



# British Gas ASA East Region Youth Championships(50m) 2010

*(Under ASA Laws & ASA Technical Rules)*

University of East Anglia Pool – Norwich

Saturday 1<sup>st</sup> & Sunday 2<sup>nd</sup> May 2010

*(Licensed Meet No. ERX011)*



## Team Entry Form

Please use BLOCK LETTERS and make sure that the form is complete and correct, otherwise your entry will not be accepted and fees may not be returned.

Enter the entry time of the team in the appropriate space. If you enter more than one team in the same event, a separate entry form will be required for each team.

**These Team events are qualifying rounds for the National Championships. The Age Qualifying date will therefore be the same as the National Championships – 7<sup>th</sup> August 2010**

EVENT	DISTANCE	Submitted Time
Mens 15 – 18 Freestyle Team	4 x 100m	
Mens 15 – 18 Freestyle Team	4 x 200m	
Mens 15 – 18 Medley Team	4 x 100m	
Womens 14 – 17 Freestyle Team	4 x 100m	
Womens 14 – 17 Freestyle Team	4 x 200m	
Womens 14 – 17 Medley Team	4 x 100m	

CLUB .....

ADDRESS .....

POSTCODE ..... TELEPHONE No. ....

E-MAIL.....

I hereby declare that I have checked that this information is accurate and that the team members are eligible competitors in accordance with the Laws of the ASA and will abide by the conditions laid down by the ASA East Region for this competition.

Club Official's signature .....

PRINT NAME.....

**Entries, from Clubs with five or more swimmers participating, MUST be submitted electronically**

Return the completed form together with the Entry Fee of **£10.00** per event  
(Cheques made payable to ASA East Region) and an e-mail address to:

[Mr R Outtram](mailto:Mr R Outtram), 63 Catchacre, DUNSTABLE, LU6 1QD

**Closing date for entries - Midnight on April 13<sup>th</sup> 2010**