

Basildon Ph		Bo Southend	
Aislin Foley-Wright	07	Alexander Marchant	12
<i>Event 4 Men/Women 5k</i>		<i>Event 2 Men/Women 1k</i>	
Amelia Fenner	10	Bethan McElroy	98
<i>Event 3 Men/Women 2k</i>		<i>Event 4 Men/Women 5k</i>	
Amy Audsley	10	Daniel Hagan	84
<i>Event 3 Men/Women 2k</i>		<i>Event 1 Men/Women 3k</i>	
Anna-Lucia Fenner	06	Emmi Gibson	11
<i>Event 4 Men/Women 5k</i>		<i>Event 3 Men/Women 2k</i>	
Ashton Blake	09	George Davey-Crouch	11
<i>Event 1 Men/Women 3k</i>		<i>Event 3 Men/Women 2k</i>	
Chloe Barnard	09	George Stacey	08
<i>Event 1 Men/Women 3k</i>		<i>Event 4 Men/Women 5k</i>	
Conor Mint	09	Hannah McElroy	00
<i>Event 1 Men/Women 3k</i>		<i>Event 1 Men/Women 3k</i>	
Corben Gibson	10	Matilda Stacey	10
<i>Event 3 Men/Women 2k</i>		<i>Event 2 Men/Women 1k</i>	
Hollie Hawkins	07	Max Pond	12
<i>Event 4 Men/Women 5k</i>		<i>Event 2 Men/Women 1k</i>	
Isaac Farrugia	07	Sebastian Haskins	10
<i>Event 4 Men/Women 5k</i>		<i>Event 1 Men/Women 3k</i>	
Jack Turrell	03	Sebastian Marchant	10
<i>Event 4 Men/Women 5k</i>		<i>Event 1 Men/Women 3k</i>	
Jasmine Hall	10		
<i>Event 3 Men/Women 2k</i>		Bo Waltham F	
Michelle Lane	87	Ella Pemberton	05
<i>Event 4 Men/Women 5k</i>		<i>Event 4 Men/Women 5k</i>	
Sebastian Wheldon	11	Luke Pemberton	08
<i>Event 3 Men/Women 2k</i>		<i>Event 1 Men/Women 3k</i>	
Simon Lashmar	74		
<i>Event 1 Men/Women 3k</i>		Braintree	
Thomas Ford	06	Esmee Reeve	08
<i>Event 1 Men/Women 3k</i>		<i>Event 1 Men/Women 3k</i>	
Toby Lashmar	09	Holly Underdown	09
<i>Event 1 Men/Women 3k</i>		<i>Event 1 Men/Women 3k</i>	
Zoe Watson	10	Isabelle Reeve	11
<i>Event 3 Men/Women 2k</i>		<i>Event 2 Men/Women 1k</i>	
		Marcie Aley	06
Biggleswade		<i>Event 1 Men/Women 3k</i>	
Coral Turner	10	Mia Macklin	08
<i>Event 3 Men/Women 2k</i>		<i>Event 1 Men/Women 3k</i>	
Fia Burr	11		
<i>Event 2 Men/Women 1k</i>		Bushey	
Franklin Shiells	11	Barnaby O'Donnell	08
<i>Event 2 Men/Women 1k</i>		<i>Event 1 Men/Women 3k</i>	
Georgina Hadden	06	<i>Event 4 Men/Women 5k</i>	
<i>Event 1 Men/Women 3k</i>		Katy Ord	08
Isabel White	09	<i>Event 1 Men/Women 3k</i>	
<i>Event 1 Men/Women 3k</i>		Canvey Isl	
Kirsty Gooch	00	Ava Nicholls-Cain	11
<i>Event 3 Men/Women 2k</i>		<i>Event 3 Men/Women 2k</i>	
Olivia Lillywhite	96	Holly Shepherd	10
<i>Event 3 Men/Women 2k</i>		<i>Event 3 Men/Women 2k</i>	
Rose Turner	12	Keira Martin	08
<i>Event 2 Men/Women 1k</i>		<i>Event 1 Men/Women 3k</i>	
Susan Evans	78	Lohan Coull	10
<i>Event 4 Men/Women 5k</i>		<i>Event 3 Men/Women 2k</i>	
William Turner	12	Mia Davis	12
<i>Event 2 Men/Women 1k</i>		<i>Event 2 Men/Women 1k</i>	
		Noah Chasney	10
Bishop Stort		<i>Event 2 Men/Women 1k</i>	
George Grimwood	07		
<i>Event 1 Men/Women 3k</i>			
Grace Mason	06		
<i>Event 4 Men/Women 5k</i>			
Meisha Trend-Evans	06		
<i>Event 4 Men/Women 5k</i>			

Chelmsford		Megan Clarke	09
Alexa Mann	06	<i>Event 1 Men/Women 3k</i>	
<i>Event 4 Men/Women 5k</i>		William Clarke	11
Callum Merrill	09	<i>Event 2 Men/Women 1k</i>	
<i>Event 1 Men/Women 3k</i>		Co Norwich	
Ella Dawson	08	Austin Taylor	09
<i>Event 1 Men/Women 3k</i>		<i>Event 1 Men/Women 3k</i>	
Lisa Leinemann	07	Brooke Clipsham	09
<i>Event 4 Men/Women 5k</i>		<i>Event 1 Men/Women 3k</i>	
Lydia Newell	10	Grace Cook	09
<i>Event 3 Men/Women 2k</i>		<i>Event 1 Men/Women 3k</i>	
Chesham		Hilary Drewry	12
Arthur Martin	10	<i>Event 2 Men/Women 1k</i>	
<i>Event 3 Men/Women 2k</i>		Jack Tate	06
Cheshunt		<i>Event 4 Men/Women 5k</i>	
Ashlee Willett	06	Lawrence Taylor	12
<i>Event 3 Men/Women 2k</i>		<i>Event 2 Men/Women 1k</i>	
Co Cambridge		Mathew Phoenix	08
Alice Robinson	09	<i>Event 1 Men/Women 3k</i>	
<i>Event 3 Men/Women 2k</i>		Noah Buchan	11
Anna Robinson	71	<i>Event 3 Men/Women 2k</i>	
<i>Event 2 Men/Women 1k</i>		Co Peterboro	
Austin Harrop	06	Amelie Stevenson	11
<i>Event 1 Men/Women 3k</i>		<i>Event 2 Men/Women 1k</i>	
Cerys Wall	12	Anabelle Kett	09
<i>Event 2 Men/Women 1k</i>		<i>Event 1 Men/Women 3k</i>	
Charlie Birdsall	10	Csanad Rehus	09
<i>Event 3 Men/Women 2k</i>		<i>Event 1 Men/Women 3k</i>	
Christopher Greenhalgh	96	<i>Event 4 Men/Women 5k</i>	
<i>Event 4 Men/Women 5k</i>		Daniel Moyses	06
Eleanor Mason	03	<i>Event 4 Men/Women 5k</i>	
<i>Event 4 Men/Women 5k</i>		Emma Cushion	10
Evie Anema	00	<i>Event 3 Men/Women 2k</i>	
<i>Event 4 Men/Women 5k</i>		Freya Gyselings	10
F Cleland Ferdin	08	<i>Event 3 Men/Women 2k</i>	
<i>Event 4 Men/Women 5k</i>		George Heather	10
Francesca Baber	06	<i>Event 3 Men/Women 2k</i>	
<i>Event 4 Men/Women 5k</i>		Isla Stewart	10
George Carter	08	<i>Event 3 Men/Women 2k</i>	
<i>Event 1 Men/Women 3k</i>		Jaia Bull	06
Imogen Alcock	09	<i>Event 1 Men/Women 3k</i>	
<i>Event 2 Men/Women 1k</i>		Jana Mohamed	09
Isabelle Harrop	09	<i>Event 1 Men/Women 3k</i>	
<i>Event 2 Men/Women 1k</i>		Jemima Tuffnell	05
Jack Burchell	94	<i>Event 4 Men/Women 5k</i>	
<i>Event 4 Men/Women 5k</i>		Joshua Coles	08
Olivia Lydon	05	<i>Event 2 Men/Women 1k</i>	
<i>Event 1 Men/Women 3k</i>		Kieran Ng	10
<i>Event 4 Men/Women 5k</i>		<i>Event 3 Men/Women 2k</i>	
Ryan Wall	07	Kirtan Uttarkar	07
<i>Event 4 Men/Women 5k</i>		<i>Event 4 Men/Women 5k</i>	
Scarlett Joslin	07	Lewis Borgognoni	11
<i>Event 1 Men/Women 3k</i>		<i>Event 2 Men/Women 1k</i>	
<i>Event 3 Men/Women 2k</i>		Lexcia Smith	11
Silvia Ferdin	65	<i>Event 2 Men/Women 1k</i>	
<i>Event 4 Men/Women 5k</i>		Matilda Stokes	11
Siobhan Johnson	96	<i>Event 2 Men/Women 1k</i>	
<i>Event 3 Men/Women 2k</i>		Molly Burrows	09
Co Ely		<i>Event 1 Men/Women 3k</i>	
Alexander Pashley	11	Poppy Garrod	09
<i>Event 2 Men/Women 1k</i>		<i>Event 1 Men/Women 3k</i>	
Daniel Kendall	06	Ruby Brace	08
<i>Event 4 Men/Women 5k</i>		<i>Event 1 Men/Women 3k</i>	
Isabella Pillow	07		
<i>Event 1 Men/Women 3k</i>			

Co St Albans		Epping For't	
Charlie Stott	09	Ayla Zolfaghari	11
<i>Event 3 Men/Women 2k</i>		<i>Event 3 Men/Women 2k</i>	
Keira-Mae Ingram	07	Esha Cross	08
<i>Event 4 Men/Women 5k</i>		<i>Event 1 Men/Women 3k</i>	
Colchester		Jeslene Sandhu	11
Alexander Gaydon	10	<i>Event 3 Men/Women 2k</i>	
<i>Event 3 Men/Women 2k</i>		Flitwick	
Eveline Gaydon	09	Alistair Shaw	80
<i>Event 1 Men/Women 3k</i>		<i>Event 1 Men/Women 3k</i>	
Kalaum Corani	04	Amber Tight	10
<i>Event 1 Men/Women 3k</i>		<i>Event 3 Men/Women 2k</i>	
Leyla Corani	09	Christian Claxton	78
<i>Event 2 Men/Women 1k</i>		<i>Event 1 Men/Women 3k</i>	
Deben		Darcey Hepworth	07
Gemma Cannon	92	<i>Event 3 Men/Women 2k</i>	
<i>Event 4 Men/Women 5k</i>		Eva Thomas	09
Iona Tait	08	<i>Event 3 Men/Women 2k</i>	
<i>Event 3 Men/Women 2k</i>		Grace Thomas	09
Isabella Gale	08	<i>Event 3 Men/Women 2k</i>	
<i>Event 2 Men/Women 1k</i>		Harrison Shaw	07
Katie Walker	08	<i>Event 1 Men/Women 3k</i>	
<i>Event 2 Men/Women 1k</i>		Hudson Sherwani	10
Sarah Tait	64	<i>Event 2 Men/Women 1k</i>	
<i>Event 3 Men/Women 2k</i>		Ian Murray	57
Dereham		<i>Event 1 Men/Women 3k</i>	
Lillian Walthew	06	Isabelle Suffling	11
<i>Event 1 Men/Women 3k</i>		<i>Event 2 Men/Women 1k</i>	
Diss Otters		Lily Farr	08
Adam Lelean	62	<i>Event 1 Men/Women 3k</i>	
<i>Event 4 Men/Women 5k</i>		Lochlan Shaw	10
Paulus Maukonen	86	<i>Event 3 Men/Women 2k</i>	
<i>Event 1 Men/Women 3k</i>		Luke Toland	11
Dunstable		<i>Event 2 Men/Women 1k</i>	
George Hearn	10	Niamh Bunker	10
<i>Event 2 Men/Women 1k</i>		<i>Event 3 Men/Women 2k</i>	
Georgios Gialopsos	08	Nigel Halford	61
<i>Event 2 Men/Women 1k</i>		<i>Event 3 Men/Women 2k</i>	
Isabella Geary	11	Oscar Sherwani	08
<i>Event 2 Men/Women 1k</i>		<i>Event 1 Men/Women 3k</i>	
Liam Murray	06	Paige Walker	06
<i>Event 3 Men/Women 2k</i>		<i>Event 4 Men/Women 5k</i>	
Matthew Horton	09	Phoebe Thorn	06
<i>Event 2 Men/Women 1k</i>		<i>Event 4 Men/Women 5k</i>	
Olivia Cooper	09	Samuel Fox	78
<i>Event 3 Men/Women 2k</i>		<i>Event 3 Men/Women 2k</i>	
Simon Murray	71	Shannon Ryall	05
<i>Event 3 Men/Women 2k</i>		<i>Event 3 Men/Women 2k</i>	
Skylar Alderson	06	Sophie Kelly	11
<i>Event 3 Men/Women 2k</i>		<i>Event 2 Men/Women 1k</i>	
East Anglian		Thomas Allen	96
Douglas Andrew	92	<i>Event 3 Men/Women 2k</i>	
<i>Event 1 Men/Women 3k</i>		Yasmine Ollerenshaw	09
Josephine Cresswell	68	<i>Event 1 Men/Women 3k</i>	
<i>Event 1 Men/Women 3k</i>		Gt Yarmouth	
Robert Hammond	73	Archie Harris-Joy	10
<i>Event 4 Men/Women 5k</i>		<i>Event 3 Men/Women 2k</i>	
		Elizabeth Mitchell	09
		<i>Event 1 Men/Women 3k</i>	
		Lily-May Freeman	10
		<i>Event 3 Men/Women 2k</i>	
		Millie Storey	08
		<i>Event 1 Men/Women 3k</i>	
		Richard Farrar	08
		<i>Event 1 Men/Women 3k</i>	
		Rosa Chrystie-Lowe	96
		<i>Event 4 Men/Women 5k</i>	

Hadleigh		Hitchin	
Byron Miller	11	George Lovelock	05
<i>Event 2 Men/Women 1k</i>		<i>Event 4 Men/Women 5k</i>	
Richard Living	70	Hannah Lovelock	08
<i>Event 4 Men/Women 5k</i>		<i>Event 3 Men/Women 2k</i>	
Robin Miller	68	Lee Portingale	75
<i>Event 2 Men/Women 1k</i>		<i>Event 3 Men/Women 2k</i>	
Halstead		Hoddesdon	
Daisy Turp-Daws	09	Hayden Garrett	07
<i>Event 3 Men/Women 2k</i>		<i>Event 4 Men/Women 5k</i>	
Lewis Archer	97	Mike Laird	86
<i>Event 4 Men/Women 5k</i>		<i>Event 4 Men/Women 5k</i>	
Harwich DP		Steven Lewis	82
Anja Newman	73	<i>Event 4 Men/Women 5k</i>	
<i>Event 3 Men/Women 2k</i>		Huntingdon	
Eleanor Newman	07	Elizabeth Fiander	79
<i>Event 1 Men/Women 3k</i>		<i>Event 4 Men/Women 5k</i>	
Katie Holmes	84	Leyton	
<i>Event 1 Men/Women 3k</i>		Julie Keefe	73
Menna Beegan	08	<i>Event 4 Men/Women 5k</i>	
<i>Event 2 Men/Women 1k</i>		Maldon Shark	
Tabitha Pickersgill	11	Keira Tarplett	09
<i>Event 2 Men/Women 1k</i>		<i>Event 1 Men/Women 3k</i>	
Thomas Richardson	08	March	
<i>Event 3 Men/Women 2k</i>		Connor Rickard	08
Haslemere		<i>Event 1 Men/Women 3k</i>	
James Scholes	10	Devon O'Neil	10
<i>Event 3 Men/Women 2k</i>		<i>Event 3 Men/Women 2k</i>	
Hatfield		Isla Staton	11
Cassandra Pereira	10	<i>Event 2 Men/Women 1k</i>	
<i>Event 3 Men/Women 2k</i>		Jude Staton	08
Charlotte Williams	06	<i>Event 3 Men/Women 2k</i>	
<i>Event 4 Men/Women 5k</i>		Luis Souto Hill	09
Daniel Williams	08	<i>Event 1 Men/Women 3k</i>	
<i>Event 1 Men/Women 3k</i>		Metro Pol	
Ever Ives	09	Amanda Greig	74
<i>Event 2 Men/Women 1k</i>		<i>Event 3 Men/Women 2k</i>	
Hardy Shipton	12	Mildenhall	
<i>Event 2 Men/Women 1k</i>		Adriana Morrison	12
Jasmine Pereira	08	<i>Event 2 Men/Women 1k</i>	
<i>Event 1 Men/Women 3k</i>		Emma Lovegrove	09
Jessica Keogh	04	<i>Event 2 Men/Women 1k</i>	
<i>Event 4 Men/Women 5k</i>		Robert Garry	64
Lauren Stott	02	<i>Event 3 Men/Women 2k</i>	
<i>Event 4 Men/Women 5k</i>		Modernian	
Lucia Day	11	Archie Henderson	09
<i>Event 3 Men/Women 2k</i>		<i>Event 3 Men/Women 2k</i>	
Nieve Ives	12	Berkley Barnicoat	09
<i>Event 2 Men/Women 1k</i>		<i>Event 1 Men/Women 3k</i>	
Shannon Stott	00	Charlie Duce	09
<i>Event 4 Men/Women 5k</i>		<i>Event 3 Men/Women 2k</i>	
Hemel Hemp		Megan Barnicoat	11
Hilary Coulson	67	<i>Event 3 Men/Women 2k</i>	
<i>Event 1 Men/Women 3k</i>			
Matthew Rafiq-Craske	71		
<i>Event 1 Men/Women 3k</i>			
Shane Coulson	94		
<i>Event 1 Men/Women 3k</i>			

New Hall		Royston	
Freya Hill	11	Alfie Winchester	08
<i>Event 2 Men/Women 1k</i>		<i>Event 3 Men/Women 2k</i>	
George Portlock	09	Bethan Wall	05
<i>Event 1 Men/Women 3k</i>		<i>Event 2 Men/Women 1k</i>	
Jacob Sugden	11	Emma Grant	73
<i>Event 2 Men/Women 1k</i>		<i>Event 3 Men/Women 2k</i>	
Lola Wonfor	09	Imogen Bygrave	10
<i>Event 1 Men/Women 3k</i>		<i>Event 2 Men/Women 1k</i>	
Newmarket		Lauren King	08
Chris Barlow	83	<i>Event 3 Men/Women 2k</i>	
<i>Event 4 Men/Women 5k</i>		Lucy Randall	08
Ella Deaton	09	<i>Event 3 Men/Women 2k</i>	
<i>Event 3 Men/Women 2k</i>		Olivia Parr	07
Elliot Steenkamp	08	<i>Event 3 Men/Women 2k</i>	
<i>Event 2 Men/Women 1k</i>		Wendy Randall	78
Florence Talbot	07	<i>Event 2 Men/Women 1k</i>	
<i>Event 3 Men/Women 2k</i>		Runnymede	
Isabel Thomas	08	Anna Regan	11
<i>Event 3 Men/Women 2k</i>		<i>Event 3 Men/Women 2k</i>	
Jacob Wild	11	Antoine Rouyer-Brown	05
<i>Event 3 Men/Women 2k</i>		<i>Event 3 Men/Women 2k</i>	
John Irish	80	Arrianne Lea	07
<i>Event 3 Men/Women 2k</i>		<i>Event 4 Men/Women 5k</i>	
Lily Brandt	08	Boe Baxter	10
<i>Event 3 Men/Women 2k</i>		<i>Event 2 Men/Women 1k</i>	
Noah Mann	07	Felicia Lea	09
<i>Event 3 Men/Women 2k</i>		<i>Event 1 Men/Women 3k</i>	
Romilly Marks	06	Juliette Rouyer-Brown	08
<i>Event 2 Men/Women 1k</i>		<i>Event 1 Men/Women 3k</i>	
Thomas Deaton	06	Kornelia Jagodzinska	10
<i>Event 3 Men/Women 2k</i>		<i>Event 3 Men/Women 2k</i>	
Norfolk Vikg		Mikolaj Jagodzinski	12
Sarah Buchan	76	<i>Event 2 Men/Women 1k</i>	
<i>Event 1 Men/Women 3k</i>		Reuben Walters	11
Simon Buchan	68	<i>Event 3 Men/Women 2k</i>	
<i>Event 1 Men/Women 3k</i>		Rhys Lawn	09
Norwich Swan		<i>Event 3 Men/Women 2k</i>	
Abigail Staff	04	SE Temp	
<i>Event 3 Men/Women 2k</i>		Mathilde Phillipps	08
Emma Montgomery	72	<i>Event 3 Men/Women 2k</i>	
<i>Event 3 Men/Women 2k</i>		South Beds	
Jan Beblot	09	Peter Gleed	78
<i>Event 1 Men/Women 3k</i>		<i>Event 1 Men/Women 3k</i>	
Zach Montgomery	10	Southend	
<i>Event 3 Men/Women 2k</i>		Chloe Parkins	08
Putteridge		<i>Event 2 Men/Women 1k</i>	
Andrew Roberts	77	Faisal Ahmed	09
<i>Event 4 Men/Women 5k</i>		<i>Event 2 Men/Women 1k</i>	
Isabella Porzio	04	Hunter Wright	12
<i>Event 4 Men/Women 5k</i>		<i>Event 2 Men/Women 1k</i>	
Owen Bird	92	Lily O'Keefe	09
<i>Event 4 Men/Women 5k</i>		<i>Event 3 Men/Women 2k</i>	
Ryan Roberts	05	Lizzy Crudgington	05
<i>Event 4 Men/Women 5k</i>		<i>Event 4 Men/Women 5k</i>	
Rochford		Max Ramage	09
Joshua Cox	93	<i>Event 2 Men/Women 1k</i>	
<i>Event 4 Men/Women 5k</i>		Molly Ramage	08
Lucas Day	09	<i>Event 2 Men/Women 1k</i>	
<i>Event 1 Men/Women 3k</i>		Ollie Hamilton	10
		<i>Event 3 Men/Women 2k</i>	
		Sophie Parkins	06
		<i>Event 3 Men/Women 2k</i>	
		Theo Wood	09
		<i>Event 2 Men/Women 1k</i>	

Toby Wood	08	Tanya Alexander	82
<i>Event 3 Men/Women 2k</i>		<i>Event 1 Men/Women 3k</i>	
William Gore	10	Zak Barber	07
<i>Event 2 Men/Women 1k</i>		<i>Event 4 Men/Women 5k</i>	
St Felix Sch		Thurrock	
Ben Every	08	Daniel Thompson	07
<i>Event 1 Men/Women 3k</i>		<i>Event 4 Men/Women 5k</i>	
Emilia Johnson	09	Lilyana Verlander	11
<i>Event 2 Men/Women 1k</i>		<i>Event 3 Men/Women 2k</i>	
Grace Robinson	09	Nicholas Mitroi	11
<i>Event 1 Men/Women 3k</i>		<i>Event 2 Men/Women 1k</i>	
Isla Thorn	11	Olivia Church	06
<i>Event 2 Men/Women 1k</i>		<i>Event 4 Men/Women 5k</i>	
Madelyn Latimer-Hicks	04	Ware	
<i>Event 4 Men/Women 5k</i>		Billy Cyl	08
Natalie Taylor	07	<i>Event 3 Men/Women 2k</i>	
<i>Event 3 Men/Women 2k</i>		Macy Cyl	10
Nicole Taylor	09	<i>Event 3 Men/Women 2k</i>	
<i>Event 2 Men/Women 1k</i>		Oliver Tom	07
Orlando Whiting	10	<i>Event 3 Men/Women 2k</i>	
<i>Event 2 Men/Women 1k</i>		Rachael Carpenter	07
Stowmarket		<i>Event 1 Men/Women 3k</i>	
Andrew Wright	57	Thomas Liddiard	06
<i>Event 4 Men/Women 5k</i>		<i>Event 3 Men/Women 2k</i>	
Kim Lynch	59	Watford SC	
<i>Event 3 Men/Women 2k</i>		Constantine Calliafas	11
Peter Lynch	62	<i>Event 3 Men/Women 2k</i>	
<i>Event 3 Men/Women 2k</i>		Esmee Hui	12
Swansea Uni		<i>Event 2 Men/Women 1k</i>	
Charlotte Tree	04	Felipe Irvine	10
<i>Event 1 Men/Women 3k</i>		<i>Event 3 Men/Women 2k</i>	
Team Luton		Hugo Harley	12
Clara Leon	11	<i>Event 2 Men/Women 1k</i>	
<i>Event 2 Men/Women 1k</i>		Prisha Tapre	08
David Wright	61	<i>Event 1 Men/Women 3k</i>	
<i>Event 1 Men/Women 3k</i>		<i>Event 4 Men/Women 5k</i>	
George Saunders	10	Tom Gilbert	12
<i>Event 3 Men/Women 2k</i>		<i>Event 2 Men/Women 1k</i>	
Jo Mitchinson	79	William Harris	09
<i>Event 4 Men/Women 5k</i>		<i>Event 1 Men/Women 3k</i>	
Kaylyn Sampong	11	<i>Event 4 Men/Women 5k</i>	
<i>Event 2 Men/Women 1k</i>		West Norfolk	
Lauren Calvert	08	Alex Wilson	06
<i>Event 3 Men/Women 2k</i>		<i>Event 4 Men/Women 5k</i>	
Lyla Howard	07	Alexander Pattison	10
<i>Event 4 Men/Women 5k</i>		<i>Event 3 Men/Women 2k</i>	
Owain Roberts	09	Charlie Hill	09
<i>Event 1 Men/Women 3k</i>		<i>Event 1 Men/Women 3k</i>	
Talia Staines	02	Daisy Covell	10
<i>Event 4 Men/Women 5k</i>		<i>Event 2 Men/Women 1k</i>	
Team Waveney		David Rocznik	10
Caitlin Goldney	06	<i>Event 2 Men/Women 1k</i>	
<i>Event 1 Men/Women 3k</i>		Edward Murray	08
Carrie Farris	71	<i>Event 1 Men/Women 3k</i>	
<i>Event 1 Men/Women 3k</i>		Erin Lovelock	10
Harriet Glennerster	07	<i>Event 3 Men/Women 2k</i>	
<i>Event 1 Men/Women 3k</i>		Erin Woodrow	07
Jersey Holmes	07	<i>Event 2 Men/Women 1k</i>	
<i>Event 1 Men/Women 3k</i>		Esmie Kidman	06
Joe Vettese	80	<i>Event 4 Men/Women 5k</i>	
<i>Event 1 Men/Women 3k</i>		Faith Turner	10
Maia Thompson	08	<i>Event 3 Men/Women 2k</i>	
<i>Event 1 Men/Women 3k</i>		Hayley Turner	72
		<i>Event 3 Men/Women 2k</i>	

Jamie Wilson	09
Event 1	Men/Women 3k
Event 4	Men/Women 5k
Kye Harrington	08
Event 1	Men/Women 3k
Lucy Chadderton	82
Event 3	Men/Women 2k
Maia Khalil	09
Event 3	Men/Women 2k
Milly Johnson	10
Event 3	Men/Women 2k
Nathan Yeaman	07
Event 2	Men/Women 1k
Nellie Chadderton	12
Event 2	Men/Women 1k
Oliver Norris	09
Event 1	Men/Women 3k
Olivia Bradford	11
Event 3	Men/Women 2k
Olivia Skittrell	07
Event 4	Men/Women 5k
Oscar Smithee	07
Event 4	Men/Women 5k
Polly Anderson	12
Event 2	Men/Women 1k
Poppy Peebles	08
Event 1	Men/Women 3k
Ruby Jackson	09
Event 1	Men/Women 3k
Wiktoria Marcinek	08
Event 1	Men/Women 3k
Zoe Wilson	07
Event 4	Men/Women 5k
West Suffolk	
Isabel Moore	08
Event 3	Men/Women 2k
Molly Peacock	02
Event 3	Men/Women 2k
teamipswich	
Attila Mozes	10
Event 3	Men/Women 2k
Ben Howlett	07
Event 4	Men/Women 5k
Emma Wheeler	96
Event 4	Men/Women 5k