

Swim England East Region

(Level 4) Regional Elite Junior Diving Competitions

General Event Conditions:

- The competitions shall be conducted in accordance with Swim England Regulations and F.I.N.A. Technical Rules for Diving, except where set out in these conditions.
- There shall be separate events for males and females.
- All events will be straight final.
- All ages are as at the 31st December in the year of competition.
- All competitions shall be promoted as 'Open' events with two separate entry categories.
- An individual entry for both entry categories will not be accepted.
- An entrant for a competition must be a Swim England registered Club Compete member of the club they are representing or a Temporary Member of Swim England by the published closing date.

Entry Categories:

East Region Entries

- Will be accepted from divers who are registered members of clubs affiliated to a Swim England East Region.
- An entered diver shall not have competed in the closed championships or competitions of another Swim England Region in the same year other than as an individual member of a synchronised pair.

Guest Entries

- Entries will be accepted from divers who are registered members of any club affiliated to Swim England through their Regional Association, the Scottish ASA or Welsh ASA or one of the countries affiliated to F.I.N.A.

Medals:

- Medals will be presented to the top three competitors from the East Region entries.
- A guest competitor who is ranked in the first three places in the overall results will receive an appropriate commemorative medal.

Please Note:

Coaches entering divers of an inappropriate standard in any East Region Diving Event may be approached by the Regional Diving Manager and given advice on competition selection.

Competition Conditions:

All ages are at the 31st December in the year of competition.

Age Category	Gender	Event	Conditions – Individual Events	No. Of Dives	National Standard
Group C (9-13 years)	Girls	1m	5 dives from 5 groups max difficulty of 9.0 + 3 optional dives from 3 groups no limit	8	230
		3m	5 dives from 5 groups max difficulty of 9.5 + 3 optional dives from 3 groups no limit	8	250
		Platform*	4 dives from 4 groups max difficulty of 7.6 + 3 optional dives from 3 groups no limit (5m/7.5m*)	7	230
	Boys	1m	5 dives from 5 groups max difficulty of 9.0 + 3 optional dives from 3 groups no limit	8	240
		3m	5 dives from 5 groups max difficulty of 9.5 + 3 optional dives from 3 groups no limit	8	260
		Platform*	4 dives from 4 groups max difficulty of 7.6 + 3 optional dives from 3 groups no limit (5m/7.5m*)	7	240
Group B	Girls	1m	5 dives from 5 groups max difficulty of 9.0 + 3 optional dives from 3 groups no limit	8	260
		3m	5 dives from 5 groups max difficulty of 9.5 + 3 optional dives from 3 groups no limit	8	280
		Platform	4 dives from 4 groups max difficulty of 7.6 + 3 optional dives from 3 groups no limit (5 groups to be covered)	7	250
	Boys	1m	5 dives from 5 groups max difficulty of 9.0 + 4 optional dives from 4 groups no limit	9	310
		3m	5 dives from 5 groups max difficulty of 9.5 + 4 optional dives from 4 groups no limit	9	330
		Platform	4 dives from 4 groups max difficulty of 7.6 + 4 optional dives from 4 groups no limit (5 groups to be covered)	8	300
Group A	Girls	1m	5 dives from 5 groups max difficulty of 9.0 + 4 optional dives from 4 groups no limit	9	270
		3m	5 dives from 5 groups max difficulty of 9.5 + 4 optional dives from 4 groups no limit	9	300
		Platform	4 dives from 4 groups max difficulty of 7.6 + 4 optional dives from 4 groups no limit (5 groups to be covered)	8	290
	Boys	1m	5 dives from 5 groups max difficulty of 9.0 + 5 optional dives from 5 groups no limit	10	350
		3m	5 dives from 5 groups max difficulty of 9.5 + 5 optional dives from 5 groups no limit	10	390
		Platform	4 dives from 4 groups max difficulty of 7.6 + 5 optional dives from 5 groups no limit (6 groups to be covered)	9	370

The East Regional Elite Junior Diving Championships event conditions will adhere to FINA Age Group Conditions with the exception of the following Group C events with specific clauses:

- (C1) Group C Events – are 13 years and under in the year of competition.
- (C2) Girls Group C – In all events 3 optional dives from 3 groups.
- (C4) C Platform* Divers aged 11 years and under are allowed to compete on 7.5m, however it is the responsibility of the coach and diver to ensure the divers physical maturity and strength permit competing from a height of 7.5m.

No repeat dives are permitted. Dives of the same number are considered to be a repeat, even in a different shape.

Please Note:

¹National Standard - For your information we have published the points required to meet the recommended National Standard. The publishing of these points does not imply you are required to meet this standard to dive in this Regional competition nor would achieving these points confer an automatic qualification to the British Elite Junior Diving Championships.