



ESSEX MASTERS
AND 18/24 AGE GROUP OPEN SHORT COURSE CHAMPIONSHIP 2020
(Under Swim England Laws & Technical Rules)



ESSEX MASTERS CHAMPIONSHIPS 2020

SATURDAY 7th MARCH 2020

1.30PM WARM UP

START 2.00PM

**BASILDON SPORTING VILLAGE
25 METRES**

**THIS COMPETITION IS ALSO OPEN TO SWIMMERS
OUTSIDE OF ESSEX**

All entries for individual events are now entered online



<https://bsbasa.org/meet/EssexEM20>

accepted entries received so far

<https://bsbasa.org/entries/EssexEM20>

Entries for Relays will be taken on the day only

THIS EVENT IS FIRST COME FIRST SERVED

CLOSING DATE 7th FEB 2020 or when full

ENTRIES ACCEPTED ON THE DAY £7.00 PER ENTRY



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Conditions & Eligibility Open to eligible competitors who are registered Swim England Cat 2 members of Swim England affiliated Clubs – **THIS COMPETITION IS OPEN TO SWIMMERS OUTSIDE OF ESSEX**

Date of competition: 7th MARCH 2020

Venue. Basildon Sporting Village, Cranes Farm Road Basildon, SS14 3GR

EVENTS

400 metres, 200 metres, 100 metres individual Medley, 50 & 100 metres all Strokes.

Relay Events: 4x50 Single sex & Mixed (two male/two female) Freestyle and Medley Teams.

ENTRY LIMITATIONS- **FIRST COME FIRST SERVED**

There is no limit to the number of events a competitor may enter.- The Meet will be closed when Full
A competitor may only compete for one Club.

AGE GROUPS X-18/24, A-25/29, B-30/34, C-35/39, D-40/44, E-45/49, F-50/54, G-55/59, H-60/64, J-65/69,
K-70/74, L-75/79, M-80/-over.

Ages as at 31st December in year of competition,
Swimmers must be 18 by day of competition.

SEEDING-HDW Events will be seeded in time classification, with swimmers who submit the slowest entry times swimming first irrespective of age.

AWARDS Awards will be made to the top three swimmers in each age band in each event.
Relay teams will be awarded top three places.

ENTRY FEES Individual events £6.50 per event Team events £10.00 per event
(maximum of two teams per club) – ENTRIES ON THE DAY £7.50 PER ENTRY

ENTRIES ONLINE ONLY

Closing Date 7th FEB 2020

NO ENTRIES WILL BE ACCEPTED VIA EMAIL



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SCHEDULE OF EVENTS

SESSION 1

SIGNING IN CLOSES 1.30PM

WARM UP 1.30PM- START 2.00PM

1. MIXED 400 METRES FREESTYLE
2. MENS 50 METRES BACKSTROKE
3. LADIES 100 METRES BREASTSTROKE
4. MENS 50 METRES BUTTERFLY
5. LADIES 100 METRES BACKSTROKE
6. MENS 100 METRES INDIVIDUAL MEDLEY
7. LADIES 50 METRES FREESTYLE
8. MENS 50 METRES BREASTSTROKE
9. LADIES 100 METRES BUTTERFLY
10. MENS 100 METRES FREESTYLE
11. LADIES 200 METRES FREESTYLE
12. MIXED 160+ FREESTYLE TEAM
13. MENS 120+ FREESTYLE TEAM
14. WOMENS 120+ MEDLEY TEAM
15. MIXED 200+ FREESTLYE TEAM

SESSION TWO

SIGNING IN CLOSES TBC

WARM UP TBC

16. MENS 200 METRES FREESTYLE
17. LADIES 50 METRES BACKSTROKE
18. MENS 100 METRES BREASTSTROKE
19. LADIES 50 METRES BUTTERFLY
20. MENS 100 METRES BACKSTROKE
21. LADIES 100 METRES INDIVIDUAL MEDLEY
22. MENS 50 METRES FREESTYLE
23. LADIES 50 METRES BREASTSTROKE
24. MENS 100 METRES BUTTERFLY
25. LADIES 100 METRES FREESTYLE
26. MIXED 160+ MEDLEY TEAM
27. MENS 120+ MEDLEY TEAM
28. WOMENS 120+ FREESTYLE TEAM
29. MIXED 200+ MEDLEY TEAM