



East Swimming Long Course Championships – Weekend Two (UEA Sportspark)

Saturday 27th May – Monday 29th May 2017

DRY LAND TRAINING AREA – PILOT

The East Swimming Committee, working with the East Swimming Coach Forum, is piloting the use of a dry land training area for the East Swimming Long Course Championships 2017.

Two badminton courts have been hired each day for this purpose, one of which will be matted. The use of training equipment such as medicine balls is permitted in this area, but such equipment will not be provided.

The availability of this facility is as follows:

Date	Time	Court Numbers
Saturday 27 May	11:40 – 19:00	1+2
Sunday 28 May	09:40 – 19:00	5+6
Monday 29 May	09:40 – 18:20	13+14

The use of the facility is subject to the following conditions:

1. Swimmers must only use the designated area. Other areas may be hired to members of the public. The Regional Swimming Committee has hired the area knowing that our athletes and team staff will treat other facility users and personnel with courtesy and respect
2. At all times, users of the area must be accompanied by a Team Manager or Coach with event accreditation
3. By prior individual arrangement, it shall be permissible for Team Managers/Coaches to assume responsibility for swimmers from other teams, up to a ratio of 1:25
4. The designated area is part of the competition space - only authorised athletes and accredited team personnel are allowed entry
5. Sport therapy equipment, including massage tables, is not permitted in the area
6. Swimmers must be dry, suitably clothed and wearing appropriate footwear (not wet flip flops) before entering the facility
7. The area will be closed in the event of misuse, or if safeguarding becomes a concern

PARENT TALK DELIVERED BY ENGLAND PROGRAMMES, SWIM ENGLAND



Fred Furniss, the England Programmes Officer for Swim England, will be providing a presentation for parents during session 13 and 14 on Sunday 28th May in the Town Close room at UEA Sportspark. The talk will take place from 12.15pm until 1.15pm. It will be free to attend and will cover a variety of topics around the Talent Pathway and Supporting the Age Group and Youth Swimmer. There is no need to book, but seats get taken quickly!

Fred is one of the most experienced coaches in the country, having previously coached the GB Olympic team, and appears on the BSCA Hall of Fame. Fred now works in the talent team within Swim England, focusing on perfecting the pool programme, and establishing a strong pathway to enable athletes the ability to succeed.

PHOTOGRAPHY AT EAST SWIMMING LONG COURSE CHAMPIONSHIPS

The conditions for this event, and for the Inter County Competition in July, were written and licensed prior to the changes to the ASA guidance on photography. As such, there will no longer be a requirement, as mentioned in our conditions, for individuals to register their devices on entry to the facility.

That said, all persons must adhere fully to the revised guidance on photography and the publication of images that have been issued in the latest edition of Wavepower – Swim England's Child Protection document.

You can obtain a full copy of the Wavepower document from your club's Welfare Officer.

A copy can also be found here:

<http://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>