

British Swimming Festival of Swimming 2021
Swim England East Region
Schedule of Events

UEA Sportspark, Norwich		London Aquatics Centre	
Saturday 31 st July	Sunday 1 st August	Saturday 7 th August	Sunday 8 th August
Session 1 M 12-14 400 Freestyle W 12-14 400 IM	Session 4 W 12-14 400 Freestyle M 12-14 400 IM	Session 7 W 200 Freestyle M 50 Backstroke W 100 Butterfly	Session 10 M 200 Freestyle W 50 Backstroke M 100 Butterfly
Session 2 M 200 Breaststroke W 200 Butterfly	Session 5 W 200 Breaststroke M 200 Butterfly	Session 8 M 200 IM W 100 Freestyle M 50 Breaststroke W 100 Breaststroke	Session 11 W 200 IM M 100 Freestyle W 50 Breaststroke M 100 Breaststroke
Session 3 M 15+ 400 Freestyle W 15+ 400 IM	Session 6 W 15+ 400 Freestyle M 15+ 400 IM	Session 9 M 50 Butterfly W 50 Freestyle M 100 Backstroke W 200 Backstroke	Session 12 W 50 Butterfly M 50 Freestyle W 100 Backstroke M 200 Backstroke

Key:

W – Women's

M – Men's

Notes:

All age groups will swim together in all events, with the exception of the 400m events, which shall be split into two separate age group sessions. The age groups for all events are:
12,13,14,15,16,17,18+.

All events Heat Declared Winner (HDW).

The first session of each day will commence around 9am (exact time subject to confirmation). This is the session start time - warm-up will be earlier. The second session of each day will start in the early afternoon and the third session will start in the late afternoon. Exact timings will be confirmed on the publication of accepted entries.

Queries:

swimming@eastswimming.org

