

Swim England East Region (Level 3) Regional Age Group Diving Competitions

General Event Conditions

- The competitions shall be conducted in accordance with Swim England Regulations and Technical Rules and F.I.N.A. Technical Rules for Diving.
- There shall be separate events for males and females.
- All ages are as at the 31st December in the year of competition.
- All competitions shall be promoted as 'Open' events with two separate entry categories.
- An individual entry for both entry categories will not be accepted.
- An entrant for a competition must be a Swim England registered category 2 member of the club they are representing or a Temporary Member of Swim England by the published closing date.
- A published 'Event Entry Pack' will give specific event conditions, test requirements and general event information.

Entry Categories:

East Region Entries

- Will be accepted from divers who are registered members of clubs affiliated to Swim England East Region.
- An entered diver shall not have competed in the closed championships or competitions of another Region of Swim England in the same year other than as an individual member of a synchronised pair.

Guest Entries

- Will be accepted from divers who are registered members of any club affiliated to Swim England through their Regional Association, Scottish Swimming, Swim Wales or one of the countries affiliated to F.I.N.A.

Medals:

- Medals will be presented to the top three competitors from the East Region entries.
- A guest competitor who is ranked in the first three places in the overall results will receive an appropriate commemorative medal.

Eligibility:

Is 'open' to a Swim England East Region or Guest diver who has not previously entered:

- An individual competition at a British, National, Regional or Club Elite (level 4) event on a particular board.
- Any individual or synchronised competition at a British, National, Regional or Club Senior (level 5) event.
- An entry from a diver who had previously competed in a higher level of competition as specified above will only be accepted with the prior written authority of the East Region Diving Manager.

Please Note:

Coaches entering divers of an inappropriate standard in any East Region Diving Event may be approached by the Regional Diving Manager and given advice on competition selection.

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All ages are as at 31st December in the year of competition.

Category	Board	Event Conditions	¹ National Standard
Age Group D 9/10/11 Years	1m	3 dives from 3 groups (5.4 dd) + 2 dives from 2 groups (4.4 dd)	130
	3m	3 dives from 3 groups (5.7 dd) + 2 dives from 2 groups (4.6 dd)	135
	5m	3 dives from 3 groups (5.4 dd) + 2 dives from 2 groups (4.8 dd)	130
Age Group C 12/13 Years	1m	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (6.9 dd) (minimum 4 groups to be covered)	160
	3m	3 dives from 3 groups (5.7 dd) + 3 dives from 3 groups (7.9 dd) (minimum 4 groups to be covered)	165
	5m / 7.5m	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (7.8 dd) (minimum 4 groups to be covered)	160
Age Group B 14/15 Years	1m	4 dives from 4 groups (7.5 dd) + 3 dives from 3 groups no limit (minimum 4 groups to be covered)	180 Girls 190 Boys
	3m	4 dives from 4 groups (7.9 dd) + 3 dives from 3 groups no limit (minimum 4 groups to be covered)	190 Girls 200 Boys
	5m / 7.5m / 10m	3 dives from 3 groups (5.7 dd) + 3 dives from 3 groups no limit (minimum 4 groups to be covered)	165 Girls 180 Boys
Age Group A 16/17/18 Years	1m	5 dives from 5 groups (9.0 dd) + 3 dives from 3 groups no limit	210 Girls 230 Boys
	3m	5 dives from 5 groups (9.5 dd) + 3 dives from 3 groups no limit	220 Girls 245 Boys
	5m / 7.5m / 10m	4 dives from 4 groups (7.6 dd) + 3 dives from 3 groups no limit (minimum 4 groups to be covered)	190 Girls 215 Boys

Please Note:

¹ National Standard - For your information we have published the points required to meet the recommended National Standard. The publishing of these points does not imply you are required to meet this standard to dive in this Regional competition nor would achieving these points confer an automatic qualification to the Swim England Diving National Age Group Championships.