

# ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009

## 5k MEN

### 5k Men's Overall Results

P	No	Name	Age Group	Club	County	East/ Open	Junior/ Senior	Time
1	1	Aydin Berki	13-16	Mid Beds Swim Squad	B	E	J	1:03:44.27
2	4	Samuel Munro	13-16	Saint Felix School SC	S	E	J	1:06:43.18
3	3	James Mitchell	13-16	Thurrock SC	E	E	J	1:11:41.38
	2	Carl Halford	13-16	Flitwick Dolphins SC	B	E	J	1:15:00.04
	9	Adam Lelean	40-49	Diss Otters SC	N	E	S	1:27:25.35
	11	Matthew Spillman	40-49			O	S	1:28:55.33
	10	Mark Nowell	40-49	Stowmarket SC	S	E	S	1:36:34.59
	7	Chris Titterington	17-19	West Suffolk SC	S	E	S	DNF
	5	Thomas Rootsey	17-19	Colchester SC	E	E	S	DNS
	6	Jonathan Sayer	17-19	Borough of Southend SC	E	E	S	DNS

### 5k Men's ER Junior / Senior Results

P	No	Name	Age Group	Club	County	East/ Open	Junior/ Senior	Time
1	1	Aydin Berki	13-16	Mid Beds Swim Squad	B	E	J	1:03:44.27
2	4	Samuel Munro	13-16	Saint Felix School SC	S	E	J	1:06:43.18
3	3	James Mitchell	13-16	Thurrock SC	E	E	J	1:11:41.38
	2	Carl Halford	13-16	Flitwick Dolphins SC	B	E	J	1:15:00.04
1	9	Adam Lelean	40-49	Diss Otters SC	N	E	S	1:27:25.35
2	10	Mark Nowell	40-49	Stowmarket SC	S	E	S	1:36:34.59
	7	Chris Titterington	17-19	West Suffolk SC	S	E	S	DNF
	5	Thomas Rootsey	17-19	Colchester SC	E	E	S	DNS
	6	Jonathan Sayer	17-19	Borough of Southend SC	E	E	S	DNS

### 5k Men's ER Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Junior/ Senior	Time
1	1	Aydin Berki	13-16	Mid Beds Swim Squad	B	E	J	1:03:44.27
2	4	Samuel Munro	13-16	Saint Felix School SC	S	E	J	1:06:43.18
3	3	James Mitchell	13-16	Thurrock SC	E	E	J	1:11:41.38
	2	Carl Halford	13-16	Flitwick Dolphins SC	B	E	J	1:15:00.04
	7	Chris Titterington	17-19	West Suffolk SC	S	E	S	DNF
	5	Thomas Rootsey	17-19	Colchester SC	E	E	S	DNS
	6	Jonathan Sayer	17-19	Borough of Southend SC	E	E	S	DNS
1	9	Adam Lelean	40-49	Diss Otters SC	N	E	S	1:27:25.35
2	10	Mark Nowell	40-49	Stowmarket SC	S	E	S	1:36:34.59

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## 5k Men's County Overall Results

P	No	Name	Age Group	Club	County	East/ Open	Junior/ Senior	Time
	1	Aydin Berki	13-16	Mid Beds Swim Squad	B	E	J	1:03:44.27
	2	Carl Halford	13-16	Flitwick Dolphins SC	B	E	J	1:15:00.04
	3	James Mitchell	13-16	Thurrock SC	E	E	J	1:11:41.38
	5	Thomas Rootsey	17-19	Colchester SC	E	E	S	DNS
	6	Jonathan Sayer	17-19	Borough of Southend SC	E	E	S	DNS
	9	Adam Lelean	40-49	Diss Otters SC	N	E	S	1:27:25.35
	4	Samuel Munro	13-16	Saint Felix School SC	S	E	J	1:06:43.18
	10	Mark Nowell	40-49	Stowmarket SC	S	E	S	1:36:34.59
	7	Chris Titterington	17-19	West Suffolk SC	S	E	S	DNF

## 5k Men's County Age Groups Results

P	No	Name	Age Group	Club	County	East/ Open	Junior/ Senior	Time
	1	Aydin Berki	13-16	Mid Beds Swim Squad	B	E	J	1:03:44.27
	2	Carl Halford	13-16	Flitwick Dolphins SC	B	E	J	1:15:00.04
	3	James Mitchell	13-16	Thurrock SC	E	E	J	1:11:41.38
	5	Thomas Rootsey	17-19	Colchester SC	E	E	S	DNS
	6	Jonathan Sayer	17-19	Borough of Southend SC	E	E	S	DNS
	9	Adam Lelean	40-49	Diss Otters SC	N	E	S	1:27:25.35
	4	Samuel Munro	13-16	Saint Felix School SC	S	E	J	1:06:43.18
	7	Chris Titterington	17-19	West Suffolk SC	S	E	S	DNF
	10	Mark Nowell	40-49	Stowmarket SC	S	E	S	1:36:34.59

## 5k Men's Commemorative Overall Results

P	No	Name	Age Group	Club	County	East/ Open	Junior/ Senior	Time
	11	Matthew Spillman	40-49			O	S	1:28:55.33

## 5k Men's Commemorative Junior / Senior Results

P	No	Name	Age Group	Club	County	East/ Open	Junior/ Senior	Time
C2	11	Matthew Spillman	40-49			O	S	1:28:55.33

## 5k Men's Commemorative Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Junior/ Senior	Time
C2	11	Matthew Spillman	40-49			O	S	1:28:55.33

# ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009

## 5k WOMEN

### 5k Women's Overall Results

P	No	Name	Age Group	Club	County	East/ Open	Junior/ Senior	Time
1	19	Harriet Brettle	17-19	Mid Beds Swim Squad	B	E	S	1:06:58.76
2	20	Sophie Chamberlain	17-19	Saint Felix School SC	S	E	S	1:07:03.90
3	18	Alice Marchant	13-16	Mid Beds Swim Squad	B	E	J	1:10:19.28
	22	Danielle Pryor	17-19	Dover Lifeguard Club		O	S	1:16:35.73
	21	Riasa Douglas-Collow	17-19	Saint Felix School SC	S	E	S	1:22:37.07
	17	Georgina Halford	13-16	Flitwick Dolphins SC	B	E	J	1:28:28.69
	113	Suzahn Vermaak	17-19	Epping Forest District SC	E	E	S	1:28:51.27
	16	Alexandra Edge	13-16	Borough of Southend SC	E	E	J	1:33:04.45
	25	Julia Green	35-39	Stowmarket SC	S	E	S	1:41:51.71
	26	Jenny Demont	40-49	Edmonton Phoenix SC		O	S	1:52:58.62
	112	Sarah Taylor	40-49	West Norfolk SC	N	E	S	1:55:58.61
	24	Claire Allen	20-24	UEA City of Norwich SC	N	E	S	DNF

### 5k Women's ER Junior / Senior Results

P	No	Name	Age Group	Club	County	East/ Open	Junior/ Senior	Time
1	18	Alice Marchant	13-16	Mid Beds Swim Squad	B	E	J	1:10:19.28
2	17	Georgina Halford	13-16	Flitwick Dolphins SC	B	E	J	1:28:28.69
3	16	Alexandra Edge	13-16	Borough of Southend SC	E	E	J	1:33:04.45
1	19	Harriet Brettle	17-19	Mid Beds Swim Squad	B	E	S	1:06:58.76
2	20	Sophie Chamberlain	17-19	Saint Felix School SC	S	E	S	1:07:03.90
3	21	Riasa Douglas-Collow	17-19	Saint Felix School SC	S	E	S	1:22:37.07
	113	Suzahn Vermaak	17-19	Epping Forest District SC	E	E	S	1:28:51.27
	25	Julia Green	35-39	Stowmarket SC	S	E	S	1:41:51.71
	112	Sarah Taylor	40-49	West Norfolk SC	N	E	S	1:55:58.61
	24	Claire Allen	20-24	UEA City of Norwich SC	N	E	S	DNF

### 5k Women's ER Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Junior/ Senior	Time
1	18	Alice Marchant	13-16	Mid Beds Swim Squad	B	E	J	1:10:19.28
2	17	Georgina Halford	13-16	Flitwick Dolphins SC	B	E	J	1:28:28.69
3	16	Alexandra Edge	13-16	Borough of Southend SC	E	E	J	1:33:04.45
1	19	Harriet Brettle	17-19	Mid Beds Swim Squad	B	E	S	1:06:58.76
2	20	Sophie Chamberlain	17-19	Saint Felix School SC	S	E	S	1:07:03.90
3	21	Riasa Douglas-Collow	17-19	Saint Felix School SC	S	E	S	1:22:37.07
	113	Suzahn Vermaak	17-19	Epping Forest District SC	E	E	S	1:28:51.27
	24	Claire Allen	20-24	UEA City of Norwich SC	N	E	S	DNF
1	25	Julia Green	35-39	Stowmarket SC	S	E	S	1:41:51.71
1	112	Sarah Taylor	40-49	West Norfolk SC	N	E	S	1:55:58.61

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### 5k Women's County Overall Results

P	No	Name	Age Group	Club	County	East/ Open	Junior/ Senior	Time
	19	Harriet Brettle	17-19	Mid Beds Swim Squad	B	E	S	1:06:58.76
	18	Alice Marchant	13-16	Mid Beds Swim Squad	B	E	J	1:10:19.28
	17	Georgina Halford	13-16	Flitwick Dolphins SC	B	E	J	1:28:28.69
	113	Suzahn Vermaak	17-19	Epping Forest District SC	E	E	S	1:28:51.27
	16	Alexandra Edge	13-16	Borough of Southend SC	E	E	J	1:33:04.45
	112	Sarah Taylor	40-49	West Norfolk SC	N	E	S	1:55:58.61
	24	Claire Allen	20-24	UEA City of Norwich SC	N	E	S	DNF
	20	Sophie Chamberlain	17-19	Saint Felix School SC	S	E	S	1:07:03.90
	21	Riasa Douglas-Collow	17-19	Saint Felix School SC	S	E	S	1:22:37.07
	25	Julia Green	35-39	Stowmarket SC	S	E	S	1:41:51.71

### 5k Women's County Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Junior/ Senior	Time
	18	Alice Marchant	13-16	Mid Beds Swim Squad	B	E	J	1:10:19.28
	17	Georgina Halford	13-16	Flitwick Dolphins SC	B	E	J	1:28:28.69
	19	Harriet Brettle	17-19	Mid Beds Swim Squad	B	E	S	1:06:58.76
	16	Alexandra Edge	13-16	Borough of Southend SC	E	E	J	1:33:04.45
	113	Suzahn Vermaak	17-19	Epping Forest District SC	E	E	S	1:28:51.27
	24	Claire Allen	20-24	UEA City of Norwich SC	N	E	S	DNF
	112	Sarah Taylor	40-49	West Norfolk SC	N	E	S	1:55:58.61
	20	Sophie Chamberlain	17-19	Saint Felix School SC	S	E	S	1:07:03.90
	21	Riasa Douglas-Collow	17-19	Saint Felix School SC	S	E	S	1:22:37.07
	25	Julia Green	35-39	Stowmarket SC	S	E	S	1:41:51.71

### 5k Women's Commemorative Overall Results

P	No	Name	Age Group	Club	County	East/ Open	Junior/ Senior	Time
	22	Danielle Pryor	17-19	Dover Lifeguard Club		O	S	1:16:35.73
	26	Jenny Demont	40-49	Edmonton Phoenix SC		O	S	1:52:58.62

### 5k Women's Commemorative Junior / Senior Results

P	No	Name	Age Group	Club	County	East/ Open	Junior/ Senior	Time
C3	22	Danielle Pryor	17-19	Dover Lifeguard Club		O	S	1:16:35.73
	26	Jenny Demont	40-49	Edmonton Phoenix SC		O	S	1:52:58.62

### 5k Women's Commemorative Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Junior/ Senior	Time
C3	22	Danielle Pryor	17-19	Dover Lifeguard Club		O	S	1:16:35.73
C1	26	Jenny Demont	40-49	Edmonton Phoenix SC		O	S	1:52:58.62

# ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009

## 3k MEN

### 3k Men's Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Time
1	76	Caleb Hughes	13-16	Mid Beds Swim Squad	B	E	0:39:19.04
2	81	Andrew Wilkinson	13-16	City of Cambridge SC	C	E	0:39:29.18
3	79	Jordan Purdy	13-16	Saint Felix School SC	S	E	0:40:01.12
	78	James McGrail	13-16	Hatfield SC	H	E	0:40:34.33
	77	Ben Jones	13-16	St Bedes School		O	0:41:04.02
	82	Matthew Williams	13-16	Cheshunt SC	H	E	0:44:07.73
	73	Lewis Farmer	13-16	Lowestoft and Oulton Broad SC	S	E	0:45:59.38
	74	Ryan Hargrave	13-16	Diss Otters SC	N	E	0:55:12.39
	72	Jack Braithwaite	13-16	Diss Otters SC	N	E	1:06:37.61
	80	Daniel Smith	13-16	Lowestoft and Oulton Broad SC	S	E	DNS
	83	Toby Willson	13-16	Flitwick Dolphins SC	B	E	DNS
	71	James Attwater	13-16	Deben SC	S	E	DNS
	75	Conor Harrold	13-16	Thurrock SC	E	E	DNS
1	99	Anthony White	17-19	City of Peterborough SC	C	E	0:40:38.60
2	87	Christian Stokes	17-19	Biggleswade SC	B	E	0:44:44.55
3	85	Tony Keast	17-19	Hitchin SC	H	E	0:47:27.84
	84	Robert Baldrance	17-19	Biggleswade SC	B	E	DNS
	86	Lewis Mattin	17-19	UEA City of Norwich SC	N	E	DNS
1	88	Colin Keast	20-24	Hitchin SC	H	E	0:50:09.96
	89	John Irish	25-29	Newmarket SC	S	E	DNS
1	90	Chris Doughty	30-34	Leiston and District SC	S	E	0:54:41.13
1	92	Roger Duncombe	40-49	Halstead ASC	E	E	0:58:26.68
2	94	Graham King	40-49	Sudbury and District SC	S	E	1:01:35.56
3	93	Nigel Halford	40-49	Flitwick Dolphins SC	B	E	1:03:56.11
	91	Bob Arthur	40-49	West Norfolk SC	N	E	1:15:14.27
1	96	Ian Murray	50-59	Flitwick Dolphins SC	B	E	0:47:30.01
C2	95	Martin Chandler	50-59	Edmonton Phoenix SC		O	1:14:54.42
1	98	Stuart McLellan	60+	Sudbury and District SC	S	E	0:55:02.57
2	97	Terry Mansi	60+	Sudbury and District SC	S	E	1:00:03.17

# ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009

## 3k Men's County Overall Results

P	No	Name	Age Group	Club	County	East/ Open	Time
	76	Caleb Hughes	13-16	Mid Beds Swim Squad	B	E	0:39:19.04
	87	Christian Stokes	17-19	Biggleswade SC	B	E	0:44:44.55
	96	Ian Murray	50-59	Flitwick Dolphins SC	B	E	0:47:30.01
	93	Nigel Halford	40-49	Flitwick Dolphins SC	B	E	1:03:56.11
	83	Toby Willson	13-16	Flitwick Dolphins SC	B	E	DNS
	84	Robert Baldrance	17-19	Biggleswade SC	B	E	DNS
	81	Andrew Wilkinson	13-16	City of Cambridge SC	C	E	0:39:29.18
	99	Anthony White	17-19	City of Peterborough SC	C	E	0:40:38.60
	92	Roger Duncombe	40-49	Halstead ASC	E	E	0:58:26.68
	75	Conor Harrold	13-16	Thurrock SC	E	E	DNS
	78	James McGrail	13-16	Hatfield SC	H	E	0:40:34.33
	82	Matthew Williams	13-16	Cheshunt SC	H	E	0:44:07.73
	85	Tony Keast	17-19	Hitchin SC	H	E	0:47:27.84
	88	Colin Keast	20-24	Hitchin SC	H	E	0:50:09.96
	74	Ryan Hargrave	13-16	Diss Otters SC	N	E	0:55:12.39
	72	Jack Braithwaite	13-16	Diss Otters SC	N	E	1:06:37.61
	91	Bob Arthur	40-49	West Norfolk SC	N	E	1:15:14.27
	86	Lewis Mattin	17-19	UEA City of Norwich SC	N	E	DNS
	79	Jordan Purdy	13-16	Saint Felix School SC	S	E	0:40:01.12
	73	Lewis Farmer	13-16	Lowestoft and Oulton Broad SC	S	E	0:45:59.38
	90	Chris Doughty	30-34	Leiston and District SC	S	E	0:54:41.13
	98	Stuart McLellan	60+	Sudbury and District SC	S	E	0:55:02.57
	97	Terry Mansi	60+	Sudbury and District SC	S	E	1:00:03.17
	94	Graham King	40-49	Sudbury and District SC	S	E	1:01:35.56
	80	Daniel Smith	13-16	Lowestoft and Oulton Broad SC	S	E	DNS
	71	James Attwater	13-16	Deben SC	S	E	DNS
	89	John Irish	25-29	Newmarket SC	S	E	DNS
	77	Ben Jones	13-16	St Bedes School		O	0:41:04.02
	95	Martin Chandler	50-59	Edmonton Phoenix SC		O	1:14:54.42

## 3k Men's County Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Time
	76	Caleb Hughes	13-16	Mid Beds Swim Squad	B	E	0:39:19.04
	83	Toby Willson	13-16	Flitwick Dolphins SC	B	E	DNS
	87	Christian Stokes	17-19	Biggleswade SC	B	E	0:44:44.55
	84	Robert Baldrance	17-19	Biggleswade SC	B	E	DNS
	93	Nigel Halford	40-49	Flitwick Dolphins SC	B	E	1:03:56.11
	96	Ian Murray	50-59	Flitwick Dolphins SC	B	E	0:47:30.01
	81	Andrew Wilkinson	13-16	City of Cambridge SC	C	E	0:39:29.18
	99	Anthony White	17-19	City of Peterborough SC	C	E	0:40:38.60
	75	Conor Harrold	13-16	Thurrock SC	E	E	DNS
	92	Roger Duncombe	40-49	Halstead ASC	E	E	0:58:26.68
	78	James McGrail	13-16	Hatfield SC	H	E	0:40:34.33
	82	Matthew Williams	13-16	Cheshunt SC	H	E	0:44:07.73
	85	Tony Keast	17-19	Hitchin SC	H	E	0:47:27.84
	88	Colin Keast	20-24	Hitchin SC	H	E	0:50:09.96
	74	Ryan Hargrave	13-16	Diss Otters SC	N	E	0:55:12.39
	72	Jack Braithwaite	13-16	Diss Otters SC	N	E	1:06:37.61
	86	Lewis Mattin	17-19	UEA City of Norwich SC	N	E	DNS
	91	Bob Arthur	40-49	West Norfolk SC	N	E	1:15:14.27
	79	Jordan Purdy	13-16	Saint Felix School SC	S	E	0:40:01.12
	73	Lewis Farmer	13-16	Lowestoft and Oulton Broad SC	S	E	0:45:59.38
	80	Daniel Smith	13-16	Lowestoft and Oulton Broad SC	S	E	DNS
	71	James Attwater	13-16	Deben SC	S	E	DNS
	89	John Irish	25-29	Newmarket SC	S	E	DNS
	90	Chris Doughty	30-34	Leiston and District SC	S	E	0:54:41.13
	94	Graham King	40-49	Sudbury and District SC	S	E	1:01:35.56
	98	Stuart McLellan	60+	Sudbury and District SC	S	E	0:55:02.57
	97	Terry Mansi	60+	Sudbury and District SC	S	E	1:00:03.17
	77	Ben Jones	13-16	St Bedes School		O	0:41:04.02

**ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009**

	95	Martin Chandler	50-59	Edmonton Phoenix SC		O		1:14:54.42
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## 3k WOMEN

### 3k Women's Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Time
1	106	Jennifer Titterington	13-16	West Suffolk SC	S	E	0:40:18.76
C2	104	Alex Panayides	13-16	Kingston Royals SC		O	0:40:41.16
2	101	Charlotte Hicks	13-16	Saint Felix School SC	S	E	0:41:03.00
3	105	Abigail Sayer	13-16	Thurrock SC	E	E	0:44:14.95
	102	Jessica Hill	13-16	City of Ely ASC	C	E	0:47:36.03
	103	Carly Nicholls	13-16	Basildon and District SC	E	E	0:47:36.71
	107	Amy Ward	13-16	Saint Felix School SC	S	E	0:50:31.86
1	108	Fenella Foskett	17-19	Deben SC	S	E	0:40:45.42
2	113	Suzahn Vermaak	17-19	Epping Forest District SC	E	E	0:53:46.96
1	109	Philippa Dyer	25-29	Halstead ASC	E	E	0:56:03.29
1	110	Giovanna Bertoldi	35-39	UEA City of Norwich SC	N	E	0:54:25.59
1	111	Samantha Fulcher	40-49	Deben SC	S	E	0:58:27.27
2	112	Sarah Taylor	40-49	West Norfolk SC	N	E	1:10:23.52

### 3k Women's County Overall Results

P	No	Name	Age Group	Club	County	East/ Open	Time
	102	Jessica Hill	13-16	City of Ely ASC	C	E	0:47:36.03
	105	Abigail Sayer	13-16	Thurrock SC	E	E	0:44:14.95
	103	Carly Nicholls	13-16	Basildon and District SC	E	E	0:47:36.71
	113	Suzahn Vermaak	17-19	Epping Forest District SC	E	E	0:53:46.96
	109	Philippa Dyer	25-29	Halstead ASC	E	E	0:56:03.29
	110	Giovanna Bertoldi	35-39	UEA City of Norwich SC	N	E	0:54:25.59
	112	Sarah Taylor	40-49	West Norfolk SC	N	E	1:10:23.52
	106	Jennifer Titterington	13-16	West Suffolk SC	S	E	0:40:18.76
	108	Fenella Foskett	17-19	Deben SC	S	E	0:40:45.42
	101	Charlotte Hicks	13-16	Saint Felix School SC	S	E	0:41:03.00
	107	Amy Ward	13-16	Saint Felix School SC	S	E	0:50:31.86
	111	Samantha Fulcher	40-49	Deben SC	S	E	0:58:27.27
	104	Alex Panayides	13-16	Kingston Royals SC		O	0:40:41.16

### 3k Women's County Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Time
	102	Jessica Hill	13-16	City of Ely ASC	C	E	0:47:36.03
	105	Abigail Sayer	13-16	Thurrock SC	E	E	0:44:14.95
	103	Carly Nicholls	13-16	Basildon and District SC	E	E	0:47:36.71
	113	Suzahn Vermaak	17-19	Epping Forest District SC	E	E	0:53:46.96
	109	Philippa Dyer	25-29	Halstead ASC	E	E	0:56:03.29
	110	Giovanna Bertoldi	35-39	UEA City of Norwich SC	N	E	0:54:25.59
	112	Sarah Taylor	40-49	West Norfolk SC	N	E	1:10:23.52
	106	Jennifer Titterington	13-16	West Suffolk SC	S	E	0:40:18.76
	101	Charlotte Hicks	13-16	Saint Felix School SC	S	E	0:41:03.00
	107	Amy Ward	13-16	Saint Felix School SC	S	E	0:50:31.86
	108	Fenella Foskett	17-19	Deben SC	S	E	0:40:45.42
	111	Samantha Fulcher	40-49	Deben SC	S	E	0:58:27.27
	104	Alex Panayides	13-16	Kingston Royals SC		O	0:40:41.16

# ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009

## 1.5k MEN

### 1.5k Men's Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Time
1	17	Matthew Winnell	12-16	Runnymede SC	E	E	0:20:41.20
2	14	Nick Ruddock	12-16	Lowestoft and Oulton Broad SC	S	E	0:21:05.70
3	13	Oliver Postle	12-16	Saint Felix School SC	S	E	0:21:10.60
	1	Nick Albrow	12-16	Basildon and District SC	E	E	0:21:22.30
	7	Simon Emerson	12-16	Hitchin SC	H	E	0:22:57.00
	3	Jack Burchell	12-16	Hitchin SC	H	E	0:23:02.10
	9	Joshua Inwood	12-16	Basildon and District SC	E	E	0:23:07.20
	5	Aran Chamberlain-Clark	12-16	Flitwick Dolphins SC	B	E	0:23:12.20
	11	Tom Molyneux	12-16	Mildenhall and District SC	S	E	0:23:36.80
	8	Charles Hard	12-16	Thurrock SC	E	E	0:23:57.40
	4	Jack Caterall	12-16	Mid Beds Swim Squad	B	E	0:24:57.10
	10	Matt Molyneux	12-16	Mildenhall and District SC	S	E	0:25:13.60
	6	Troy Douglas-Collow	12-16	Saint Felix School SC	S	E	0:25:19.80
	2	Luke Bailey	12-16	Saint Felix School SC	S	E	DNS
	12	Robert Nesbitt	12-16	Lowestoft and Oulton Broad SC	S	E	DNS
	15	Thomas Sutton	12-16	Saint Felix School SC	S	E	DNS
	16	Marius Vermaak	12-16			O	DNS
1	19	Thomas Olive	17-19	Hadleigh Dolphins SC	S	E	0:22:32.00
2	18	Sam Molyneux	17-19	Mildenhall and District SC	S	E	0:23:35.30
1	21	Lawrence Lowman	20-24	Hatfield SC	H	E	0:18:31.90
2	23	Jamie Rush	20-24	Diss Otters SC	N	E	0:23:33.40
3	22	Harrison Moore	20-24	Hadleigh Dolphins SC	S	E	0:24:58.90
	20	David Chesterman	20-24	City of Ely ASC	C	E	0:26:05.40
1	25	Truan Death	25-29	Hadleigh Dolphins SC	S	E	0:22:33.70
2	24	James Baalham	25-29	Hadleigh Dolphins SC	S	E	0:25:44.60
1	27	Kern Death	30-34	Hadleigh Dolphins SC	S	E	0:23:06.70
2	28	Andrew Jenkins	30-34	Sudbury and District SC	S	E	0:24:46.40
	26	Craig Coltham	30-34	West London Penguins		O	DNS
1	29	Andrew Rose	40-49	Diss Otters SC	N	E	0:37:10.40
C1	30	Stephen Brown	50-59			O	0:26:16.70
1	31	Stuart Jago	50-59	Runnymede SC	E	E	0:33:02.30
1	32	Donald MacFarlane	60+	West Norfolk SC	N	E	0:47:58.50

# ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009

## 1.5k Men's County Overall Results

P	No	Name	Age Group	Club	County	East/ Open	Time
	5	Aran Chamberlain-Clark	12-16	Flitwick Dolphins SC	B	E	0:23:12.20
	4	Jack Caterall	12-16	Mid Beds Swim Squad	B	E	0:24:57.10
	20	David Chesterman	20-24	City of Ely ASC	C	E	0:26:05.40
	17	Matthew Winnell	12-16	Runnymede SC	E	E	0:20:41.20
	1	Nick Albrow	12-16	Basildon and District SC	E	E	0:21:22.30
	9	Joshua Inwood	12-16	Basildon and District SC	E	E	0:23:07.20
	8	Charles Hard	12-16	Thurrock SC	E	E	0:23:57.40
	31	Stuart Jago	50-59	Runnymede SC	E	E	0:33:02.30
	21	Lawrence Lowman	20-24	Hatfield SC	H	E	0:18:31.90
	7	Simon Emerson	12-16	Hitchin SC	H	E	0:22:57.00
	3	Jack Burchell	12-16	Hitchin SC	H	E	0:23:02.10
	23	Jamie Rush	20-24	Diss Otters SC	N	E	0:23:33.40
	29	Andrew Rose	40-49	Diss Otters SC	N	E	0:37:10.40
	32	Donald MacFarlane	60+	West Norfolk SC	N	E	0:47:58.50
	14	Nick Ruddock	12-16	Lowestoft and Oulton Broad SC	S	E	0:21:05.70
	13	Oliver Postle	12-16	Saint Felix School SC	S	E	0:21:10.60
	19	Thomas Olive	17-19	Hadleigh Dolphins SC	S	E	0:22:32.00
	25	Truan Death	25-29	Hadleigh Dolphins SC	S	E	0:22:33.70
	27	Kern Death	30-34	Hadleigh Dolphins SC	S	E	0:23:06.70
	18	Sam Molyneux	17-19	Mildenhall and District SC	S	E	0:23:35.30
	11	Tom Molyneux	12-16	Mildenhall and District SC	S	E	0:23:36.80
	28	Andrew Jenkins	30-34	Sudbury and District SC	S	E	0:24:46.40
	22	Harrison Moore	20-24	Hadleigh Dolphins SC	S	E	0:24:58.90
	10	Matt Molyneux	12-16	Mildenhall and District SC	S	E	0:25:13.60
	6	Troy Douglas-Collow	12-16	Saint Felix School SC	S	E	0:25:19.80
	24	James Baalham	25-29	Hadleigh Dolphins SC	S	E	0:25:44.60
	2	Luke Bailey	12-16	Saint Felix School SC	S	E	DNS
	12	Robert Nesbitt	12-16	Lowestoft and Oulton Broad SC	S	E	DNS
	15	Thomas Sutton	12-16	Saint Felix School SC	S	E	DNS
	30	Stephen Brown	50-59			O	0:26:16.70
	16	Marius Vermaak	12-16			O	DNS
	26	Craig Coltham	30-34	West London Penguins		O	DNS

# ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009

## 1.5k Men's County Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Time
	5	Aran Chamberlain-Clark	12-16	Flitwick Dolphins SC	B	E	0:23:12.20
	4	Jack Caterall	12-16	Mid Beds Swim Squad	B	E	0:24:57.10
	20	David Chesterman	20-24	City of Ely ASC	C	E	0:26:05.40
	17	Matthew Winnell	12-16	Runnymede SC	E	E	0:20:41.20
	1	Nick Albrow	12-16	Basildon and District SC	E	E	0:21:22.30
	9	Joshua Inwood	12-16	Basildon and District SC	E	E	0:23:07.20
	8	Charles Hard	12-16	Thurrock SC	E	E	0:23:57.40
	31	Stuart Jago	50-59	Runnymede SC	E	E	0:33:02.30
	7	Simon Emerson	12-16	Hitchin SC	H	E	0:22:57.00
	3	Jack Burchell	12-16	Hitchin SC	H	E	0:23:02.10
	21	Lawrence Lowman	20-24	Hatfield SC	H	E	0:18:31.90
	23	Jamie Rush	20-24	Diss Otters SC	N	E	0:23:33.40
	29	Andrew Rose	40-49	Diss Otters SC	N	E	0:37:10.40
	32	Donald MacFarlane	60+	West Norfolk SC	N	E	0:47:58.50
	14	Nick Ruddock	12-16	Lowestoft and Oulton Broad SC	S	E	0:21:05.70
	13	Oliver Postle	12-16	Saint Felix School SC	S	E	0:21:10.60
	11	Tom Molyneux	12-16	Mildenhall and District SC	S	E	0:23:36.80
	10	Matt Molyneux	12-16	Mildenhall and District SC	S	E	0:25:13.60
	6	Troy Douglas-Collow	12-16	Saint Felix School SC	S	E	0:25:19.80
	2	Luke Bailey	12-16	Saint Felix School SC	S	E	DNS
	12	Robert Nesbitt	12-16	Lowestoft and Oulton Broad SC	S	E	DNS
	15	Thomas Sutton	12-16	Saint Felix School SC	S	E	DNS
	19	Thomas Olive	17-19	Hadleigh Dolphins SC	S	E	0:22:32.00
	18	Sam Molyneux	17-19	Mildenhall and District SC	S	E	0:23:35.30
	22	Harrison Moore	20-24	Hadleigh Dolphins SC	S	E	0:24:58.90
	25	Truan Death	25-29	Hadleigh Dolphins SC	S	E	0:22:33.70
	24	James Baalham	25-29	Hadleigh Dolphins SC	S	E	0:25:44.60
	27	Kern Death	30-34	Hadleigh Dolphins SC	S	E	0:23:06.70
	28	Andrew Jenkins	30-34	Sudbury and District SC	S	E	0:24:46.40
	16	Marius Vermaak	12-16			O	DNS
	26	Craig Coltham	30-34	West London Penguins		O	DNS
	30	Stephen Brown	50-59			O	0:26:16.70

# ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009

## 1.5k WOMEN

### 1.5k Women's Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Time
1	44	Joanne Longland	12-16	City of Peterborough SC	C	E	0:20:33.30
2	52	Danielle Sayer	12-16	Thurrock SC	E	E	0:20:34.80
3	36	Chloe Davis	12-16	Runnymede SC	E	E	0:20:42.10
	55	Ellen Williams	12-16	City of Peterborough SC	C	E	0:20:44.10
	41	Rebecca Hayes	12-16	Thurrock SC	E	E	0:21:25.70
	49	Amy Murfitt	12-16	Basildon and District SC	E	E	0:21:51.20
	37	Aimee Fahey	12-16	Epping Forest District SC	E	E	0:22:28.90
	46	Abigail Malster	12-16	Hadleigh Dolphins SC	S	E	0:22:33.00
	54	Heather Tysoe	12-16	Watford SC	H	E	0:23:13.60
	43	Yvette James	12-16	Runnymede SC	E	E	0:23:37.60
	53	Isobel Thompson	12-16	Harpenden SC	H	E	0:23:37.90
	47	Isabelle Martin	12-16	Flitwick Dolphins SC	B	E	0:23:44.90
	39	Nicole Fowler	12-16	Basildon and District SC	E	E	0:23:53.30
	42	Louise Hughes	12-16	Hitchin SC	H	E	0:24:50.20
	48	Kate Meechan	12-16	Mid Beds Swim Squad	B	E	0:25:20.40
	40	Bethany Francis	12-16	Flitwick Dolphins SC	B	E	0:25:29.20
	45	Emily Lutkin	12-16	Diss Otters SC	N	E	0:26:24.10
	51	Carly Rose	12-16	Diss Otters SC	N	E	0:29:59.80
	50	Kira Reeve	12-16	Diss Otters SC	N	E	0:34:36.20
	38	Chloe Fowler	12-16	Basildon and District SC	E	E	DNS
1	58	Jessica Ford	17-19	Thurrock SC	E	E	0:20:37.80
2	57	Charlotte Davis	17-19	Runnymede SC	E	E	0:22:13.40
3	56	Shan Bendall	17-19	Hadleigh Dolphins SC	S	E	0:24:59.20
1	59	Kirsty Lewis	25-29	West Norfolk SC	N	E	0:36:42.10
1	61	Sharon Perry	35-39	West Suffolk SC	S	E	0:23:58.60
2	60	Johanna Langley	35-39	West Norfolk SC	N	E	0:30:13.20
1	62	Jenny Mayne	40-49	UEA City of Norwich SC	N	E	0:26:09.90
2	63	Elna Vermaak	40-49	Epping Forest District SC	E	E	0:34:46.90
1	64	Sharon McLellan	50-59	Sudbury and District SC	S	E	0:25:41.30

# ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009

## 1.5k Women's County Overall Results

P	No	Name	Age Group	Club	County	East/ Open	Time
	47	Isabelle Martin	12-16	Flitwick Dolphins SC	B	E	0:23:44.90
	48	Kate Meechan	12-16	Mid Beds Swim Squad	B	E	0:25:20.40
	40	Bethany Francis	12-16	Flitwick Dolphins SC	B	E	0:25:29.20
	44	Joanne Longland	12-16	City of Peterborough SC	C	E	0:20:33.30
	55	Ellen Williams	12-16	City of Peterborough SC	C	E	0:20:44.10
	52	Danielle Sayer	12-16	Thurrock SC	E	E	0:20:34.80
	58	Jessica Ford	17-19	Thurrock SC	E	E	0:20:37.80
	36	Chloe Davis	12-16	Runnymede SC	E	E	0:20:42.10
	41	Rebecca Hayes	12-16	Thurrock SC	E	E	0:21:25.70
	49	Amy Murfitt	12-16	Basildon and District SC	E	E	0:21:51.20
	57	Charlotte Davis	17-19	Runnymede SC	E	E	0:22:13.40
	37	Aimee Fahey	12-16	Epping Forest District SC	E	E	0:22:28.90
	43	Yvette James	12-16	Runnymede SC	E	E	0:23:37.60
	39	Nicole Fowler	12-16	Basildon and District SC	E	E	0:23:53.30
	63	Elna Vermaak	40-49	Epping Forest District SC	E	E	0:34:46.90
	38	Chloe Fowler	12-16	Basildon and District SC	E	E	DNS
	54	Heather Tysoe	12-16	Watford SC	H	E	0:23:13.60
	53	Isobel Thompson	12-16	Harpenden SC	H	E	0:23:37.90
	42	Louise Hughes	12-16	Hitchin SC	H	E	0:24:50.20
	62	Jenny Mayne	40-49	UEA City of Norwich SC	N	E	0:26:09.90
	45	Emily Lutkin	12-16	Diss Otters SC	N	E	0:26:24.10
	51	Carly Rose	12-16	Diss Otters SC	N	E	0:29:59.80
	60	Johanna Langley	35-39	West Norfolk SC	N	E	0:30:13.20
	50	Kira Reeve	12-16	Diss Otters SC	N	E	0:34:36.20
	59	Kirsty Lewis	25-29	West Norfolk SC	N	E	0:36:42.10
	46	Abigail Malster	12-16	Hadleigh Dolphins SC	S	E	0:22:33.00
	61	Sharon Perry	35-39	West Suffolk SC	S	E	0:23:58.60
	56	Shan Bendall	17-19	Hadleigh Dolphins SC	S	E	0:24:59.20
	64	Sharon McLellan	50-59	Sudbury and District SC	S	E	0:25:41.30

## 1.5k Women's County Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Time
	47	Isabelle Martin	12-16	Flitwick Dolphins SC	B	E	0:23:44.90
	48	Kate Meechan	12-16	Mid Beds Swim Squad	B	E	0:25:20.40
	40	Bethany Francis	12-16	Flitwick Dolphins SC	B	E	0:25:29.20
	44	Joanne Longland	12-16	City of Peterborough SC	C	E	0:20:33.30
	55	Ellen Williams	12-16	City of Peterborough SC	C	E	0:20:44.10
	52	Danielle Sayer	12-16	Thurrock SC	E	E	0:20:34.80
	36	Chloe Davis	12-16	Runnymede SC	E	E	0:20:42.10
	41	Rebecca Hayes	12-16	Thurrock SC	E	E	0:21:25.70
	49	Amy Murfitt	12-16	Basildon and District SC	E	E	0:21:51.20
	37	Aimee Fahey	12-16	Epping Forest District SC	E	E	0:22:28.90
	43	Yvette James	12-16	Runnymede SC	E	E	0:23:37.60
	39	Nicole Fowler	12-16	Basildon and District SC	E	E	0:23:53.30
	38	Chloe Fowler	12-16	Basildon and District SC	E	E	DNS
	58	Jessica Ford	17-19	Thurrock SC	E	E	0:20:37.80
	57	Charlotte Davis	17-19	Runnymede SC	E	E	0:22:13.40
	63	Elna Vermaak	40-49	Epping Forest District SC	E	E	0:34:46.90
	54	Heather Tysoe	12-16	Watford SC	H	E	0:23:13.60
	53	Isobel Thompson	12-16	Harpenden SC	H	E	0:23:37.90
	42	Louise Hughes	12-16	Hitchin SC	H	E	0:24:50.20
	45	Emily Lutkin	12-16	Diss Otters SC	N	E	0:26:24.10
	51	Carly Rose	12-16	Diss Otters SC	N	E	0:29:59.80
	50	Kira Reeve	12-16	Diss Otters SC	N	E	0:34:36.20
	59	Kirsty Lewis	25-29	West Norfolk SC	N	E	0:36:42.10
	60	Johanna Langley	35-39	West Norfolk SC	N	E	0:30:13.20
	62	Jenny Mayne	40-49	UEA City of Norwich SC	N	E	0:26:09.90
	46	Abigail Malster	12-16	Hadleigh Dolphins SC	S	E	0:22:33.00
	56	Shan Bendall	17-19	Hadleigh Dolphins SC	S	E	0:24:59.20
	61	Sharon Perry	35-39	West Suffolk SC	S	E	0:23:58.60

**ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009**

64	Sharon McLellan	50-59	Sudbury and District SC	S	E	0:25:41.30
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# ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009

## 800m MEN

### 800m Men's Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Time
1	8	Brandon Nabarro	11-12	Mid Beds Swim Squad	B	E	0:11:30.65
2	7	Kalaam Motin	11-12	Thurrock SC	E	E	0:12:20.86
3	4	Charlie Church	11-12	Lowestoft and Oulton Broad SC	S	E	0:12:45.88
	2	Emil Berki	11-12	Mid Beds Swim Squad	B	E	0:13:10.38
	3	Thomas Buckle	11-12	West Suffolk SC	S	E	0:13:10.98
	10	Harry Williams	11-12	Cheshunt SC	H	E	0:13:54.80
	5	Ben Jamieson	11-12	Mildenhall and District SC	S	E	0:16:05.58
	6	Lewis Kempson	11-12	Hadleigh Dolphins SC	S	E	0:16:19.99
	9	Jack Whale	11-12	Lowestoft and Oulton Broad SC	S	E	0:19:03.53
	1	Joshua Andrews	11-12	Stevenage SC	H	E	0:20:40.83
1	17	Gareth Hawkins	13-14	Thurrock SC	E	E	0:11:28.59
2	20	Adam Last	13-14	Deben SC	S	E	0:11:29.38
3	14	Adam Crafer	13-14	Aylsham Vikings SC	N	E	0:11:53.51
	15	Harry Fulcher	13-14	Deben SC	S	E	0:11:58.61
	11	Patrick Briars	13-14	West Suffolk SC	S	E	0:12:31.46
	18	Jake Howard	13-14	Hadleigh Dolphins SC	S	E	0:12:49.28
	22	Thomas Russell	13-14	Mildenhall and District SC	S	E	0:13:00.70
	23	Matthew Wileman	13-14	UEA City of Norwich SC	N	E	0:13:09.33
	24	Edmund Youngs	13-14	UEA City of Norwich SC	N	E	0:13:37.60
	21	Ben Olive	13-14	Hadleigh Dolphins SC	S	E	0:13:51.69
	19	Jordan King	13-14	Diss Otters SC	N	E	0:14:53.00
	12	Bradley Clarke	13-14	Thurrock SC	E	E	DNS
	16	Harry Geggus	13-14	Thurrock SC	E	E	DNS
	13	Robert Cooper	13-14	West Suffolk SC	S	E	DNS
1	27	Josh Page	15-16	UEA City of Norwich SC	N	E	0:11:20.94
2	25	William Foskett	15-16	Deben SC	S	E	0:12:00.63
3	28	Harry Wright	15-16	Leiston and District SC	S	E	0:12:26.25
	26	Joe Hatton	15-16	UEA City of Norwich SC	N	E	DNS
1	32	Liam Jamieson	17+	Mildenhall and District SC	S	E	0:11:30.24
2	29	Neil Baskett	17+	Leiston and District SC	S	E	0:12:35.38
3	31	John Holman	17+	West Norfolk SC	N	E	0:14:15.11
	30	Bernie Catterall	17+	Biggleswade SC	B	E	0:14:37.15

# ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009

## 800m Men's County Overall Results

P	No	Name	Age Group	Club	County	East/ Open	Time
	8	Brandon Nabarro	11-12	Mid Beds Swim Squad	B	E	0:11:30.65
	2	Emil Berki	11-12	Mid Beds Swim Squad	B	E	0:13:10.38
	30	Bernie Catterall	17+	Biggleswade SC	B	E	0:14:37.15
	17	Gareth Hawkins	13-14	Thurrock SC	E	E	0:11:28.59
	7	Kalaam Motin	11-12	Thurrock SC	E	E	0:12:20.86
	12	Bradley Clarke	13-14	Thurrock SC	E	E	DNS
	16	Harry Geggus	13-14	Thurrock SC	E	E	DNS
	10	Harry Williams	11-12	Cheshunt SC	H	E	0:13:54.80
	1	Joshua Andrews	11-12	Stevenage SC	H	E	0:20:40.83
	27	Josh Page	15-16	UEA City of Norwich SC	N	E	0:11:20.94
	14	Adam Crafer	13-14	Aylsham Vikings SC	N	E	0:11:53.51
	23	Matthew Wileman	13-14	UEA City of Norwich SC	N	E	0:13:09.33
	24	Edmund Youngs	13-14	UEA City of Norwich SC	N	E	0:13:37.60
	31	John Holman	17+	West Norfolk SC	N	E	0:14:15.11
	19	Jordan King	13-14	Diss Otters SC	N	E	0:14:53.00
	26	Joe Hatton	15-16	UEA City of Norwich SC	N	E	DNS
	20	Adam Last	13-14	Deben SC	S	E	0:11:29.38
	32	Liam Jamieson	17+	Mildenhall and District SC	S	E	0:11:30.24
	15	Harry Fulcher	13-14	Deben SC	S	E	0:11:58.61
	25	William Foskett	15-16	Deben SC	S	E	0:12:00.63
	28	Harry Wright	15-16	Leiston and District SC	S	E	0:12:26.25
	11	Patrick Briars	13-14	West Suffolk SC	S	E	0:12:31.46
	29	Neil Baskett	17+	Leiston and District SC	S	E	0:12:35.38
	4	Charlie Church	11-12	Lowestoft and Oulton Broad SC	S	E	0:12:45.88
	18	Jake Howard	13-14	Hadleigh Dolphins SC	S	E	0:12:49.28
	22	Thomas Russell	13-14	Mildenhall and District SC	S	E	0:13:00.70
	3	Thomas Buckle	11-12	West Suffolk SC	S	E	0:13:10.98
	21	Ben Olive	13-14	Hadleigh Dolphins SC	S	E	0:13:51.69
	5	Ben Jamieson	11-12	Mildenhall and District SC	S	E	0:16:05.58
	6	Lewis Kempson	11-12	Hadleigh Dolphins SC	S	E	0:16:19.99
	9	Jack Whale	11-12	Lowestoft and Oulton Broad SC	S	E	0:19:03.53
	13	Robert Cooper	13-14	West Suffolk SC	S	E	DNS

# ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009

## 800m Men's County Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Time
	8	Brandon Nabarro	11-12	Mid Beds Swim Squad	B	E	0:11:30.65
	2	Emil Berki	11-12	Mid Beds Swim Squad	B	E	0:13:10.38
	30	Bernie Catterall	17+	Biggleswade SC	B	E	0:14:37.15
	7	Kalaam Motin	11-12	Thurrock SC	E	E	0:12:20.86
	17	Gareth Hawkins	13-14	Thurrock SC	E	E	0:11:28.59
	12	Bradley Clarke	13-14	Thurrock SC	E	E	DNS
	16	Harry Geggus	13-14	Thurrock SC	E	E	DNS
	10	Harry Williams	11-12	Cheshunt SC	H	E	0:13:54.80
	1	Joshua Andrews	11-12	Stevenage SC	H	E	0:20:40.83
	14	Adam Crafer	13-14	Aylsham Vikings SC	N	E	0:11:53.51
	23	Matthew Wileman	13-14	UEA City of Norwich SC	N	E	0:13:09.33
	24	Edmund Youngs	13-14	UEA City of Norwich SC	N	E	0:13:37.60
	19	Jordan King	13-14	Diss Otters SC	N	E	0:14:53.00
	27	Josh Page	15-16	UEA City of Norwich SC	N	E	0:11:20.94
	26	Joe Hatton	15-16	UEA City of Norwich SC	N	E	DNS
	31	John Holman	17+	West Norfolk SC	N	E	0:14:15.11
	4	Charlie Church	11-12	Lowestoft and Oulton Broad SC	S	E	0:12:45.88
	3	Thomas Buckle	11-12	West Suffolk SC	S	E	0:13:10.98
	5	Ben Jamieson	11-12	Mildenhall and District SC	S	E	0:16:05.58
	6	Lewis Kempson	11-12	Hadleigh Dolphins SC	S	E	0:16:19.99
	9	Jack Whale	11-12	Lowestoft and Oulton Broad SC	S	E	0:19:03.53
	20	Adam Last	13-14	Deben SC	S	E	0:11:29.38
	15	Harry Fulcher	13-14	Deben SC	S	E	0:11:58.61
	11	Patrick Briars	13-14	West Suffolk SC	S	E	0:12:31.46
	18	Jake Howard	13-14	Hadleigh Dolphins SC	S	E	0:12:49.28
	22	Thomas Russell	13-14	Mildenhall and District SC	S	E	0:13:00.70
	21	Ben Olive	13-14	Hadleigh Dolphins SC	S	E	0:13:51.69
	13	Robert Cooper	13-14	West Suffolk SC	S	E	DNS
	25	William Foskett	15-16	Deben SC	S	E	0:12:00.63
	28	Harry Wright	15-16	Leiston and District SC	S	E	0:12:26.25
	32	Liam Jamieson	17+	Mildenhall and District SC	S	E	0:11:30.24
	29	Neil Baskett	17+	Leiston and District SC	S	E	0:12:35.38

# ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009

## 800m WOMEN

### 800m Women's Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Time
1	39	Cassie Everill	11-12	Lowestoft and Oulton Broad SC	S	E	0:12:04.18
2	45	Lily Mann	11-12	Phoenix SC Basildon	E	E	0:12:11.39
3	43	Georgia Hargreaves	11-12	Thurrock SC	E	E	0:12:38.68
	48	Isabel Postle	11-12	Saint Felix School SC	S	E	0:13:38.85
	44	Georgia Howard	11-12	Hadleigh Dolphins SC	S	E	0:13:55.19
	47	Ellisse Morey	11-12	Deben SC	S	E	0:13:57.36
	40	Gemma Faulkner	11-12	UEA City of Norwich SC	N	E	0:14:10.59
	42	Samantha Hardy	11-12	Lowestoft and Oulton Broad SC	S	E	0:14:13.55
	36	Amy Bowen	11-12	Lowestoft and Oulton Broad SC	S	E	0:14:15.35
	46	Emily Marsh	11-12	Stevenage SC	H	E	0:14:36.99
	49	Holly Stephens	11-12	Canvey Island SC	E	E	0:14:49.36
	37	Sarah Bowen	11-12	Lowestoft and Oulton Broad SC	S	E	0:15:31.16
	38	Caitlin Davy	11-12	Diss Otters SC	N	E	0:19:29.94
	41	Amy Hammond	11-12	Rochford and District SC	E	E	DNS
1	59	Karla Hutchinson	13-14	Team Ipswich	S	E	0:10:58.81
2	56	Issy Faulkner	13-14	UEA City of Norwich SC	N	E	0:11:01.95
3	64	Georgia Mills	13-14	Thurrock SC	E	E	0:11:16.02
	80	Chantel Whiting	13-14	Saint Felix School SC	S	E	0:11:26.17
	77	Alice Ward	13-14	Saint Felix School SC	S	E	0:11:43.05
	79	Katie Whiffin	13-14	Epping Forest District SC	E	E	0:11:48.77
	67	Alexandra Perkins	13-14	UEA City of Norwich SC	N	E	0:11:48.88
	58	Charlotte Hartin	13-14	Borough of Southend SC	E	E	0:11:49.23
	61	Emma Lines	13-14	Lowestoft and Oulton Broad SC	S	E	0:12:11.74
	70	Gemma Shipway	13-14	Cheshunt SC	H	E	0:12:22.83
	73	Katherine Stephens	13-14	Thurrock SC	E	E	0:12:24.49
	81	Jennifer Youngs	13-14	UEA City of Norwich SC	N	E	0:12:32.41
	57	Maisie Fox	13-14	UEA City of Norwich SC	N	E	0:12:40.17
	75	Emma Studd	13-14	Deben SC	S	E	0:12:48.39
	78	Jessica Waters	13-14	Hoddesdon SC	H	E	0:12:55.53
	69	Tamsin Ransome	13-14	West Suffolk SC	S	E	0:12:58.76
	50	Jodie Allen	13-14	UEA City of Norwich SC	N	E	0:13:08.24
	72	Hope Smith	13-14	Deben SC	S	E	0:13:26.52
	51	Katie Barker	13-14	Mid Beds Swim Squad	B	E	0:13:38.40
	53	Collette Bunce	13-14	Hadleigh Dolphins SC	S	E	0:13:46.01
	62	Rebecca Mann	13-14	Hadleigh Dolphins SC	S	E	0:14:12.76
	63	Lauren McElroy	13-14	Canvey Island SC	E	E	0:14:15.11
	60	Francesca King	13-14	Sudbury and District SC	S	E	0:14:16.69
	68	Rachel Poustie	13-14	Deben SC	S	E	0:14:18.43
	65	Elly Osborne	13-14	Diss Otters SC	N	E	0:14:18.88
	55	Ronnie Curr-Partridge	13-14	Flitwick Dolphins SC	B	E	0:14:44.11
	71	Amelia Smith	13-14	Deben SC	S	E	0:16:32.19
	76	Lena Thomson	13-14	Deben SC	S	E	0:16:41.58
	74	Sophie Steward	13-14	West Suffolk SC	S	E	0:17:14.39
	52	Kirsty Barker	13-14	Diss Otters SC	N	E	0:19:32.86
	54	Charlotte Catterall	13-14	Biggleswade SC	B	E	DNS
	66	Jessica Osborne	13-14	West Suffolk SC	S	E	DNS
1	86	Molly Epsly	15-16	Thurrock SC	E	E	0:10:27.75
2	83	Kerriann Chipperfield	15-16	Thurrock SC	E	E	0:11:05.23
3	82	Charlotte Blacksley	15-16	Mid Beds Swim Squad	B	E	0:11:15.04
	87	Eleanor Mason	15-16	Mid Beds Swim Squad	B	E	0:11:33.01
	91	Abigail Whiffin	15-16	Epping Forest District SC	E	E	0:11:57.21
	85	Alexandra Eames-Bayton	15-16	Beccles Town SC	S	E	0:12:48.74
	90	Megan Taylor	15-16	Mildenhall and District SC	S	E	0:13:28.52
	92	Kirstie Wright	15-16	West Suffolk SC	S	E	0:14:25.63
	89	Megan Sweeney	15-16	Mildenhall and District SC	S	E	0:16:35.22
	84	Claire Dalrymple	15-16	UEA City of Norwich SC	N	E	DNS
	88	Athina Morey	15-16	Deben SC	S	E	DNS
1	95	Shannon Harrold	17+	Thurrock SC	E	E	0:10:25.88
2	94	Elizabeth Dowsett	17+	Biggleswade SC	B	E	0:12:54.23
3	97	Laura O'Connell	17+	Saint Felix School SC	S	E	0:15:06.33
	98	Maureen Wright	17+	West Suffolk SC	S	E	0:15:47.33
	93	Iris Ashman	17+	Diss Otters SC	N	E	0:16:23.34
	96	Rhianydd Jones	17+	Flitwick Dolphins SC	B	E	DNS

# ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009

## 800m Women's County Overall Results

P	No	Name	Age Group	Club	County	East/ Open	Time
	82	Charlotte Blacksley	15-16	Mid Beds Swim Squad	B	E	0:11:15.04
	87	Eleanor Mason	15-16	Mid Beds Swim Squad	B	E	0:11:33.01
	94	Elizabeth Dowsett	17+	Biggleswade SC	B	E	0:12:54.23
	51	Katie Barker	13-14	Mid Beds Swim Squad	B	E	0:13:38.40
	55	Ronnie Curr-Partridge	13-14	Flitwick Dolphins SC	B	E	0:14:44.11
	54	Charlotte Catterall	13-14	Biggleswade SC	B	E	DNS
	96	Rhianydd Jones	17+	Flitwick Dolphins SC	B	E	DNS
	95	Shannon Harrold	17+	Thurrock SC	E	E	0:10:25.88
	86	Molly Epsly	15-16	Thurrock SC	E	E	0:10:27.75
	83	Kerriann Chipperfield	15-16	Thurrock SC	E	E	0:11:05.23
	64	Georgia Mills	13-14	Thurrock SC	E	E	0:11:16.02
	79	Katie Whiffin	13-14	Epping Forest District SC	E	E	0:11:48.77
	58	Charlotte Hartin	13-14	Borough of Southend SC	E	E	0:11:49.23
	91	Abigail Whiffin	15-16	Epping Forest District SC	E	E	0:11:57.21
	45	Lily Mann	11-12	Phoenix SC Basildon	E	E	0:12:11.39
	73	Katherine Stephens	13-14	Thurrock SC	E	E	0:12:24.49
	43	Georgia Hargreaves	11-12	Thurrock SC	E	E	0:12:38.68
	63	Lauren McElroy	13-14	Canvey Island SC	E	E	0:14:15.11
	49	Holly Stephens	11-12	Canvey Island SC	E	E	0:14:49.36
	41	Amy Hammond	11-12	Rochford and District SC	E	E	DNS
	70	Gemma Shipway	13-14	Cheshunt SC	H	E	0:12:22.83
	78	Jessica Waters	13-14	Hoddesdon SC	H	E	0:12:55.53
	46	Emily Marsh	11-12	Stevenage SC	H	E	0:14:36.99
	56	Issy Faulkner	13-14	UEA City of Norwich SC	N	E	0:11:01.95
	67	Alexandra Perkins	13-14	UEA City of Norwich SC	N	E	0:11:48.88
	81	Jennifer Youngs	13-14	UEA City of Norwich SC	N	E	0:12:32.41
	57	Maisie Fox	13-14	UEA City of Norwich SC	N	E	0:12:40.17
	50	Jodie Allen	13-14	UEA City of Norwich SC	N	E	0:13:08.24
	40	Gemma Faulkner	11-12	UEA City of Norwich SC	N	E	0:14:10.59
	65	Elly Osborne	13-14	Diss Otters SC	N	E	0:14:18.88
	93	Iris Ashman	17+	Diss Otters SC	N	E	0:16:23.34
	38	Caitlin Davy	11-12	Diss Otters SC	N	E	0:19:29.94
	52	Kirsty Barker	13-14	Diss Otters SC	N	E	0:19:32.86
	84	Claire Dalrymple	15-16	UEA City of Norwich SC	N	E	DNS
	59	Karla Hutchinson	13-14	TeamIpswich	S	E	0:10:58.81
	80	Chantel Whiting	13-14	Saint Felix School SC	S	E	0:11:26.17
	77	Alice Ward	13-14	Saint Felix School SC	S	E	0:11:43.05
	39	Cassie Everill	11-12	Lowestoft and Oulton Broad SC	S	E	0:12:04.18
	61	Emma Lines	13-14	Lowestoft and Oulton Broad SC	S	E	0:12:11.74
	75	Emma Studd	13-14	Deben SC	S	E	0:12:48.39
	85	Alexandra Eames-Bayton	15-16	Beccles Town SC	S	E	0:12:48.74
	69	Tamsin Ransome	13-14	West Suffolk SC	S	E	0:12:58.76
	72	Hope Smith	13-14	Deben SC	S	E	0:13:26.52
	90	Megan Taylor	15-16	Mildenhall and District SC	S	E	0:13:28.52
	48	Isabel Postle	11-12	Saint Felix School SC	S	E	0:13:38.85
	53	Collette Bunce	13-14	Hadleigh Dolphins SC	S	E	0:13:46.01
	44	Georgia Howard	11-12	Hadleigh Dolphins SC	S	E	0:13:55.19
	47	Ellisse Morey	11-12	Deben SC	S	E	0:13:57.36
	62	Rebecca Mann	13-14	Hadleigh Dolphins SC	S	E	0:14:12.76
	42	Samantha Hardy	11-12	Lowestoft and Oulton Broad SC	S	E	0:14:13.55
	36	Amy Bowen	11-12	Lowestoft and Oulton Broad SC	S	E	0:14:15.35
	60	Francesca King	13-14	Sudbury and District SC	S	E	0:14:16.69
	68	Rachel Poustie	13-14	Deben SC	S	E	0:14:18.43
	92	Kirstie Wright	15-16	West Suffolk SC	S	E	0:14:25.63
	97	Laura O'Connell	17+	Saint Felix School SC	S	E	0:15:06.33
	37	Sarah Bowen	11-12	Lowestoft and Oulton Broad SC	S	E	0:15:31.16
	98	Maureen Wright	17+	West Suffolk SC	S	E	0:15:47.33
	71	Amelia Smith	13-14	Deben SC	S	E	0:16:32.19
	89	Megan Sweeney	15-16	Mildenhall and District SC	S	E	0:16:35.22
	76	Lena Thomson	13-14	Deben SC	S	E	0:16:41.58
	74	Sophie Steward	13-14	West Suffolk SC	S	E	0:17:14.39
	66	Jessica Osborne	13-14	West Suffolk SC	S	E	DNS
	88	Athina Morey	15-16	Deben SC	S	E	DNS

# ASA EAST REGION OPEN WATER CHAMPIONSHIPS RESULTS 2009

## 800m Women's County Age Group Results

P	No	Name	Age Group	Club	County	East/ Open	Time
	51	Katie Barker	13-14	Mid Beds Swim Squad	B	E	0:13:38.40
	55	Ronnie Curr-Partridge	13-14	Flitwick Dolphins SC	B	E	0:14:44.11
	54	Charlotte Catterall	13-14	Biggleswade SC	B	E	DNS
	82	Charlotte Blacksley	15-16	Mid Beds Swim Squad	B	E	0:11:15.04
	87	Eleanor Mason	15-16	Mid Beds Swim Squad	B	E	0:11:33.01
	94	Elizabeth Dowsett	17+	Biggleswade SC	B	E	0:12:54.23
	96	Rhianydd Jones	17+	Flitwick Dolphins SC	B	E	DNS
	45	Lily Mann	11-12	Phoenix SC Basildon	E	E	0:12:11.39
	43	Georgia Hargreaves	11-12	Thurrock SC	E	E	0:12:38.68
	49	Holly Stephens	11-12	Canvey Island SC	E	E	0:14:49.36
	41	Amy Hammond	11-12	Rochford and District SC	E	E	DNS
	64	Georgia Mills	13-14	Thurrock SC	E	E	0:11:16.02
	79	Katie Whiffin	13-14	Epping Forest District SC	E	E	0:11:48.77
	58	Charlotte Hartin	13-14	Borough of Southend SC	E	E	0:11:49.23
	73	Katherine Stephens	13-14	Thurrock SC	E	E	0:12:24.49
	63	Lauren McElroy	13-14	Canvey Island SC	E	E	0:14:15.11
	86	Molly Epsly	15-16	Thurrock SC	E	E	0:10:27.75
	83	Kerriann Chipperfield	15-16	Thurrock SC	E	E	0:11:05.23
	91	Abigail Whiffin	15-16	Epping Forest District SC	E	E	0:11:57.21
	95	Shannon Harrold	17+	Thurrock SC	E	E	0:10:25.88
	46	Emily Marsh	11-12	Stevenage SC	H	E	0:14:36.99
	70	Gemma Shipway	13-14	Cheshunt SC	H	E	0:12:22.83
	78	Jessica Waters	13-14	Hoddesdon SC	H	E	0:12:55.53
	40	Gemma Faulkner	11-12	UEA City of Norwich SC	N	E	0:14:10.59
	38	Caitlin Davy	11-12	Diss Otters SC	N	E	0:19:29.94
	56	Issy Faulkner	13-14	UEA City of Norwich SC	N	E	0:11:01.95
	67	Alexandra Perkins	13-14	UEA City of Norwich SC	N	E	0:11:48.88
	81	Jennifer Youngs	13-14	UEA City of Norwich SC	N	E	0:12:32.41
	57	Maisie Fox	13-14	UEA City of Norwich SC	N	E	0:12:40.17
	50	Jodie Allen	13-14	UEA City of Norwich SC	N	E	0:13:08.24
	65	Elly Osborne	13-14	Diss Otters SC	N	E	0:14:18.88
	52	Kirsty Barker	13-14	Diss Otters SC	N	E	0:19:32.86
	84	Claire Dalrymple	15-16	UEA City of Norwich SC	N	E	DNS
	93	Iris Ashman	17+	Diss Otters SC	N	E	0:16:23.34
	39	Cassie Everill	11-12	Lowestoft and Oulton Broad SC	S	E	0:12:04.18
	48	Isabel Postle	11-12	Saint Felix School SC	S	E	0:13:38.85
	44	Georgia Howard	11-12	Hadleigh Dolphins SC	S	E	0:13:55.19
	47	Ellisse Morey	11-12	Deben SC	S	E	0:13:57.36
	42	Samantha Hardy	11-12	Lowestoft and Oulton Broad SC	S	E	0:14:13.55
	36	Amy Bowen	11-12	Lowestoft and Oulton Broad SC	S	E	0:14:15.35
	37	Sarah Bowen	11-12	Lowestoft and Oulton Broad SC	S	E	0:15:31.16
	59	Karla Hutchinson	13-14	TeamIpswich	S	E	0:10:58.81
	80	Chantel Whiting	13-14	Saint Felix School SC	S	E	0:11:26.17
	77	Alice Ward	13-14	Saint Felix School SC	S	E	0:11:43.05
	61	Emma Lines	13-14	Lowestoft and Oulton Broad SC	S	E	0:12:11.74
	75	Emma Studd	13-14	Deben SC	S	E	0:12:48.39
	69	Tamsin Ransome	13-14	West Suffolk SC	S	E	0:12:58.76
	72	Hope Smith	13-14	Deben SC	S	E	0:13:26.52
	53	Collette Bunce	13-14	Hadleigh Dolphins SC	S	E	0:13:46.01
	62	Rebecca Mann	13-14	Hadleigh Dolphins SC	S	E	0:14:12.76
	60	Francesca King	13-14	Sudbury and District SC	S	E	0:14:16.69
	68	Rachel Poustie	13-14	Deben SC	S	E	0:14:18.43
	71	Amelia Smith	13-14	Deben SC	S	E	0:16:32.19
	76	Lena Thomson	13-14	Deben SC	S	E	0:16:41.58
	74	Sophie Steward	13-14	West Suffolk SC	S	E	0:17:14.39
	66	Jessica Osborne	13-14	West Suffolk SC	S	E	DNS
	85	Alexandra Eames-Bayton	15-16	Beccles Town SC	S	E	0:12:48.74
	90	Megan Taylor	15-16	Mildenhall and District SC	S	E	0:13:28.52
	92	Kirstie Wright	15-16	West Suffolk SC	S	E	0:14:25.63
	89	Megan Sweeney	15-16	Mildenhall and District SC	S	E	0:16:35.22
	88	Athina Morey	15-16	Deben SC	S	E	DNS
	97	Laura O'Connell	17+	Saint Felix School SC	S	E	0:15:06.33
	98	Maureen Wright	17+	West Suffolk SC	S	E	0:15:47.33