



Welcome to the March Club Newsletter

Visit our Website



We are Recruiting!

The positions of Regional Chairman and Regional Finance Director are currently open to receive nominations. If you are interested in either of these roles, please visit our [website](#) for more information. Applications must be received by 12noon on 18th March.



The Region will also be recruiting for the roles of Regional Directors, President Elect, and Regional Operations Committee members, within the next fortnight. Please keep an eye on the website for further information.

Jeff Cook Salver Award- Please nominate

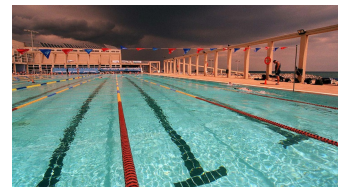


The Jeff Cook Salver was presented to the Region at its inception in 2005. The intention is that the salver is awarded to a person, team or club that has made a significant contribution to the sport within the region.

Nominations close at midnight Sunday 13th March 2022. To nominate, please use our [online nomination form](#).

Suspended Clubs

The deadline for clubs to renew their members via the Online Membership System with Swim England has now passed. Any club that has not completed the renewal process in the East Region will be written to this week confirming suspension. This means that all activity must immediately stop including training, members attending any competitions coming up, and any dry land club activity.



Suspension affects all members including swimmers, volunteers, and coaches. This means members may also **not** take part in any activity hosted by another club/ county/ league/ region/ governing body (unless the member is also a member with another club that has completed their renewals).

Forthcoming Activity

Masters Development Day-27th March, 1pm- 7pm,
Oundle Sports Centre (including long course training).
Further details, and booking form found [on our website](#).



Para- Swimming Duel in the Pool- 27th March, Harrow School Pool. Conditions and Entry Pack found [on our website](#). - Closes soon!

Para Swimming Regional Training- 20th March, Great Dunmow Pool. Open to classified swimmers, and those on the waiting list. [Book via our website](#).

Water Polo Regional Academy Training- 20th March, Royal Hospital School. This session is for (male & female) born 2006 (not part of national academy) to 2008 inc. Book a place [via our website](#).

Regional Workshops

2022 Team Manager Workshops Currently Scheduled- To book a place, please complete the [online booking form](#).

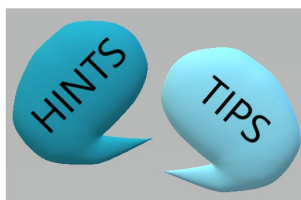
8th March- FULL
4th April- FULL
21st April
21st June
18th October

2022 Time to Listen Workshops Currently Scheduled- These workshops are a requirement for all Welfare Officers. To book a place please complete an [online booking form](#).

28th April
17th November

WORKSHOPS

Hints and Tips For Clubs This Month

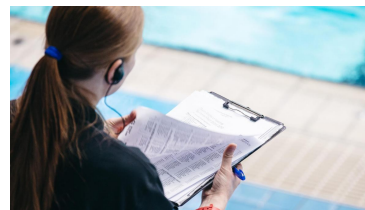


- Many clubs are holding their Annual General Meeting (AGM) around this time of year. Don't forget there are rules in your constitution the club must adhere to when planning your AGM. Examples include the notice you must give to your members, and the fact that you must advertise all committee roles, even if the current post holders wish to remain in post.
- Club Business Plan (also known as Development Plan)- this is a vital tool in managing your club. It is a document that needs reviewing annually so that the club is clear on its direction and what it needs to do to achieve future success. It should be created, agreed, and monitored by the club/ executive committee on a regular basis. It also helps align the focus of the club, steering everyone in one direction.

Swimming Updates

East Region Long Course Championships and Development Competition

Further information is now available of the forthcoming East Region Long Course Championships and Development Competition. This latest information update includes consideration times for the Development Competition. Full story [on our website](#).



Officials Sign Up

Applications are now invited for Officials to sign up to help at the Long Course and Development Competition events. Full story [here](#).

Open Meet Licensing Criteria- Updated Officials' Requirements

From 11 March 2022 the minimum number of technical officials and the required qualifications will revert to the pre-pandemic situation. Full story [here](#).

Regional Staff Contacts

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