19	Bushey	1:07.42
45. Riley Hall	17	Co Cambridge	1:10.30	76. James Noble	22	Norwich Swan	1:07.40
46. Samuel Jeffrey	17	Hatfield	1:10.22	77. Timon Chapman	22	Norwich Swan	1:07.09
47. Gagan Singh	18	Co Peterboro	1:10.17	78. Jack Renouf	18	Hoddesdon	1:07.00
48. Adam Hazlewood	20	Putteridge	1:09.89	79. Lewis Chapman	23	Stowmarket	1:06.91
49. Sam Mead	22	Linslade	1:09.88	80. Glennon Lee	18	Harlow Pen	1:06.70
50. Jack Webb	16	Witham Dolph	1:09.87	81. Lewis Marston	22	Runnymede	1:06.70
51. Daniel Boboye	17	DunmowAtlant	1:09.78	82. Daniel Holliss	18	Co St Albans	1:06.40
52. Szymon Pierzecki	15	Witham Dolph	1:09.76	83. Reece Burns	16	Chelmsford	1:06.10
53. Chun Ho Chan	15	Watford SC	1:09.70	84. Lewis Andrews	17	Norwich Swan	1:06.10
54. Jake Moore	18	Watford SC	1:09.58	85. Daryl Rands	27	Colchester	1:06.00
55. Harrison Holmes	19	Team Waveney	1:09.54	86. Finlay Ryan	25	West Norfolk	1:05.90
56. Lucas Hartley	17	Hatfield	1:09.41	87. Saxon Minto	16	Chelmsford	1:04.80
57. Austin Everitt	18	Norwich Swan	1:09.23	88. Ben Buckley	17	Co Norwich	1:04.70
58. Luke Payne	20	Hatfield	1:09.20	89. Joshua Sackree	16	Co Peterboro	1:04.37
59. Matthew McLaughlin	31	DunmowAtlant	1:09.06	90. Edward Ormsby	17	Co Cambridge	1:04.21
60. Henry Mann	16	Norwich Swan	1:08.90	91. Thomas Hamilton	23	Co Cambridge	1:02.96
61. James McGettigan	15	Thurrock	1:08.70	92. Lawrence Palmer	32	Putteridge	1:00.23
62. George Lovelock	19	Hitchin	1:08.60	93. Olivier Vedrenne	19	Co Norwich	59.56
63. Judah Subba	17	Co St Albans	1:08.60					

Programme

Session 3 on Saturday 20th April at 10:45 am

EVENT 221 Female 200m Breaststroke

1. I Stratton-Thomsett	15	Colchester	2:58.93	30. Amy Boreham	18	Watford SC	2:45.89
2. Jade Reed	15	Co Norwich	2:58.71	31. Caitlin Richardson	19	Norwich Swan	2:45.60
3. Lyla Flello	15	Co Norwich	2:58.09	32. Jessica Sanford	19	Norwich Swan	2:45.47
4. Paige Warren	15	Woodham F SC	2:57.95	33. Amelia Murphy	17	Witham Dolph	2:44.81
5. Isla Black	15	Co St Albans	2:57.60	34. Elizabeth Wright	17	West Suffolk	2:44.08
6. Molly Seymour	15	Hoddesdon	2:56.03	35. Mia Lowe	17	Basildon Ph	2:43.30
7. Summer Buckland	15	Harlow Pen	2:54.73	36. Yan Ting Emily Pak	15	Co Cambridge	2:42.93
8. Eloise Collins	15	West Norfolk	2:54.62	37. Isabella Porzio	20	Putteridge	2:42.34
9. Jemima Kimber	16	Linslade	2:54.61	38. Ellie Smith	16	Co Norwich	2:41.81
10. Mercy Adeoye	15	Hatfield	2:53.49	39. Ella Greatbatch	16	Bishop Stort	2:39.80
11. Sadie Rowe	17	Colchester	2:52.94	40. Lexie O'Connor	17	Basildon Ph	2:39.75
12. K Sutika-Totlebena	16	West Norfolk	2:52.70	41. Clementine Lovell	15	teamipswich	2:39.50
13. Bethany Crawley	16	teamipswich	2:52.26	42. Georgina Hamilton	16	Co St Albans	2:39.34
14. Chloe Simpson	18	Watford SC	2:51.57	43. Megan Gray	17	Hatfield	2:38.59
15. Kiera Broad	16	West Suffolk	2:51.56	44. Daisy Mixer	18	Norwich Swan	2:38.30
16. Molly Bartup	16	Cheshunt	2:50.86	45. Charlisse Harding	15	Norwich Swan	2:38.10
17. Mia Gray	16	Norwich Swan	2:50.37	46. Ellen Eccleston	17	Co Norwich	2:37.20
18. Lisa Leinemann	17	Chelmsford	2:50.10	47. Rebecca Keetley	20	Co Cambridge	2:36.93
19. Lara Treharne	17	Co Peterboro	2:49.64	48. Gracie Parker	16	Basildon Ph	2:36.80
20. Weronika Mikolajewska	16	Co Peterboro	2:49.40	49. Sarah O'Brien	28	West Norfolk	2:36.75
21. Summer Evason	15	Watford SC	2:49.38	50. Jasmine Carter	15	Basildon Ph	2:35.60
22. Yasmin Meadows	18	Co St Albans	2:49.34	51. Lilly Davis	17	Co Peterboro	2:34.75
23. Molly Grieve	19	Colchester	2:49.11	52. Chloe Butler	20	St Ives	2:33.93
24. Olivia Riley	18	Hatfield	2:49.01	53. Sophie Payne	22	Putteridge	2:33.60
25. Hannah Lovelock	16	Hitchin	2:48.92	54. Ruby Wheeler	18	Basildon Ph	2:33.18
26. Alice Watts	16	Co Cambridge	2:48.87	55. Isabelle Cameron	17	Co Peterboro	2:32.63
27. Anna-Lucia Fenner	18	Basildon Ph	2:47.94	56. Molly Monk	20	Co Norwich	2:32.20
28. Isabel White	15	Biggleswade	2:47.30	57. Caitlin Hartley	20	Hatfield	2:28.10
29. Holly Larbey	17	Biggleswade	2:46.90					

EVENT 222 Open/Male 100m Butterfly

1. Mark Evens	28	Hitchin	S14	1:17.84	30. Maxwell Hozier	15	Hoddesdon	1:02.81
2. Harry Arnold-Pepper	16	Co Cambridge	S9	1:14.71	31. Sean Connolly	16	Epping For't	1:02.57
3. Emmanuel Kolobius	15	Team Luton		1:06.44	32. Daniel De Filippo	15	Flitwick	1:02.50
4. James McGettigan	15	Thurrock		1:06.41	33. Harry Cooper	16	Bo Southend	1:02.29
5. Alfie Rowland	15	Stowmarket		1:06.29	34. Daniel Williams	16	Hatfield	1:01.94
6. Jeremy Brailsford	15	Maldon Shark		1:06.10	35. Marcus King	16	Putteridge	1:01.90
7. Isaac Buchan	15	Co Norwich		1:05.90	36. Frank Jacob	15	Co Cambridge	1:01.90
8. Samuel Chamberlain	15	West Suffolk		1:05.51	37. Oscar Hunter	15	Norwich Swan	1:01.71
9. Dmitrijs Gracovs	15	Harlow Pen		1:05.40	38. Ethan Thorpe	15	Basildon Ph	1:01.70
10. Anthony Ganchev	15	Chelmsford		1:05.40	39. Dylan Nutt	25	DunmowAtlant	1:01.64
11. Conor Mint	15	Basildon Ph		1:05.34	40. Daryl Rands	27	Colchester	1:01.59
12. Corey Hare	18	teamipswich	S14	1:05.29	41. Judah Subba	17	Co St Albans	1:01.58
13. Kabir Patel	15	Potters Bar		1:04.98	42. Joshua Ellis	18	Hatfield	1:01.52
14. Tobi Olajide	15	Thurrock		1:04.40	43. Calin Bosianu	16	Hemel Hemp	1:01.51
15. Jan Beblot	15	Norwich Swan		1:04.40	44. Aaron Peacock	17	Thetford	1:01.49
16. Daniel Turner	16	Team Waveney		1:03.86	45. Dylan Davenport	15	Bishop Stort	1:01.30
17. Naim Harvey	16	Basildon Ph		1:03.82	46. Billy Cyl	16	Ware	1:01.25
18. Finlay German	15	Co Cambridge		1:03.80	47. Robert Addis	20	West Norfolk	1:01.17
19. Jamie Wilson	15	West Norfolk		1:03.70	48. Ewan Thompson	18	St Ives	1:01.10
20. Samuel Artingstall	16	Co Cambridge		1:03.51	49. Joseph Wells	25	West Norfolk	1:01.07
21. Reece Burns	16	Chelmsford		1:03.50	50. Hugo Raubitschek-Smith	16	Co St Albans	1:01.05
22. Theodore Monk	16	Co Cambridge		1:03.50	51. Evan McQuade	16	DunmowAtlant	1:00.92
23. Harry Bird	15	Putteridge		1:03.50	52. Marton Molnar	15	Co Cambridge	1:00.90
24. Ryan Ingram	16	Co St Albans		1:03.27	53. Daniel McGuinness	18	Basildon Ph	1:00.80
25. George Prince	16	Putteridge		1:03.20	54. Archie Chamberlain	18	West Suffolk	1:00.72
26. Ashton Blake	15	Basildon Ph		1:03.20	55. Saxon Minto	16	Chelmsford	1:00.72
27. Hayden Garrod	16	Team Waveney		1:03.14	56. Finlay Neve	16	Co Norwich	1:00.70
28. Oliver Davey	15	Co Cambridge		1:02.90	57. Billy Mead	19	Linslade	1:00.70
29. Benjamin Every	16	St Felix Sch		1:02.81	58. Daniel Meier	17	Biggleswade	1:00.55

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59. Samuel Rose	21	West Norfolk	1:00.48	78. Devesh Kapoor	21	Co Norwich	58.40	
60. Benedict Measures	19	Norwich Swan	1:00.40	79. Thomas Liddiard	18	Ware	58.40	
61. Oscar Winterburn	16	teamipswich	1:00.31	80. Damon Elliott	20	DunmowAtlant	58.21	
62. Riley Bashford	18	Deben	1:00.14	81. Harrison Shaw	17	Flitwick	58.20	
63. Danylo Kravchenko	15	New Hall	1:00.10	82. Luka Page	18	West Suffolk	58.20	
64. Joshua Parker	15	Braintree	59.90	83. Ryan Close	16	Bedford SS	58.10	
65. Lucas Hartley	17	Hatfield	59.79	84. Jack Abram	19	Co Norwich	58.00	
66. Jude Gunner	15	St Felix Sch	S14	59.70	85. Hugo Bellamy	26	Co Cambridge	58.00
67. Sandijs Cecins	17	Colchester	59.70	86. Joseph Bavey	19	Newmarket	57.70	
68. Toby Martin	17	Harpenden	59.50	87. Rufus Bennett	16	Co Peterboro	57.70	
69. Jack Barnard	19	Watford SC	59.34	88. Callum Davis	24	Bishop Stort	57.27	
70. Lewis Chapman	23	Stowmarket	59.10	89. Jake Thomas-Mansfield	24	West Suffolk	56.80	
71. Zak Troman	17	teamipswich	59.00	90. Maddox Roberts	18	Witham Dolph	55.82	
72. Ryan Wall	17	Co Cambridge	58.94	91. Joshua Shepherd	16	Thurrock	55.80	
73. Kian Lee	16	Co Peterboro	58.90	92. Matthew Baker	18	West Suffolk	55.60	
74. Timon Chapman	22	Norwich Swan	58.81	93. Henry Dean	18	Thurrock	55.50	
75. Oliver Pike	17	Co Norwich	58.70	94. Harry Jones	24	Co Norwich	55.10	
76. Riley Hall	17	Co Cambridge	58.60	95. Matthew Aldred	19	Watford SC	54.50	
77. Nikita Charykin	18	Thurrock	58.42						

EVENT 223 Female 400m Freestyle

1. Charlotte Ryan	24	Runnymede	S6	9:00.81	28. Genevieve White	16	Co Cambridge	4:36.70	
2. Ziva Barrick	15	Colchester P	S10	6:31.44	29. Sophie Palmer	15	Basildon Ph	4:36.23	
3. Ida Corcoran	15	Flitwick	S9	6:16.51	30. Ruby Chapman	18	Norwich Swan	4:35.73	
4. Lily Herring	16	Norfolk Vikg	S10	5:36.33	31. Abigail Crawley	19	teamipswich	4:35.14	
5. Abigail Wickens	17	Flitwick	S8	5:30.70	32. Lisa Leinemann	17	Chelmsford	4:35.10	
6. Ella Deaton	15	Newmarket		4:49.32	33. Ella Dawson	16	Chelmsford	4:34.62	
7. Honor Beverstock	15	Hatfield		4:47.76	34. Gabriella Troman	15	teamipswich	4:34.26	
8. Molly Burrows	15	Co Peterboro		4:47.53	35. Erin Ultridge	15	teamipswich	4:34.26	
9. Abigail Riches	16	Co Norwich		4:46.67	36. Cailin Hehir	16	Watford SC	4:33.94	
10. Francesca Howell	16	Chelmsford		4:46.27	37. Adel Zakrzewski	21	Co Norwich	4:33.19	
11. Isabella Savage	15	Potters Bar		4:46.03	38. Lexie Goodman	17	Basildon Ph	4:32.56	
12. Lily Farr	16	Flitwick		4:45.30	39. Ever Ives	15	Hatfield	4:32.40	
13. Antonia Elias	15	Hatfield		4:44.20	40. Grace Robinson	15	St Felix Sch	4:32.20	
14. Miriam Moukdad	18	Bishop Stort		4:43.83	41. Weronika Mikolajewska	16	Co Peterboro	4:31.97	
15. Ava Black	17	Co St Albans		4:43.16	42. Jessica-Jane Applegate	28	Co Norwich	S14	4:31.64
16. Eleanor McLeod	16	Putteridge		4:42.73	43. Chloe Barnard	15	Basildon Ph		4:29.99
17. Francesca Barber	15	Co Norwich		4:42.60	44. Sadie Hunter	16	Co Peterboro		4:29.92
18. Lily Hayward	16	Epping For't		4:42.33	45. Francesca Baber	18	Co Cambridge		4:28.96
19. Keira-Mae Ingram	17	Co St Albans		4:41.16	46. Alexa Mann	18	Chelmsford		4:28.50
20. Eveline Gaydon	15	Colchester		4:41.04	47. Talia Staines	22	Team Luton		4:26.09
21. Amy Meyer	15	Biggleswade		4:40.50	48. Annie McLeod	16	Putteridge		4:25.86
22. Amelia Saunders	16	St Felix Sch		4:40.20	49. Sophie Dowding	17	teamipswich		4:25.09
23. Amelia Porzio	16	Putteridge		4:38.79	50. Lexie O'Connor	17	Basildon Ph		4:23.65
24. Erin Younger	17	Co St Albans		4:38.76	51. Ruby Wheeler	18	Basildon Ph		4:22.91
25. Anabelle Kett	15	Co Peterboro		4:38.30	52. Matilda Bogle	18	teamipswich		4:19.80
26. Gabriela Gomez Pavon	17	Potters Bar		4:37.58	53. Cait Cotter	17	Chelmsford		4:16.97
27. Millie Richardson	18	Hatfield		4:36.80						

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Session 4 on Saturday 20th April at 1:30 pm

EVENT 231 Open/Male 100m Freestyle

1. Jacob Dessoy	16	Runnymede	S8	1:32.37	53. Jamie Comitti	15	Basildon Ph	54.80
2. Mark Evens	28	Hitchin	S14	1:10.90	54. Timon Chapman	22	Norwich Swan	54.64
3. Oliver Shergold	26	Colchester P	S9	1:08.40	55. Joseph Wells	25	West Norfolk	54.60
4. Corey Hare	18	teampswich	S14	1:01.66	56. Sebastian Newell	19	Co Peterboro	54.60
5. Emmanuel Kolobius	15	Team Luton		58.30	57. Oliver Baskerville	16	Hatfield	54.59
6. George Jones	15	Harlow Pen		58.09	58. Billy Mead	19	Linslade	54.51
7. Finlay Roberts	15	Witham Dolph		58.00	59. Daryl Rands	27	Colchester	54.50
8. Lucas Day	15	Rochford		57.80	60. Oscar Hunter	15	Norwich Swan	54.50
9. Samuel Chamberlain	15	West Suffolk		57.50	61. Jake Moore	18	Watford SC	54.48
10. Anthony Ganchev	15	Chelmsford		57.46	62. Ryan Wall	17	Co Cambridge	54.40
11. Saxon Minto	16	Chelmsford		57.20	63. Hugo Bellamy	26	Co Cambridge	54.32
12. Jack Bidle	16	Team Waveney		57.16	64. Samuel Rose	21	West Norfolk	54.31
13. Oliver Clark	16	Maldon Shark		57.12	65. Danylo Snitko	16	Watford SC	54.30
14. Inhensiko Peterson	16	Bishop Stort		57.09	66. Max Arnold	18	Harlow Pen	54.26
15. Marcus King	16	Putteridge		56.90	67. Ollie O'Connor	16	Putteridge	54.20
16. Reece Burns	16	Chelmsford		56.80	68. Ashton Redhead	17	teampswich	54.20
17. Rufus Carr	16	St Felix Sch		56.74	69. Joshua Ellis	18	Hatfield	54.18
18. Nonso Nwabueze	15	Bo Southend		56.60	70. Joe Power	17	Basildon Ph	54.00
19. Danylo Kravchenko	15	New Hall		56.60	71. Ryan Close	16	Bedford SS	53.94
20. Kevin Moghina	16	Thurrock		56.60	72. Liam Rumball	19	Hatfield	53.94
21. Aiden Futter	16	Norwich Swan		56.50	73. Joseph Bavey	19	Newmarket	53.93
22. Samuel Artingstall	16	Co Cambridge		56.49	74. Harrison Shaw	17	Flitwick	53.91
23. Harvey Durham	16	Co Norwich		56.40	75. Josh Martin	18	Co Peterboro	53.90
24. Norbert Kadar	15	Co Cambridge		56.30	76. Sam Townsend	20	Biggleswade	53.90
25. James Gibson	16	Watford SC		56.30	77. Freddie Gardner	18	Thurrock	53.80
26. Daniel De Filippo	15	Flitwick		56.30	78. Joshua Sackree	16	Co Peterboro	53.80
27. Billy Cyl	16	Ware		56.20	79. Harrison Holmes	19	Team Waveney	53.79
28. Jude Gunner	15	St Felix Sch	S14	56.10	80. Matthew Monie	19	Co Cambridge	53.74
29. Ethan Thorpe	15	Basildon Ph		55.90	81. Dylan Davenport	15	Bishop Stort	53.70
30. Kian Lee	16	Co Peterboro		55.86	82. Daniel Belsey	16	Hatfield	53.60
31. Maxwell Hozier	15	Hoddesdon		55.83	83. Jack Swindale	16	Co Peterboro	53.40
32. Frank Jacob	15	Co Cambridge		55.80	84. Ethan Martin	19	Thurrock	53.30
33. Sean Connolly	16	Epping Fort		55.70	85. Luka Page	18	West Suffolk	53.29
34. Rufus Bennett	16	Co Peterboro		55.70	86. Finlay Arnup	17	Norwich Swan	53.12
35. Oliver Davey	15	Co Cambridge		55.60	87. Riley Hall	17	Co Cambridge	53.10
36. Thomas Liddiard	18	Ware		55.48	88. Ben Davison	19	Hatfield	53.10
37. Lee Boka	16	Basildon Ph		55.46	89. Lucas Hartley	17	Hatfield	53.08
38. Toby Martin	17	Harpenden		55.41	90. Alexander Kalverboer	18	Co St Albans	53.08
39. Dylan Nutt	25	DunmowAtlant		55.41	91. Evan McQuade	16	DunmowAtlant	53.08
40. George Stevenson	17	West Norfolk		55.40	92. Edward Ormsby	17	Co Cambridge	52.96
41. Finlay Neve	16	Co Norwich		55.32	93. Joshua Parker	15	Braintree	52.90
42. Luke Burnard	15	Co St Albans		55.30	94. Damon Elliott	20	DunmowAtlant	52.70
43. Harry Hudson	19	Norfolk Vikg		55.29	95. Jack Abram	19	Co Norwich	52.70
44. Max Walters	15	Watford SC		55.10	96. Joshua Shepherd	16	Thurrock	52.44
45. Janos Kadar	17	Co Cambridge		55.10	97. Ashley Coombs	23	Bushey	52.39
46. Roan Brennan	18	Basildon Ph	S10	55.10	98. Tobias Oglesby	20	West Norfolk	51.76
47. Theo Bari	16	Saffron Wald		55.08	99. Olivier Vedrenne	19	Co Norwich	51.70
48. Ronnie Edwards	16	Rochford		55.00	100. Jacques Bonsell	25	Co Cambridge	50.18
49. Hugo Raubitschek-Smith	16	Co St Albans		54.98	101. Matthew Baker	18	West Suffolk	49.90
50. Austin Lillywhite	21	Biggleswade		54.97	102. Matthew Wright	26	Team Luton	49.41
51. Archie Chamberlain	18	West Suffolk		54.97	103. Maddox Roberts	18	Witham Dolph	48.87
52. Sam Mead	22	Linslade		54.83					

EVENT 232 Female 200m Backstroke

1. Alicia Morton	15	Basildon Ph		2:34.51	7. Yasmine Ollerenshaw	15	Flitwick	2:32.70
2. Lucy Peterson	15	Stevenage		2:34.30	8. Meghan Howarth Owen	15	Chelmsford	2:32.66
3. Lily Murrell	15	Norwich Swan		2:34.26	9. Ellie Cox	16	Putteridge	2:32.64
4. Charlotte Pound	15	Putteridge		2:34.10	10. Florence Davies	16	Deben	2:32.45
5. April Mills	16	Hatfield		2:33.30	11. Alice Watts	16	Co Cambridge	2:32.39
6. Hollie Gilbertson	15	Co Norwich		2:33.09	12. Libby Whiting	15	Putteridge	2:32.39

Programme

13. Molly Burrows	15	Co Peterboro	2:32.32	47. O Wojcik-Jardzioch	18	Verulam	2:27.65
14. Poppy Garrod	15	Co Peterboro	2:32.25	48. Summer Evason	15	Watford SC	2:27.26
15. Chloe Staines	18	Witham Dolph	2:31.91	49. Gabriella Troman	15	teamipswich	2:26.90
16. Bethany Rumsby	15	Norwich Swan	2:31.87	50. Camille Vannier	17	Hatfield	2:26.46
17. Kate Hopper	17	Berkhamsted	2:31.78	51. Georgina Munday	20	Co Norwich	2:26.45
18. Isabella Dolton	18	Tring	2:31.73	52. Charlie Duce	15	Bedford SS	2:26.30
19. Amelia Speechley	17	Newmarket	2:31.48	53. Eloise Cole	16	Bedford SS	2:26.00
20. Lola Wonfor	15	New Hall	2:31.46	54. Sophie Green	17	Hatfield	2:25.96
21. Z Jaramillo Obcowska	17	Epping Fort	2:31.42	55. Lucy Young	19	Biggleswade	2:25.74
22. Olivia Lydon	19	Co Cambridge	2:31.39	56. Jessica Medicott	17	Dunstable	2:25.34
23. Rosie Wenn	16	Co St Albans	2:31.22	57. Gabriella Meyer	15	Chelmsford	2:25.29
24. Sophie Roberts	15	teamipswich	2:30.85	58. Adrija Raudonyte	16	Newmarket	2:25.17
25. Poppy Magill	16	Putteridge	2:30.49	59. Erin Currie	16	Hatfield	2:25.16
26. Summer Boswell	16	Hatfield	2:30.46	60. Sophie Holliss	16	Co St Albans	2:25.07
27. Anouk Zecchini	18	Co Cambridge	2:30.44	61. Sadie Hunter	16	Co Peterboro	2:24.86
28. Maia Thompson	16	Team Waveney	2:30.38	62. Amy Meyer	15	Biggleswade	2:24.10
29. Chloe Bellamy	17	West Norfolk	2:30.38	63. Weronika Mikolajewska	16	Co Peterboro	2:23.97
30. Erin Woodrow	17	West Norfolk	2:30.37	64. Emily Pitcher	16	Norwich Swan	2:23.17
31. Ella Dawson	16	Chelmsford	2:30.20	65. Nicole Maynard	15	Basildon Ph	2:23.14
32. Miley Wilson-Mansfield	15	Newmarket	2:30.12	66. Megan Donovan	17	Co Peterboro	2:22.39
33. Sophie O'Rorke	17	Chelmsford	2:29.96	67. Francesca Howell	16	Chelmsford	2:22.34
34. Chloe Armstrong	17	teamipswich	2:29.48	68. Amy Harper	17	Watford SC	2:21.95
35. Charlotte Low	15	Chelmsford	2:29.41	69. Adel Zakrzewski	21	Co Norwich	2:21.47
36. Isabella Savage	15	Potters Bar	2:29.31	70. Connie Davies	18	Deben	2:20.96
37. Bethany Hamer	17	Linslade	2:29.10	71. Cait Cotter	17	Chelmsford	2:20.96
38. Lily Farr	16	Flitwick	2:29.09	72. Amara Addison	17	Norwich Swan	2:20.75
39. Amelia Lewis	15	teamipswich	2:28.92	73. Vanesa Cimermanova	16	Co Peterboro	2:19.80
40. Emilia Johnson	15	St Felix Sch	2:28.76	74. Charlotte Williams	18	Hatfield	2:19.46
41. Holly Larbey	17	Biggleswade	2:28.65	75. Hannah Willis	19	Co Peterboro	2:19.22
42. Isabelle Talbot	17	Braintree	2:28.47	76. Megan Pye	22	Co Norwich	2:18.53
43. Ruby Chapman	18	Norwich Swan	2:28.46	77. Isobel Mather	17	Co Cambridge	2:17.68
44. Olivia Mendham	16	Chelmsford	2:28.41	78. Clementine Lovell	15	teamipswich	2:16.64
45. Lucy Calver	16	Putteridge	2:27.72	79. Grace Robinson	15	St Felix Sch	2:16.62
46. Phoebe Matthews	17	Hatfield	2:27.70	80. Evangeline Pierce	17	Basildon Ph	2:14.11

EVENT 233 Open/Male 400m IM

1. Isaac Buchan	15	Co Norwich	5:17.55	25. Danylo Kravchenko	15	New Hall	4:57.25
2. Oliver Fenwick	15	Team Luton	5:16.64	26. Daniel Thompson	17	Thurrock	4:56.98
3. George Everett	15	West Suffolk	5:16.07	27. Finlay Neve	16	Co Norwich	4:56.94
4. Spencer Battisson	16	Team Waveney	5:14.05	28. George Carter	16	Co Cambridge	4:56.51
5. Jamie Wilson	15	West Norfolk	5:12.80	29. Marton Molnar	15	Co Cambridge	4:56.33
6. Finlay German	15	Co Cambridge	5:11.65	30. Ben Buckley	17	Co Norwich	4:55.70
7. Harry Bird	15	Putteridge	5:10.70	31. Daniel Meier	17	Biggleswade	4:55.41
8. Joshua Jones	15	West Norfolk	5:10.50	32. Daniel Holliss	18	Co St Albans	4:52.98
9. F Cleland Ferdin	16	Co Cambridge	5:09.46	33. Daryl Rands	27	Colchester	4:52.13
10. Ryan Ingram	16	Co St Albans	5:09.34	34. Kian Lee	16	Co Peterboro	4:48.35
11. Cillian O'Brien	16	Co Ely	5:09.03	35. Robert Fenner	16	Basildon Ph	4:46.73
12. Ashton Blake	15	Basildon Ph	5:08.35	36. Jack Barnard	19	Watford SC	4:46.52
13. Csanad Rehus	15	Co Peterboro	5:04.67	37. Orlando Dearing	16	Co Peterboro	4:45.90
14. Frank Lamb	15	Co Peterboro	5:04.57	38. Reece Burns	16	Chelmsford	4:45.59
15. Thomas Spelman	17	Stowmarket	5:03.79	39. Daniel Moyses	18	Co Peterboro	4:44.20
16. Harvey Isle	19	West Norfolk	5:03.71	40. Samuel Jeffrey	17	Hatfield	4:43.64
17. Daniel Williams	16	Hatfield	5:02.91	41. Ben Minister	18	Thurrock	4:43.10
18. Theodore Monk	16	Co Cambridge	5:02.21	42. Sandijs Cecins	17	Colchester	4:42.21
19. Daniel De Filippo	15	Flitwick	5:00.70	43. Oscar Winterburn	16	teamipswich	4:41.43
20. B Macdonald-Williams	16	Bishop Stort	5:00.56	44. Zak Troman	17	teamipswich	4:39.60
21. Henry Mann	16	Norwich Swan	5:00.05	45. Daniel McGuinness	18	Basildon Ph	4:38.10
22. Conor Mint	15	Basildon Ph	4:58.60	46. Harrison Shaw	17	Flitwick	4:37.10
23. Benjamin Every	16	St Felix Sch	4:58.29	47. Patch Robinson	17	teamipswich	4:34.69
24. Luke Martell	18	Watford SC	4:57.87	48. Nathan Wells	26	West Norfolk	4:28.37

EVENT 234 Female 800m Freestyle Team

1. Hatfield	14/16 Hatfield	8:58.00	5. Co Norwich	17/OV Co Norwich	8:45.00
2. Hatfield	17/OV Hatfield	8:55.00	6. Chelmsford	17/OV Chelmsford	8:35.00
3. Co Peterboro A	14/16 Co Peterboro	8:52.00	7. Basildon Ph	14/16 Basildon Ph	8:34.00
4. Co Cambridge	17/OV Co Cambridge	8:50.00	8. Basildon Ph	17/OV Basildon Ph	8:15.00

Session 5 on Saturday 20th April at 4:15 pm

EVENT 241 FINAL OF EVENT 212 Open/Male 15 Yrs 50m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 242 FINAL OF EVENT 212 Open/Male 16 Yrs 50m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 243 FINAL OF EVENT 212 Open/Male 17 /Over 50m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 244 FINAL OF EVENT 211 Female 15 Yrs 200m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 245 FINAL OF EVENT 211 Female 16 Yrs 200m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 246 FINAL OF EVENT 211 Female 17 Yrs/Over 200m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 247 FINAL OF EVENT 214 Open/Male 15 Yrs 100m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 248 FINAL OF EVENT 214 Open/Male 16 Yrs 100m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 249 FINAL OF EVENT 214 Open/Male 17 /Over 100m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 250 FINAL OF EVENT 213 Female 15 Yrs 50m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 251 FINAL OF EVENT 213 Female 16 Yrs 50m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 252 FINAL OF EVENT 213 Female 17 Yrs/Over 50m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 253 FINAL OF EVENT 222 Open/Male 15 Yrs 100m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 254 FINAL OF EVENT 222 Open/Male 16 Yrs 100m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 255 FINAL OF EVENT 222 Open/Male 17 /Over 100m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 256 FINAL OF EVENT 221 Female 15 Yrs 200m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 257 FINAL OF EVENT 221 Female 16 Yrs 200m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 258 FINAL OF EVENT 221 Female 17 /Over 200m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 259 FINAL OF EVENT 231 Open/Male 15 Yrs 100m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 260 FINAL OF EVENT 231 Open/Male 16 Yrs 100m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 261 FINAL OF EVENT 231 Open/Male 17 /Over 100m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 262 FINAL OF EVENT 232 Female 15 Yrs 200m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 263 FINAL OF EVENT 232 Female 16 Yrs 200m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 264 FINAL OF EVENT 232 Female 17 Yrs/Over 200m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 265 Open/Male 14/16 Yrs 400m Free Team

1. Team Waveney	14/16	Team Waveney	4:00.00	7. Watford SC	14/16	Watford SC	3:50.00
2. Co Peterboro B	14/16	Co Peterboro	3:55.00	8. Co Cambridge	14/16	Co Cambridge	3:50.00
3. Co St Albans	14/16	Co St Albans	3:55.00	9. Chelmsford	14/16	Chelmsford	3:50.00
4. Bishop Stort	14/16	Bishop Stort	3:53.00	10. Hatfield	14/16	Hatfield	3:47.00
5. Co Norwich	14/16	Co Norwich	3:52.00	11. Co Peterboro A	14/16	Co Peterboro	3:40.00
6. Thurrock	14/16	Thurrock	3:50.10	12. Basildon Ph	14/16	Basildon Ph	3:39.00

EVENT 266 Open/Male 17 /Over 400m Free Team

1. Norfolk Vikg	17/OV	Norfolk Vikg	4:10.01	7. Hatfield	17/OV	Hatfield	3:42.00
2. Ware	17/OV	Ware	3:52.00	8. Co Cambridge	17/OV	Co Cambridge	3:40.00
3. DunmowAtlant	17/OV	DunmowAtlant	3:50.00	9. Basildon Ph	17/OV	Basildon Ph	3:38.00
4. Bishop Stort	17/OV	Bishop Stort	3:49.00	10. Co Norwich	17/OV	Co Norwich	3:32.00
5. Co St Albans	17/OV	Co St Albans	3:48.00	11. West Suffolk	17/OV	West Suffolk	3:32.00
6. Thurrock	17/OV	Thurrock	3:42.20					

EVENT 267 Female 14/16 Yrs 400m Medley Team

1. DunmowAtlant	14/16	DunmowAtlant	5:00.00	6. Hatfield	14/16	Hatfield	4:34.00
2. Co St Albans	14/16	Co St Albans	4:46.00	7. Co Peterboro A	14/16	Co Peterboro	4:32.00
3. Co Peterboro B	14/16	Co Peterboro	4:46.00	8. Norwich Swan	14/16	Norwich Swan	4:30.00
4. Chelmsford	14/16	Chelmsford	4:42.00	9. Co Norwich	14/16	Co Norwich	4:29.00
5. Newmarket	14/16	Newmarket	4:37.00	10. Basildon Ph	14/16	Basildon Ph	4:13.00

EVENT 268 Female 17 Yrs/Over 400m Medley Team

1. Chelmsford	17/OV	Chelmsford	4:34.00	5. Co Cambridge	17/OV	Co Cambridge	4:20.00
2. Hatfield	17/OV	Hatfield	4:25.00	6. Norwich Swan	17/OV	Norwich Swan	4:17.00
3. Co Peterboro	17/OV	Co Peterboro	4:25.00	7. Basildon Ph	17/OV	Basildon Ph	4:13.00
4. Co Norwich	17/OV	Co Norwich	4:20.00					

Programme

Session 6 on Sunday 21st April at 8:45 am

EVENT 311 Open/Male 200m Butterfly

1. Oliver Warren	15	Norwich Swan	2:34.20	23. Oliver Pike	17	Co Norwich	2:17.80
2. Csanad Rehus	15	Co Peterboro	2:33.88	24. Jude Gunner	15	St Felix Sch	S14 2:17.38
3. Toby Gradwell	15	Hertford	2:32.97	25. Ryan Close	16	Bedford SS	2:16.99
4. Jeremy Brailsford	15	Maldon Shark	2:32.94	26. Joshua Ellis	18	Hatfield	2:16.95
5. Frank Lamb	15	Co Peterboro	2:32.67	27. Isaac Farrugia	17	Basildon Ph	2:16.93
6. Evan Larthe	15	Basildon Ph	2:32.30	28. Daniel Meier	17	Biggleswade	2:16.83
7. Tobi Olajide	15	Thurrock	2:31.39	29. Calin Bosianu	16	Hemel Hemp	2:15.33
8. Finlay German	15	Co Cambridge	2:27.99	30. Jake Lloyd	29	Bishop Stort	2:15.32
9. Dmitrijs Gracovs	15	Harlow Pen	2:26.60	31. Jack Barnard	19	Watford SC	2:14.68
10. Marton Molnar	15	Co Cambridge	2:26.20	32. Ethan Thorpe	15	Basildon Ph	2:14.35
11. Daniel De Filippo	15	Flitwick	2:24.30	33. Kian Lee	16	Co Peterboro	2:14.30
12. Jamie Wilson	15	West Norfolk	2:23.80	34. Sandijs Cecins	17	Colchester	2:12.07
13. F Cleland Ferdin	16	Co Cambridge	2:23.18	35. Ryan Wall	17	Co Cambridge	2:11.59
14. Daniel Williams	16	Hatfield	2:22.91	36. Nathan Wells	26	West Norfolk	2:10.80
15. Marcus King	16	Putteridge	2:21.99	37. Zak Troman	17	teamipswich	2:10.06
16. Conor Mint	15	Basildon Ph	2:21.73	38. Rufus Bennett	16	Co Peterboro	2:09.74
17. Evan McQuade	16	DunmowAtlant	2:21.62	39. Joshua Shepherd	16	Thurrock	2:09.14
18. Harry Bird	15	Putteridge	2:21.30	40. Daniel McGuinness	18	Basildon Ph	2:09.10
19. Daniel Grimmer	18	West Norfolk	2:19.83	41. Harrison Shaw	17	Flitwick	2:08.80
20. Toby Martin	17	Harpenden	2:19.65	42. Jake Thomas-Mansfield	24	West Suffolk	2:08.60
21. Danylo Kravchenko	15	New Hall	2:19.49	43. Matthew Aldred	19	Watford SC	2:02.10
22. Ashton Blake	15	Basildon Ph	2:18.50					

EVENT 312 Female 50m Backstroke

1. Lola Wonfor	15	New Hall	33.13	34. Emily Pitcher	16	Norwich Swan	31.55
2. Libby Whiting	15	Putteridge	33.02	35. Adel Zakrzewski	21	Co Norwich	31.50
3. Yasmine Ollerenshaw	15	Flitwick	33.00	36. Olivia Greenall	15	Co Norwich	31.48
4. Charlotte Low	15	Chelmsford	32.88	37. Sophie Holliss	16	Co St Albans	31.47
5. Meghan Howarth Owen	15	Chelmsford	32.81	38. Anouk Zecchini	18	Co Cambridge	31.21
6. Alice Robinson	15	Co Cambridge	32.70	39. Adrija Raudonyte	16	Newmarket	31.12
7. Maia Thompson	16	Team Waveney	32.64	40. Shahd Mohamed	17	Co Peterboro	31.09
8. Teah Gregory	16	Stevenage	32.63	41. Jaida Ludlow	19	Basildon Ph	31.07
9. Yan Ting Emily Pak	15	Co Cambridge	32.60	42. Sophie Green	17	Hatfield	31.05
10. Sophie Roberts	15	teamipswich	32.54	43. Katie Andrews	20	Norwich Swan	31.00
11. Amelia Lewis	15	teamipswich	32.51	44. Camille Vannier	17	Hatfield	30.85
12. Isabel Thomas	16	Newmarket	32.50	45. Chloe Armstrong	17	teamipswich	30.80
13. Isabella Savage	15	Potters Bar	32.48	46. Grace Robinson	15	St Felix Sch	30.80
14. Molly Burrows	15	Co Peterboro	32.47	47. Sophia Moule	17	Chelmsford	30.69
15. Miley Wilson-Mansfield	15	Newmarket	32.35	48. Katerina Di Maria	16	Co Norwich	30.60
16. Elizabeth Swaby	15	Basildon Ph	32.32	49. Isabelle Cameron	17	Co Peterboro	30.56
17. Poppy Garrod	15	Co Peterboro	32.32	50. Niamh James	23	Bishop Stort	30.47
18. Gabriella Meyer	15	Chelmsford	32.30	51. Nicole Maynard	15	Basildon Ph	30.39
19. Emilia Johnson	15	St Felix Sch	32.19	52. Charlotte Smith	17	Norwich Swan	30.35
20. Alice Watts	16	Co Cambridge	32.09	53. Megan Donovan	17	Co Peterboro	30.32
21. Sophie Stelmach	15	Stevenage	32.09	54. Erin Currie	16	Hatfield	30.08
22. Imogen Duffen	18	Co Cambridge	31.95	55. Megan Pye	22	Co Norwich	30.00
23. Phoebe Matthews	17	Hatfield	31.91	56. Eloise Cole	16	Bedford SS	29.80
24. Lucy Young	19	Biggleswade	31.90	57. Charlotte Williams	18	Hatfield	29.80
25. O Wojcik-Jardzioch	18	Verulam	31.79	58. Matilda Bogle	18	teamipswich	29.79
26. Summer Boswell	16	Hatfield	31.76	59. Connie Davies	18	Deben	29.78
27. Charlotte Pound	15	Putteridge	31.70	60. Isobel Mather	17	Co Cambridge	29.70
28. Freya Hadnutt	16	Bishop Stort	31.70	61. Evangeline Pierce	17	Basildon Ph	29.65
29. Amy Boreham	18	Watford SC	31.67	62. Hannah Willis	19	Co Peterboro	29.20
30. Georgina Munday	20	Co Norwich	31.64	63. Vanesa Cimermanova	16	Co Peterboro	29.15
31. Amy Meyer	15	Biggleswade	31.60	64. Georgia Holgate	17	Co Cambridge	28.80
32. Olivia Mendham	16	Chelmsford	31.60	65. Amara Addison	17	Norwich Swan	28.64
33. Amy Harper	17	Watford SC	31.57					

Programme

EVENT 313 Open/Male 50m Freestyle

1. Jacob Dessoy	16	Runnymede	S8	42.21	62. Oliver Hutchinson	17	Harlow Pen	25.10
2. Stephane Rouyer-Brown	27	Runnymede	S14	39.40	63. Daryl Rands	27	Colchester	25.10
3. Harry Arnold-Pepper	16	Co Cambridge	S9	30.81	64. Daniel Boboye	17	DunmowAtlant	25.10
4. Corey Hare	18	teamipswich	S14	27.80	65. Lee Boka	16	Basildon Ph	25.10
5. George Jones	15	Harlow Pen		26.70	66. Josh Martin	18	Co Peterboro	25.10
6. Toby Flood	15	Thetford		26.70	67. Ashton Redhead	17	teamipswich	25.10
7. Finlay Blagg	15	Stowmarket		26.60	68. Samuel Rose	21	West Norfolk	25.08
8. William Harris	15	Watford SC		26.50	69. Harry List	21	Co Cambridge	25.07
9. Tobi Olajide	15	Thurrock		26.40	70. Aaron Peacock	17	Thetford	25.00
10. Finlay Roberts	15	Witham Dolph		26.40	71. Zac Stacey	17	Hoddesdon	25.00
11. Aiden Futter	16	Norwich Swan		26.15	72. Oliver Davey	15	Co Cambridge	25.00
12. Samuel Chamberlain	15	West Suffolk		26.10	73. Alexander Kalverboer	18	Co St Albans	24.97
13. Reece Burns	16	Chelmsford		26.10	74. Sean Connolly	16	Epping For't	24.90
14. Emmanuel Kolobius	15	Team Luton		26.00	75. Jack Swindale	16	Co Peterboro	24.90
15. Rufus Bennett	16	Co Peterboro		26.00	76. Thomas Garnett	17	West Norfolk	24.90
16. Ademola Oshwole	16	Thurrock		26.00	77. Timon Chapman	22	Norwich Swan	24.90
17. Jack Bidle	16	Team Waveney		26.00	78. Hugo Raubitschek-Smith	16	Co St Albans	24.90
18. William Ward	15	Hoddesdon		25.92	79. Ryan Close	16	Bedford SS	24.90
19. Ethan Thomson	16	teamipswich		25.91	80. Riley Hall	17	Co Cambridge	24.90
20. Jude Gunner	15	St Felix Sch	S14	25.87	81. Jude Gore	21	Linslade	24.90
21. Billy Cyl	16	Ware		25.86	82. Nathan Close	18	Bedford SS	24.88
22. Ayobami Akindele	16	Thurrock		25.82	83. Freddie Gardner	18	Thurrock	24.80
23. Naim Harvey	16	Basildon Ph		25.80	84. Theo Bari	16	Saffron Wald	24.80
24. James Gibson	16	Watford SC		25.70	85. Guy Semple	20	Co Cambridge	24.78
25. Saxon Minto	16	Chelmsford		25.70	86. Dylan Davenport	15	Bishop Stort	24.74
26. Max Walters	15	Watford SC		25.67	87. Jake Moore	18	Watford SC	24.66
27. Rufus Carr	16	St Felix Sch		25.66	88. Jake Thomas-Mansfield	24	West Suffolk	24.55
28. Maxwell Hozier	15	Hoddesdon		25.60	89. Sam Mead	22	Linslade	24.50
29. Harvey Durham	16	Co Norwich		25.60	90. Austin Lillywhite	21	Biggleswade	24.50
30. Kevin Moghina	16	Thurrock		25.50	91. Joe Power	17	Basildon Ph	24.50
31. Inhensiko Peterson	16	Bishop Stort		25.50	92. Harrison Holmes	19	Team Waveney	24.50
32. Lewis Andrews	17	Norwich Swan		25.50	93. Ben Davison	19	Hatfield	24.41
33. Toby Martin	17	Harpenden		25.50	94. Joshua Sackree	16	Co Peterboro	24.40
34. Oliver Pike	17	Co Norwich		25.49	95. Thomas Liddiard	18	Ware	24.40
35. Matthew Gray	24	Co Peterboro		25.45	96. Billy Mead	19	Linslade	24.40
36. James Renton	18	Watford SC		25.43	97. Jamie Comitti	15	Basildon Ph	24.40
37. Frank Jacob	15	Co Cambridge		25.40	98. Jacob Ray	17	Basildon Ph	24.36
38. Danylo Kravchenko	15	New Hall		25.40	99. Edward Ormsby	17	Co Cambridge	24.30
39. Zach Townend	21	Co Norwich		25.40	100. Lucas Hartley	17	Hatfield	24.25
40. Hayden Thornhill	18	Hoddesdon		25.40	101. Ethan Martin	19	Thurrock	24.10
41. Oliver Baskerville	16	Hatfield		25.38	102. Finlay Arnup	17	Norwich Swan	24.10
42. Atikan To	18	Ware		25.37	103. Harrison Shaw	17	Flitwick	24.10
43. Benedict Measures	19	Norwich Swan		25.37	104. Henry Dean	18	Thurrock	24.10
44. Samuel Artingstall	16	Co Cambridge		25.35	105. Liam Rumball	19	Hatfield	24.08
45. Max Arnold	18	Harlow Pen		25.34	106. Sebastian Newell	19	Co Peterboro	24.00
46. Daniel De Filippo	15	Flitwick		25.30	107. Ashley Coombs	23	Bushey	23.90
47. Luke Morley	17	Hitchin		25.30	108. Luka Page	18	West Suffolk	23.90
48. Jack Osborne	17	Deben		25.30	109. Joshua Parker	15	Braintree	23.90
49. Nonso Nwabueze	15	Bo Southend		25.30	110. Evan McQuade	16	DunmowAtlant	23.90
50. Finlay Neve	16	Co Norwich		25.30	111. Damon Elliott	20	DunmowAtlant	23.90
51. Joseph Wells	25	West Norfolk		25.30	112. Joshua Shepherd	16	Thurrock	23.85
52. Oscar Hunter	15	Norwich Swan		25.30	113. Ollie O'Connor	16	Putteridge	23.80
53. Archie Chamberlain	18	West Suffolk		25.26	114. Olivier Vedrenne	19	Co Norwich	23.70
54. Danylo Snitko	16	Watford SC		25.25	115. Nathan Wells	26	West Norfolk	23.60
55. William Presland	19	Bushey		25.25	116. Tobias Oglesby	20	West Norfolk	23.60
56. Luke Burnard	15	Co St Albans		25.23	117. Jacques Bonsell	25	Co Cambridge	23.50
57. Dominic Stachura	17	Dunstable		25.20	118. Sam Townsend	20	Biggleswade	23.30
58. Daniel Belsey	16	Hatfield		25.20	119. Jack Abram	19	Co Norwich	23.20
59. Ronnie Edwards	16	Rochford		25.20	120. Matthew Wright	26	Team Luton	22.70
60. Dylan Nutt	25	DunmowAtlant		25.17	121. Maddox Roberts	18	Witham Dolph	22.20
61. Jake Lammass	23	West Norfolk		25.17					

EVENT 314 Female 100m Breaststroke

1. Charlotte Ryan	24	Runnymede	SB5	2:55.02	34. Elizabeth Wright	17	West Suffolk	1:15.07
2. Ida Corcoran	15	Flitwick	SB9	1:59.63	35. Phoebe Howard	17	Norwich Swan	1:15.04
3. Lily Herring	16	Norfolk Vikg	SB9	1:52.87	36. Shahd Mohamed	17	Co Peterboro	1:14.67
4. Mwaba Mkwasa	19	Norwich Swan	SB8	1:47.01	37. Georgina Hamilton	16	Co St Albans	1:14.60
5. Molly Seymour	15	Hoddesdon		1:21.24	38. Ellie Smith	16	Co Norwich	1:14.44
6. Eloise Collins	15	West Norfolk		1:21.17	39. Ellie-Rose Lyon	17	Co Norwich	1:14.39
7. Erin Uttridge	15	teamipswich		1:21.13	40. Lexie O'Connor	17	Basildon Ph	1:14.25
8. Emily Turner	15	Clacton SC		1:20.63	41. Amelia Murphy	17	Witham Dolph	1:14.20
9. Mercy Adeoye	15	Hatfield		1:20.51	42. Megan Gray	17	Hatfield	1:13.61
10. Summer Evason	15	Watford SC		1:20.40	43. Ellen Duffield	17	teamipswich	1:13.59
11. Summer Buckland	15	Harlow Pen		1:19.95	44. Lauren Gore	18	Bishop Stort	1:13.56
12. Lyla Flello	15	Co Norwich		1:19.90	45. Daisy Mixer	18	Norwich Swan	1:13.40
13. Emilia Johnson	15	St Felix Sch		1:19.07	46. Charisse Harding	15	Norwich Swan	1:13.32
14. Hannah Lovelock	16	Hitchin		1:18.82	47. Yan Ting Emily Pak	15	Co Cambridge	1:13.30
15. Weronika Mikolajewska	16	Co Peterboro		1:18.70	48. Chloe Butler	20	St Ives	1:13.20
16. Molly Grieve	19	Colchester		1:18.27	49. Ella Greatbatch	16	Bishop Stort	1:13.14
17. Alice Watts	16	Co Cambridge		1:18.09	50. Mia Lowe	17	Basildon Ph	1:12.88
18. Kiera Broad	16	West Suffolk		1:18.07	51. Rebecca Keetley	20	Co Cambridge	1:12.50
19. Pemberley Hornigold	17	West Norfolk		1:18.07	52. Ellen Eccleston	17	Co Norwich	1:12.50
20. Olivia Riley	18	Hatfield		1:17.79	53. Molly Lee	23	West Norfolk	1:12.10
21. Yasmin Meadows	18	Co St Albans		1:17.79	54. Sarah O'Brien	28	West Norfolk	1:11.97
22. Imola Jozsa	18	Hatfield		1:17.75	55. Ruby Wheeler	18	Basildon Ph	1:11.81
23. Tessa Quayle	16	St Ives		1:17.69	56. Lilly Davis	17	Co Peterboro	1:11.79
24. Jessica Sanford	19	Norwich Swan		1:17.66	57. Gracie Parker	16	Basildon Ph	1:11.50
25. Lara Treharne	17	Co Peterboro		1:17.04	58. Katie Andrews	20	Norwich Swan	1:11.50
26. Kesia Crees	16	Basildon Ph		1:16.86	59. Sophie Payne	22	Putteridge	1:11.30
27. Holly Larbey	17	Biggleswade		1:16.66	60. Molly Monk	20	Co Norwich	1:10.80
28. Caitlin Richardson	19	Norwich Swan		1:16.63	61. Isabelle Cameron	17	Co Peterboro	1:10.74
29. Sadie Rowe	17	Colchester		1:16.62	62. Beth Young	18	teamipswich	1:10.00
30. Isabel White	15	Biggleswade		1:16.50	63. Caitlin Hartley	20	Hatfield	1:09.40
31. Isabella Porzio	20	Putteridge		1:16.20	64. Ashley Ransome	29	Hatfield	1:09.30
32. Niamh James	23	Bishop Stort		1:15.86	65. Jasmine Carter	15	Basildon Ph	1:08.80
33. Anna-Lucia Fenner	18	Basildon Ph		1:15.16					

Programme

Session 7 on Sunday 21st April at 10:50 am

EVENT 321 Open/Male 200m Breaststroke

1. Thomas Baxter	15	West Norfolk	2:46.90	29. Glennon Lee	18	Harlow Pen	2:33.90
2. Jack Peters	15	Basildon Ph	2:45.41	30. Rhys Burrell	17	West Norfolk	2:33.80
3. Frank Lamb	15	Co Peterboro	2:43.80	31. Harvey Durham	16	Co Norwich	2:33.60
4. Berkley Barnicoat	15	Bedford SS	2:42.99	32. George Lovelock	19	Hitchin	2:33.42
5. Dmitrijs Gracovs	15	Harlow Pen	2:42.59	33. Szymon Pierzecki	15	Witham Dolph	2:33.15
6. George Jones	15	Harlow Pen	2:42.50	34. Henry Mann	16	Norwich Swan	2:32.88
7. Alban Gill	16	Co St Albans	2:42.33	35. Luke Payne	20	Hatfield	2:32.76
8. Maximus Atkin	15	Linslade	2:41.07	36. Cub Maddison	18	Harpenden	2:32.03
9. Lazaros Giarenis	15	Co Norwich	2:41.01	37. Christopher Howe	19	Co Cambridge	2:31.30
10. Ewan Coackley	16	teamipswich	2:40.67	38. Samuel Jeffrey	17	Hatfield	2:29.56
11. Cillian O'Brien	16	Co Ely	2:40.66	39. Samuel Winslow	17	Co Cambridge	2:29.37
12. Thomas Deaton	18	Newmarket	2:39.66	40. Josh Martin	18	Co Peterboro	2:29.09
13. Theodore Monk	16	Co Cambridge	2:39.32	41. Lucas Hartley	17	Hatfield	2:28.08
14. George Little	16	Bedford SS	2:38.85	42. James McGettigan	15	Thurrock	2:27.80
15. Max Thomas	18	Flitwick	2:38.85	43. Charlie Ruddell	15	teamipswich	2:27.10
16. Joshua Jones	15	West Norfolk	2:38.67	44. Charlie McKinnon	17	St Felix Sch	2:27.09
17. Thomas Spelman	17	Stowmarket	2:38.40	45. Benjamin Taggart	17	Watford SC	2:26.84
18. Kian Lee	16	Co Peterboro	2:38.23	46. Lewis Andrews	17	Norwich Swan	2:26.80
19. Robert Elliston	18	Braintree	2:37.67	47. Daryl Rands	27	Colchester	2:26.18
20. Matthew McLaughlin	31	DunmowAtlant	2:37.37	48. James Noble	22	Norwich Swan	2:25.81
21. Samuel Everett	17	West Suffolk	2:36.93	49. Joshua Sackree	16	Co Peterboro	2:24.26
22. Samuel Howard	17	Hoddesdon	2:36.80	50. Daniel Holliss	18	Co St Albans	2:23.90
23. Daniel De Filippo	15	Flitwick	2:36.72	51. Saxon Minto	16	Chelmsford	2:23.50
24. Daniel Moyses	18	Co Peterboro	2:36.30	52. George Prince	16	Putteridge	2:22.98
25. Alexander Ball	17	Potters Bar	2:35.98	53. Reece Burns	16	Chelmsford	2:22.31
26. Adam Hazlewood	20	Putteridge	2:34.89	54. Ben Buckley	17	Co Norwich	2:20.90
27. Austin Harrop	18	Co Cambridge	2:34.87	55. Edward Ormsby	17	Co Cambridge	2:20.31
28. Gagan Singh	18	Co Peterboro	2:34.43	56. Olivier Vedrenne	19	Co Norwich	2:09.51

EVENT 322 Female 100m Butterfly

1. Ida Corcoran	15	Flitwick	S9	1:41.94	31. Isabella Porzio	20	Putteridge	1:08.30	
2. Eveline Gaydon	15	Colchester		1:12.00	32. Helena Hall	19	Deben	1:08.21	
3. Charlotte Low	15	Chelmsford		1:11.95	33. Leah Harris	21	Norfolk Vikg	1:08.00	
4. Charlie Duce	15	Bedford SS		1:11.90	34. Katerina Di Maria	16	Co Norwich	1:07.90	
5. Anabelle Kett	15	Co Peterboro		1:11.62	35. Lily Murrell	15	Norwich Swan	1:07.90	
6. Sophie Roberts	15	teamipswich		1:11.55	36. Chloe Armstrong	17	teamipswich	1:07.50	
7. Isabella Savage	15	Potters Bar		1:11.49	37. Molly Burrows	15	Co Peterboro	1:07.40	
8. Bethany Rumsby	15	Norwich Swan		1:11.10	38. Amy Meyer	15	Biggleswade	1:07.40	
9. Yasmine Ollerenshaw	15	Flitwick		1:11.01	39. Katie Jeffrey	20	Hatfield	1:07.30	
10. Amy Witton	15	Hatfield		1:10.99	40. Jasmine Coleman	18	Norwich Swan	1:07.28	
11. Summer Evason	15	Watford SC		1:10.96	41. Emily Pitcher	16	Norwich Swan	1:07.28	
12. Teah Gregory	16	Stevenage		1:10.90	42. Genevieve White	16	Co Cambridge	1:07.20	
13. Evelyn Clarke	16	Witham Dolph		1:10.79	43. Kate Hopper	17	Berkhamsted	1:07.11	
14. Mia Gray	16	Norwich Swan		1:10.54	44. Chloe Barnard	15	Basildon Ph	1:06.80	
15. Elena Stent	16	Basildon Ph		1:10.40	45. Clementine Lovell	15	teamipswich	1:06.76	
16. Nell Coster	16	Berkhamsted		1:09.99	46. Daisy Manning	16	Basildon Ph	1:06.56	
17. Eloise Conway	24	Halstead		1:09.94	47. Ever Ives	15	Hatfield	1:06.40	
18. Scarlett Joslin	17	Co Cambridge		1:09.94	48. Jessica-Jane Applegate	28	Co Norwich	S14	1:06.31
19. Lilia Burgoyne	15	Co Norwich		1:09.90	49. Lexie Goodman	17	Basildon Ph		1:06.30
20. Francesca Barber	15	Co Norwich		1:09.75	50. Sophie Palmer	15	Basildon Ph		1:06.23
21. Antonia Elias	15	Hatfield		1:09.20	51. Amy Boreham	18	Watford SC		1:06.22
22. Honor Beverstock	15	Hatfield		1:09.10	52. Hollie Hawkins	17	Basildon Ph		1:06.20
23. I Stratton-Thomsett	15	Colchester		1:09.00	53. Isobel Mather	17	Co Cambridge		1:06.20
24. Eleanor McLeod	16	Putteridge		1:09.00	54. Sophie Dowding	17	teamipswich		1:06.08
25. Mia Macklin	16	Braintree		1:08.87	55. Jessica Medlicott	17	Dunstable		1:05.90
26. Louise Webster	17	Thurrock		1:08.60	56. Francesca Baber	18	Co Cambridge		1:05.41
27. Hollie Gilbertson	15	Co Norwich		1:08.53	57. Jessica Shaw	19	Co Peterboro		1:05.10
28. Poppy Magill	16	Putteridge		1:08.40	58. Rebecca Keetley	20	Co Cambridge		1:05.07
29. Melike Dagdelen	15	Putteridge		1:08.40	59. Grace Robinson	15	St Felix Sch		1:05.00
30. Amelia Saunders	16	St Felix Sch		1:08.32	60. Megan Pye	22	Co Norwich		1:04.80

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61. Millie Harris	16	West Norfolk	1:04.78	72. Sadie Hunter	16	Co Peterboro	1:04.10
62. Anouk Zecchini	18	Co Cambridge	1:04.70	73. Jasmine Carter	15	Basildon Ph	1:04.04
63. Chloe Butler	20	St Ives	1:04.60	74. Olivia Greenall	15	Co Norwich	1:04.01
64. Cait Cotter	17	Chelmsford	1:04.56	75. Emma Fields	18	Bishop Stort	1:03.40
65. Olivia Minett	16	Co Peterboro	1:04.53	76. Grace Greenhalf	17	Co Norwich	1:02.80
66. Charlotte Williams	18	Hatfield	1:04.50	77. Hannah Willis	19	Co Peterboro	1:02.80
67. Vanesa Cimermanova	16	Co Peterboro	1:04.44	78. Matilda Bogle	18	teamipswich	1:02.30
68. Abigail Crawley	19	teamipswich	1:04.30	79. Eloise Cole	16	Bedford SS	1:01.90
69. Ruby Wheeler	18	Basildon Ph	1:04.29	80. Georgia Holgate	17	Co Cambridge	1:01.74
70. Lara Treharne	17	Co Peterboro	1:04.13	81. Charlotte Smith	17	Norwich Swan	1:01.40
71. Megan Donovan	17	Co Peterboro	1:04.10	82. Skye Carter	17	Basildon Ph	1:00.30

EVENT 323 Open/Male 400m Freestyle

1. Jacob Desso	16	Runnymede	S8	6:55.64	24. Daniel Meier	17	Biggleswade	4:19.06
2. Mark Evens	28	Hitchin	S14	5:29.19	25. Jack Abram	19	Co Norwich	4:19.00
3. Corey Hare	18	teamipswich	S14	4:39.90	26. Conor Mint	15	Basildon Ph	4:18.91
4. Oliver Fenwick	15	Team Luton		4:34.35	27. Timon Chapman	22	Norwich Swan	4:18.85
5. Isaac Buchan	15	Co Norwich		4:33.83	28. Max Arnold	18	Harlow Pen	4:18.76
6. Lucas Day	15	Rochford		4:32.60	29. B Macdonald-Williams	16	Bishop Stort	4:18.65
7. Jamie Wilson	15	West Norfolk		4:31.88	30. Luke Martell	18	Watford SC	4:18.50
8. Daniel De Filippo	15	Flitwick		4:30.80	31. Charlie McKinnon	17	St Felix Sch	4:18.06
9. Will Riley	15	teamipswich		4:30.75	32. Benjamin Every	16	St Felix Sch	4:16.93
10. Max Walters	15	Watford SC		4:28.50	33. Jack Barnard	19	Watford SC	4:16.36
11. Zak Fellows	15	Co St Albans		4:25.79	34. Oscar Winterburn	16	teamipswich	4:16.16
12. Adam O'Neal	16	Bedford SS		4:25.60	35. Robert Fenner	16	Basildon Ph	4:15.56
13. Billy Mead	19	Linslade		4:23.94	36. Alexander Kalverboer	18	Co St Albans	4:15.45
14. Daniel Williams	16	Hatfield		4:23.61	37. Daniel Moyses	18	Co Peterboro	4:15.00
15. George Carter	16	Co Cambridge		4:22.37	38. George Hooper	17	Co St Albans	4:14.79
16. Ben Davison	19	Hatfield		4:22.12	39. Jack Swindale	16	Co Peterboro	4:10.67
17. Oscar Hunter	15	Norwich Swan		4:22.00	40. Harrison Shaw	17	Flitwick	4:10.42
18. Reece Burns	16	Chelmsford		4:21.66	41. Orlando Dearing	16	Co Peterboro	4:08.10
19. Daniel Thompson	17	Thurrock		4:21.60	42. Jacques Bonsell	25	Co Cambridge	4:08.00
20. Isaac Farrugia	17	Basildon Ph		4:21.60	43. Patch Robinson	17	teamipswich	4:07.06
21. Dylan Davenport	15	Bishop Stort		4:21.54	44. Ryan Wall	17	Co Cambridge	4:06.04
22. Kian Lee	16	Co Peterboro		4:19.80	45. Daniel Belsey	16	Hatfield	4:05.83
23. Thomas Ford	18	Basildon Ph		4:19.16	46. Daniel McGuinness	18	Basildon Ph	4:05.64

Programme

Session 8 on Sunday 21st April at 1:25 pm

EVENT 331 Female 100m Freestyle

1.	Charlotte Ryan	24	Runnymede	S6	2:00.61	47.	Bethany Rumsby	15	Norwich Swan	1:00.50
2.	Abigail Wickens	17	Flitwick	S8	1:18.00	48.	Millie Harris	16	West Norfolk	1:00.45
3.	Lily Herring	16	Norfolk Vikg	S10	1:16.50	49.	Erin Currie	16	Hatfield	1:00.30
4.	Alicia Morton	15	Basildon Ph		1:03.49	50.	Gabriela Gomez Pavon	17	Potters Bar	1:00.25
5.	Aleksandra Czerwinska	15	Potters Bar		1:03.47	51.	Ruby Greenhalf	19	Co Norwich	1:00.10
6.	Lyla Flelo	15	Co Norwich		1:03.40	52.	Isabel Thomas	16	Newmarket	1:00.10
7.	Miley Wilson-Mansfield	15	Newmarket		1:03.15	53.	Ruby Chapman	18	Norwich Swan	1:00.01
8.	Michelle Shadipe	15	New Hall		1:03.10	54.	Emma Fields	18	Bishop Stort	59.94
9.	Antonia Elias	15	Hatfield		1:03.03	55.	Ever Ives	15	Hatfield	59.90
10.	Ella Deaton	15	Newmarket		1:02.93	56.	Cailin Hehir	16	Watford SC	59.88
11.	Honor Beverstock	15	Hatfield		1:02.73	57.	Charlotte Smith	17	Norwich Swan	59.84
12.	Charlotte Pound	15	Putteridge		1:02.70	58.	Mia Lowe	17	Basildon Ph	59.75
13.	Gabriella Troman	15	teamipswich		1:02.51	59.	Erin Younger	17	Co St Albans	59.67
14.	Yasmine Ollerenshaw	15	Flitwick		1:02.43	60.	Jasmine Carter	15	Basildon Ph	59.54
15.	Sophie Stelmach	15	Stevenage		1:02.40	61.	Ella Dawson	16	Chelmsford	59.48
16.	Martha Bentley	15	Epping For't		1:02.04	62.	Lucy Young	19	Biggleswade	59.45
17.	Holly Underdown	15	Braintree		1:02.02	63.	Jessica Shaw	19	Co Peterboro	59.30
18.	Melike Dagdelen	15	Putteridge		1:01.80	64.	Jessica Medlicott	17	Dunstable	59.29
19.	Abigail Riches	16	Co Norwich		1:01.60	65.	Katerina Di Maria	16	Co Norwich	59.20
20.	Freya Hadnutt	16	Bishop Stort		1:01.53	66.	Millie Fields	20	Co Norwich	59.10
21.	Amelia Porzio	16	Putteridge		1:01.53	67.	Adel Zakrzewski	21	Co Norwich	59.00
22.	Lily Farr	16	Flitwick		1:01.50	68.	Jessica-Jane Applegate	28	Co Norwich	S14 58.90
23.	Emily Pitcher	16	Norwich Swan		1:01.46	69.	Charlotte Williams	18	Hatfield	58.87
24.	Imola Jozsa	18	Hatfield		1:01.40	70.	Olivia Greenall	15	Co Norwich	58.80
25.	Erin Woodrow	17	West Norfolk		1:01.40	71.	Amara Addison	17	Norwich Swan	58.80
26.	Elizabeth Wright	17	West Suffolk		1:01.33	72.	Hannah Willis	19	Co Peterboro	58.74
27.	Daisy Russell	16	DunmowAtlant		1:01.31	73.	Isobel Mather	17	Co Cambridge	58.70
28.	Jasmine Coleman	18	Norwich Swan		1:01.30	74.	Shahd Mohamed	17	Co Peterboro	58.53
29.	Anna-Lucia Fenner	18	Basildon Ph		1:01.30	75.	Olivia Minett	16	Co Peterboro	58.50
30.	Evelyn Dixon-Minter	19	Deben		1:01.28	76.	Georgia Holgate	17	Co Cambridge	58.40
31.	Francesca Barber	15	Co Norwich		1:01.24	77.	Grace Robinson	15	St Felix Sch	58.30
32.	Amy Meyer	15	Biggleswade		1:01.20	78.	Francesca Baber	18	Co Cambridge	58.20
33.	Adrija Raudonyte	16	Newmarket		1:01.20	79.	Eloise Cole	16	Bedford SS	58.20
34.	Megan Gray	17	Hatfield		1:01.18	80.	Connie Davies	18	Deben	58.18
35.	Evelyn Clarke	16	Witham Dolph		1:01.09	81.	Sophie Palmer	15	Basildon Ph	58.08
36.	Leah Harris	21	Norfolk Vikg		1:01.02	82.	Laura Burgess	18	Bishop Stort	57.92
37.	Elizabeth Swaby	15	Basildon Ph		1:00.91	83.	Alexa Mann	18	Chelmsford	57.80
38.	Erin Uttridge	15	teamipswich		1:00.86	84.	Abigail Crawley	19	teamipswich	57.79
39.	Kate Hopper	17	Berkhamsted		1:00.83	85.	Ellen Duffield	17	teamipswich	57.62
40.	Katie Jeffrey	20	Hatfield		1:00.80	86.	Matilda Bogle	18	teamipswich	57.40
41.	Genevieve White	16	Co Cambridge		1:00.80	87.	Lucy Wheeler	24	Bishop Stort	57.30
42.	Anabelle Kett	15	Co Peterboro		1:00.70	88.	Ruby Wheeler	18	Basildon Ph	57.26
43.	Lexie Goodman	17	Basildon Ph		1:00.63	89.	Grace Greenhalf	17	Co Norwich	56.50
44.	Amelia Lewis	15	teamipswich		1:00.60	90.	Shauna Lee	29	Biggleswade	55.30
45.	Weronika Mikolajewska	16	Co Peterboro		1:00.52	91.	Skye Carter	17	Basildon Ph	54.30
46.	Nicole Maynard	15	Basildon Ph		1:00.50						

EVENT 332 Open/Male 200m Backstroke

1.	Ben Hunwick	15	Tring		2:31.73	13.	F Cleland Ferdin	16	Co Cambridge	2:24.40
2.	Finlay German	15	Co Cambridge		2:27.37	14.	Ewan Nobes	16	Norwich Swan	2:24.07
3.	Maxim Szarvadi	15	Harlow Pen		2:27.31	15.	Hugo Arthey	15	Harwich DP	2:24.04
4.	Lucas Moxon-Booth	15	Flitwick		2:27.20	16.	Frank Lamb	15	Co Peterboro	2:24.02
5.	Oliver Fenwick	15	Team Luton		2:27.17	17.	Michael Mannix	16	Harlow Pen	2:24.02
6.	Alexander Mordenti	15	Potters Bar		2:26.56	18.	Jamie Wilson	15	West Norfolk	2:24.00
7.	Thomas Baxter	15	West Norfolk		2:26.15	19.	Evan Larthe	15	Basildon Ph	2:23.30
8.	Kabir Patel	15	Potters Bar		2:26.07	20.	Ewan Coackley	16	teamipswich	2:22.78
9.	Csanad Rehus	15	Co Peterboro		2:25.76	21.	James Gibson	16	Watford SC	2:22.70
10.	Toby Lashmar	15	Basildon Ph		2:25.40	22.	Theo Bari	16	Saffron Wald	2:22.68
11.	Jack Friedlein	16	Maldon Shark		2:24.82	23.	Ryan Ingram	16	Co St Albans	2:22.30
12.	Isaac Buchan	15	Co Norwich		2:24.68	24.	Oliver Clark	16	Maldon Shark	2:22.13

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25. Jude Staton	16	March	2:21.50	51. Harrison Shaw	17	Flitwick	2:13.87
26. James Clarke	16	Co Norwich	2:21.40	52. Cameron Jones	18	Bedford SS	2:13.34
27. Parker Brewster	15	Harpenden	2:21.24	53. Zak Fellows	15	Co St Albans	2:13.32
28. Ronnie Edwards	16	Rochford	2:21.13	54. Robert Fenner	16	Basildon Ph	2:12.65
29. Oscar Hunter	15	Norwich Swan	2:20.79	55. Marton Molnar	15	Co Cambridge	2:12.57
30. Daniel Thompson	17	Thurrock	2:20.20	56. Norbert Kadar	15	Co Cambridge	2:12.53
31. Benjamin Every	16	St Felix Sch	2:19.93	57. Danylo Kravchenko	15	New Hall	2:12.09
32. Harvey Isle	19	West Norfolk	2:19.92	58. Ethan Thorpe	15	Basildon Ph	2:11.18
33. Sean Connolly	16	Epping Fort	2:19.81	59. Ben Minister	18	Thurrock	2:11.10
34. Joshua Hutchinson	17	Harlow Pen	2:19.47	60. Orlando Dearing	16	Co Peterboro	2:11.07
35. Daniel De Filippo	15	Flitwick	2:19.44	61. Ryan Close	16	Bedford SS	2:10.60
36. Rufus Bennett	16	Co Peterboro	2:19.04	62. Samuel Jeffrey	17	Hatfield	2:10.58
37. Jan Beblot	15	Norwich Swan	2:18.86	63. Tobias Oglesby	20	West Norfolk	2:10.47
38. Spencer Battison	16	Team Waveney	2:18.33	64. Jacob Hayes	17	Bishop Stort	2:09.90
39. Hayden Thornhill	18	Hoddesdon	2:18.18	65. Sandijs Cecins	17	Colchester	2:09.86
40. Daniel Moyses	18	Co Peterboro	2:17.99	66. Alexander Kalverboer	18	Co St Albans	2:08.68
41. William Leese	16	Co Cambridge	2:17.34	67. Oscar Winterburn	16	teamipswich	2:08.48
42. Rufus Carr	16	St Felix Sch	2:17.03	68. Janos Kadar	17	Co Cambridge	2:07.74
43. Anthony Ganchev	15	Chelmsford	2:16.98	69. Edward Ormsby	17	Co Cambridge	2:06.86
44. Kian Lee	16	Co Peterboro	2:16.57	70. Matthew Monie	19	Co Cambridge	2:05.39
45. Nathan Yeaman	17	West Norfolk	2:16.47	71. Oliver Smith	17	Basildon Ph	2:05.35
46. Albert Orley	16	Braintree	2:15.87	72. Myles Turner	24	West Suffolk	2:04.04
47. William East	16	Basildon Ph	2:15.25	73. Oliver Baskerville	16	Hatfield	2:03.87
48. Rafferty May	16	Watford SC	2:15.09	74. Nikita Charykin	18	Thurrock	2:01.37
49. Oliver Frame	19	Norwich Swan	2:14.40	75. Nathan Wells	26	West Norfolk	2:00.84
50. Thomas Ford	18	Basildon Ph	2:14.34					

EVENT 333 Female 400m IM

1. I Stratton-Thomsett	15	Colchester	5:37.08	19. Alexa Mann	18	Chelmsford	5:15.90
2. Yasmine Ollerenshaw	15	Flitwick	5:32.70	20. Isabella Porzio	20	Putteridge	5:15.20
3. Lilia Burgoyne	15	Co Norwich	5:32.24	21. Ever Ives	15	Hatfield	5:14.38
4. Anabelle Kett	15	Co Peterboro	5:32.14	22. Lisa Leinemann	17	Chelmsford	5:14.14
5. Melike Dagdelen	15	Putteridge	5:30.80	23. Amelia Saunders	16	St Felix Sch	5:13.20
6. Francesca Barber	15	Co Norwich	5:29.28	24. Daisy Manning	16	Basildon Ph	5:12.15
7. Summer Buckland	15	Harlow Pen	5:29.01	25. Megan Pye	22	Co Norwich	5:09.70
8. Hollie Gilbertson	15	Co Norwich	5:28.36	26. Sophie Dowding	17	teamipswich	5:07.64
9. Hannah Lovelock	16	Hitchin	5:27.44	27. Grace Robinson	15	St Felix Sch	5:06.90
10. Bethany Crawley	16	teamipswich	5:26.53	28. Clementine Lovell	15	teamipswich	5:06.40
11. Molly Burrows	15	Co Peterboro	5:26.23	29. Annie McLeod	16	Putteridge	5:04.03
12. Poppy Magill	16	Putteridge	5:26.10	30. Olivia Minett	16	Co Peterboro	5:03.85
13. Charisse Harding	15	Norwich Swan	5:24.85	31. Lilly Davis	17	Co Peterboro	5:03.49
14. Amy Meyer	15	Biggleswade	5:22.90	32. Sadie Hunter	16	Co Peterboro	5:00.67
15. Esmie Kidman	18	West Norfolk	5:22.84	33. Lexie O'Connor	17	Basildon Ph	4:59.90
16. Summer Evason	15	Watford SC	5:22.34	34. Chloe Barnard	15	Basildon Ph	4:58.13
17. Georgina Hamilton	16	Co St Albans	5:21.66	35. Ruby Wheeler	18	Basildon Ph	4:52.05
18. Kate Hopper	17	Berkhamsted	5:19.72	36. Cait Cotter	17	Chelmsford	4:51.40

EVENT 334 Open/Male 14/16 Yrs 800m Free Team

1. Co Peterboro B	14/16	Co Peterboro	8:48.00	4. Hatfield	14/16	Hatfield	8:14.00
2. Chelmsford	14/16	Chelmsford	8:30.00	5. Basildon Ph	14/16	Basildon Ph	8:12.00
3. Co Cambridge	14/16	Co Cambridge	8:20.00	6. Co Peterboro A	14/16	Co Peterboro	8:10.00

EVENT 335 Open/Male 17 /Over 800m Free Team

1. Ware	17/OV	Ware	8:43.00	4. Basildon Ph	17/OV	Basildon Ph	8:02.00
2. Watford SC	17/OV	Watford SC	8:20.00	5. Co Cambridge	17/OV	Co Cambridge	7:55.00
3. Hatfield	17/OV	Hatfield	8:08.00					

Session 9 on Sunday 21st April at 4:15 pm

EVENT 341 FINAL OF EVENT 312 Female 15 Yrs 50m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 342 FINAL OF EVENT 312 Female 16 Yrs 50m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 343 FINAL OF EVENT 312 Female 17 Yrs/Over 50m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 344 FINAL OF EVENT 311 Open/Male 15 Yrs 200m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 345 FINAL OF EVENT 311 Open/Male 16 Yrs 200m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 346 FINAL OF EVENT 311 Open/Male 17 /Over 200m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 347 FINAL OF EVENT 314 Female 15 Yrs 100m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 348 FINAL OF EVENT 314 Female 16 Yrs 100m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 349 FINAL OF EVENT 314 Female 17 /Over 100m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 350 FINAL OF EVENT 313 Open/Male 15 Yrs 50m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 351 FINAL OF EVENT 313 Open/Male 16 Yrs 50m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 352 FINAL OF EVENT 313 Open/Male 17 Yrs/Over 50m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 353 FINAL OF EVENT 322 Female 15 Yrs 100m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 354 FINAL OF EVENT 322 Female 16 Yrs 100m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 355 FINAL OF EVENT 322 Female 17 Yrs/Over 100m Butterfly

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 356 FINAL OF EVENT 321 Open/Male 15 Yrs 200m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 357 FINAL OF EVENT 321 Open/Male 16 Yrs 200m Breaststroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 358 FINAL OF EVENT 321 Open/Male 17 /Over 200m Breaststrok

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 359 FINAL OF EVENT 331 Female 15 Yrs 100m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 360 FINAL OF EVENT 331 Female 16 Yrs 100m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 361 FINAL OF EVENT 331 Female 17 Yrs/Over 100m Freestyle

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 362 FINAL OF EVENT 332 Open/Male 15 Yrs 200m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 363 FINAL OF EVENT 332 Open/Male 16 Yrs 200m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 364 FINAL OF EVENT 332 Open/Male 17 /Over 200m Backstroke

1.	5.
2.	6.
3.	7.
4.	8.

EVENT 365 Female 14/16 Yrs 400m Free Team

1. DunmowAtlant	14/16	DunmowAtlant	4:24.00	5. Hatfield	14/16	Hatfield	4:04.50
2. Co St Albans	14/16	Co St Albans	4:20.00	6. Co Norwich	14/16	Co Norwich	4:04.00
3. Chelmsford	14/16	Chelmsford	4:10.00	7. Newmarket	14/16	Newmarket	4:03.00
4. Co Peterboro A	14/16	Co Peterboro	4:06.00	8. Basildon Ph	14/16	Basildon Ph	3:55.00

EVENT 366 Female 17 Yrs/Over 400m Free Team

1. Co Peterboro	17/OV	Co Peterboro	4:06.00	5. Hatfield	17/OV	Hatfield	4:04.00
2. Chelmsford	17/OV	Chelmsford	4:05.00	6. Norwich Swan	17/OV	Norwich Swan	4:03.00
3. Co Cambridge	17/OV	Co Cambridge	4:04.00	7. Co Norwich	17/OV	Co Norwich	3:54.00
4. Bishop Stort	17/OV	Bishop Stort	4:04.00	8. Basildon Ph	17/OV	Basildon Ph	3:50.00

EVENT 367 Open/Male 14/16 Yrs 400m Medley Tea

1. Bishop Stort	14/16	Bishop Stort	4:26.00	7. Hatfield	14/16	Hatfield	4:12.00
2. Co Peterboro B	14/16	Co Peterboro	4:22.00	8. Chelmsford	14/16	Chelmsford	4:12.00
3. Co St Albans	14/16	Co St Albans	4:18.00	9. Norwich Swan	14/16	Norwich Swan	4:11.00
4. Thurrock	14/16	Thurrock	4:14.10	10. Basildon Ph	14/16	Basildon Ph	4:07.00
5. Co Norwich	14/16	Co Norwich	4:14.00	11. Co Peterboro A	14/16	Co Peterboro	4:05.00
6. Co Cambridge	14/16	Co Cambridge	4:12.00					

EVENT 368 Open/Male 17 /Over 400m Medley Team

1. DunmowAtlant	17/OV	DunmowAtlant	4:21.00	7. Thurrock	17/OV	Thurrock	4:04.10
2. Ware	17/OV	Ware	4:21.00	8. Norwich Swan	17/OV	Norwich Swan	4:01.00
3. Bishop Stort	17/OV	Bishop Stort	4:14.00	9. Basildon Ph	17/OV	Basildon Ph	4:00.00
4. Co St Albans	17/OV	Co St Albans	4:12.00	10. Co Cambridge	17/OV	Co Cambridge	4:00.00
5. Biggleswade	17/OV	Biggleswade	4:10.55	11. Co Norwich	17/OV	Co Norwich	3:54.00
6. Hatfield	17/OV	Hatfield	4:08.00					