

Role Description

Para Swimming Regional Lead Coach



TITLE:	Para-Swimming Regional Lead Coach
REPORTS TO:	Regional Manager/ Swim England Para-Swimming Talent Coach
RENUMERATION:	£80 per session plus mileage at 30p per mile. This includes planning, online debrief and training attendance
DURATION:	3 sessions during the year on specified dates from September 2021 to August 2022. Each session will be 1hour pool and 1hour stretching

PURPOSE

The overall purpose of the Para-Swimming Lead Coach is to:

- Provide professional coaching related services within the context of the delivery of Regional Para-Swimming Training.
- Provide leadership, guidance and mentoring to coaches assisting in the delivery of the programme.
- Deliver all duties in accordance with the programme objectives and briefings
- To provide feedback for future planning and training opportunities.

LOCATION

- Various suitable venues around the Region.

KEY RESPONSIBILITIES

Prior to Programme Activities

- Liaise with Swim England Para-Swimming Talent Coaches to ensure an understanding of the aims and objectives of the session(s).
- Write and deliver pool sessions that meet the aims and objectives as provided by the England Para-Swimming Talent Team
- Liaise with Para Swimming Development and Skill Coaches, and where relevant, other local performance coaches and forums as appropriate, to ensure that they understand the objectives of the session(s).
- Work with the Swim England Para-Swimming Talent Coaches to ensure that Regional Para Swimming workforce have a clear understanding of their role on the day.

During Programme Activities

- Lead the delivery of specified pool sessions in line with Regional training objectives and plans as discussed with the Swim England Para Swimming Talent Coach.
- Support and develop the behaviours and practices of all coaches delivering on the day.
- Support a strength and conditioning session and ensure the land based activity is aligned to Regional training objectives.
- Lead coach discussion and debate within the context of the day to ensure an opportunity for learning and development of all staff.
- Carry out athlete monitoring, ensuring collection of appropriate data as required.

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Following Programme Activities

- Adhere to any reporting requirements set by the Region and Swim England Para-Swimming Talent Coaches.
- Attend a short online debrief with Swim England Para-Swimming Talent Coaches and other Para-Swimming Regional Lead Coaches to discuss and evaluate the training session and future planning.

PERSON SPECIFICATION

- Must hold UKCC Level 2/ASA Coach Certificate or equivalent.
- Suitable training in strength and conditioning if applicable.
- The ability to set priorities and work flexibly to meet outcomes required in a dynamic environment.
- Excellent interpersonal skills (with swimmers and staff).
- High levels of motivation and dedication.