

Swim England East Region
British Swimming Summer Racing Festival

(Under Swim England Regulations and Technical Rules)

Weekend One – 31st July – 1st August UEA Sportspark, Norwich NR4 7TJ (1ER210170)
Weekend Two – 7th-8th August London Aquatics Centre, Stratford E20 2AQ (1ER210171)



GENERAL CONDITIONS

1. The competition shall be open to any member of a club affiliated to Swim England East Region who has current Swim England Category 2 Membership.
2. Any swimmer failing to comply with any of the conditions shall not be allowed to compete in the competition.
3. Protests shall be made and dealt with as detailed in Swim England Regulations. The Promoter, Tom Baster, Swimming Manager Swim England East Region, can be contacted at swimming@eastswimming.org. If the Swim England East Region Swimming Manager is not present, or is required to fulfil another duty, a Meet Director will be appointed and in such circumstances, the Meet Director will act as Promoter.
4. All participants must observe the safety precautions in operation at the venue.
5. Swim England East Region will not be responsible for any loss or damage occurring during this meet.
6. **Entries**
 - 6.1 A swimmer must be a member of the club in whose name he/she is entered and must have been registered as such, with Swim England, prior to the entry closing date of the competition.
 - 6.2 Swimmers may enter any events for which they have achieved a qualifying time in the period 1st January 2019 and 20th March 2020. Times must be achieved at Swim England licence levels 1,2, 3 or 4 or their Scottish or Welsh equivalents. Stage One entries will close on Friday 2nd July at midday. Swim England East Region reserves the right to reopen entries. If it does, times achieved since 20th March 2020 at Levels 1,2,3,4 and Level X will also be considered.
 - 6.3 Entries for the event shall be made via the online entry system. Queries related to entries should be directed to swimentries@eastswimming.org
 - 6.4 Acknowledgement and acceptance of a correctly submitted entry shall be by publishing a received entries listing on the Competitions page at www.eastswimming.org. Swimmers, teams and their representatives will have 7 days from the date that entries are posted on the website to check the received entries report and notify the entries manager of any errors after which a final accepted entries list will be published and no further corrections allowed.
 - 6.5 Dependent on the number of entries, the Promoter reserves the right to reject entries to achieve what is believed to be the best compromise between the events. If necessary to reject entries the slowest entries will be rejected first.
 - 6.6 The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained.
7. **Fees**
 - 7.1 Entry fees are **£9** per event.
 - 7.2 It is unlikely that spectators will be permitted into any venue. Swim England East Region will publish supplementary information if it is possible to admit spectators.
 - 7.3 The event may be live streamed.
 - 7.4 The programme will be placed on the Swim England East Region website.
8. **Covid Protocols**
 - 8.1 Access to poolside will be highly controlled and planned in response to the prevailing COVID-

19 safety requirements in place at the time and governed by supplementary safety information that will be published nearer the event.

- 8.2 Swim England East Region reserves the right to make any changes to these conditions that are necessary to comply with changing COVID guidance or restrictions. Should they be necessary, such changes will be published on the regional website.

9. **Warm Up**

- 9.1 A warm up procedure and warm-up time will be published on the Swim England East Region website one week before the event.

10. **Age Groups**

- 10.1 The age groups for both genders in each event will be 12, 13, 14, 15, 16, 17 and 18 and over.

- 10.2 Ages are as at midnight on 31st December 2021.

11. **Events**

- 11.1 All events shall be swum in heat declared winner (HDW) format.

- 11.2 There will be no regional awards at this competition. Results from the competition will be submitted to British Swimming and, together with the results from other Festivals, will be aggregated to create a National Leader Board.

12. **Withdrawals**

12.1 Once an entry is accepted a competitor shall swim or give notice of withdrawal. Withdrawals notified to swimentries@eastswimming.org before 6pm the day before the swim was due to take place, will be withdrawn from heat seeding. Seeding will take place the evening before the session and will be published on the website. Withdrawals after 6pm must be verbally notified on the day to the marshalls of the relevant event and heats will be swum with empty lanes.

13. **Refunds**

- 13.1 Refunds will only be issued where the competition is cancelled, or where there is a significant change to the schedule that results in a change of venue or session for the event entered, meaning that the competitor cannot swim. Refunds will not be made where there are withdrawals on medical grounds.

14. **Photography and Safeguarding**

- 14.1 No photography or filming of any kind is permitted in the changing rooms or village. Anyone found contravening this requirement will be required to leave the facility without refund.
- 14.2 All persons attending the competition are advised to exercise reasonable care when taking photos or video, particularly with regards to the sharing of images on social media. Wavepower guidance should be followed at all times.
- 14.3 Safeguarding concerns should be reported to the Promoter. If the concerns relate to conduct of the Promoter, a report should be made to the East Region Welfare Officer, or to a member of the East Region Board of Directors.

15. **Other Issues**

- 15.1 Secondary strobe lights will be available at this competition.
- 15.2 Any matter arising, which is not covered by these conditions, shall be determined by the Promoter.
- 15.3 Any information included in the entry pack, including information published separately on the East Region Swimming website, shall be regarded as part of the General Conditions.

Para-Swimming Conditions

Please note that these supplementary conditions are to be adhered to together with the general conditions for the Regional Competition.

1. The Events:

Event	Classifications
50m Freestyle	S1 – S14
100m Freestyle	S1 – S14
200m Freestyle	S1 – S5 + S14
400m Freestyle	S6 – S14
50m Butterfly	S1 – S7
100m Butterfly	S8 – S14
50m Backstroke	S1 – S5
100m Backstroke	S1 – S14
50m Breaststroke	SB1 – SB3
100m Breaststroke	SB4 – SB14
200m IM	SM5 – SM14

2. Eligibility

The above events in the competition are open to competitors whose Swim England Membership Record includes the relevant WPS Para-Swimming Sport Class, as shown above.

3. Accreditation

Coaches and support staff must have an accreditation. A competitor may have both a coach and support staff in attendance. All coaches and support staff will be required to apply for a pass. Remember, no pass - no access to the pool deck.

4. Medals

Medals will not be awarded at this event.

5. Entry System

Entry is via a dedicated system on the East Region website. Any competitor who achieves the non Para-Swimming entry time for an event not on the list above and wishes to enter that event should do so on the non Para entry system for that event only.

Para-Swimming Qualifying Standards

MALE	EVENT & CATEGORY	FEMALE
50m Freestyle		
02:19.52	S1	02:14.58
01:44.05	S2	01:54.27
01:18.94	S3	01:16.24
01:06.51	S4	01:05.97
56.34	S5	01:02.38
50.99	S6	57.89
46.48	S7	54.30
44.74	S8	49.97
41.62	S9	47.17
38.77	S10	45.63
43.65	S11	50.03
39.92	S12	46.53
39.58	S13	45.18
40.64	S14	45.66
100m Freestyle		
05:19.82	S1	06:39.41
04:11.02	S2	05:28.18
03:11.47	S3	03:08.05
02:23.84	S4	02:21.60
02:07.44	S5	02:42.02
01:51.26	S6	02:03:38
01:44.13	S7	02:00.32
01:37.90	S8	01:47.50
01:31.60	S9	01:41.95
01:24.14	S10	01:38.80
01:38.19	S11	01:54.11
01:28.93	S12	01:40.93
01:25.95	S13	01:38.85
01:26.90	S14	01:39.54
200m Freestyle		
08:12.64	S1	10:35.89
08.17.94	S2	11:07.74
05:52.08	S3	05:43.10
05:09.95	S4	05:30.42
04:36.86	S5	05:47.36
03:10.80	S14	03:31.65

MALE	EVENT & CATEGORY	FEMALE
400m Freestyle		
08:45.25	S6	09:12.06
07:49.60	S7	09:03.89
07:27.58	S8	07:57.23
07:00.45	S9	07:45.70
06:44.48	S10	07:32.13
08:00.27	S11	09:08.24
07:42.18	S12	08:31.71
06:51.58	S13	07:36.51
06:50.30	S14	07:45.15
50m Butterfly		
03:50.69	S2	03:43.66
02:14.69	S3	02:26.70
01:26.64	S4	01:24.38
01:02.72	S5	01:19.41
54.13	S6	01:06.11
50.64	S7	59:38
100m Butterfly		
01:44.54	S8	02:07.76
01:39.68	S9	01:51.36
01:34.26	S10	01:51.78
01:49.74	S11	02:37.73
01:34.74	S12	02:14.45
01:33.89	S13	01:44.82
01:34.37	S14	01:48.90

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Para-Swimming Qualifying Standards continued

MALE	EVENT & CATEGORY	FEMALE
50m Backstroke		
02:22.06	S1	03:37.46
01:39.44	S2	02:24.32
01:21.22	S3	01:31.49
01:16.22	S4	01:37.82
01:05.18	S5	01:16.50
100m Backstroke		
04:58.10	S1	07:10.90
03:36.10	S2	05:43.34
02:10.11	S6	02:32.40
01:59.12	S7	02:22.91
01:50.21	S8	02:06.80
01:45.92	S9	01:53.54
01:39.26	S10	01:54.06
02:05.50	S11	02:15.30
01:40.56	S12	01:59.84
01:41.02	S13	01:50.37
01:42.02	S14	01:50.48
50m Breaststroke		
02:51.89	SB1	03:37.31
01:38.85	SB2	04:27.89
01:17.47	SB3	01:40.32

MALE	EVENT & CATEGORY	FEMALE
100m Breaststroke		
02:56.02	SB4	03:18.54
02:35.78	SB5	03:02.11
02:18.59	SB6	02:49.74
02:12.32	SB7	02:33.97
01:58.54	SB8	02:14.83
01:53.60	SB9	02:05.76
02:16.02	SB11	02:34.14
01:56.74	SB12	02:11.12
01:51.57	SB13	02:06.51
01:49.28	SB14	02:04.32
200m IM		
06:35.55	SM5	06:15.73
04:48.34	SM6	05:08.91
04:24.94	SM7	04:59.14
04:04.29	SM8	04:22.61
03:45.60	SM9	04:16.43
03:35.34	SM10	04:08.64
04:10.77	SM11	05:00.27
03:52.24	SM12	04:42.02
03:43.68	SM13	03:54.59
03:36.69	SM14	03:57.71

Information about Coaches' Pool Deck Pass

- Due to Covid restrictions, only one coach per competing club, will be permitted onto poolside to a designated area. Coaches may not leave this area during the warm- up or during the competition. Swimmers will be unable to access this area.
- In addition to the one poolside Coach Pass, clubs may apply for Team Manager passes in the ratio of 1 pass per twenty swimmers per session. Please note that all Team Managers must have completed the appropriated Team Manager training. Team Managers and any chaperones/designated helpers will be located in the designated outside area with their teams.
- There is no charge for the Coach Pass or for Team Manager passes and refreshments will not be provided.
- All coaches planning to be on poolside at the Regional Competition must apply for a Coach Pass for each weekend of the Competition.
- Passes will be issued in the name of the designated Coach or Team Manager. Passes must be downloaded, printed and worn at all times during the competition. Passes must be worn in a prominent place whilst in the designated area. Coaches without passes on display will be asked to leave and may be refused readmission
- Passes may only be used by the designated coaches and Team Managers named on the online entry, all of whom must be a Swim England members. It is the responsibility of clubs to ensure that the coaches and team managers named have been DBS checked.
- All swimmers aged 16 years and under must be under the supervision of a pass holder during the warm up, competition and in the vicinity of the pool
- Passes may only be used when there are swimmers from your club competing in the relevant session

PASSES CANNOT BE OBTAINED ON THE DAY OF COMPETITION